

PERSONAL INFORMATION



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WORK EXPERIENCE

03/2020-Present

**Vice-Dean of the Faculty of Medicine**

"Victor Babes" University of Medicine and Pharmacy  
2 Eftimie Murgu, 300041 Timisoara (Romania)

[www.umft.ro](http://www.umft.ro)

**Business or sector** - Medical Education

02/05/2020-Present

**Manager of the Romanian Railways Hospital of Timisoara**

Ministry of Transport, "Victor Babes" University of Medicine and Pharmacy from Timisoara

- administrative activity – work with physicians, policy decisions, oversee patient care, budgeting and accounting, lead marketing efforts

- higher education activities

**Business or sector** – Human healthcare

08/02/2017–02/05/2020

**Medical Director of the Romanian Railways Hospital of Timisoara**

Ministerul Transporturilor, Universitatea de Medicină și Farmacie "Victor Babeș" Timișoara

-administrative activity – to ensure medical direction is provided by appropriately credentialed, qualified and approved physician members of the medical staff as required by accreditation and regulatory standards

- higher education activities

**Business or sector** – Human healthcare

2013–Present

**Attending physician in Cardiology**

"Victor Babes" University of Medicine and Pharmacy from Timisoara, "Pius Brinzeu" Emergency County Hospital of Timisoara

-higher education activities

-scientific research tasks

-medical field duties

**Business or sector** – Human healthcare

2013–Present

**Chief physician in Internal Medicine**

"Victor Babes" University of Medicine and Pharmacy from Timisoara, "Pius Brinzeu" Emergency County Hospital of Timisoara

-higher education activities

-scientific research tasks

-medical field duties

**Business or sector** – Human healthcare

- 2002-2008 **Attending physician - Internal Medicine**  
"Victor Babes" University of Medicine and Pharmacy from Timisoara, "Pius Brinzeu" Emergency County Hospital of Timisoara  
-higher education activities  
-scientific research tasks  
-medical field duties  
**Business or sector** – Human healthcare
- 2002-Present **Chief physician – General Medicine**  
"Victor Babes" University of Medicine and Pharmacy from Timisoara, "Pius Brinzeu" Emergency County Hospital of Timisoara  
-higher education activities  
-scientific research tasks  
-medical field duties  
**Business or sector** – Human healthcare
- 1998-2002 **Attending physician – General Medicine**  
"Victor Babes" University of Medicine and Pharmacy from Timisoara, "Oius Brinzeu" Emergency County Hospital of Timisoara  
- Higher education activities  
- Scientific research tasks  
- Medical field duties  
**Business or sector** – Human healthcare
- 2018–Present **Lecturer**  
"Victor Babes" University of Medicine and Pharmacy  
2 Eftimie Murgu, 300041 Timisoara (Romania)  
www.umft.ro  
-higher education activities  
-scientific research tasks  
**Business or sector** - Medical Education
- 1998–2018 **Assistant Professor**  
"Victor Babes" University of Medicine and Pharmacy  
2 Eftimie Murgu, 300041 Timisoara (Romania)  
www.umft.ro  
-higher education activities  
-scientific research tasks  
**Business or sector** - Medical Education
- 1994–1997 **Physician in training – General Medicine**  
County Hospital no. 1, Timisoara, Romania  
- Clinical Medicine – training program  
**Business or sector** – Human healthcare

EDUCATION AND TRAINING

**Postgraduate Certificate in General Echocardiography**

"Victor Babes" University of Medicine and Pharmacy

2 Eftimie Murgu, 300041 Timisoara (Romania)

[www.umft.ro](http://www.umft.ro)

2002-2006 **Philosophiae Doctor (PhD) - Medicine**

"Victor Babes" University of Medicine and Pharmacy

2 Eftimie Murgu, 300041 Timisoara (Romania)

[www.umft.ro](http://www.umft.ro)

**Postgraduate Certificate in Vascular Echocardiography**

Romanian Society of Vascular Surgery, Timisoara

**Postgraduate Certificate in General Echocardiography**

National Center for Postgraduate Training of Physicians, Timisoara

10/2014–10/2014 **Certificate of graduation in Cardiopulmonary and Cerebral Resuscitation in Adults – Advanced Life Support**

Romanian National Resuscitation Council, Sinaia (Romania)

professional competency

04/10/2010–11/10/2010 **Trainer Graduation Certificate**

Ministry of Education, Research and Innovation, Timișoara (Romania)

training preparation

performing training activities

evaluation of training participants

application of special training methods and techniques

designing training programs

organization of training programs and internships

01/03/2015 **ICH Good Clinical Practice (GCP) Training Certificate**

TransCelerate BioPharma

PERSONAL SKILLS

Maternal language ROMANIAN

Foreign language(s)

	UNDSERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
French	B2	B2	B1	B1	B1
English	B1	B1	A2	A2	A2

Levels: A1/A2: Basic user - B1/B2: Independent user - C1/C2 Proficient user  
[Common European Framework of Reference for Languages](#)

Job-related skills	<ul style="list-style-type: none"><li>- Romanian Society of Internal Medicine - member since 2005</li><li>- Romanian Society of Cardiology - member since 2003</li><li>- European Society of Cardiology - member since 2008</li><li>- European Association for Cardiovascular Prevention and Rehabilitation - member since 2008</li></ul> <p>Member in research projects::</p> <ol style="list-style-type: none"><li>1. Contract CEEX 10/2005. (BIOTECH) "Study of the synergistic bioactivity of antioxidant functional foods in the reversibility of metabolic syndrome". MET-ANTIOX. Project director: Assoc. Prof. Dr. Simona Dragan. Researcher. 2006-2008.</li><li>2. European action on secondary and primary prevention of coronary heart disease in order to reduce events - EUROASPIRE III - Hospital Arm 2005-2006, European Society of Cardiology</li><li>3. European action on secondary and primary prevention of coronary heart disease in order to reduce events - EUROASPIRE III – Primary Care Arm 2005-2006, European Society of Cardiology</li><li>4. EUROASPIRE III Romania – Follow-up 2007-2009: The benefit of comprehensive cardiac recovery of patients with aorto-coronary bypass on endothelial dysfunction - study correlated with polymorphism NO endothelial synthetase</li><li>5. Obesity and cardiometabolic risk management in students from Timisoara and Szeged University Centers, transborder Romania-Hungary project, code: HURO/1001/116/2.4.2</li><li>6. EUROASPIRE IV Romania</li></ol> <p>Participant in clinical trials:</p> <ul style="list-style-type: none"><li>-CITAS (The Cardiac Insufficiency Talinolol Study)-2009/2010</li><li>-CLZ 696B2314 (clinical trial), 2013</li><li>-ADVANTAGE 2015</li><li>-FENOPRA</li><li>-REAL, 2009</li><li>-I-ADHERE, 2010</li></ul> <p>Participant in:</p> <ul style="list-style-type: none"><li>-3 International courses</li><li>-18 National courses</li><li>-14 International Congresses</li><li>-47 International Congresses</li></ul> <p>In Extenso Papers - 28 - first author / co-author International Congresses Papers - 43 first author / co-author National Congresses Papers -72- first author / co-author 3 International/National Awards/posters</p>
Other skills	<ul style="list-style-type: none"><li>- Computer skills - common programs (self-taught) – Microsoft Office</li></ul>
Driving licence	B

## ADDITIONAL INFORMATION

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Dissertation Supervisor

## List of representative papers

## ANNEXES

List of 10 representative works.pdf

## Lista 10 lucrări reprezentative

1. **Iurciuc S**, Cimpean AM, Mitu F, Heredeana R, Iurciuc M. Vascular aging and subclinical atherosclerosis: why such a "never ending" and challenging story in cardiology?. CLINICAL INTERVENTIONS IN AGING. 2017. volume: 12, pg: 1339-1345 DOI: 10.2147/CIA.S141265. IF 2.581
2. **S IURCIUC, C AVRAM, V TURI, A MILITARU, A AVRAM, A M CIMPEAN, M IURCIUC**. Physical Training, Hemodynamic Parameters and Arterial Stiffness: Friends or Foes of the Hypertensive Patient?. In Vivo, 2016, volume 30: pg 521-528, ISSN: 0258-851X, IF 0.953
3. Avram C, Iurciuc M, Craciun L, Avram A, **Iurciuc S**, Oancea C, Gaita D. Dietary and physical activity counseling in high-risk asymptomatic patients with metabolic syndrome - A primary care intervention. Dietary and physical activity counseling in high-risk asymptomatic patients with metabolic syndrome - A primary care intervention. JOURNAL OF FOOD AGRICULTURE & ENVIRONMENT volume: 9, Issue: 3 pg: 16-19 Part: 1(Published: JUL-OCT 2011), IF 0.65
4. **Iurciuc Stela**, Turi Vladiana, Baibita Dana, Juganaru Iulius, Iurciuc Mircea, Bernad Elena. The Effects of Lifestyle Interventions on Cardiovascular Risk. 13TH CONFERENCE OF THE ROMANIAN-GERMAN SOCIETY OF OBSTETRICS AND GYNECOLOGY 14-16 sept, 2017. Pg 44-48. Proceedings Paper/ ISI Web of Knowledge. FILODIRITTO PUBLISHER, INFOROMATICA SRL, VIA CASTIGLIONE, 81, BOLOGNA, 40124, ITALY. ISBN:978-88-95922-95-9
5. Benefit of exercise training on haemodynamic parameters and arterial stiffness in hypertensive patients  
**S Iurciuc**, I Branea, M Iurciuc, S Dragan, D Gaita, S Ursioniu, G Otiman, C Sarau, D Duda Seiman, A Avram, L Craciun, S Mancas. Timisoara Medical Journal, Vol 56, Supplement 2 . 2006, pages: 382-386
6. Particularitati evolutive in recuperarea hipertensiunii la pacientul varstnic  
**S Iurciuc**, S Mancas, D Gaita, M Iurciuc, C Sarau, I Branea Revista Romana de Cardiologie vol XIX, suplimentul A, 30-33, 2004
7. Branea I, **Iurciuc Stela**, capitol pg 160-183. Patologia Pulmonara a Varstnicului. Voicu M. Tudorache, Florin D. Mihaltan, Traian T. Mihaescu. Editura Didactica si Pedagogica, RA, 2004, , ISBN 973-30-1324-2.
8. **Iurciuc Stela** Capitolul Sindromul anemic in medicina interna pg 223-229 SINTEZE CLINICE IN MEDICINA INTERNA- Ed EuroVest Publishing, 2010. ISBN 978-973-108-278-3 (Artpress, Romania), ISBN 978-973-88562-0-2 (Eurovest, Romania), ISBN 978-973-695-291-3 (Augusta, Romania), ISBN 978-3-00-030500-9 (Otilie E. Scherer, Germania) Redactor: Silvia Mancas. Autori: Silvia Mancas, Dan Gaita, Dragan simona, Leon Berinde, Dana Velimirovici, Gabriela Otiman, Mircea Iurciuc, **Stela Iurciuc**, Iosif Cobzariu, Maria Rada, Cristian Sarau, Duda-Seiman Daniel, Ciorica Gabriel, Craciun Laura, Valkovici Mihaela, Vlad Alexandru Ionescu
9. Impactul masurilor de preventie cardiovasculara la pacientii sub medicatie hipotensoare. EUROASPIRE Romania follow up Iurciuc Mircea, Avram Adina, **Iurciuc Stela**, Craciun Laura, Gaita Dan. Premiul Sectiunea Poster. Congresul National de Cardiologie Sinaia, 19-22 Sept, 2009
10. LIPIDOGRAM AND ELASTICITY OF GREAT ARTERIES IN HYPERTENSIVE INDIVIDUALS.  
**S. Iurciuc**, S. Dragan, D. Lighezan, M. Iurciuc, V. Turi, M. Badalica-Petrescu, C. Avram. e 178 Poster Presentation, 25 st European Meeting on Hypertension and Cardiovascular Prevention  
Journal of Hypertension Volume33,e-Supplement1,2015. ISSN: 0263-6352, Online ISSN: 1473-5598