

Erasmus Student Report

By:

Berger, Alexander , general medicine student, UMFT, Timisoara.

I feel glad to write this short report about my Erasmus exchange experience in my 5th year of medical education winter- and summer-semester 2017/2018 which took place at the University of Sassari, Italy.

Starting from my application all the way till writing this final report, was a huge, powerful and for me always remaining an important experience, which im sure of, had an benefiting impact to my life.

In the following, i will describe these Impressions and picture them divided in different phases:

1. Preparation:

Selecting a University in order to finally start your Erasmus program, sounds like a small step, but choosing the right Destination, has an outstanding importance about your Erasmus Experience.

It can be scary to choose a place where you will live and study for one year seemingly without any person you can rely on but yourself.

This is a decision you have to take on your own and with your own preferences. Fortunately i was provided with every useful Information and received great help

from my International office which made my decision much easier.

So i chose Sassari, with my personal preference being that the course Units fitted

the schedule just perfect and to improve my Italian to a solid level.

Application phase was starting, which was undoubtedly very well organized by my Office.

We were provided with the list of requirements very well in time and hence we had enough time to manage the required Documents to complete the application.

I had a good experience with this phase, which was fulfilled by the cooperative teamwork of sending and host University, which would continue till finishing my erasmus program.

2. Arrival:

Due to my personal luck of finding an accommodation before having to worry about it too much, i will focus on the general arrival and first experiences.

Nevertheless i became aware that in Sassari it is easy to find a good and cheap accommodation and a dormitory is provided as well.

Arriving at the airport i had the option of staying in a hotel for one night for free or just going directly to the city .

With the courtesy of the ESN Sassari, they managed to pick me up from the airport.

Starting from the first day i immediately came in contact with international students and ESN members which welcomed me with open arms. It was a great feeling which erased my fears and helped me starting to enjoy my stay to the fullest.

The effort of the ESN won't stop here. They did a remarkable job in socializing, introducing to the culture of Sardegna and helping whenever they could, immediately upon arrival.

Shortly after i was already provided with a Language course, daily activities and the timetable of my studys.

3. Academics:

Since the secretary showed me exactly how to use the schedule system, i could easily see

where i have to be and what i have to do.

The courses were very structured , enjoyably challenging and well provided with

enough staff and resources.

Ofcourse the change to Italian language to an academic/scientific level was a difficult step, but when i experienced the impartiality of the professors, i progressed very fast and felt comfortable and encouraged.

We were given a lot of materials to study for and my local comrades let us immediately join their supportive platforms.

In plus there were a lot of Libraries provided for studying in the best possible environment.

To enter exams, we received papers from the University office which we could take to the professors and register ourselves. The only difficulty i had during my academic experience was to find each professor due to they were practicing medicine too . but this effort is almost not worth mentioning since a little bit of effort isn't unhealthy.

The exams were oral exams, held in Italian, so it's necessary to have a solid level before coming to Sassari. Even though some professors offered to do it in English, i was sticking mostly to Italian to show my effort and respect.

In the end I can definitely recommend the academic system in Sassari.

4. Everyday Life and Leisure Time:

Sassari is a beautiful City of Sardegna with a very high student population.

There is a lot to do and explore in and around the city.

Since you can travel all around Sardegna with the public transportation, it felt like a never ending beautiful travel.

Sardagna is well known for its beautiful beaches, old little villages and small Islands around.

ESN Sassari were always keeping the pace high, so you could join a lot of Trips which always included a mix of historical information international experiences and fun at the same time.

The city itself also has a museum, a shopping mall a cinema, nightclubs, bars, parcs and national events etc. so you could always find something to do what suits you or learn to enjoy new things.

I came in contact with so many different people from all over the world and it was amazing to learn about the different behaviours , talk about different opinions regarding international topics and just making friends.

5. Conclusion:

In the end i can definitely say that this was a life changing unique experience for me.

I would highly regret not taking this chance and i am truly thankful that i had this opportunity.

It was a Moment of growing together , fun and learning.

I can highly recommend to spend an Erasmus in Sassari for everything it stands for.

There were so many people involved in making this happen and i can't possibly express how glad i am.

Thank you

