**Anexa 7B**

**II. INDICATORII DE EVALUARE UTILIZAŢI PENTRU OCUPAREA FUNCŢIILOR DIDACTICE**

(se completează tabelele la care candidaţii au subcriteriile solicitate – tabelele la care candidaţii nu au subcriteriile solicitate se vor şterge din materialul final)

**CRITERIUL I - ACTIVITATEA DIDACTICĂ**

**I.a. Elaborare materiale didactice:**

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| **Nr.**  **I.a.1.** | **Subcriteriu**  **Introducerea unor cursuri noi pe direcţii neelaborate anterior** | **Puncte/unitate**  **15** | **Subtotal autoevaluare** | **Subtotal comisie** |
| **1.** | Cursul „*Kinetoterapia în prevenţia şi recuperarea cardiopulmonară*” introdus la inițierea programului de studii masterale „*Prevenţia şi recuperarea în afecţiunile cardiopulmonare”* din cadrul UMF Victor Babeș Timișoara  URL: https://www.umft.ro/wp-content/uploads/2021/10/Planuri-medicina-masterat-2021-2022.zip | | **15** |  |
| **2** | Cursul “Patologie si recuperare în afecțiuni reumatismale” în cadrul programului masteral *RECUPERARE FIZICĂ ȘI KINETOPROFILAXIE* din cadrul Universității de Vest din Timișoara.  URL: https://sport.uvt.ro/wp-content/uploads/2014/07/PI\_MKRF\_2020-2021.pdf | | **15** |  |
| **3.** | Inițierea și promovarea unei noi discipline “Elemente de imagistică” în cadrul programului masteral *KINETOTERAPIA ÎN PATOLOGIA ORTOPEDICO-TRAUMATICĂ* din cadrul Universității de Vest din Timișoara.  URL: https://sport.uvt.ro/wp-content/uploads/2014/07/PI\_MKPOT\_2020-2021.pdf | | **15** |  |
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| **Nr.**  **I.a.2.** | **Subcriteriu**  **Cursuri universitare (autor /coautor)** | **Puncte/unitate**  **10** | **Subtotal autoevaluare** | **Subtotal comisie** |
| **1.** | Dan Gaita, **Claudiu Avram**. Recupearea cardiovasculara - intre concepte si practica, Editura Brumar, Timisoara, 2007. ISBN 9789736023231 | | **10** |  |
| **2.** | Dan Gaita, Adina Avram, **Claudiu Avram**. Antrenamentul fizic in recuperarea cardiovasculara, Editura Brumar, Timisoara, 2007. ISBN 978-973-602-323-1 | | **10** |  |
| **3.** | **Claudiu Avram**. Exercitii fizice tematice in kinetoterapie. Editura Eurobit, Timisoara, 2015; ISBN: 978-973-132-085-4 | | **10** |  |
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| **Nr.**  **I.b.5.** | **Subcriteriu**  **Organizare de Workshopuri pentru studenţi** | **Puncte/unitate**  **3** | **Subtotal autoevaluare** | **Subtotal comisie** |
| **1.** | Workshop-ul: “Ergospirometria – noţiuni generale, aplicaţii în sport şi kinetoprofilaxie”, în cadrul Congresului Naţional cu participare internaţională cu titlul „Tendinţe actuale în educaţia fizică, sportul de performanţă şi kinetoterapia din România”, 7-9 noiembrie 2008, Timişoara | | 3 |  |
| **2** | Workshop-ul: Ecografia musculoscheletala in practica fizioterapeutica. Congresul National de Fizioterapie, Timisoara, 28-29 septembrie 2018 | | 3 |  |
| **3** | Almajan-Guta Bogdan, Vara Narcis, Merghes Petrut, Ciuca Ioana, Stănilă (Rusu) Alexandra Mihaela, Avram Claudiu. Simeox and airway clearance techniques in critical cystic fibrosis patient- a case study  https://fefstim.uvt.ro/wp-content/uploads/2014/07/Program-FEFSTIM2020-pentru-site-finalb.pdf | | 3 |  |
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**I.c. Voluntariat (Masterat, cursuri ECM):**

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| **Nr.**  **I.c.1.** | **Subcriteriu**  **Coordonare masterat** | **Puncte/unitate**  **8** | **Subtotal autoevaluare** | **Subtotal comisie** |
| **1.** | Inițierea și coordonarea programului masteral Kinetoprofilaxie şi Recuperare Fizică în cadrul Facultății de Educație Fizică și Sport, Universitatea de Vest din Timișoara  https://sport.uvt.ro/recuperare-fizica-si-kinetoprafilaxi/ | | 8 |  |
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| **Nr.**  **I.c.2.** | **Subcriteriu**  **Lector la masterat** | **Puncte/unitate**  **5** | **Subtotal autoevaluare** | **Subtotal comisie** |
| **1.** | Lector in cadrul programului masteral *Prevenția și recuperarea afecțiunilor cardiopulmonare* din cadrul UMF Victor Babeș Timișoara, in perioada 2010-2020, având ca disciplină de predare: *Kinetoterapia în prevenţia şi recuperarea cardiopulmonară*. | | 5 |  |
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**I.d. Lucrări de licenţă / disertaţie**

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| .**Nr.**  **I.d.1.** | **Subcriteriu**  **Lucrări de licenţă/disertaţie îndrumate** | **Puncte/unitate**  **2** | **Subtotal autoevaluare** | **Subtotal comisie** |
| **1.** | TERNICEANU S SORINA MIHAELA. Beneficiile masajului reflexoterapeutic în tulburările anxioase şi ale ritmului nictemeral | | **2** |  |
| **2.** | SAVU D. GABRIELA LAURA.Efectele kinetoterapiei şi masajului reflexoterapeutic în astmul bronşic incipient | | **2** |  |
| **3.** | IUHASZ W. IULIANA. Aspecte privind analiza mersului în coxartroză | | **2** |  |
| **4.** | APOSTOL I. ADNANA ADRIANA. Beneficiile electrostimulării şi termostimulării transcutanate la pacienţii cu sindrom metabolic | | **2** |  |
| **5.** | PĂSULĂ I. LAVINIA –LUCIA. Managementul obezităţii la pacienţii tineri | | **2** |  |
| **6.** | PĂUNA V. GABRIELA VICTORIA. Beneficiile antrenamentului fizic la subiecţii tineri care prezintă asociat obezitate şi sindrom metabolic | | **2** |  |
| **7.** | SĂLĂJEAN T.V.CORINA VALENTINA. Beneficiile kinetoterapiei lşa pacienţii cu bronhopneumopatie cronică obstructivă | | **2** |  |
| **8.** | CUTEAN I. IOANA ILEANA. Recuperarea prin mijloace kinetice a discopatiilor lombare | | **2** |  |
| **9.** | BAIC MONICA MARIA. Rolul kinetoterapiei în poliartrita reumatoidă | | **2** |  |
| **10.** | TOACĂ D.P. CRISTIAN DOREL. Eficacitatea tratamentului kinetoterapeutic în atrozele secundare posttraumatice | | **2** |  |
| **11.** | Nistor Sanda –Maria. Evaluarea riscului de evenimente acute la pacienţii cu risc cardiovascular înalt | | **2** |  |
| **12.** | BREAZ M. MIHAIL. Aplicații de kinetoterapie în tratamentul hemiplegiei | | **2** |  |
| **13.** | Vilcinschi Morvena- Otilia. Beneficiul kinetoterapiei asupra durerii lombare joase la pacienţii normoponderali şi obezi | | **2** |  |
| **14.** | TAMAS cas. DAMINESCU P OANA NORICA.Terapia kinetică în infarctul miocardic acut | | **2** |  |
| **15.** | NECULA C. GEORGIANA. Kinetoterapia la pacienţii obezi cu dureri lombare joase | | **2** |  |
| **16.** | TRĂISTARU V.M. OLIVIA.. Kinetoterapia în recuperarea genunchiului postoperator după artroplastie | | **2** |  |
| **17.** | AVRAM N. LAURA- AFRODITA. Rolul antrenamentului fizic de anduranță în amelorarea metabolismului lipidic de effort și repaus la tinerii obezi, Universitatea de Vest din Timisoara, 2010 | | **2** |  |
| **18.** | CRIŞAN AL. ALEXANDRU-FLORIAN, Ameliorarea condiției fizice a pacienților supraponderali prin programe de antrenament fizic individualizat: VO2 max, VO2-AT, VO2-RCP, VO2-HR, Universitatea de Vest din Timisoara, 2010 | | **2** |  |
| **19.** | PĂTRU I. CLAUDIU-VALERIU, Beneficiul antrenamentului fizic individualizat asupra creșterii performanței respiratorii de effort și repaus, Universitatea de Vest din Timisoara, 2010 | | **2** |  |
| **20.** | TELCIAN G. MARIA, Scăderea nivelului cardiovascular prin implementarea unor programe individualizate de kinetoprofilaxie, Universitatea de Vest din Timisoara, 2010 | | **2** |  |
| **21.** | BOZDOG C. BOGDAN COSMIN, Beneficiile kinetoterapiei la pacienții cu angină pectoral stabile. Universitatea de Vest din Timisoara, 2010 | | **2** |  |
| **22.** | OSIAC D. SABRINA-SMARA. Rolul antrenamentului fizic cu intervale în ameliorarea calităţii vieţii pacienţilor tineri supraponderali şi obezi. Universitatea de Vest din Timisoara, 2011 | | **2** |  |
| **23.** | POP I. RALUCA-VICTORIA. Studiu parametrilor funcţionali respiratori la pacienţii tineri obezi incluşi într-un program de kinetoprofilaxie. Universitatea de Vest din Timisoara, 2011 | | **2** |  |
| **24.** | BRĂTEANU D. DAN. Traumatismele în escalada sportivă și prevenirea lor. Universitatea de Vest din Timisoara, 2011 | | **2** |  |
| **25.** | CORBEANU V. V. PAULA ALEXANDRA. Tehnici de clearance respirator combinate cu exerciții fizice la copilul mic cu muciviscidoză. Universitatea de Vest din Timisoara, 2011 | | **2** |  |
| **26.** | DOOGARU N. CRISTINA GEORGIANA. Importanța tratamentului de recuperare în traumatismele mâinii. Universitatea de Vest din Timisoara, 2011 | | **2** |  |
| **27.** | HOBLE M. LUCIAN DORIN. Rolul antrenamentului fizic în ameliorarea compoziției corporale forței și puterii musculare la pacienții tineri cu sindrom metabolic. Universitatea de Vest din Timisoara, 2011 | | **2** |  |
| **28.** | MEŞINĂ M. LOREDANA LUCIANA. Ameliorarea metabolismului de efort și repaus la pacienții cu sindrom metabolic prin antrenament fizic individualizat. Universitatea de Vest din Timisoara, 2011 | | **2** |  |
| **29.** | MILICI B. ALEXANDRA MARIA. Studiu privind recuperarea locomotorie postpartum. Universitatea de Vest din Timisoara, 2011 | | **2** |  |
| **30.** | CIULEA D. BOGDAN. Beneficiul programelor de kinetoprofilaxie asupra parametrilor metabolici la pacienții tineri obezi. Universitatea de Vest din Timisoara, 2012 | | **2** |  |
| **31.** | GHERGHEL D. IULIANA. Eficiența programelor de kinetoprofilaxie pentru ameliorarea parametrilor hemodinamici la pacienții tineri. Universitatea de Vest din Timisoara, 2012 | | **2** |  |
| **32.** | JULAN GH. ALEX ANDREI. Antrenamentul de forță și rezistență pentru tinerii obezi și supraponderali. Universitatea de Vest din Timisoara, 2012 | | **2** |  |
| **33.** | COCAINA T. ANDREEA IRINA. Recuperarea respiratorie la pacienții cu spondilită anchilozantă. Universitatea de Vest din Timisoara, 2012 | | **2** |  |
| **34.** | EGRI I. IASMINA. Studiu asupra ameliorării compoziției corporale prin influențarea stilului de viață. Universitatea de Vest din Timisoara, 2012 | | **2** |  |
| **35.** | KYRIAKOS G. ASTERIOS. Stilul de viață și prevenirea bolilor cardiovasculare în rândul studenților din centrul universitar Timișoara. Universitatea de Vest din Timisoara, 2013 | | **2** |  |
| **36.** | COŞARIU T. CRISTIAN- FLORIN. Evaluarea compoziției corporale la pacienții dializați cronici incluși în programe de kinetoterapie. Universitatea de Vest din Timisoara, 2013 | | **2** |  |
| **37.** | UNGUR D. ILEANA-MONICA. Kinetoprofilaxia bolilor cardiovasculare. Universitatea de Vest din Timisoara, 2013 | | **2** |  |
| **38.** | DUMITRU P. COSTIN. Beneficiile recuperării epicondilita laterală a cotului. Universitatea de Vest din Timisoara, 2014 | | **2** |  |
| **39.** | CIULEA BOGDAN. Rolul Kinetoterapiei în ameliorarea parametrilor de rigiditate arterială. Universitatea de Vest din Timisoara, 2014 | | **2** |  |
| **40.** | GHERGHEL IULIANA. Beneficiul comparativ al programelor de antrenament fizic la pacienții cu insuficiență cardiacă. Universitatea de Vest din Timisoara, 2014 | | **2** |  |
| **41.** | PUP P. I. CIPRIAN-LAURENŢIU. Recuperarea post plastie de ligament încrucișat anterior la jucător profesionist de rugby | | **2** |  |
| **42.** | ROTEA M. ALIN – DUMITRU. Influența terapiei kinetice asupra leziunilor medulare | | **2** |  |
| **43.** | DOBRE O. STELIANA-CRISTINA. Beneficiul fiziokinetoterapiei la pacienții cu reumatism degenerativ și factori de risc cardiometabolic asociați | | **2** |  |
| **44.** | BUICULESCU I. V. CĂTĂLIN-ANDREI. Metode comparative de recuperare a durerii lombare (Williams vs. Mckenzie) | | **2** |  |
| **45.** | GHIOCEL N. DORIAN-NICUȘOR. Prevenirea leziunilor de ligament încrucișat anterior și importanța recuperării precoce la sportivi | | **2** |  |
| **46.** | GROZA N. ANDREEA-BIANCA Studiu asupra eficienței terapiei trigger point în recuperarea spondilozei cervicale | | **2** |  |
| **47.** | AGOSTON D.L.IASMIN-FLORIN. Beneficiile activității fizice și al gimnasticii acvatice în timpul sarcinii | | **2** |  |
| **48.** | DRĂGAN D.R. ANTON. Rolul fiziokinetoterapiei în tratarea durerilor lombare joase | | **2** |  |
| **49.** | VELICĂ R.O. FELIX-ANDREI. Tratamentul de recuperare în leziunile ligamentului încrucișat anterior | | **2** |  |
| **50.** | SUBȚIRE M. FLORINEL-CĂLIN Metoda Schroth în tratarea scoliozei | | **2** |  |
| **51.** | GHERMAN C. SEBASTIAN-ALEXANDRU. Eficiența terapiei fizical-kinetice în tratamentul de recuperare al gonartrozei | | **2** |  |
| **52.** | LUNGU G. CĂTĂLIN-MARIO. Abordări kinetoterapeutice în coxartroză | | **2** |  |
| **53.** | ARDELEANU C. V. ȘERBAN. Terapia kinetică în gonartroză | | **2** |  |
| **54.** | MIRON D. PAUL-IONEL. Studiu tip review privind utilizarea antrenamentului Blood Flow Restriction în programele de recuperare | | **2** |  |
| **55.** | MAIER S. CRISTIAN-PAUL. Terapia kinetică în periartrita scapulo-humerală | | **2** |  |
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**CRITERIUL 2- ACTIVITATEA DE CERCETARE ŞTIINŢIFICĂ**

**II.a. Grant de cercetare obținut prin competiție:**

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| **Nr.**  **II.a.3.** | **Subcriteriu**  **Director grant național** | **Puncte/unitate**  **30** | **Subtotal autoevaluare** | **Subtotal comisie** |
| **1.** | Director al proiectului cu titlul *„*de cercetare PD382 câştigat prin competiţie „*Analiza ergospirometrica – o noua strategie de evaluare a capacitatii de efort si individualizare a antrenamentului fizic la pacientii tineri cu sindrom metabolic”*. Nr. Contract. 36/28.07.2010; Sursa de finanţare: UEFISCDI Romania (anexat contract: I32\_1)  URL: http://uefiscdi.gov.ro/userfiles/file/PROIECTE%20PD%20COMPETITIA%202009/PD\_3\_7\_2011.pdf | | 30 |  |
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| **Nr.**  **II.a.5.** | **Subcriteriu**  **Membru în colectiv internațional** | **Puncte/unitate**  **10** | **Subtotal autoevaluare** | **Subtotal comisie** |
| **1.** | Membru în proiectul internațional cu titlul “Obesity and cardio-metabolic risk management in students from Timisoara and Szeged University Centers”, acronim RISKRED, cod HURO/1001/116/2.4.2, finanțat prin Programul de Cooperare Transfrontalieră Ungaria–România, valoare 198000 EUR; perioada de implementare; 1 februarie 2012 – 31 ianuarie 2013; Lead Partner: Universitatea de Vest din Timisoara, Partener: Universitatea din Szeged (anexată copia contractului de finantare: I33\_1). | | **10** |  |
| **2.** | Membru în proiectul internațional „Sistem inovativ transdisciplinar de dezvoltare a aptitudinilor de muncă pentru studenţi/masteranzi”din partea Partenerului Universitatea de Vest din Timișoara, proiect cofinanţat din Fondul Social European prin Programul Operaţional Sectorial Dezvoltarea Resurselor Umane 2007-2013, Axa prioritară 2 ,,Corelarea învăţării pe tot parcursul vieţii cu piaţa muncii’’ Domeniul major de intervenţie 2.1 ,,Tranziţia de la şcoală la viaţa activă’’cod OIPOSDRU ID 82617, valoare proiect: 1309054 lei, perioada de implementare: 1 ianuarie 2012-31 decembrie 2013;  URL: http://www.fiop.ro/proiect\_.html; http://cmpicsu.upt.ro/posdru\_id82617/index.php?meniu=contact | | **10** |  |
| **3.** | Membru în proiectul internațional cu titlul „European action on secondary and primary prevention of coronary heart disease in order to reduce events - EUROASPIRE III”, proiect in valoare de 50000 Euro, finantat de catre: „European Society of Cardiology.  URL: http://www.ncbi.nlm.nih.gov/pubmed/20577089# | | **10** |  |
| **4.** | Membru în proiectul internațional cu titlul European action on secondary and primary prevention of coronary heart disease in order to reduce events - EUROASPIRE III - Hospital Arm proiect in valoare de 50000 Euro, finantat de catre: „European Society of Cardiology  URL: http://www.ncbi.nlm.nih.gov/pubmed/20577089# | | **10** |  |
| **5.** | Membru în proiectul internațional cu titlul „EUROASPIRE III Romania Follow Up, proiect în valoare de 60000 Euro, finanţat de catre: ”European Society of Cardiology”. | | **10** |  |
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| **Nr.**  **II.a.6.** | **Subcriteriu**  **Membru în colectiv național** | **Puncte/unitate**  **5** | **Subtotal autoevaluare** | **Subtotal comisie** |
| **1.** | Membru în proiectul cu titlul *„Optimizarea parametrilor somatici si cardio-metabolici la tinerii obezi prin modificarea stilului de viaţă şi implementarea unui protocol individualizat de kinetoprofilaxie", Programul „Idei – Proiecte de cercetare exploratorie”* cod CNCSIS 2330/2008; nr.contract 909/2009; valoare proiect 644 350 lei; | | **5** |  |
| **2.** | Membru în proiectul CNMP cu titlul *„Eficientizarea tratamentului recuperator prin elaborare şi implementare de protocoale de kinetoterapie SOP şi optimizarea strategiilor terapeutice de recuperare”* PNCDI2, Program 4 – Parteneriate în domenii prioritare – Sănătate, din partea Partenerului 1 - Universitatea de Vest din Timişoara; cod proiect 41028/2007, valoare proiect: 1 200 000 lei; perioada de derulare 2007-2010  URL:http://www.cnmp.ro/pncdi2/program4/competitie/main/index.php?&we=26531b94a8aa9ff7df5c5d983a506cd6&wf=detail&id=2848&wchk=ee369f5441e0a41b6d1de1a1c898c3a9 | | **5** |  |
| **3.** | Membru în proiectul „*Cresterea calitatii vietii tinerilor cu mucoviscidoza prin implementarea unei noi strategii de kinetoterapie bazata pe tehnici incitative si antrenament fizic individualizat”,* cod TE 36, 13/09.08.2010, valoare totala *749640 ron* Sursa de finanţare: UEFISCDI Romania | | **5** |  |
| **4.** | Membru în proiectul „*Beneficiul recuperării cardiace comprehensive a pacienţilor cu by-pass aorto - coronarian asupra disfuncţiei endoteliale - studiu corelativ cu polimorfismul NO sintetazei endoteliale”*. Proiect *CNCSIS tip A*, Nr. contract 27690/2005 | | **5** |  |
| **5.** | Membru în proiectul „*Optimizarea computerizată a procesului de diagnostic, intervenţie terapeutică şi prognostic a bolilor cardiovasculare – CARDIOCOMP”*. Proiect *Viasan Nr.* 81/2006.  URL: http://www.cnmp.ro/ceex/comp1\_2006/oferta.php?id=1180 | | **5** |  |
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**CRITERIUL 3 - ACTIVITATEA ȘTIINȚIFICĂ**

**III.a. Articole publicate în extenso în reviste de circulație internațională recunoscute**

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| **Nr.**  **III.a.1.** | **Subcriteriu**  **In reviste cotate ISI ca prim autor** | **Puncte/unitate**  **15** | **Subtotal autoevaluare** | **Subtotal comisie** |
| **1.** | **Avram C**, Drăgoi RG, Popoviciu H, Drăgoi M, Avram A, Amaricăi E. Association between arterial stiffness, disease activity and functional impairment in ankylosing spondylitis patients: a cross-sectional study. Clin Rheumatol. 2016 Aug;35(8):2017-22. doi: 10.1007/s10067-016-3297-7. Epub 2016 May 12. (IF=2.042)  URL: https://link.springer.com/article/10.1007/s10067-016-3297-7 | | **15** |  |
| **2.** | **Claudiu Avram**, Mircea Iurciuc, Laura Craciun, Adina Avram, Stela Iurciuc, Cristian Oancea, Dan Gaita. Dietary and physical activity counseling in high-risk asymptomatic patients with metabolic syndrome – A primary care intervention. Journal of Food Agriculture & Environment Vol.9 (3&4): 16-19. July-October 2011 (IF=0.517)  URL: https://www.researchgate.net/profile/S\_Iurciuc/publication/292932901\_Dietary\_and\_physical\_activity\_counseling\_in\_high-risk\_asymptomatic\_patients\_with\_metabolic\_syndrome\_-\_A\_primary\_care\_intervention/links/5b31bf514585150d23d459d7/Dietary-and-physical-activity-counseling-in-high-risk-asymptomatic-patients-with-metabolic-syndrome-A-primary-care-intervention.pdf | | **15** |  |
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| **Nr.**  **III.a.2.** | **Subcriteriu**  **In reviste cotate ISI coautor** | **Puncte/unitate**  **10** | **Subtotal autoevaluare** | **Subtotal comisie** |
| **1.** | Unger J, Mattsson M, Drăgoi RG, **Avram C**, Boström C, Buttgereit F, Lackner A, Witte T, Raffeiner B, Peichl P, Durechova M. The Experiences of Functioning and Health of Patients with Primary Sjögren’s Syndrome: A Multicentre Qualitative European Study. Frontiers in medicine. 2021 Nov 18:2035. (IF= 5.091)  URL: https://www.frontiersin.org/articles/10.3389/fmed.2021.770422/full | | **10** |  |
| **2** | Bordean L, Chis M, Raica M, Cotoi OS, Ceausu AR, **Avram C**, Cimpean AM. CLIC1 Expression in Skin Biopsies from Patients With Rheumatoid and Psoriatic Arthritis as a Potential Tool to Predict Therapy Response. in vivo. 2021 Sep 1;35(5):2559-67. (IF= 2.155)  URL: https://iv.iiarjournals.org/content/invivo/35/5/2559.full.pdf | | **10** |  |
| **3.** | Drăgoi RG, Amaricai E, Drăgoi M, Popoviciu H, **Avram C**. Inspiratory muscle training improves aerobic capacity and pulmonary function in patients with ankylosing spondylitis: A randomized controlled study. Clin Rehabil. 2016 Apr;30(4):340-6. doi: 10.1177/0269215515578292. Epub 2015 Mar 25. (IF=2.403)  URL: http://cre.sagepub.com/content/30/4/340.full.pdf+html | | **10** |  |
| **4.** | Mihaela Oravitan, **Claudiu Avram**. The effectiveness of electromyographic biofeedback as part of a meniscal repair rehabilitation programme. Journal of Sports Science and Medicine. 2013 Sep 1;12(3):526-32. (IF= 0.898)  URL: http://www.jssm.org/vol12/n3/23/v12n3-23text.php | | **10** |  |
| **5.** | Iurciuc S, **Avram C**, Turi V, Militaru A, Avram A, Cimpean AM, Iurciuc M. Physical Training, Hemodynamic Parameters and Arterial Stiffness: Friends or Foes of the Hypertensive Patient? In Vivo. 2016 07-08;30(4):521-528. (IF= 0.953)  URL: http://iv.iiarjournals.org/content/30/4/521.full.pdf+html | | **10** |  |
| **6.** | Mihaescu A, **Avram C**, Bob F, Gaita D, Schiller O, Schiller A. Benefits of Exercise Training during Hemodialysis Sessions: A Prospective Cohort Study. Nephron Clinical Practice. 2013;124(1-2):72-8. doi: 10.1159/000355856. Epub 2013 Oct 18. (IF= 1.698)  URL: http://www.karger.com/Article/Abstract/355856 | | **10** |  |
| **7.** | Tudorache E, Oancea C, **Avram C**, Fira-Mladinescu O, Petrescu L, Timar B. Balance impairment and systemic inflammation in chronic obstructive pulmonary disease. Int J Chron Obstruct Pulmon Dis. 2015 Sep 8;10:1847-52. doi: 10.2147/COPD.S89814. (IF=3.046)  URL:https://www.dovepress.com/balance-impairment-and-systemic-inflammation-in-chronic-obstructive-pu-peer-reviewed-fulltext-article-COPD | | **10** |  |
| **8.** | Titus Slavici, **Claudiu Avram**, Gabriela Victoria Mnerie, Adriana Badescu, Doina Darvasi, Florin Molnar-Matei, Mihai Aristotel Ungureanu. Economic efficiency of primary care for CVD prevention and treatment in Eastern European countries. BMC Health Services Research 2013, 13:75. doi:10.1186/1472-6963-13-75 (IF=1.659)  URL: http://bmchealthservres.biomedcentral.com/articles/10.1186/1472-6963-13-75 | | **10** |  |
| **9.** | Tudorache V, Oancea C**, Avram C**, Fira-Mlădinescu O. Changes in physical activity in healthy people and COPD patients. Wien Klin Wochenschr. 2014 Jan;126(1-2):30-5. doi: 10.1007/s00508-013-0452-x. (IF= 0.836)  URL: http://link.springer.com/article/10.1007/s00508-013-0452-x | | **10** |  |
| **10.** | Bajas D, Vlase G, Mateescu M, Grad OA, Bunoiu M, Vlase T, **Avram C**. Formulation and Characterization of Alginate-Based Membranes for the Potential Transdermal Delivery of Methotrexate. Polymers. 2021 Jan;13(1):161. (IF:3.426)  URL: https://www.mdpi.com/2073-4360/13/1/161/htm | | **10** |  |
| **11.** | Mateescu M, Vlase G, Jumanca D, Galuscan A**, Avram C**, Vlase T. Comparative Study Regarding Thermal Behaviour of Mixtures Based on Hydroxyapatite and Methacrylate for Dental Use. MATERIALE PLASTICE. 2021 Mar 1;58(1):1-0. (IF: 0.593)  URL: https://revmaterialeplastice.ro/pdf/1%20MATEESCU%20%20121.pdf | | **10** |  |
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| **Nr.**  **III.a.3.** | **Subcriteriu**  **In proceedings la congrese ce se găsesc pe ISI web of Knowledge/autor** | **Puncte/unitate**  **5** | **Subtotal autoevaluare** | **Subtotal comisie** |
| **1.** | **C. Avram**, M. Oravițan, A.C. Nagel, B. Almăjan-Guță, R.G. Drăgoi. Relation between obesity and arterial stiffness in young individuals; Proceedings of the 7th World Congress of the International Society of Physical and Rehabilitation Medicine, 2013, ISBN: 978-88-7711-616-1, pag. 222-224;  URL: https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000347262500092 | | **5** |  |
| **2.** | **C. Avram**, M.Oravițan, R. G. Dragoi, Almăjan-Guță. Benefit of individualized exercise training in patients with metabolic syndrome; comunicat la 18th European Congress of Physical and Rehabilitation Medicine (28 mai-1 iunie 2012, Salonic, Grecia), publicat în Proceedings of the 18th European Congress of Physical and Rehabilitation Medicine, ISBN: 978-88-7711-616-1,pag.3-5;  URL: https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000322554200001 | | **5** |  |
| **3.** | **C Avram**, S Iurciuc, L Craciun, A Avram, M Iurciuc, C Ciulacu, D Stancila, D Gaita. Metabolic syndrome patients: primary care can be more than usual care. Proceedings of the 17th European Congress of Physical and Rehabilitation Medicine. Edizioni Minerva Medica 2010. ISBN-13: 978-88-7711-616-1.pages:87-89.  URL: https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000288040700032 | | **5** |  |
| **4.** | **C. Avram**, M. Oravițan, B. Almăjan-Guță, L.D. Hoble, A.M. Rusu, R.G. Dragoi. Interval exercise training efectiveness in sleep apnea patients with metabolic syndrome; comunicat la 6th World Congress of the International Society of Physical and Rehabilitation Medicine (12-16 iunie 2011, San Juan- Puerto Rico), publicat în Proceedings of the 6th World Congress of the International Society of Physical and Rehabilitation Medicine, ISBN: 978-88-7711-616-1, pag. 20-22;  URL: https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000310488100007 | | **5** |  |
| **5.** | **C. Avram**, M. Oraviţan, S. Voicu, L.D. Hoble, E. Bota, A. M. Rusu, R.D. Drăgoi. Endurance training and physical fitness in young metabolic syndrome patients; comunicat la 17th Physical and Rehabilitation Medicine European Congress (23-27 mai 2010, Veneţia, Italia), publicat în Proceedings of the 17th European Congress of Physical and Rehabilitation Medicine, ISBN: 978-887711-616-1, pag. 89-92;  URL: https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000288040700033 | | **5** |  |
| **6.** | **C. Avram**, M. Oraviţan, S. Voicu, L.D. Hoble, E. Bota, A. M. Rusu, R.D. Drăgoi. Endurance training and physical fitness in young metabolic syndrome patients; comunicat la 17th Physical and Rehabilitation Medicine European Congress (23-27 mai 2010, Veneţia, Italia), publicat în Proceedings of the 17th European Congress of Physical and Rehabilitation Medicine, ISBN: 978-887711-616-1, pag. 89-92;  URL: https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000288040700033 | | **5** |  |
| **7.** | **C. Avram**, M. Oraviţan, S. Voicu, A. Nagel, M. Bârzu, B.Almăjan-Guţă, M. Iurciuc. Individualized exercise training benefit on hemodynamic parameters in young metabolic syndrome patients; comunicat la 17th Physical and Rehabilitation Medicine European Congress, (23-27 mai 2010, Veneţia, Italia), publicat în Proceedings of the 17th European Congress of Physical and Rehabilitation Medicine, ISBN: 978-887711-616-1, pag. 122-125;  URL: https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000288040700049 | | **5** |  |
| **8.** | **C. Avram**, M. Oraviţan, L.D. Hoble, B. Almăjan-Guţă, D. Gaiţă, I.D. Branea. Interval exercise training benefit on body composition and physical fitness in young obese women; comunicat la 6th European Sports Medicine Congress (14-18 iunie 2009, Antalya, Turcia), publicat în Proceedings of the 6th European Sports Medicine Congress, ISBN: 978-88-7587-533-6, pag. 20-22;  URL: https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000292762100027 | | **5** |  |
| **9.** | **C. Avram**, M.Oravițan, A. Nagel, M.Iurciuc. Rehabilitation of patients with metabolic syndrome by using physical activity monitors; comunicat la 16th European Congress of Physical Medicine and Rehabilitation (3-6 iunie 2008, Brugge, Belgia), publicat în Proceedings of 16th European Congress of Physical Medicine and Rehabilitation, ISBN-10: 88-7711-616-1, pag. 124-126;  URL: https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000260433300058 | | **5** |  |
| **10.** | **C. Avram**, M. Oraviţan, E. Sîrbu, M. Domokos, O. Fira-Mlădinescu. The benefit of interval exercise training programme on patients with metabolic syndrome; comunicat la 16th European Congress of Physical Medicine and Rehabilitation (3-6 iunie 2008, Brugge, Belgia), publicat în Proceedings of 16th European Congress of Physical Medicine and Rehabilitation, ISBN-10: 88-7711-616-1, pag. 230-232;  URL: https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000260433300118 | | **5** |  |
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| **Nr.**  **III.a.4.** | **Subcriteriu**  **In proceedings la congrese ce se găsesc pe ISI web of Knowledge/ coautor** | **Puncte/unitate**  **5** | **Subtotal autoevaluare** | **Subtotal comisie** |
| **1.** | Almajan-Guta B, Varan N; Merghes P; Ciuca I; Stanila AM; Galosi L; **Avram C**. Simeox and Airway Clearance Techniques in Critical Cystic Fibrosis Patient - A Case Study  Proceedings of the 6th International Conference Of Universitaria Consortium FEFSTIM: Physical Education, Sports And Kinesiotherapy - Implications In Quality Of Life. Page 217-222.  URL: https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000682773700032 | | **5** |  |
| **2.** | Rusu AM, Almajan-Guta B, **Avram C**, Oravitan M, Nagel AC. Inspiratory muscle training and effort capacity in cystic fibrosis patients; Proceedings of the 7th World Congress of the International Society of Physical and Rehabilitation Medicine, ISBN: 978-88-7711-616-1, pag. 157-159.  URL: https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000347262500066 | | **5** |  |
| **3.** | Dragoi RG, **Avram C**, Dragoi M, Popoviciu H, Nagel A, Duer M, Milicin C, Stamm TA. Impact of rheumatoid arthritis treatment on arterial stiffness; Proceedings of the 7th World Congress of the International Society of Physical and Rehabilitation Medicine, ISBN: 978-88-7711-616-1, pag. 247-249.  URL: https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000347262500100 | | **5** |  |
| **4.** | Dragoi RG, Sadlonova M, Duer M, **Avram C**, Dragoi M, Popoviciu H, Nagel A, Smolen JS, Stamm TA. Educational needs of patients with psoriatic arthritis correlates with gender, disease activity and physical functioning.; comunicat la 7th World Congress of the International Society of Physical and Rehabilitation Medicine (16-20 iunie 2013, Beijing, China), publicat în Proceedings of the 7th World Congress of the International Society of Physical and Rehabilitation Medicine, ISBN: 978-88-7711-616-1, pag. 290-291.  URL: https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000347262500118 | | **5** |  |
| **5.** | Merghes PE, Hoble LD, **Avram C**. Physical fitness and ventilatory efficiency after medium altitude training in young athletes; comunicat la 18th European Congress of Physical and Rehabilitation Medicine (28 mai-1 iunie 2012, Salonic, Grecia), publicat în Proceedings of the 18th European Congress of Physical and Rehabilitation Medicine, ISBN: 978-88-7711-616-1,pag.6-8;  URL: https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000322554200002 | | **5** |  |
| **6.** | Almajan-Guta Bogdan, Rusu A, **Avram C**. Increasing quality of life in Romanian cystic fibrosis teenagers using a complex approach of physiotherapy; comunicat la 18th European Congress of Physical and Rehabilitation Medicine (28 mai-1 iunie 2012, Salonic, Grecia), publicat în Proceedings of the 18th European Congress of Physical and Rehabilitation Medicine, ISBN: 978-88-7711-616-1,pag.37-38;  URL: https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000322554200014 | | **5** |  |
| **7.** | Almajan-Guta B, **Avram C**, Rusu AM, Filipescu H, Almajan-Guta V, Cluci O, Pop L, Oravitan M. Incentive techniques and airway clearance, therapy in teenagers with cystic fibrosis. comunicat la 6th World Congress of the International Society of Physical and Rehabilitation Medicine (12-16 iunie 2011, San Juan- Puerto Rico), publicat în Proceedings of the 6th World Congress of the International Society of Physical and Rehabilitation Medicine, ISBN: 978-88-7711-616-1, pag. 42-44;  URL: https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000310488100018 | | **5** |  |
| **8.** | M. Dragoi, **C. Avram**, D. A. Nemes, R. G. Dragoi. The pulmonary function improvement through inspiratory muscle training of patients with ankylosing spondylitis; comunicat la 16th European Congress of Physical Medicine and Rehabilitation (3-6 iunie 2008, Brugge, Belgia), publicat în Proceedings of 16th European Congress of Physical Medicine and Rehabilitation, ISBN-10: 88-7711-616-1, pag. 54-56;  URL: https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000310488100023 | | **5** |  |
| **9.** | M. Oravițan, **C. Avram**, A.M. Rusu, L.D. Hoble, B. Almăjan-Guță. Optimizing the somatic and cardio-metabolic parameters at young obese by modifying the lifestyle and implementing an individualized physical training protocol; comunicat la 6th World Congress of the International Society of Physical and Rehabilitation Medicine (12-16 iunie 2011, San Juan, Puerto Rico),publicat în Proceedings of the 6th World Congress of International Society of Physical and Rehabilitation Medicine,ISBN: 978-88-7711-616-1, pag. 102-103;  URL: https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000310488100042 | | **5** |  |
| **10.** | R. G. Dragoi, D. A. Nemes, M. Dragoi, A. Nita, **C. Avram**. The role of dynamic functional evaluation of knee osteoarthritis; comunicat la 16th European Congress of Physical Medicine and Rehabilitation (3-6 iunie 2008, Brugge, Belgia), publicat în Proceedings of 16th European Congress of Physical Medicine and Rehabilitation, ISBN-10: 88-7711-616-1, pag. 116-117;  URL: https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000310488100048 | | **5** |  |
| **11.** | Almajan-Guta B, Almajan-Guta, V, **Avram C**, Pop L, Argesanu V. Sports and airway clearance techniques in children with cystic fibrosis; comunicat la 17th Physical and Rehabilitation Medicine European Congress (23-27 mai 2010, Veneţia, Italia), publicat în Proceedings of the 17th European Congress of Physical and Rehabilitation Medicine, ISBN: 978-887711-616-1, pag. 137-139;  URL: https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000288040700056 | | **5** |  |
| **12.** | Craciun L, Avram A, Iurciuc S, **Avram C**, Iurciuc M, Popovic C, Mancas S, Gaita D. Lipids targets achievement in Euroaspire III Romania Follow-Up: from guidelines to clinical practice; comunicat la 17th Physical and Rehabilitation Medicine European Congress (23-27 mai 2010, Veneţia, Italia), publicat în Proceedings of the 17th European Congress of Physical and Rehabilitation Medicine, ISBN: 978-887711-616-1, pag. 236-238;  URL: https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000288040700101 | | **5** |  |
| **13.** | Iurciuc M, **Avram C**, Iurciuc S, Franculescu C, Vlad A, Mancas S. Comprehensive rehabilitation programs may improve some of the ambulatory blood pressure parameter; comunicat la 17th Physical and Rehabilitation Medicine European Congress (23-27 mai 2010, Veneţia, Italia), publicat în Proceedings of the 17th European Congress of Physical and Rehabilitation Medicine, ISBN: 978-887711-616-1, pag. 253-255;  URL: https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000288040700108 | | **5** |  |
| **14.** | Avram A, Iurciuc S, Craciun L, Iurciuc M, **Avram C**, Gojka G, Gaita D, Mancas S. Hospital and ambulatory-based cardiovascular rehabilitation programmes in coronary patients with revascularisation procedures; comunicat la 17th Physical and Rehabilitation Medicine European Congress (23-27 mai 2010, Veneţia, Italia), publicat în Proceedings of the 17th European Congress of Physical and Rehabilitation Medicine, ISBN: 978-887711-616-1, pag. 260-263;  URL: https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000288040700112 | | **5** |  |
| **15.** | Stancila D, Craciun L, **Avram C**, Iurciuc S, Mihaicuta S, Vernic C, Gaita D. Euroaspire III Romania follow-up: role of general practitioner in smoking cessation; comunicat la 17th Physical and Rehabilitation Medicine European Congress (23-27 mai 2010, Veneţia, Italia), publicat în Proceedings of the 17th European Congress of Physical and Rehabilitation Medicine, ISBN: 978-887711-616-1, pag. 260-263;  URL: https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000288040700133 | | **5** |  |
| **16.** | M. Oraviţan, N. B. Negru Aman, **C. Avram**, E. Szabo, M. Bârzu, E. Bota. Study regarding muscular parameters changes at young obeses after an individualized physical training programme; comunicat la 6th European Sports Medicine Congress (14-18 iunie 2009, Antalya, Turcia), publicat în Proceedings of the 6th European Sports Medicine Congress, ISBN: 978-88-7587-533-6, pag. 247-251;  URL: https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000292762100047 | | **5** |  |
| **17.** | C.A. Avram, O. Fira-Mladinescu, **C. Avram**, A. Anghel, D. Gaita. The impact of various eNOS polymorphism on clinical evolution of coronary patients with CABG referred to a comprehensive cardiac rehabilitation programme; comunicat la 16th European Congress of Physical Medicine and Rehabilitation (3-6 iunie 2008, Brugge, Belgia), publicat în Proceedings of 16th European Congress of Physical Medicine and Rehabilitation, ISBN-10: 88-7711-616-1, pag.240-242;  URL: https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000260433300085 | | **5** |  |
| **18.** | M. Oraviţan, **C. Avram**, L. Galoşi. Application of electromyographic biofeedback in rehabilitation after total knee arthroplasties; comunicat la 16th European Congress of Physical Medicine and Rehabilitation (3-6 iunie 2008, Brugge, Belgia), publicat în Proceedings of 16th European Congress of Physical Medicine and Rehabilitation, ISBN-10: 88-7711-616-1, pag.240-242;  URL: https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000260433300125 | | **5** |  |
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| **Nr.**  **III.a.5.** | **Subcriteriu**  **In reviste necotate ISI dar indexate în baza de date internaționale autor** | **Puncte/unitate**  **10** | **Subtotal autoevaluare** | **Subtotal comisie** |
| **1.** | **C. Avram**, M. Oravițan, D. Gaiță. *Distribution and profile of alcohol consumers in Romania - a health related approach*, publicat în Journal of Food, Agriculture and Environment, ISSN (tipărită): 1459-0255. ISSN (electronic): 1459-0263, Vol.11(3&4) October–December, 2013, pag. 72-74, factor de impact/2012: 0,44; factor de impact/2013: 0; | | **10** |  |
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**III.b. Articole publicate în rezumat în reviste de circulație internaționale recunoscute**

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| **Nr.**  **III.b.1.** | **Subcriteriu**  **In reviste cotate ISI ca prim autor** | **Puncte/unitate**  **5** | **Subtotal autoevaluare** | **Subtotal comisie** |
| **1.** | **Avram C**, Oravitan M, Iurciuc M, Avram A, Gaita D. Heart rate monitors and pedometers, a simple, effective and safe way to improve the risk factors profile in metabolic syndrome. In EUROPEAN HEART JOURNAL 2008 Sep 1 (Vol. 29, pp. 96-96). GREAT CLARENDON ST, OXFORD OX2 6DP, ENGLAND: OXFORD UNIV PRESS. | | **5** |  |
|  | **C. Avram**, S. Iurciuc, L. Craciun, A. Avram, M. Iurciuc, Alexandra M. Rusu, D. Gaita.  The benefit of primary care preventive intervention in patients with metabolic syndrome  Poster presentation  *Diabetes and Vascular Disease Research* 2011 8: 49 .ABSTRACTS from the 8th Annual World Congress on Insulin Resistance Diabetes & Cardiovascular Disease (WCIRDC) | | **5** |  |
| **2.** | **C Avram**, M Iurciuc, S Iurciuc, A Avram, LM Craciun, D Stancila, D Gaita.  Individual risk factors control in coronary patients with prior revascularisation procedures adressed to secondary prevention programmes  Poster Presentation, EuroPrevent 2011, 14-16 April, Geneva  The European Journal of Preventive Cardiology, Volume 18, Supplement 1. ISSN 2047-4873 | | **5** |  |
| **3.** | **Avram C**, Oravitan M, Almajan-Guta B, Marc M, Hoble L, Iurciuc M, Gaita D. Exercise training effectiveness in young patients who associate obesity and sleep apnea. In AMERICAN JOURNAL OF RESPIRATORY AND CRITICAL CARE MEDICINE 2011 Jan 1 (Vol. 183, pp. 715-715). 25 BROADWAY, 18 FL, NEW YORK, NY 10004 USA: AMER THORACIC SOC. | | **5** |  |
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| **Nr.**  **III.b.2.** | **Subcriteriu**  **In reviste cotate ISI coautor** | **Puncte/unitate**  **3** | **Subtotal autoevaluare** | **Subtotal comisie** |
| **1.** | S. Iurciuc, A. Vlad, M. Iurciuc, A. Avram, G. Cioraca, **C. Avram**, L. Craciun, S. Ursoniu, D. Gaita, S. Dragan, S. Mancas  RISK FACTOR AND LIFESTYLE CHANGES IN HIGH RISK PATIENTS  Poster Presentation 20th EuropeanMeeting on Hypertension OSLO - NORWAY  JUNE 18 - 21, 2010.  Journal of Hypertension, Volume 28 e-Supplement A, June 2010, Online ISSN: 1473-5598 | | **3** |  |
| **2.** | Iurciuc S, Suceava I, Iurciuc M, Ciorica G, Craciun L, **Avram C**, Dragan S, Mancas S  Physical training and its impact on life quality for hypertensive patients  Poster Presentation, EuroPrevent, 2009,Stockholm, Sweden, 6-9 may, 2009  Eur J of Cardiovascular Prevention&Rehabilitation 2009,16(suppl 1), ISSN 1741-8267 | | **3** |  |
| **2.** | M. Iurciuc , D.Lighezan , S.Dragan, O.Iancu , M.Rada, D.Gaita , **C. Avram**, C.Marin, S.Iurciuc .  ARM-ANKLE INDEX AND ARTERIAL RIGIDITY.  Journal ofHypertension, e 310, Volume33,e-Supplement1,2015, ISSN: 0263-6352, Online ISSN: 1473-5598 | | **3** |  |
| **3.** | M. Iurciuc , D. Gaita , C.N. Marin , A. Mircioaga , S. Iurciuc , L. Craciun, O. Iancu , **C. Avram** , S. Dragan .  THE EFFECT OF REHABILITATION PROGRAMS ON ARTERIAL STIFFNESS, CENTRAL BLOOD PRESSURE  AND LIPID PARAMETERS. e441  Journal of Hypertension Volume 32, e-Supplement 1, 2014. ISSN: 0263-6352, Online ISSN: 1473-5598 | | **3** |  |
| **4.** | Vlad Adrian, Sima Alexandra, Timar Bogdan, **Avram Claudiu**, Iurciuc Mircea, Iurciuc Stela, Gaita Dan, Vlad Mihaela, Timar Romulus. Therapeutic Targets for Patients with Type 2 Diabetes Mellitus Are Difficult to Be Reached in General Practice. DIABETES Volume: 63 Pages: A624-A624 Supplement: 1 Meeting Abstract: 2460-PO Published:‏ JUN 2014. Publisher. AMER DIABETES ASSOC, 1701 N BEAUREGARD ST, ALEXANDRIA, VA 22311-1717 USA | | **3** |  |
| **5.** | Mircea Iurciuc, C Marin, **C Avram**, M Oravitan, A Mircioaga, Stela Iurciuc, Laura Craciun, Dan Gaita.  The effect of physical training on arterial stiffness and central blood pressure.  EuroPRevent, Roma, 18-20 aprilie. European Journal of Preventive Cardiology.2014 ( Supplement 1 ), 97.ISSN 2047-4881.http://www.escardio.org/ | | **3** |  |
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| **12.** | CA Avram, S Iurciuc, **C Avram**, LM Craciun, D Stancila, M Iurciuc, S Mancas, D Gaita.  The management of coronary patients with diabetes enrolled in rehabilitation programmes is more effective than usual care.  Poster Presentation .EuroPrevent 2012, 3-5 mai, Dublin, Irlanda  The European Journal of Preventive Cardiology, Volume 19, Supplement 1. ISSN 1741-8267 | | **3** |  |
| **13.** | L Laura Craciun, **C Avram**, A Avram, S Iurciuc, M Iurciuc, D Stancila, D Gaita, S Mancas.  Lipids targets achievement in EUROASPIRE III ROMANIA FOLLOW-UP: from guidelines to clinical practice  Poster Presentation .EuroPrevent 2012, 3-5 mai, Dublin, Irlanda  The European Journal of Preventive Cardiology, Volume 19, Supplement 1. ISSN 1741-8267 | | **3** |  |
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| **15.** | M Mircea Ștefan Iurciuc, C Avram, L Craciun, C Sarau, A Avram, S Ursoniu, S Iurciuc, D Gaita  Lifestyle, geographical habits and the way we put in the practice  Poster Presentation, EuroPrevent 2011, 14-16 April, Geneva  The European Journal of Preventive Cardiology, Volume 18, Supplement 1, 2011. ISSN 1741-8267 | | **3** |  |
| **16.** | M. Iurciuc, L. Craciun, **C. Avram**, S. Ursoniu, A. Rusu, S. Iurciuc, D. Gaita.  INTERVENTION STUDY IN A HIGH RISK POPULATION  Poster Presentation, 21 st European Meeting on Hypertension and Cardiovascular Prevention Milano,17-20 iunie, 2011  *Journal of Hypertension* Vol 29, e-Supplement A, e456, June 2011, ISSN: 1473-5598 | | **3** |  |
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| **19.** | L Craciun, A Avram, S Iurciuc, M Iurciuc, C Popovici, **C Avram**, S Mancas, D Gaita.  Increasing the regular physical activity level reduced the cardiovascular risk in asymptomatic high risk patients from EuroAspire III Romania Follow-Up  Poster Presentation, EuroPrevent 2011, 14-16 April, Geneva  The European Journal of Preventive Cardiology, Volume 18, Supplement 1. ISSN 2047-4873 | | **3** |  |
| **20.** | CA Avram, S Iurciuc, **C Avram**, L Craciun, M Iurciuc, CA Sarau, S Mancas, D Gaita.  The outcomes of different programs of cardiovascular rehabilitation in the management of coronary patients following myocardial revascularisation  Poster Presentation, ESC Congress, 27-31 august, Paris  European Heart Journal ( 2011 ) 32 ( Abstract Supplement ) | | **3** |  |
| **21.** | L. Craciun, A. Avram, S. Iurciuc, **C. Avram**, M. Iurciuc, C. Sarau, V.A. Ionescu, S. Mancas, D. Gaita.  Reinforced primary care improved the adherence to lifestyle change recommendations in EuroAspire III Romania follow-up.  Poster Presentation, ESC Congress, 27-31 august, Paris  European Heart Journal ( 2011 ) 32 ( Abstract Supplement ) | | **3** |  |
| **22.** | C.A. Avram, M. Iurciuc, L.M. Craciun, **C. Avram**, S. Iurciuc, D. Gaita, S. Mancas.  Ambulatory versus hospital cardiac rehabilitation in coronary patients following revascularizations procedures in managing cardio-metabolic risk: one year outcome.  Poster Presentation, ESC Congress, 27-31 august, Paris  European Heart Journal ( 2011 ) 32 ( Abstract Supplement ) | | **3** |  |
| **23.** | L Craciun, A Avram, S Iurciuc, **C Avram**, M Iurciuc, C Sarau, D Gaita, S Mancas.  Benefits of quitting smoking in coronary patients from EUROASPIRE III Romania.  Poster Presentation, EuroPRevent 2010, Praga, Praga, 5-7 May 2012  The European Journal of Preventive Cardiology, (Abstract Suppl). ISSN 1741-8267 | | **3** |  |
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| **29.** | Iurciuc M, Gaita D, Iurciuc S, Avram C, Fira-Mladinescu O, Oravitan M, Mancas S.  **The evolution of arterial stiffness and hemodynamic parameters following an rehabilitation program.**  Poster Presentation, 18 the scientific Meeting European Society of hypertension, June 14-19, Berlin.2008  *Journal of Hypertension*, volume 26, Supplement 1, S492, 2008, ISSN: 0263-6352, Online ISSN: 1473-5598 | | **3** |  |
| **30.** | Iurciuc M, Gaita D, Iurciuc S, **Avram C**, Ursoniu S, Duda-Seiman D, Dragan S, Suceava I, Fira-Mladinescu O.  The benefit of physical training on haemodynamics in hypertensive patients.  Poster Presentation, EuroPRevent Congress, Paris, 1-3 May 2008.  European Journal of Cardiovascular Prevention & Rehabilitation 2008, (Supplement EuroPRevent Congress Paris, 1-3 May 2008 Congress Abstracts), vol 15, suppl 1, p S107, full Text OVID. ISSN 1741-8267 | | **3** |  |
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| **32.** | Stela Iurciuc, **C Avram**, M Iurciuc, D Gaita, L Craciun, A Avram, S Ursoniu, D Berceanu-Vaduva, S Mancas. Lifestyle and haemodynamic parameters in high risk asymptomatic patients.  Poster Presentation .EuroPrevent 2012, 3-5 mai, Dublin, Irlanda 2012 The European  Journal of Preventive Cardiology, Volume 19, Supplement 1, ISSN 1741-8267 | | **3** |  |
| **33.** | S. Iurciuc, A. Avram, M. Iurciuc, L. Craciun, **C. Avram**, S. Ursoniu, D. Gaita, S. Mancas.  APPROACH TO HIGH RISK PATIENTS  Poster Presentation, 21 st European Meeting on Hypertension and Cardiovascular Prevention Milano,17-20 iunie,2011  Journal of Hypertension Vol 29, e-Supplement A, June 2011, ISSN: 1473-5598 | | **3** |  |
| **34.** | S Stela Iurciuc, A Avram, A Vlad, M Iurciuc, **C Avram**, L Craciun, D Duda-Seiman, S Mancas.  Exercise training can improve some of the ambulatory blood pressure monitoring and stiffness parameters  Poster Presentation, EuroPrevent 2011, 14-16 April, Geneva  The European Journal of Preventive Cardiology, Volume 18, Supplement 1, ISSN 2047-4873 | | **3** |  |
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| **Nr.**  **III.b.4.** | **Subcriteriu**  **In proceedings la congrese ce se găsesc pe ISI web of Knowledge/ coautor** | **Puncte/unitate**  **5** | **Subtotal autoevaluare** | **Subtotal comisie** |
| **1.** | L Craciun, A Avram, S Iurciuc, **C Avram**, M Iurciuc, C Popovici, S Mancas, D Gaita  Lipids target achievement in Euroaspire III Romania Follow-up: from guidelines to clinical practice.  Proceedings of the 17th European Congress of Physical and Rehabilitation Medicine. Edizioni Minerva Medica 2010. ISBN-13: 978-88-7711-616-1. pages:236-238. Proceeding int. / ISI Web of Knowledge. | | **5** |  |
| **2.** | S. Iurciuc, M. Iurciuc, L. Craciun, **C. Avram**, A. Avram, G. Gojka, S. Ursoniu, D. Berceanu-Vaduva, D. Gaita, Silvia Mancas  The impact of exercise training on quality of life in hypertensive patients.  Poster Presentation 17TH PRM EUROPEAN CONGRESS XXXVIII SIMFER NATIONAL CONGRESS EUROPEAN SOCIETY OF PHYSICAL AND REHABILITATION MEDICINE, Venice 23-27 may 2010. Proceedings of the 17th European Congress of Physical and Rehabilitation Medicine. Edizioni Minerva Medica 2010. ISBN-13: 978-88-7711-616-1. Proceeding int. / ISI Web of Knowledge. | | **5** |  |
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**III.c. Articole publicate în extenso în reviste naționale recunoscute**

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| **Nr.**  **III.c.1.** | **Subcriteriu**  **În reviste romînești necotate ISI dar indexate în baza de date internaționale/autor** | **Puncte/unitate**  **8** | **Subtotal autoevaluare** | **Subtotal comisie** |
| **1.** | **C. Avram**, C.A. Avram, L.M. Craciun, S. Iurciuc, L.D. Hoble, A.M. Rusu, B. Almajan-Guta, S. Mancas. Inpatient and outpatient cardiac rehabilitation programmes improve cardiometabolic risk in revascularized coronary patients with type 2 diabetes. Timisoara Physical Education and Rehabilitation Journal, vol. 3, issue 5/2011, pag.24-34, ISSN 2065-0574; indexată în EBSCO SPORTDiscuss with Full text, DOAJ, ProQuest, Ulrichs, J-Gate, Versita (De Gruyter Open);  URL: https://tperj.uvt.ro/wp-content/uploads/2018/11/V3IS5A6.pdf | | **8** |  |
| **2.** | **C. Avram**, M. Oravițan, A. Nagel, B. Almăjan-Guţă, L. Hoble, A.M. Rusu. Testing and training the strenght, power and complex reactions in rugby players. Palestrica Mileniului III – Civilizaţie şi Sport, vol.12, nr.3, iulie-septembrie 2011, pag. 236-239; indexată în EBSCO, Academic Search Complete USA, Index Copernicus, Scipio, Journals Master List Polonia;  URL: http://pm3.ro/pdf/45/ro/PM3\_Nr.3(45)\_2011m.pdf#page=30 | | **8** |  |
| **3.** | **C. Avram**, M. Oraviţan, L. D. Hoble, B. Almajan-Guţă. Cardiopulmonary exercise testing - effective method for evaluation and recommendation of individualized exercise training in patients with metabolic syndrome. Timişoara Physical Education and Rehabilitation Journal, ISSN: 2065-0574, vol.4, nr.7/2011, pag. 23-28, indexată în EBSCO SPORTDiscuss with Full text, DOAJ, ProQuest, Ulrichs, J-Gate, Versita (De Gruyter Open);  URL: https://tperj.uvt.ro/wp-content/uploads/2018/11/V4IS7A4.pdf | | **8** |  |
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| **6.** | **C. Avram**, M. Oraviţan, E. Sârbu, M. Iurciuc, S. Iurciuc, M. Domokos, D. Gaiţă. The effect of high intensity training at medium altitude on maximum performance capacity in alpine skiers. Medicina Sportivă, nr. 9/2007; pag. 520-527  URL:http://www.medicinasportiva.ro/SRoMS/english/Journal/No.9/The\_effect\_of\_high\_intensity\_training\_at\_medium\_altitude\_on\_maximum\_performance\_capacity\_in\_alpine\_skiers.html | | **8** |  |
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| **9.** | **C. Avram**, M. Oraviţan, S. Voicu, E. Bota, A. Nagel, C. Pantea, L. Hoble, I.D. Branea. Supervised lifestyle changing intervention benefit on young metabolic syndrome patients. Medicina Sportivă, vol. V, nr 2 (18)/2009, pag. 1092-1097  URL:http://www.medicinasportiva.ro/SRoMS/english/Journal/No.18/Supervised\_lifestyle\_changing\_intervention\_benefit\_metabolic\_syndrome\_young\_patients.html | | **8** |  |
| **10.** | **C. Avram**, L.D. Hoble, M. Oravițan, M. Domokos, B. Almajan-Guta, C. Oancea. Supervised lifestyle effectiveness in reducing cardiometabolic risk of patients with metabolic syndrome. Medicine in Evolution, vol. XVII, nr.3, 2011, pag.176-185, indexată în Index Copernicus;  URL: http://medicineinevolution.umft.ro/2011/Rev\_3\_2011.pdf | | **8** |  |
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| **1.** | Stănilă AM, ORAVIȚAN M, Matichescu ML, Stănilă CV, Avram CA, ALMĂJAN-GUȚĂ B, **Avram C**. Factors Predisposing to Weight Gain in Young Adults during COVID-19 Home Confinement. Timisoara Physical Education and Rehabilitation Journal. 2021 May 1;14(26):17-27.DOI:10.2478/tperj-2021-0002  URL: https://tperj.uvt.ro/wp-content/uploads/2021/06/TPERJ\_vol\_14\_issue\_26\_art\_2.pdf. | | **4** |  |
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| **3.** | Bogdan Almăjan GUȚĂ, Himena ZIPPENFENING, Simelda ZIPPENFENING, Zoran POPA, Alexandra Mihaela RUSU, Sorin STOIA, Violeta Almăjan GUȚĂ, **Claudiu AVRAM**. Dietary supplements and exercise capacity in professional rugby players. Timisoara Physical Education and Rehabilitation Journal,Volume 11, Issue 20, 2018. DOI:10.2478/tperj-2018-0005  URL: https://tperj.uvt.ro/wp-content/uploads/2019/01/V11IS20A5.pdf | | **4** |  |
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| **5.** | Almajan-Guta B., Rusu A.M., Nagel A., **Avram C**. Injury frequency and body composition of elite romanian rugby players. Timisoara Physical Education and Rehabilitation Journal, Volume 8, Issue 15, 2015:17-21. DOI: 10.1515/tperj-2015-0011; indexată în EBSCO SPORTDiscuss with Full text, DOAJ, ProQuest, Ulrichs, J-Gate, Versita (De Gruyter Open);  URL: https://sciendo.com/pdf/10.1515/tperj-2015-0011 | | **4** |  |
| **6.** | Lucian D. Hoble, **Claudiu Avram**. Strength, power and opto-acoustic reaction during off-season period in professional rugby players. Journal of Physical Education and Sport (JPES), 12(1), Art 2, pp 9 - 12, 2012  indexată în SCOPUS ELSEVIER, EBSCO SPORTDiscuss with Full text, DOAJ, ProQuest, Ulrichs, J-Gate, Index Copernicus, Google Academic, SCIPIO;  URL: http://efsupit.ro/images/stories/nr%201%202012/vol%2012\_1\_%20art%202.pdf | | **4** |  |
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| **30.** | Laura Crăciun, Adina Avram, Lisa Lyngdoh, Stela Iurciuc, **Claudiu Avram**, Gabrjela Gojka, Cristian Sarău, Mădălina Căprariu, Dan Gaiţă, Silvia Mancaş. Smoking prevalence in coronary patients from EUROASPIRE III Romania. Pneumologia – Journal of the Romanian Society of Pneumology, no. 3/2009.  URL: http://www.ncbi.nlm.nih.gov/pubmed/19817318 | | **4** |  |
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| **Nr.**  **III.c.3.** | **Subcriteriu**  **In reviste cotate CNCSIS cat.B sau B+(BDI)/autor** | **Puncte/unitate**  **5** | **Subtotal autoevaluare** | **Subtotal comisie** |
| **1.** | **C. Avram**, M. Oraviţan, E. Sîrbu, C. Negrea, A. Avram, M. Iurciuc, D. Gaiţă, O. Fira-Mlădinescu, D. Muntean. The trend of cardio-respiratory parameters in patients with metabolic syndrome included in an interval training exercise program. Timişoara Medical Journal, vol.57, supplement 3, Timişoara, 2007, pag. 32-36  URL: http://www.tmj.ro/archive.php | | **5** |  |
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| **Nr.**  **III.c.4.** | **Subcriteriu**  **In reviste cotate CNCSIS cat.B sau B+(BDI)/ coautor** | **Puncte/unitate**  **3** | **Subtotal autoevaluare** | **Subtotal comisie** |
| **1.** | M Iurciuc, C Avram, S Iurciuc, A Avram, S Ursoniu, O Fira-Mladinescu, D Muntean, S Mancas.  Effect of exercise training on arterial stiffness at hypertensive patients Timisoara Medical Journal, Volume 57, supplement 3, pag: 70-74, 2007 | | **3** |  |
| **2.** | Cristian Andrei Sarău, Adina Cristiana Avram, Daniel Marius Duda-Seiman, Laura Pop, Laura Maria David, Stela Iurciuc, Livia Barbu, Mihai Gafencu, **Claudiu Avram**, Irina Maria Sarău, Dan Gaiţă, Silvia Mancaş. Diferenţele în funcţie de gen la pacienţii incluşi în program de recuperare post revascularizare coronariană. Analele Universităţii de Vest din Timişoara – seria Educaţie Fizică şi Sport, Volumul 7/2005  URL: <http://www.sport.uvt.ro/analeleuvt/revista/2005/45.pdf> | | **3** |  |
| **3.** | Razvan G. Dragoi, **Claudiu Avram**, Radu Petroman, Oana Suciu, Elena Amaricai, Dan A. Nemes, Mihai Dragoi. A comparison of the evaluation scales for disease activity used in ankylosing spondylitis: which one is more reliable? Timisoara Medical Journal, 2011, Vol. 61, No. 3 – 4: 210-215  URL: http://www.tmj.ro/article.php?art=6279759113134574 | | **3** |  |
| **4.** | Cristian Negrea, **Claudiu Avram**, Elena Sirbu, Adrian Nagel, Martin Domokos. Strength training benefit on body composition and fitness state. Timisoara Medical Journal, Volume 59, No. 3-4/2009, 344-347, ISSN 158-5251  URL: http://www.tmj.ro/article.php?art=99835674127381 | | **3** |  |
| **5.** | Adina Avram, Stela Iurciuc, Laura Craciun, **Claudiu Avram**, Mircea Iurciuc, Cristian Sarau, Gabrijela Gojka, Anca Grosos, Simina Urseanu, Daniel Duda Seiman, Maria Rada, Dan Gaita, Silvia Mancas. Euroaspire III Romania - The need to reinforce cardiac rehabilitation in patients with coronary artery disease. Timisoara Medical Journal, 2010, Vol. 60 , No.4, ISSN 158-5251.  URL: http://tmj.ro/pdf/2010\_number\_4\_1549939052129828.pdf | | **3** |  |
| **6.** | Laura Craciun, Adina Avram, **Claudiu Avram**, Cristian Sarau, Stela Iurciuc, Mircea Iurciuc, Vlad Ionescu, Silvia Mancas, Dan Gaita. Revascularized coronary patients: benefit of cardiac rehabilitation program. Timisoara Medical Journal, 2011, Vol. 61, No. 1-2. ISSN 158-5251.  URL: http://www.tmj.ro/article.php?art=1133049671132873 | | **3** |  |
| **7.** | Stela Iurciuc, Mircea Iurciuc, Silvia Mancas, Dan Gaita, Simona Dragan, **Claudiu Avram**, Daniel Duda-Seiman, Cristian Sarau, Sorin Ursoniu, Adina Avram, Maria Rada, Monica Marc, Livia Barbu, Laura David. Particularitatile evolutive in recuperarea pacientilor hipertensivi. Analele Universităţii de Vest din Timişoara – seria Educaţie Fizică şi Sport, Volumul 7/2005  URL: <http://www.sport.uvt.ro/analeleuvt/revista/2005/46.pdf> | | **3** |  |
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| **Nr.**  **III.c.6.** | **Subcriteriu**  **In suplimente reviste cotate CNCSIS cat.B sau B+(BDI)/ coautor** | **Puncte/unitate**  **1** | **Subtotal autoevaluare** | **Subtotal comisie** |
| **1.** | M Iurciuc, **C Avram**, S Iurciuc, A Avram, S Ursoniu, O Fira-Mladinescu, D Muntean, S Mancas  Effect of exercise training on arterial stiffness at hypertensive patients  Timisoara Medical Journal, Volume 57, supplement 3, pag: 70-74, 2007 | | **1** |  |
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**III.d. Monografii sau tratate publicate**

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| **Nr.**  **III.d.6.** | **Subcriteriu**  **Tratat în editură recunoscută CNCSIS (autor capitol)** | **Puncte/unitate**  **8** | **Subtotal autoevaluare** | **Subtotal comisie** |
| **1.** | **Claudiu Avram**, Ovidiu Fira-Mladinescu. Ergometria, în *Tratat de reabilitare pulmonara*, sub redacţia Voicu Tudorache, Sinziana Lovin, Marlyce Friesen, Ed. Mirton, Timişoara 2009, ISBN 978-973-52-0574-4, pg. 114-121. premiul Iuliu Haţieganu al Academiei Române 2011. | | 8 |  |
| **2.** | Ovidiu Fira-Mladinescu, **Claudiu Avram**. *Ergospirometria*, în *Tratat de reabilitare pulmonara*, sub redacţia Voicu Tudorache, Sinziana Lovin, Marlyce Friesen, Ed. Mirton, Timişoara 2009, ISBN 978-973-52-0574-4, pg. 122-129. | | 8 |  |
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| **Nr.**  **III.d.8.** | **Subcriteriu**  **Monografie în editură recunoscută CNCSIS (autor)** | **Puncte/unitate**  **10** | **Subtotal autoevaluare** | **Subtotal comisie** |
| **1.** | **Claudiu Avram**. Recuperarea cardiovasculară in spital şi ambulator. Editura Eurobit, Timisoara, 2011, ISBN: 978-973-620-892-8 | | 10 |  |
| **2.** | **Claudiu Avram**. Preventia cardiovasculara la pacientii cu sindrom metabolic. Editura de Vest, Timişoara, 2012, ISBN: 978-973-0556-0 | | 10 |  |
| **3** | **Claudiu Avram**. Exerciţii fizice terapeutice. Editura Universităţii de Vest, Timişoara, 2012, ISBN: 978-973-620-892-8 | | 10 |  |
| **4** | **Claudiu Avram.** Antrenamentul fizic in recuperarea pacientilor cu sindrom metabolic. Editura de Vest, Timişoara, 2012, ISBN: 978-973-36-0557-7 | | 10 |  |
| **5** | **Claudiu Avram**, Egri Iasmina. Întrebări şi răspunsuri în obezitate. Editura Universitatii de Vest, Timişoara, 2012, ISBN: 978-973-725-382-4 | | 10 |  |
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| **Nr.**  **III.d.9.** | **Subcriteriu**  **Monografie în editură recunoscută CNCSIS (coautor)** | **Puncte/unitate**  **5** | **Subtotal autoevaluare** | **Subtotal comisie** |
| **1.** | Gaita D., **Avram C**. „Diagnostic si siguranta cardiovasculara in D.E.”., in “Disfunctia Erectila”. Editura Medicală, Bucuresti 2008. | | **5** |  |
| **2.** | M. Oravițan, **C. Avram**. *Masterele de Kinetoterapie*, în „*Monografia Facultăţii de Educaţie Fizică şi Sport – 50 de ani de istorie în educaţie, performanţă şi cercetare”.* Editura Universităţii de Vest din Timişoara, 2010, ISBN: 978-973-125-319-0 | | **5** |  |
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**IIIe. Brevete, invenții, patente**

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| **Nr.**  **III.e.1.** | **Subcriteriu**  **Brevete, invenții, patente - la nivel internaţional** | **Puncte/unitate**  **30** | **Subtotal autoevaluare** | **Subtotal comisie** |
| **1.** | Titlu: ELECTRONIC SPIROMETER WITH DOUBLE MEASURING METHOD FOR MEASURING THE RESPIRATORY PARAMETERS. Patent Number(s): RO126829­A0; RO126829­A3; RO126829­B1  Inventor Name(s): OANCEA C; FIRA M O; MATEI C N; IONITA I; MOTOC A G M; LAZUREANU E V; AVRAM C; TAMPA M S; BORUGA O; FIRA­ MLADINESCU O; MATEI C; MOTOC A; LAZUREANU E; TAMPA M | | **30** |  |
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**III.f. Lucrării științifice premiate**

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| **Nr.**  **III.f.1.** | **Subcriteriu**  **Lucrării științifice premiate - la nivel internaţional** | **Puncte/unitate**  **15** | **Subtotal autoevaluare** | **Subtotal comisie** |
| **1.** | Epidemiologic profile and cardiovascular risk in coronary patients following revascularisation procedures  Avram A, Iurciuc S, Craciun L, Iurciuc M, Avram C, Gaita D, Mancas S.  Poster Presentation, At the 3 nd Meeting of the Egon and Ann Diczfausy Foundation, 10 Nov, 2009, Szeged, Hungary. Premiul Young Scientist Award oferit de catre Egon and Ann Diczfalusy Foundation (Semmelweis utca 1. H-6725 Szeged, Hungary, www.diczfalusy.hu)  The Best Poster Prize | | 15 |  |
| **2.** | Premiul „Abstarct Travel Award” in valoare de 500 Euro, oferit de catre „The European Society for Clinical Nutrition and Metabolism” la 5 sept. 2010 pentru lucrarea stiinţifică cu titlul „Interval exercise training benefit on fat oxidation and resting metabolic rate in young patients with metabolic syndrome” | | 15 |  |
| **3.** | Locul II la secţiunea Poster a simpozionului internaţional Prevention in Women´s Health din 30 noiembrie 2008, Hotel Novotel, Szeged, Ungaria | | 15 |  |
| **4.** | Revascularized coronary Patient : Benefit of Cardiac Rehabilitation Program  Craciun L, Avram A, Iurciuc S, Iurciuc M, Popovici C, Gojka G, Avram C, Gaita D, Mancas S.  1 st Dubrovnic cardiology update in cardiovascular medicine . Dialogues & Perspectives. Organized by European Society of cardiology and the Croatian cardiac Society  Dubrovnik, Croatia, Oct 1-4, 2009  The Best Poster Prize | | 15 |  |
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| **Nr.**  **III.f.2.** | **Subcriteriu**  **Lucrării științifice premiate - la nivel naţional** | **Puncte/unitate**  **5** | **Subtotal autoevaluare** | **Subtotal comisie** |
| **1.** | Premiul de excelenţă al Societăţii Române de Reumatologie în anul 2013, pentru lucrarea cu titlul “Evaluarea nevoilor educationale ale pacientilor cu poliartrita reumatoida folosind o versiune in limba romana a Chestionarului de evaluare a nevoilor educationale (RoENAT)” | | 5 |  |
| **2** | Mențiune la Congresul Național al Societății Române de Medicină Fizică și Recuperare pentru lucrarea cu titlul *Eficiența supervizării stilului de viață în scopul reducerii riscului cardiometabolic la pacienții cu sindrom metabolic* (autori: Claudiu Avram, Mihaela Oravițan, Răzvan Drăgoi)  URL: http://www.srmfr.ro/upload/docs/1321369620\_premiere\_postere\_2011.pdf | | 5 |  |
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**III.g. Participare la manifestări științifice internaționale**

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| **Nr.**  **III.g.2.** | **Subcriteriu**  **Comunicări orale prim autor** | **Puncte/unitate**  **6** | **Subtotal autoevaluare** | **Subtotal comisie** |
| **1.** | **C Avram**, H Popoviciu. Bone mineral density in hyperuricemia and gout-collateral damage? WORLD CONGRESS ON OSTEOPOROSIS, OSTEOARTHRITIS AND MUSCULOSKELETAL DISEASES. Lisabona, August 20-22, 2020 | | 6 |  |
| **2.** | **C. Avram**. Check your past, know your future. WORLD CONGRESS ON OSTEOPOROSIS, OSTEOARTHRITIS AND MUSCULOSKELETAL DISEASES. London. August 26-28, 2021 | | 6 |  |
| **3.** | **C. Avram**, M.Oravițan, A. Nagel, M.Iurciuc. Rehabilitation of patients with metabolic syndrome by using physical activity monitors; comunicat la 16th European Congress of Physical Medicine and Rehabilitation (3-6 iunie 2008, Brugge, Belgia) | | 6 |  |
| **4.** | **C. Avram**, M. Oraviţan, E. Sîrbu, M. Domokos, O. Fira-Mlădinescu. The benefit of interval exercise training programme on patients with metabolic syndrome; comunicata la 16th European Congress of Physical Medicine and Rehabilitation (3-6 iunie 2008, Brugge, Belgia) | | 6 |  |
| **5.** | **C. Avram**, M. Oraviţan, S. Voicu, L.D. Hoble, E. Bota, A. M. Rusu, R.D. Drăgoi. Endurance training and physical fitness in young metabolic syndrome patients; comunicata la 17th Physical and Rehabilitation Medicine European Congress (23-27 mai 2010, Veneţia, Italia) | | 6 |  |
| **6.** | **C. Avram**, M. Oraviţan, S. Voicu, A. Nagel, M. Bârzu, B.Almăjan-Guţă, M. Iurciuc. Individualized exercise training benefit on hemodynamic parameters in young metabolic syndrome patients; comunicat la 17th Physical and Rehabilitation Medicine European Congress, (23-27 mai 2010, Veneţia, Italia) | | 6 |  |
| **7.** | **C. Avram**, M. Oraviţan, L.D. Hoble, B. Almăjan-Guţă, D. Gaiţă, I.D. Branea. Interval exercise training benefit on body composition and physical fitness in young obese women; comunicata la 6th European Sports Medicine Congress (14-18 iunie 2009, Antalya, Turcia) | | 6 |  |
| **8.** | **C. Avram**, M. Oravițan, B. Almăjan-Guță, L.D. Hoble, A.M. Rusu, R.G. Dragoi. Interval exercise training efectiveness in sleep apnea patients with metabolic syndrome; comunicata la 6th World Congress of the International Society of Physical and Rehabilitation Medicine (12-16 iunie 2011, San Juan- Puerto Rico) | | 6 |  |
| **9.** | **C. Avram**, M.Oravițan, R. G. Dragoi, Almăjan-Guță. Benefit of individualized exercise training in patients with metabolic syndrome; comunicata la 18th European Congress of Physical and Rehabilitation Medicine (28 mai-1 iunie 2012, Salonic, Grecia) | | 6 |  |
| **10.** | **C. Avram**, S. Iurciuc, L. Craciun, A. Avram, M. Iurciuc, C. Ciulacu, D. Stancila, D. Gaita. Metabolic syndrome patients: primary care can be more than usual care, comunicat la 17th Physical and Rehabilitation Medicine European Congress (23-27 mai 2010, Veneţia, Italia) | | 6 |  |
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| **Nr.**  **III.g.3.** | **Subcriteriu**  **Comunicări orale coautor** | **Puncte/unitate**  **3** | **Subtotal autoevaluare** | **Subtotal comisie** |
| **1.** | R. G. Dragoi, D. A. Nemes, M. Dragoi, A. Nita, **C. Avram**. The role of dynamic functional evaluation of knee osteoarthritis; comunicata la 16th European Congress of Physical Medicine and Rehabilitation (3-6 iunie 2008, Brugge, Belgia) | | 3 |  |
| **2.** | Almajan-Guta Bogdan, Rusu A, **Avram C**. Increasing quality of life in Romanian cystic fibrosis teenagers using a complex approach of physiotherapy; comunicata la 18th European Congress of Physical and Rehabilitation Medicine (28 mai-1 iunie 2012, Salonic, Grecia) | | 3 |  |
| **3.** | Almajan-Guta B, Almajan-Guta, V, Avram C, Pop L, Argesanu V. Sports and airway clearance techniques in children with cystic fibrosis; comunicata la 17th Physical and Rehabilitation Medicine European Congress (23-27 mai 2010, Veneţia, Italia) | | 3 |  |
| **4.** | From guideline to clinical practice - reinforced primary care at high-risk patients  Mircea Iurciuc, Dan Gaita, Stela Iurciuc, **Claudiu Avram**, Laura Craciun, Adina Avram  Oral Presentation From the WORLD CONGRESS OF CARDIOLOGY 2012 : Dubai, United Arab Emirates 18-21 April 2012 | | 3 |  |
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| **Nr.**  **III.g.4.** | **Subcriteriu**  **Poster** | **Puncte/unitate**  **1** | **Subtotal autoevaluare** | **Subtotal comisie** |
| **1.** | **C. Avram** ; A. Avram ; S. Iurciuc ; L. Craciun ; M. Iurciuc ; M. Caprariu ; D. Gaita ; I. D. Branea  EUROASPIRE III ROMANIA FOLLOW-UP: THE USE OF CARDIOPROTECTIVE DRUG THERAPY IN VERY HIGH RISK ASYMPTOMATIC PATIENTS  Poster Presentation, Dubrovnik Cardiology Update in Cardiovascular Medicine, Dubrovnik, Croatia, Oct 1-4 2009 | | 1 |  |
| **2.** | **C. Avram**, S. Iurciuc, L. Craciun, A. Avram, M. Iurciuc, Alexandra M. Rusu, D. Gaita  THE BENEFIT OF PRIMARY CARE PREVENTIVE INTERVENTION IN PATIENTS WITH METABOLIC SYNDROME  Poster Presentation  Diabetes and Vascular Disease Research 2011 8: 49 .ABSTRACTS from the 8th Annual World Congress on Insulin Resistance Diabetes & Cardiovascular Disease (WCIRDC) | | 1 |  |
| **3.** | S. Iurciuc, M. Iurciuc, C.A. Avram, **C. Avram**, D. Baibita, O. Cosor, A. Militaru, D. Gaita, S. Dragan, D. Lighezan, ARTERIAL STIFFNESS AND HEMODYNAMIC PARAMETERS CAN BE IMPROVED BY NONPHARMACOLOGICAL  TREATMENT. European Meeting on Hypertension and Cardiovascular Protection, Paris, 10-13 Iunie, 2016 | | 1 |  |
| **4.** | S. Iurciuc, S. Dragan, D. Lighezan, M. Iurciuc, V. Turi, M. Badalica-Petrescu, **C. Avram**. LIPIDOGRAM AND ELASTICITY OF GREAT ARTERIES IN HYPERTENSIVE INDIVIDUALS. e 178 Poster Presentation, 25 st European Meeting on Hypertension and Cardiovascular Prevention  Journal of Hypertension Volume33,e-Supplement1,2015. ISSN: 0263-6352, Online ISSN: 1473-5598 | | 1 |  |
| **5.** | Stela Iurciuc, **C Avram**, M Iurciuc, D Gaita, L Craciun, A Avram, S Ursoniu, D Berceanu-Vaduva, S Mancas  Lifestyle and haemodynamic parameters in high risk asymptomatic patients  Poster Presentation .EuroPrevent 2012, 3-5 mai, Dublin, Irlanda  2012 The European Journal of Preventive Cardiology, Volume 19, Supplement 1 | | 1 |  |
| **6.** | CA Avram, S Iurciuc, **C Avram**, LM Craciun, D Stancila, M Iurciuc, S Mancas, D Gaita  The management of coronary patients with diabetes enrolled in rehabilitation programmes is more effective than usual care  Poster Presentation .EuroPrevent 2012, 3-5 mai, Dublin, Irlanda  The European Journal of Preventive Cardiology, Volume 19, Supplement 1 | | 1 |  |
| **7.** | L Laura Craciun, **C Avram**, A Avram, S Iurciuc, M Iurciuc, D Stancila, D Gaita, S Mancas  Lipids targets achievement in EUROASPIRE III ROMANIA FOLLOW-UP: from guidelines to clinical practice  Poster Presentation .EuroPrevent 2012, 3-5 mai, Dublin, Irlanda  The European Journal of Preventive Cardiology, Volume 19, Supplement 1 | | 1 |  |
| **8.** | Laura Craciun, **C Avram**, A Avram, M Iurciuc, S Iurciuc, D Stancila, D Gaita, S Mancas  Revascularized coronary patients: benefits of cardiac rehabilitation program  Poster Presentation .EuroPrevent 2012, 3-5 mai, Dublin, Irlanda  The European Journal of Preventive Cardiology, Volume 19, Supplement 1 | | 1 |  |
| **9.** | Avram A, Iurciuc M, Craciun L, **Avram C**, Iurciuc S, Mancas S, Gaita D  AMBULATORY AND HOSPITAL BASED CARDIAC REHABILITATION CAN IMPROVE BLOOD PRESSURE CONTROL MORE EFFICIENT THAN USUAL CARE IN CORONARY PATIENTS WITH DIABETES ON 12 MONTHS FOLLOW-UP  Poster Presentation 22nd EUROPEAN MEETING ON HYPERTENSION AND CARDIOVASCULAR PROTECTION  London (UK), April 26-29, 2012 - ICC LONDON  Journal of Hypertension, Vol 30, e-Supplement A, April 2012 | | 1 |  |
| **10.** | Avram A, Iurciuc M, Craciun L, **Avram C**, Iurciuc S, Mancas S, Gaita D  PARTICIPATION IN CARDIAC REHABILITATION IMPROVE BLOOD PRESSURE CONTROL COMPARING TO USUAL CARE IN CORONARY PATIENTS FOLLOWING MYOCARDIAL REVASCULARIZATION  Poster Presentation 22nd EUROPEAN MEETING ON HYPERTENSION AND CARDIOVASCULAR PROTECTION  London (UK), April 26-29, 2012 - ICC LONDON  Journal of Hypertension, Vol 30, e-Supplement A, April 2012 | | 1 |  |
| **11.** | Adina C. Avram, Mircea Iurciuc, **Claudiu Avram**, Laura Craciun, Stela Iurciuc, Silvia Mancas, Dan Gaita  Ambulatory and hospital-based cardiac rehabilitation programmes are  more effective than usual care in weight management of overweight and  obese revascularised coronary patients  Circulation. 2012; 125:e659-e740, April 15, 2012  Poster Presentation From the WORLD COMGRESS OF CARDIOLOGY 2012 : Dubai, United Arab Emirates 18-21 April 2012 | | 1 |  |
| **12.** | M Iurciuc, **Avram C**, Iurciuc S, Craciun L, Stancila D, Duda-Seiman D, Avram A, VA Ionescu, Gaita D  Investigation of arterial stiffness at hypertensive patients  Poster Presentation 22nd EUROPEAN MEETING ON HYPERTENSION AND CARDIOVASCULAR PROTECTION  London (UK), April 26-29, 2012 - ICC LONDON  Journal of Hypertension Vol 30, e-Supplement A, April 2012 | | 1 |  |
| **13.** | Lifestyle, geographical habits and the way we put in the practice  Mircea Stefan Iurciuc, **C Avram**, L Craciun, C Sarau, A Avram, S Ursoniu, S Iurciuc, D Gaita  Poster Presentation, EuroPrevent 2011, 14-16 April, Geneva  The European Journal of Preventive Cardiology, Volume 18, Supplement 1 | | 1 |  |
| **14.** | M. Iurciuc, S. Ursoniu, S. Iurciuc, A. Avram, C. Marin, D. Duda-Seiman, S. Mancas  SUPERVISED EXERCISE TRAINING IN HYPERTENSIVE PATIENTS, BEYOND BLOOD PRESSURE CONTROL  Poster Presentation, 21 st European Meeting on Hypertension and Cardiovascular Prevention Milano,17-20 iunie,2011  Journal of Hypertension Vol 29, e-Supplement A, June 2011 | | 1 |  |
| **15.** | M. Iurciuc, L. Craciun, **C. Avram**, S. Ursoniu, A. Rusu, S. Iurciuc, D. Gaita  INTERVENTION STUDY IN A HIGH RISK POPULATION  Poster Presentation, 21 st European Meeting on Hypertension and Cardiovascular Prevention Milano,17-20 iunie,2011  Journal of Hypertension Vol 29, e-Supplement A, June 2011 | | 1 |  |
| **16.** | Iurciuc M, Gaita D, Iurciuc S, Ursoniu S, **Avram C**, Craciun L, Avram A, Vlad A, Mancas S  High-risk patients and guideline implementation  Poster Presentation, ESC Congress, 27-31 august, Paris  European Heart Journal ( 2011 ) 32 ( Abstract Supplement ) | | 1 |  |
| **17.** | S. Iurciuc, A. Avram, M. Iurciuc, L. Craciun, **C. Avram**, S. Ursoniu, D. Gaita,S. Mancas.  APPROACH TO HIGH RISK PATIENTS  Poster Presentation, 21 st European Meeting on Hypertension and Cardiovascular Prevention Milano,17-20 iunie,2011  Journal of Hypertension Vol 29, e-Supplement A, June 2011 | | 1 |  |
| **18.** | S Stela Iurciuc, A Avram, A Vlad, M Iurciuc, **C Avram**, L Craciun, D Duda-Seiman, S Mancas  Exercise training can improve some of the ambulatory blood pressure monitoring and stiffness parameters  Poster Presentation, EuroPrevent 2011, 14-16 April, Geneva  The European Journal of Preventive Cardiology, Volume 18, Supplement 1 | | 1 |  |
| **19.** | A Adina Avram, **C Avram**, LM Craciun, S Iurciuc, D Stancila, M Iurciuc, D Gaita  Effectiveness of a primary-care intervention programme in reducing cardiovascular risk of diabetic patients  Poster Presentation, EuroPrevent 2011, 14-16 April, Geneva  The European Journal of Preventive Cardiology, Volume 18, Supplement 1 | | 1 |  |
| **20.** | L Craciun, A Avram, M Iurciuc, S Iurciuc, C Popovici, **C Avram**, S Mancas, D Gaita  Increasing the regular physical activity level reduced the cardiovascular risk in asymptomatic high risk patients from EuroAspire III Romania Follow-Up  Poster Presentation, EuroPrevent 2011, 14-16 April, Geneva  The European Journal of Preventive Cardiology, Volume 18, Supplement 1 | | 1 |  |
| **21.** | **C Avram**, M Iurciuc, S Iurciuc, A Avram, LM Craciun, D Stancila, D Gaita  Individual risk factors control in coronary patients with prior revascularisation procedures adressed to secondary prevention programmes  Poster Presentation, EuroPrevent 2011, 14-16 April, Geneva  The European Journal of Preventive Cardiology, Volume 18, Supplement 1 | | 1 |  |
| **22.** | CA Avram, S Iurciuc, **C Avram**, L Craciun, M Iurciuc, CA Sarau, S Mancas, D Gaita  The outcomes of different programs of cardiovascular rehabilitation in the management of coronary patients following myocardial revascularisation  Poster Presentation, ESC Congress, 27-31 august, Paris  European Heart Journal ( 2011 ) 32 ( Abstract Supplement ) | | 1 |  |
| **23.** | L. Craciun, A. Avram, S. Iurciuc, **C. Avram**, M. Iurciuc, C. Sarau, V.A. Ionescu, S. Mancas, D. Gaita  Reinforced primary care improved the adherence to lifestyle change recommendations in EuroAspire III Romania follow-up  Poster Presentation, ESC Congress, 27-31 august, Paris  European Heart Journal ( 2011 ) 32 ( Abstract Supplement ) | | 1 |  |
| **24.** | C.A. Avram, M. Iurciuc, L.M. Craciun, **C. Avram**, S. Iurciuc, D. Gaita, S. Mancas  Ambulatory versus hospital cardiac rehabilitation in coronary patients following revascularizations procedures in managing cardio-metabolic risk: one year outcome  Poster Presentation, ESC Congress, 27-31 august, Paris  European Heart Journal ( 2011 ) 32 ( Abstract Supplement ) | | 1 |  |
| **25.** | S. Iurciuc, A. Vlad, M. Iurciuc, A. Avram, G. Cioraca, **C. Avram**, L. Craciun, S. Ursoniu, D. Gaita, S. Dragan, S. Mancas  RISK FACTOR AND LIFESTYLE CHANGES IN HIGH RISK PATIENTS  Poster Presentation 20th EuropeanMeeting on Hypertension OSLO - NORWAY  JUNE 18 - 21, 2010. Journal of Hypertension, Volume 28 e-Supplement A, June 2010 | | 1 |  |
| **26.** | L Craciun, A Avram, S Iurciuc, **C Avram**, M Iurciuc, C Sarau, D Gaita, S Mancas  Benefits of quitting smoking in coronary patients from EUROASPIRE III Romania  Poster Presentation, EuroPRevent 2010, Praga, Praga, 5-7 May  2012 The European Journal of Preventive Cardiology, (Abstract Suppl) | | 1 |  |
| **27.** | L Craciun, A Avram, S Iurciuc, **C Avram**, M Iurciuc, C Sarau, D Gaita, S Mancas  EUROASPIRE III ROMANIA follow-up: primary care cannot achieve targets  Poster Presentation, EuroPRevent 2010, Praga, 5-7 May  2012 The European Journal of Preventive Cardiology, (Abstract Suppl) | | 1 |  |
| **28.** | Craciun L, Avram A, **Avram C**, Iurciuc S, Iurciuc M, Mancas S, Kotseva, Wood D, Gaita D  Reinforced primary care improved lipids target achivement in asymptomatic high risk patients from EUROASPIRE III Romania Follow-up  Poster Presentation. ESC Congress 2010 28 aug-01 septembrie, Stockholm  European heart Journal 2010; Vol. 31 (Abstract Supplement) : 1021 | | 1 |  |
| **29.** | M Iurciuc, **C Avram**, S Iurciuc, M Dumitrasciuc, A Vlad, A Schiller, D Duda-Seiman, D Gaita  Can physical training improve the ambulatory blood pressure monitoring  parameters?  Poster Presentation, EuroPRevent 2010, Praga, 5-7 May  2012 The European Journal of Preventive Cardiology, (Abstract Suppl) | | 1 |  |
| **30.** | Iurciuc M, Avram C, Iurciuc S, Franculescu C, Vlad A, Mancas S  Comprehensive rehabilitation programs may improve some of the ambulatory blood pressure parameter  Poster Presentation 17TH PRM EUROPEAN CONGRESS XXXVIII SIMFER NATIONAL CONGRESS EUROPEAN SOCIETY OF PHYSICAL AND REHABILITATION MEDICINE, Venice 23-27 may 2010 | | 1 |  |
| **31.** | S. Iurciuc, M. Iurciuc, L. Craciun, **C. Avram**, A. Avram, G. Gojka, S. Ursoniu, D. Berceanu-Vaduva, D. Gaita, Silvia Mancas  The impact of exercise training on quality of life in hypertensive patients.  Poster Presentation 17TH PRM EUROPEAN CONGRESS XXXVIII SIMFER NATIONAL CONGRESS EUROPEAN SOCIETY OF PHYSICAL AND REHABILITATION MEDICINE, Venice 23-27 may 2010 | | 1 |  |
| **32.** | Craciun L, Avram A, Iurciuc S, **Avram C**, Iurciuc M, Popovici C, Mancas S, Gaita D  Lipids target achievement in EUROASPIRE III Romania Follow-up: from guidelines to clinical practice.  Poster Presentation 17TH PRM EUROPEAN CONGRESS XXXVIII SIMFER NATIONAL CONGRESS EUROPEAN SOCIETY OF PHYSICAL AND REHABILITATION MEDICINE, Venice 23-27 may 2010 | | 1 |  |
| **33.** | Avram A, Iurciuc S, Craciun L, Iurciuc M, **Avram C**, Gojka G, Gaita D, Mancas S.  Hospital and ambulatory-based cardiovascular rehabilitation programmes in coronary patients with revasularization procedures  Poster Presentation 17TH PRM EUROPEAN CONGRESS XXXVIII SIMFER NATIONAL CONGRESS EUROPEAN SOCIETY OF PHYSICAL AND REHABILITATION MEDICINE, Venice 23-27 may 2010 | | 1 |  |
| **34.** | L. Craciun ; A. Avram ; **C. Avram** ; S. Iurciuc ; M. Iurciuc ; G. Gojka ; C. Sarau ; D. Gaita ; S. Mancas  SMOKING PREVALENCE IN CORONARY PATIENTS FROM EUROASPIRE III ROMANIA  Poster Presentation, Dubrovnik Cardiology Update in Cardiovascular Medicine, Dubrovnik, Croatia, Oct 1-4 2009 | | 1 |  |
| **35.** | S. Iurciuc ; M. Iurciuc ; L. Craciun ; **C. Avram** ; A. Avram ; M. Caprariu ; G. Gojka ; D. Stancila , F. Tirlea ; D. Gaita; S. Mancas  REHABILITATION AND ITS IMPACT ON LIFE QUALITY FOR HYPERTENSIVE PATIENTS  Poster Presentation, Dubrovnik Cardiology Update in Cardiovascular Medicine, Dubrovnik, Croatiea Oct 1-4 2009 | | 1 |  |
| **36.** | **C. Avram** ; S. Iurciuc ; L. Craciun ; A. Avram ; M. Iurciuc ; S. Voicu ; T. Szasz ; L. D. Hoble D. Gaita ; I. D. Branea  PRIMARY CARE PREVENTION PROGRAMMES IMPROVES CARDIOMETABOLIC RISK FACTORS IN METABOLIC SYNDROME PATIENTS  Poster Presentation, Dubrovnik Cardiology Update in Cardiovascular Medicine, Dubrovnik, Croatia, Oct 1-4 2009 | | 1 |  |
| **37.** | A Avram ; S. Iurciuc ; M. Iurciuc ; **C. Avram** ; L. Craciun ; M. Caprariu ; D. Gaita ; S. Mancas  LONG-TERM ASSESSMENT OF MODIFIABLE RISK FACTORS IN CORONARY PATIENTS INCLUDED IN DIFFERENT REHABILITATION PROGRAMMES  Poster Presentation, Dubrovnik Cardiology Update in Cardiovascular Medicine, Dubrovnik, Croatia, Oct 1-4 2009 | | 1 |  |
| **38.** | L. Craciun ; A. Avram ; S. Iurciuc ; M. Iurciuc ; C. Popovici ; G. Gojka ; **C. Avram** ; D. Gaita ; S. Mancas  REVASCULARIZED CORONARY PATIENT: BENEFIT OF CARDIAC REHABILITATION PROGRAM  Poster Presentation, Dubrovnik Cardiology Update in Cardiovascular Medicine, Dubrovnik, Croatia, Oct 1-4 2009 | | 1 |  |
| **39.** | Iurciuc M, Gaita D, Iurciuc S, Avram C, Ciorica G, Oravitan M, Tirlea F  The value of rehabilitation in hemodynamic parameter at hypertensive patients  Poster Presentation, Congress of Internal Medicine, Istambul May 27-30. 2009  European Journal of Internal Medicine, Vol 20, Suppl 1 | | 1 |  |
| **40.** | M. Iurciuc, D Gaita, S. Iurciuc**, C. Avram**, D. duda-seiman, G. Cioraca, I.F. Cobzariu, M. Oravitan  The importance of arterial stiffness in a rehabilitation program at hypertensive person  Poster Presentation .19 st European Meeting on Hypertension and Cardiovascular Prevention Milano,iunie,2009  Journal of hypertension Supplement iunie 2009, supplement | | 1 |  |
| **41.** | Iurciuc S, Suceava I, Iurciuc M, Ciorica G, Craciun L, **Avram C**, Dragan S, Mancas S  Physical training and its impact on life quality for hypertensive patients  Poster Presentation, EuroPrevent, 2009,Stockholm, Sweden, 6-9 may, 2009  Eur J of Cardiovascular Prevention&Rehabilitation 2009,16(suppl 1) | | 1 |  |
| **42.** | Iurciuc M, Avram A, Iurciuc S, **Avram C**, Gojka G, Popovici C, Craciun L, Gaita D.  Impact of cardiovascular preventive measures in patients under hypotensive medication  Poster Presentation .3 meeting of the Egon & Ann Diczfalusy Foundation. Prevention in women-s healh. 10-11 Nov, 2009, Szeged, Hungary | | 1 |  |
| **43.** | Avram A, Iurciuc S, Craciun L, Iurciuc M, **Avram C**, Gaita D, Mancas S.  Epidemiologic profile and cardiovascular risk in coronary patients following revascularisation procedures  Poster Presentation .3 meeting of the Egon & Ann Diczfalusy Foundation. Prevention in women-s healh. 10-11 Nov,2009, Szeged, Hungary | | 1 |  |
| **44.** | Iurciuc M, Gaita D, Iurciuc S, **Avram C**, Ursoniu S, Duda-Seiman D, Dragan S, Suceava I, Fira-Mladinescu O  The benefit of physical training on haemodynamics in hypertensive patients  Poster Presentation, EuroPRevent Congress, Paris, 1-3 May 2008.  European Journal of Cardiovascular Prevention & Rehabilitation 2008, (Abstract Supplement) | | 1 |  |
| **45.** | Iurciuc M, Gaita D, Iurciuc S, **Avram C**, Fira-Mladinescu O, Oravitean M, Mancas S.  The evolution of arterial stiffness and hemodynamic parameters following an rehabilitation program  Poster Presentation, 18 the scientific Meeting European Society of hypertension, June 14-19, Berlin.2008  Journal of Hypertension, volume 26, Supplement 1.2008 | | 1 |  |
| **46.** | Iurciuc M, Gaita D, Iurciuc S, Dragan S, Avram A, Sarau C, Duda-Seiman D, Mancas S, **Avram C**.  Effect of exercise training on vascular elasticity in hypertensive patients.  Poster Presentation. EuroPRevent 2007. 19-21 april, Madrid.  European Journal of Cardiovascular Prevention & Rehabilitation. Vol 14. Supplement 1 | | 1 |  |
|  |  | | **46** |  |

**III.h. Participare la manifestări științifice naţionale cu participare internațională**

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| **Nr.**  **III.h.1.** | **Subcriteriu**  **Invited speaker** | **Puncte/unitate**  **10** | **Subtotal autoevaluare** | **Subtotal comisie** |
| **1.** | Lector invitat la Prima Conferinta Regionala de Vest cu Participare Internationala – CRV MF 2015, Timisoara, 8-9 mai 2015 | | 10 |  |
| **2** | Lector invitat la INFORMD Regional Medical Conference, Bucuresti, 13-14 septembrie 2019 | | 10 |  |
| **3** | Lector invitat la congresul “The XVII National Congress of Orthopaedics and Traumatology”, desfasurata la Timisoara, 18-21 octombrie 2017, avand ca tema de prezentare “The importance of musculoskeletal ultrasonography for the optimization of medical rehabilitation programs” | | 10 |  |
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| **Nr.**  **III.h.2.** | **Subcriteriu**  **Comunicări orale prim autor** | **Puncte/unitate**  **4** | **Subtotal autoevaluare** | **Subtotal comisie** |
| **1.** | **Claudiu Avram**, Stela Iurciuc, Laura Craciun, Adina Avram, Mircea Iurciuc, Dan Gaita. OBESITY & METABOLIC SYNDROME IN EUROASPIRE III FOLLOW UP – A PRIMARY CARE INTERVENTION IN HIGHRISK ASYMPTOMATIC PATIENTS  Oral Presentation. Congres si Expozitie Internationala, TIMMEDICA, Iunie, 2011, Timisoara, Centrul Regional de Afaceri | | 4 |  |
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| **Nr.**  **III.h.3.** | **Subcriteriu**  **Comunicări orale coautor** | **Puncte/unitate**  **2** | **Subtotal autoevaluare** | **Subtotal comisie** |
| **1.** | M Iurciuc, **C Avram**, S Iurciuc, A Avram, S Ursoniu, D Muntean, S Mancas. Efectele efortului fizic asupra rigiditatii arteriale la pacientii hipertensivi. 6 th National Conference of Romanian Society of Pathopsysiology, 4-6 oct, 2007, Timisoara | | 2 |  |
| **2.** | Laura Craciun, Adina Avram, **Claudiu Avram**, Stela Iurciuc, Mircea Iurciuc, Silvia Mancas, Dan Gaita.  HOW TO HELP PATIENTS MANAGE THEIR DYSLIPIDEMIA: A PRIMARY CARE CARDIOLOGIST-GENERAL PRACTITIONER TEAM INTERVENTION  Oral Presentation. Congres si Expozitie Internationala, TIMMEDICA, Iunie, 2011, Timisoara, Centrul Regional de Afaceri | | 2 |  |
| **3.** | M Iurciuc, D Stancila, **C Avram**, S Iurciuc, M Caprariu, G Ciorica, S Ursoniu, D Gaita. Importanta antrenamentului fizic si elasticitatea vasculara la pacientul hipertensiv. Al IX-lea Congres National de Medicina Interna, 23-25 apr, 2009, Calimanesti-Caciulata | | 2 |  |
| **4.** | D Stancila, **C Avram**, A Avram, G Gojka, S Iurciuc, M Iurciuc, D Gaita. Ameliorarea controlului glicemic si a profilului lipidic la pacientii cu diabet zaharat tip 2 in Euroaspire III Romania follow up.. Al IX-lea Congres National de Medicina Interna, 23-25 apr, 2009, Calimanesti-Caciulata | | 2 |  |
| **5.** | M Iurciuc, A Avram, S Iurciuc, **C Avram**, D Stancila, L Craciun, D Gaita. Euroaspire III Romania Follow up: Impactul masurilor de preventie cardiovasculara asupra pacientilor hipertensivi.  Al IX-lea Congres National de Medicina Interna, 23-25 apr, 2009, Calimanesti-Caciulata | | 2 |  |
| **6.** | CA Avram, **C Avram**, L Craciun, S Iurciuc, M Iurciuc, S Mancas, D Gaita. Utilizarea medicatiei cardioprotectoare la pacientii inclusi in studiul EuroAspire III Romania Follow-Up. Al IX-lea Congres National de Medicina Interna, 23-25 apr, 2009, Calimanesti-Caciulata | | 2 |  |
| **7.** | M Iurciuc, **C Avram**, S Iurciuc, A Avram, S Ursoniu, D Muntean, S Mancas. Efectele efortului fizic asupra rigiditatii arteriale la pacientii hipertensivi. 6 th National Conference of Romanian Society of Pathopsysiology, 4-6 oct, 2007, Timisoara | | 2 |  |
| **8.** | Stela Iurciuc, M. Iurciuc, Laura Craciun, Adina Avram, **C. Avram**, Simona Dragan, Silvia Mancas, D. Gaita. EUROASPIRE III ROMANIA FOLLOW-UP: RISK FACTOR AND LIFESTYLE CHANGES IN PEOPLE AT HIGH RISK PATIENTS  Oral Presentation. Congres si Expozitie Internationala, TIMMEDICA, Iunie, 2011, Timisoara, Centrul Regional de Afaceri | | 2 |  |
| **9.** | Antrenamentul fizic si impactul sau pe calitatea vietii la hipertensivi.  S Iurciuc, M Iurciuc, D Gaita, L Craciun, V Ionescu, G Ciorica, **C Avram**, M Caprariu, D Stancila, S Mancas. Al IX-lea Congres National de Medicina Interna, 23-25 apr, 2009, Calimanesti-Caciulata | | 2 |  |
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**III.i. Participare la manifestări științifice naționale**

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| **Nr.**  **III.i.1.** | **Subcriteriu**  **Invited speaker** | **Puncte/unitate**  **5** | **Subtotal autoevaluare** | **Subtotal comisie** |
| **1.** | Lector invitat la *Al XXVII-le Congres Național de Reumatologie,* având ca temă de prezentare: “Provocări și abordare multidisciplinară în tratamentul spondilartritelor”, Poiana Brașov, 24-25.09.2021 | | 5 |  |
| **2.** | Lector invitat la webinarul *FarmaPractic-farmacistul intre respect si burnout*, organizat de catre Houston Medical, 15-16 octombrie 2021 | | 5 |  |
| **3.** | Lector invitat la ”Cursul European de Medicina Somnului” având ca tema de prezentare: “The role of physical training in cardiovascular prevention” organizat de catre Universitatea de Medicină şi Farmacie “Victor Babeş” din Timişoara, in 19.10.2010, la Timisoara | | 5 |  |
| **4.** | Lector invitat la cursul Societatii Romane de Pneumologie - “Testarea cardiopulmonară la efort in practica clinica”, desfasurat la Timisoara, 29 – 30 mai 2009; avand ca tema de prezentare „Tutorial - Protocoale de testare ergospirometrică la efort şi măsurătorile efectuate în cursul probei”. | | 5 |  |
| **5.** | Lector invitat la cursul postuniversitar „Testarea cardiopulmonara la efort” organizat de catre Universitatea de Medicină şi Farmacie “Victor Babeş” din Timişoara, Facultatea de Medicina Generala in perioada 06-15 februarie 2008, la Timisoara | | 5 |  |
| **6.** | Lector invitat la cursul de formare continua “Patologia cardiovasculara, actualitati terapeutice, de recuperare si preventie”, desfasurat la Buzias in perioada 16-18 martie 2018, avand ca tema de prezentare „ Riscul cardiovascular in reumatismul inflamator” | | 5 |  |
| **7.** | Lector invitat la Conferinta “Practic MF”, desfasurata la Baile Herculane in perioada 18-19 mai 2018, avand ca tema de prezentare „Intre eficacitate si siguranta in tratamentul cu Diclofenac – povestea continua…” | | 5 |  |
| **8.** | Lector invitat la conferinta “Performanta in Recuperare Medicala”, desfasurata la Cluj-Napoca, in perioada 17-18 noiembrie, 2017. | | 5 |  |
| **9.** | Lector invitat la Conferinta Conect - Abordarea holistica a pacientului reumatic, Timișoara, 24-25 Mai 2019 | | 5 |  |
| **10** | Lector invitat la Conferinta Conect - Ambulatorium, Ecografie musculoscheletala - Implicatii in practica reumatologica, Piatra Neamț, 9-10 noiembrie 2018 | | 5 |  |
| **11** | Lector invitat la REUMA PARTENER 2.0, Poiana Brasov, 26-27 octombrie 2019 | | 5 |  |
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| **Nr.**  **III.i.4.** | **Subcriteriu**  **Poster** | **Puncte/unitate**  **1** | **Subtotal autoevaluare** | **Subtotal comisie** |
| **1.** | **C Avram**, S Iurciuc, M Iurciuc, S Ursoniu, A Avram, L Craciun, D Duda-Seiman, M Rada, M Valcovici, IF Cobzariu, G Ciorica, S Dragan, D Gaita, S Mancas.  EuroAspire III Romania folow-up-interventia structurata poate sa imbunatateasca controlul la indivizii asimptomatici cu risc cardiovascular inalt cu diabet zaharat tip II.  Zilele Academice Timișene UMF V Babeș Timișoara. 26-27 mai, 2011 | | 1 |  |
| **2.** | **C Avram**, L Craciun, S Iurciuc, CA Avram, M Iurciuc, D Gaita. Preventia primara la subiectul asimptomatic cu risc inalt-Euroaspire III Romania, follow-up.  Al 47-lea Congres National de Cardiologie.2008 | | 1 |  |
| **3.** | M. Iurciuc, C. Marin, **C. Avram**, M. Oravitan, A. Mircioaga, S. Iurciuc, L. Crăciun, D. Gaiţă, S. Drăgan. Rigiditatea arterială şi presiunea arterială aortică pot fi ameliorate prin antrenament fizic  *The arterial stiffness and central blood pressure can be improved by physical training .*. C*ongresul National de Cardiologie, 3 –5 octombrie 2013, Sinaia* 17 | | 1 |  |
| **4.** | A. Avram, S. Iurciuc, A. Militaru, R. Buza, **C. Avram**, M. Iurciuc, D. Lighezan.Obiceiule alimentare sănătoase, fumatul și activitatea fizică sunt încă o provocare în rândul tinerilor studenți  *Healthy dietary habits, smoking and physiscal activity – still a challenge among young students.*  *Congresul National de Cardiologie, 21-24 septembrie 2016, Sinaia* | | 1 |  |
| **5.** | M Iurciuc, **C Avram**, S Iurciuc, A Avram, L Craciun, M Oravitan, A Mircioaga. Investigarea rigiditatii arteriale la pacientii cu risc cardiovascular inalt.  Al 51-lea Congres National de Cardiologie, 4-6 oct, 2012, Sinaia | | 1 |  |
| **6.** | S Iurciuc, M Iurciuc, L Craciun, A Avram, **C Avram**, M Caprariu, S Ursoniu, D Berceanu Vaduva, D Gaita, S Mancas. Eficacitatea masurilor de preventie primara asupra subiectilor asimptomatici cu risc cardiovascular inalt.  Al 50-lea Congres National de Cardiologie, 29 sept-1 oct 2011, Sinaia. | | 1 |  |
| **7.** | L Crăciun, A Avram, S Iurciuc, **C Avram**, M Iurciuc, D Duda-Seiman, C Sarău, S Mancaș. Euroaspire III România, beneficiul activitîții fizice la asimptomaticul cu risc crescut.  Zilele Academice Timișene UMF V Babeș Timișoara. 26-27 mai, 2011 | | 1 |  |
| **8.** | S Iurciuc, M Iurciuc, C Sarau, G Otiman, VA Ionescu, L Berinde, A Avram, **C Avram**, L Craciun, G Gojka, D Velinirovici, S Ursoniu, D Gaita, S Mancas.  Percepția factorilor de risc la pacienții asimptomatici cu risc cardiovascular înalt.  Zilele Academice Timișene UMF V Babeș Timișoara. 26-27 mai, 2011 | | 1 |  |
| **9.** | M Iurciuc, S Iurciuc, **C Avram**, L Craciun, A Avram, S Mancas, D Gaita. Eficienta masurilor de preventie primara asupra pacientilor cu hipertensiune arteriala.  Al 50-lea Congres National de Cardiologie, 29 sept-1 oct 2011, Sinaia. | | 1 |  |
| **10.** | M Iurciuc, **C Avram**, L Craciun, A Avram, M Caprariu, D Stancila, C Sarau, S Uroniu, S Iurciuc, L Berinde, S Dragan, D Gaita, S Mancas. Modificarea stilului de viata. EA III Romania folow-up – dela ghiduri la practica medicala.  Zilele Academice Timișene UMF V Babeș Timișoara. 26-27 mai, 2011 | | 1 |  |
| **11.** | M Iurciuc, **C Avram**, S Iurciuc, V Adrian, G Ciorica, S Mancas. Antrenamentul fizic supravegheat poate imbunatati o parte din parametrii hemodinamici si de rigiditate arteriala la pacientii hipertensivi.  Al 49-lea Congres National de Cardiologie, 7-9 oct 2010, Sinaia. | | 1 |  |
| **12.** | L Craciun, **C Avram**, A Avram, S Iurciuc, M Iurciuc, D Stancila, C Sarau, S Mancas, D Gaita. Euroaspire III Romania Follow up-intensificarea masurilor de schimbare a stilului de viata a imbunatatit rezultatele profilului lipidic.  Al 49-lea Congres National de Cardiologie, 7-9 oct 2010, Sinaia. | | 1 |  |
| **13.** | M Iurciuc, C Sarau, A Avram, S Iurciuc, **C Avram**, L Craciun, S Vulpie, S Mancas, D Gaita. Euroaspire III Romania. Impactul masurilor de preventie cardiovasculara asupra pacientilor hipertensivi.  Zilele Academice Timișene UMF V Babeș Timișoara. 28-29 mai, 2009 | | 1 |  |
| **14.** | D Gaita, **C Avram**, A Avram, L Craciun, S Iurciuc, M Iurciuc, S Mancas, SI Dragulecu. Euroaspire III Romania- utilizarea medicatiei cardioprotective la pacientii cu risc cardiovascular foarte inalt.  Zilele Academice Timișene UMF V Babeș Timișoara. 28-29 mai, 2009 | | 1 |  |
| **15.** | S Iurciuc, M Caprariu, A Avram, M Iurciuc, **C Avram**, C Popovici, L craciun, G Gojka, A Schiller, S Ursoniu, S Mancas, SI Dragulescu, D Gaita. EA III Romania- factorii de risc si schimbarea stilului de viata la subiectul asimptomatic cu risc inalt.  Zilele Academice Timișene UMF V Babeș Timișoara. 28-29 mai, 2009 | | 1 |  |
| **16.** | CA Sarau, D Stancila, A Avram, **C Avram**, G Gojka, S Iurciuc, M Iurciuc, S Mancas, D Gaita. Ameliorarea controlului glicemic si a profilului lipidic la pacientii cu diabet zaharat tip 2 in EA III Romania folow-up.  Zilele Academice Timișene UMF V Babeș Timișoara. 28-29 mai, 2009 | | 1 |  |
| **17.** | L Craciun, **C Avram**, S Iurciuc, M Iurciuc, C Sarau, A Schiller, S Mancas, SI Dragulescu, D Gaita. Rezultatele profilului lipidic dupa primul an de urmarire a pacientilor asimptomatici cu risc crescut din EA III Romania folow-up.  Zilele Academice Timișene UMF V Babeș Timișoara. 28-29 mai, 2009 | | 1 |  |
| **18.** | A Avram, S Iurciuc, L Craciun, **C Avram**, M Iurciuc, C sarau, G Gojka, S Urseanu, D Duda Seiman, M Rada, D Gaita, S Mancas. Recuperarea cardiovasculara comprehensiva in boala coronariana: de la ghiduri la practica in EA III Romania folow-up.  Zilele Academice Timișene UMF V Babeș Timișoara. 28-29 mai, 2009 | | 1 |  |
| **19.** | S Iurciuc, M Iurciuc, L Craciun, **C Avram**, M Caprariu, A Avram, D Berceanu Vaduva, G Gojka, D Gaita, S Mancas. Eficienta masurilor de preventie primara asupra subiectilor asimptomatici cu risc cardiovascular inalt.  Al 48-lea Congres National de Cardiologie 19-22 sepr, 2009, Sinaia. | | 1 |  |
| **20.** | L Craciun, **C Avram**, S Iurciuc, CA Avram, CA Sarau, M Iurciuc, D Gaita, S Mancas. Euroaspire III Romania Follow up-prevalence of cardiovascular risk factors in asymptomatic high risk patients.  Al 47-lea Congres National de Cardiologie.2008 | | 1 |  |
| **21.** | M Iurciuc, **C Avram**, S Iurciuc, D Duda-Seiman.  Modificarile parametrilor hemodinamici si de elasticitate arteriala prin antrenament fizic la subiectii hipertensivi.  Al 46-lea Congres National de Cardiologie. 15-18 sept, 2007, Sinaia. | | 1 |  |
| **22.** | Iurciuc M., Ursoniu S., Gaiţă D., Drăgan S., David L., Avram A., Iurciuc S., Mancas S., **Avram C**. Benefit of exercise training on cardiovascular risk in stage 2 hypertensive patients treated with antihypertensive drugs. Conference: Endothelial Cell and Tumor Angiogenesis Timişoara 19-21 Aprilie 2007. Fiziologia (Physiology) 2007; vol.17, supplement pg.26 ISSN 1223-2076 | | 1 |  |
| **23.** | Iurciuc S., Iurciuc M., Avram A., Ursoniu S., Duda-Seiman D., Crăciun L., Sarau C.A., **Avram C**. Mancas S. Exercise training impact on arterial rigidity parameters in hypertensive patients. Conference: Endothelial Cell and Tumor Angiogenesis Timişoara 19-21 Aprilie 2007. Fiziologia (Physiology) 2007; vol.17, suppl. pg.25 ISSN 1223-2076 | | 1 |  |
|  |  | | **23** |  |

**CRITERIUL 4 - PRESTIGIUL PROFESIONAL**

**IV.a. Citare de lucrări în sistemul ISI ( se scrie și numele revistei / tratate / monografii)**

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| **Nr.**  **IV.a.1.** | **Subcriteriu**  **Citări în reviste cotate ISI** | **Puncte/unitate**  **4** | **Subtotal autoevaluare** | **Subtotal comisie** |
| **1.** | Tudorache E, Oancea C, **Avram C**, Fira-Mladinescu O, Petrescu L, Timar B. Balance impairment and systemic inflammation in chronic obstructive pulmonary disease. International journal of chronic obstructive pulmonary disease. 2015;10:1847.  **Numar citări:26** | | 104 |  |
| **2.** | Mihaescu A, **Avram C**, Bob F, Gaita D, Schiller O, Schiller A. Benefits of exercise training during hemodialysis sessions: a prospective cohort study. Nephron Clinical Practice. 2013;124(1-2):72-8.  **Numar citări:20** | | 80 |  |
| **3.** | Iurciuc S, **Avram C**, Turi V, Militaru A, Avram A, Cimpean AM, Iurciuc M. Physical training, hemodynamic parameters and arterial stiffness: friends or foes of the hypertensive patient?. in vivo. 2016 Jul 1;30(4):521-8. **Numar citări:16** | | 64 |  |
| **4.** | Drăgoi RG, Amaricai E, Drăgoi M, Popoviciu H, **Avram C**. Inspiratory muscle training improves aerobic capacity and pulmonary function in patients with ankylosing spondylitis: a randomized controlled study. Clinical rehabilitation. 2016 Apr;30(4):340-6.  **Numar citări:14** | | 56 |  |
| **5.** | **Avram C**, Drăgoi RG, Popoviciu H, Drăgoi M, Avram A, Amaricăi E. Association between arterial stiffness, disease activity and functional impairment in ankylosing spondylitis patients: a cross-sectional study. Clinical rheumatology. 2016 Aug;35(8):2017-22.  **Numar citări:13** | | 52 |  |
| **6.** | Iurciuc S, Vlad A, Iurciuc M, Avram A, Cioraca G, **Avram C**, Craciun L, Ursoniu S, Gaita D, Dragan S, Mancas S. RISK FACTOR AND LIFESTYLE CHANGES IN HIGH RISK PATIENTS: PP. 23.442. Journal of Hypertension. 2010 Jun 1;28:e377-8.  **Numar citări:11** | | 44 |  |
| **7.** | Tudorache V, Oancea C, **Avram C**, Fira-Mlădinescu O. Changes in physical activity in healthy people and COPD patients. Wiener Klinische Wochenschrift. 2014 Jan;126(1):30-5.  **Numar citări:10** | | 40 |  |
| **8.** | Iurciuc, M., **Avram, C**., Iurciuc, S., Franculescu, C., Vlad, A. and Mancas, S., 2010. Comprehensive rehabilitation programs may improve some of the ambulatory blood pressure parameter. In *Proceedings of the 17th European Congress of Physical and Rehabilitation Medicine. Minerva Medica* (pp. 253-255).  **Numar citări:10** | | 40 |  |
| **9.** | Iurciuc M, Gaita D, Iurciuc S, **Avram C**, Duda-Seiman D, Ciorica G, Cobzariu IF, Oravitan M, Ursoniu S. THE IMPORTANCE OF ARTERIAL STIFFNESS IN A REHABILITATION PROGRAM AT HYPERTENSIVE PERSON. InJOURNAL OF HYPERTENSION 2009 Jun 1 (Vol. 27, pp. S287-S288).  **Numar citări:9** | | 36 |  |
| **10.** | Iurciuc M, Gaita D, Iurciuc S, **Avram C**, Fira-Mladinescu O, Oravitan M, Mancas S. The evolution of arterial stiffness and hemodynamic parameters following an rehabilitation program. InJOURNAL OF HYPERTENSION 2008 Jun 1 (Vol. 26, pp. S492-S492).  **Numar citări:9** | | 36 |  |
| **11.** | **Avram C**, Iurciuc M, Craciun L, Avram A, Iurciuc S, Oancea C, Gaita D. Dietary and physical activity counseling in high-risk asymptomatic patients with metabolic syndrome–A primary care intervention. Journal of Food, Agriculture & Environment. 2011 Jul 1;9(3&4):16-9.  **Numar citări:8** | | 32 |  |
| **12.** | Oravitan M, **Avram C**. The effectiveness of electromyographic biofeedback as part of a meniscal repair rehabilitation programme. Journal of sports science & medicine. 2013 Sep;12(3):526.  **Numar citări:7** | | 28 |  |
| **13.** | Iurciuc M, Gaita D, Iurciuc S, **Avram C**, Craciun L, Avram A. From guideline to clinical practice-reinforced primary care at high-risk patients. InCIRCULATION 2012 May 15 (Vol. 125, No. 19, pp. E732-E732). 530 WALNUT ST, PHILADELPHIA, PA 19106-3621 USA: LIPPINCOTT WILLIAMS & WILKINS.  **Numar citări:7** | | 28 |  |
| **14.** | Slavici T, **Avram C**, Mnerie GV, Badescu A, Darvasi D, Molnar-Matei F, Ungureanu MA. Economic efficiency of primary care for CVD prevention and treatment in Eastern European countries. BMC health services research. 2013 Dec;13(1):1-4.  **Numar citări:2** | | 8 |  |
| **15.** | Bajas D, Vlase G, Mateescu M, Grad OA, Bunoiu M, Vlase T, **Avram C**. Formulation and Characterization of Alginate-Based Membranes for the Potential Transdermal Delivery of Methotrexate. Polymers. 2021 Jan;13(1):161.  **Numar citări:1** | | 4 |  |
| **16.** | Mihaescu A, Olariu N, **Avram C**, Schiller O, Schiller A. Arterial stiffness, fitness score, muscle strength and body composition interrelations in a chronic hemodialysed population. InNephrology Dialysis Transplantation 2013 May 1 (Vol. 28, pp. 440-441). GREAT CLARENDON ST, OXFORD OX2 6DP, ENGLAND: OXFORD UNIV PRESS.  **Numar citări:1** | | 4 |  |
| **17.** | Craciun LE, Avram A, Iurciuc S, **Avram C**, Iurciuc M, Sarau C, Ionescu VA, Mancas S, Gaita D. Reinforced primary care improved the adherence to lifestyle change recommendations in EuroAspire III Romania follow-up. InEUROPEAN HEART JOURNAL 2011 Aug 1 (Vol. 32, pp. 223-223). GREAT CLARENDON ST, OXFORD OX2 6DP, ENGLAND: OXFORD UNIV PRESS.  **Numar citări:1** | | 4 |  |
|  |  | | **660** |  |

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| **Nr.**  **IV.a.3.** | **Subcriteriu**  **Citări în reviste internaționale necotate ISI** | **Puncte/unitate**  **1** | **Subtotal autoevaluare** | **Subtotal comisie** |
| **1.** | Tudorache E, Oancea C, **Avram C**, Fira-Mladinescu O, Petrescu L, Timar B. Balance impairment and systemic inflammation in chronic obstructive pulmonary disease. International journal of chronic obstructive pulmonary disease. 2015;10:1847.  **Numar citări:32** | | 32 |  |
| **2.** | Mihaescu A, **Avram C**, Bob F, Gaita D, Schiller O, Schiller A. Benefits of exercise training during hemodialysis sessions: a prospective cohort study. Nephron Clinical Practice. 2013;124(1-2):72-8.  **Numar citări:21** | | 21 |  |
| **3.** | **Avram C**, Oravitan M. Fruit, Vegatables and Fast Food Consumption among University Students. Timisoara Physical Education & Rehabilitation Journal. 2013 May 1;5(10).  **Numar citări:20** | | 20 |  |
| **4.** | Oravitan M, **Avram C**. The effectiveness of electromyographic biofeedback as part of a meniscal repair rehabilitation programme. Journal of sports science & medicine. 2013 Sep;12(3):526.  **Numar citări:18** | | 18 |  |
| **5.** | Drăgoi RG, Amaricai E, Drăgoi M, Popoviciu H, **Avram C**. Inspiratory muscle training improves aerobic capacity and pulmonary function in patients with ankylosing spondylitis: a randomized controlled study. Clinical rehabilitation. 2016 Apr;30(4):340-6.  **Numar citări:13** | | 13 |  |
| **6.** | Cosmin SC, Mihaela RA, **Claudiu Avram**. Anthropometric characteristics, body composition and physical performance of female cadet volleyball players. Journal of physical education and sport. 2016 Jul 1;16:664.  **Numar citări:13** | | 13 |  |
| **7.** | Avram A, Iurciuc S, Craciun L, **Avram C**, Iurciuc M, Sarau C, Gojka G, Grosos A, Urseanu S, Duda-Seiman D, Rada M. Euroaspire III Romania: The need to reinforce cardiac rehabilitation patients with coronary artery disease. TMJ. 2010;60(4):299-304.  **Numar citări:12** | | 12 |  |
| **8.** | Tudorache V, Oancea C, **Avram C**, Fira-Mlădinescu O. Changes in physical activity in healthy people and COPD patients. Wiener Klinische Wochenschrift. 2014 Jan;126(1):30-5.  **Numar citări:8** | | 8 |  |
| **9.** | Almăjan-Guţă B, Rusu AM, Nagel A, **Avram C**. Injury frequency and body composition of elite Romanian rugby players. Timisoara Physical Education and Rehabilitation Journal. 2015;8(15):17-21.  **Numar citări:6** | | 6 |  |
| **10.** | Crăciun L, Avram A, Iurciuc S, Sarău C, **Avram C**, Căprariu M, Gojka G, Gaiţă D, Mancaş S. Smoking prevalence in coronary patients from EuroAspire III Romania. Pneumologia (Bucharest, Romania). 2009 Jul 1;58(3):190-4.  **Numar citări:6** | | 6 |  |
| **11.** | **Avram C**, Drăgoi RG, Popoviciu H, Drăgoi M, Avram A, Amaricăi E. Association between arterial stiffness, disease activity and functional impairment in ankylosing spondylitis patients: a cross-sectional study. Clinical rheumatology. 2016 Aug;35(8):2017-22.  **Numar citări:5** | | 5 |  |
| **12.** | Slavici T, **Avram C**, Mnerie GV, Badescu A, Darvasi D, Molnar-Matei F, Ungureanu MA. Economic efficiency of primary care for CVD prevention and treatment in Eastern European countries. BMC health services research. 2013 Dec;13(1):1-4.  **Numar citări:5** | | 5 |  |
| **13.** | **Avram C**, Iurciuc M, Craciun L, Avram A, Iurciuc S, Oancea C, Gaita D. Dietary and physical activity counseling in high-risk asymptomatic patients with metabolic syndrome–A primary care intervention. Journal of Food, Agriculture & Environment. 2011 Jul 1;9(3&4):16-9.  **Numar citări:2** | | 2 |  |
| **14.** | Hoble LD, **Avram C**. Strength, power and opto-acoustic reaction during off-season period in professional rugby players. Journal of Physical Education and Sport. 2012 Mar 1;12(1):9.  **Numar citări:2** | | 2 |  |
| **15.** | Iurciuc S, Vlad A, Iurciuc M, Avram A, Cioraca G, **Avram C**, Craciun L, Ursoniu S, Gaita D, Dragan S, Mancas S. RISK FACTOR AND LIFESTYLE CHANGES IN HIGH RISK PATIENTS: PP. 23.442. Journal of Hypertension. 2010 Jun 1;28:e377-8.  **Numar citări:1** | | 1 |  |
| **16.** | Bajas D, Vlase G, Mateescu M, Grad OA, Bunoiu M, Vlase T, **Avram C**. Formulation and Characterization of Alginate-Based Membranes for the Potential Transdermal Delivery of Methotrexate. Polymers. 2021 Jan;13(1):161.  **Numar citări:1** | | 1 |  |
| **17.** | Mihaescu A, Olariu N, **Avram C**, Schiller O, Schiller A. Arterial stiffness, fitness score, muscle strength and body composition interrelations in a chronic hemodialysed population. InNephrology Dialysis Transplantation 2013 May 1 (Vol. 28, pp. 440-441). GREAT CLARENDON ST, OXFORD OX2 6DP, ENGLAND: OXFORD UNIV PRESS.  **Numar citări:1** | | 1 |  |
| **18.** | Craciun, L., Avram, A., Iurciuc, S., **Avram, C**., Sarau, C., Iurciuc, M., Gaita, D. and Mancas, S., 2010. ARE REVASCULARIZED CORONARY PATIENTS PREPARED TO INCREASE THEIR PHYSICAL ACTIVITY LEVEL?. *Studia Universitatis" Vasile Goldis" Arad. Seria Stiintele Vietii (Life Sciences Series)*, *20*(2), p.21.  **Numar citări:1** | | 1 |  |
| **19.** | Nagel A, **Avram C**. Reference values and gender differences of the functional parameters in Romanian elite junior tennis players. Timisoara Physical Education and Rehabilitation Journal. 2013;5(10):22.  **Numar citări:1** | | 1 |  |
|  |  | | **168** |  |

**IV.c. Coordonare de structuri profesionale științifice naționale**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Nr.**  **IV.c.2.** | **Subcriteriu**  **Membru comitet de conducere la societate științifică națională** | **Puncte/unitate**  **5** | **Subtotal autoevaluare** | **Subtotal comisie** |
| **1.** | Secretar al Grupului de lucru de Ateroscleroza din cadrul Societatii Romane de Cardiologie in  perioada 2011-2013 | | 5 |  |
| **2.** | Membru in Comitetul Știintific al Societății Române de Reumatologie din anul 2021  https://srreumatologie.ro/despre-noi/ | | 5 |  |
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| **Nr.**  **IV.d.3.** | **Subcriteriu**  **Peer-reviewer al unei reviste cotate ISI** | **Puncte/unitate**  **5** | **Subtotal autoevaluare** | **Subtotal comisie** |
| **1.** | Peer-reviewer Archives of Physical Medicine and Rehabilitation | | 5 |  |
| **2.** | Peer-reviewer International Journal of Environmental Research and Public Health | | 5 |  |
| **3.** | Peer-reviewer Obesity Research & Clinical Practice | | 5 |  |
|  |  | | **15** |  |

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| **Nr.**  **IV.d.4.** | **Subcriteriu**  **Editor al unei reviste CNCSIS B+ (BDI)** | **Puncte/unitate**  **10** | **Subtotal autoevaluare** | **Subtotal comisie** |
| **1.** | Co-editor (2008 - 2015) al revistei Timisoara Physical Education and Rehabilitation Journal,  indexata in 6 BDI (ProQuest , Ebsco , Versita, Doaj, J-Gate, Index Copernicus)  https://tperj.uvt.ro/editorial-board/ | | 10 |  |
|  |  | | **10** |  |

**IV.f. Recunoaștere profesională**

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| **Nr.**  **IV.f.3.** | **Subcriteriu**  **Lector invitat pentru prelegeri în străinătate** | **Puncte/unitate**  **10** | **Subtotal autoevaluare** | **Subtotal comisie** |
| **1.** | Lector invitat la Congresul National de Reumatologie din Bulgaria, Olumiant - from clinical trials to my clinical experience, Varna, Bulgaria, 30 mai-2 iunie 2019 | | 10 |  |
|  |  | | **10** |  |

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| **Nr.**  **IV.f.5.** | **Subcriteriu**  **Membru în comisii de concurs cadre didactice la universității din țară** | **Puncte/unitate**  **5** | **Subtotal autoevaluare** | **Subtotal comisie** |
| **1.** | Membru în Comisia pentru susținerea concursului de Conferențiar Universitar, UNIVERSITATEA „ALEXANDRU IOAN CUZA” DIN IAŞI, Publicat in M.O. nr. 782 partea a-III-a din 24.11.2020 | | 5 |  |
| **2.** | Membru în Comisia pentru susținerea concursului de Conferențiar Universitar din cadrul Universității de Medicină și Farmacie ”Victor Babeș” din Timișoara, sesiunea 27 ianuarie 2021, în urma Deciziei Rectorului Universității de Medicină și Farmacie ”Victor Babeș” din Timișoara nr. 379 din 24.07.2020 | | 5 |  |
| **3** | Membru în Comisia pentru susținerea concursului de Conferențiar Universitar din cadrul Universității de Medicină și Farmacie ”Victor Babeș” din Timișoara, sesiunea 27 ianuarie 2021, în urma Deciziei Rectorului Universității de Medicină și Farmacie ”Victor Babeș” din Timișoara nr. 23 din 05.01.2021 | | 5 |  |
| **4.** | Membru în Comisia pentru susținerea concursului de Sef de Lucrari din cadrul Universității de Medicină și Farmacie ”Victor Babeș” din Timișoara, sesiunea iulie 2015, candidat: Barzuca-Mircioaga Alexandra | | 5 |  |
| **5.** | Membru în Comisia pentru susținerea concursului de Asistent Universitar din cadrul Universității de Vest din Timișoara, sesiunea septembrie 2021, candidat: Jurjiu Nicolae-Adrian | | 5 |  |
| **6.** | Membru în Comisia pentru susținerea concursului de Asistent Universitar din cadrul Universității de Vest din Timișoara, sesiunea septembrie 2021, candidat: Stincel Oana | | 5 |  |
|  |  | | **30** |  |

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| **Nr.**  **IV.f.6.** | **Subcriteriu**  **Membru în comisii de doctorate la universitate** | **Puncte/unitate**  **3** | **Subtotal autoevaluare** | **Subtotal comisie** |
| **1.** | Membru în Comisia pentru susținerea tezei de doctorat “Complicaţii neuropsihice în contextul exacerbărilor bronhopneumopatiei obstructive cronice”, doctorand Crişan Alexandru Florian, UMF”Victor Babeș” din Timișoara, 24.06.2015. | | 3 |  |
| **2.** | Membru în Comisia pentru susținerea tezei de doctorat “Contribuții la monitorizarea tratamentului precoce de reabilitare medicală a deviațiilor axiale vertebrale la copil și la adultul activ folosind sisteme informatice avansate, studiu experimental și clinic”, doctorand Nădășan Emanuela Georgiana, UMF”Victor Babeș” din Timișoara, 21.02.2020. | | 3 |  |
| **3.** | Membru în Comisia pentru susținerea tezei de doctorat “Evaluarea, antrenarea mersului și echilibrului folosind mijloace informatice complexe la pacienți sechelari avc în scopul ameliorării calității vieții”, doctorand Péter Mercédesz Erzsébet, UMF”Victor Babeș” din Timișoara, 21.02.2020. | | 3 |  |
|  |  | | **9** |  |

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| **Nr.**  **IV.f.7.** | **Subcriteriu**  **Membru în comisii de doctorat la alte universități** | **Puncte/unitate**  **5** | **Subtotal autoevaluare** | **Subtotal comisie** |
|  | Membru în Comisia pentru susținerea tezei de doctorat „Afectarea vasculară periferică în sclerodermia sistemică”, doctorand: Ana Maria Gheorghiu, U.M.F. ”Carol Davila” din București, 2019.  https://umfcd.ro/sustinere-teza-drd-gherghe-cas-gheorghiu-g-ana-maria/ | | 5 |  |
|  |  | | **5** |  |

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**PUNCTAJUL CUMULAT OBŢINUT**

**CRITERIUL I - ACTIVITATEA DIDACTICĂ**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Nr.** | **Direcţia** | **Subcriteriu** | **Autoevaluare** | **Punctaj comisie** |
| **I.a.** | **Elaborare materiale didactice** |  |  |  |
|  |  | **I.a.1.** | **45** |  |
|  |  | **I.a.2.** | **30** |  |
|  |  | **I.a.3.** | **0** |  |
|  |  | **I.a.4.** | **0** |  |
|  |  | **I.a.5.** | **0** |  |
|  |  | **I.a.6.** | **0** |  |
|  |  | **I.a.7.** | **0** |  |
| **I.b.** | **Activitatea extracuriculară cu studenţii/rezidenţii** |  |  |  |
|  |  | **I.b.1.** | **0** |  |
|  |  | **I.b.2.** | **0** |  |
|  |  | **I.b.3.** | **0** |  |
|  |  | **I.b.4.** | **0** |  |
|  |  | **I.b.5.** | **9** |  |
|  |  | **I.b.6.** | **0** |  |
| **I.c.** | **Voluntariat (Masterat,cursuri ECM)** |  |  |  |
|  |  | **I.c.1.** | **8** |  |
|  |  | **I.c.2.** | **5** |  |
|  |  | **I.c.3.** | **0** |  |
| **I.d.** | **Lucrări de licenţă / disertaţie îndrumate** |  |  |  |
|  |  | **I.d.1.** | **110** |  |
|  |  | **TOTAL** | **207** |  |

**CRITERIUL 2- ACTIVITATEA DE CERCETARE ŞTIINŢIFICĂ**

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| **Nr.** | **Direcţia** | **Subcriteriu** | **Autoevaluare** | **Punctaj comisie** |
| **II.a.** | **Grant de cercetare obținut prin competiție** |  |  |  |
|  |  | **II.a.1.** | **0** |  |
|  |  | **II.a.2.** | **0** |  |
|  |  | **II.a.3.** | **30** |  |
|  |  | **II.a.4.** | **0** |  |
|  |  | **II.a.5.** | **50** |  |
|  |  | **II.a.6.** | **25** |  |
|  |  | **II.a.7.** | **0** |  |
|  |  | **II.a.8.** | **0** |  |
| **II.b.** | **Grant de tip workshop obținut prin competiție** |  |  |  |
|  |  | **II.b.1.** | **0** |  |
|  |  | **II.b.2.** | **0** |  |
| **II.c.** | **Grant de mobilitate obținut prin competiție**: |  |  |  |
|  |  | **II.c.1.** | **0** |  |
|  |  | **II.c.2.** | **0** |  |
|  |  | **TOTAL** | **105** |  |

**CRITERIUL 3 - ACTIVITATEA ȘTIINȚIFICĂ**

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| --- | --- | --- | --- | --- |
| **Nr.** | **Direcţia** | **Subcriteriu** | Autoevaluare | **Punctaj comisie** |
| **III.a.** | **Articole publicate în extenso în reviste de circulație internațională recunoscute** |  |  |  |
|  |  | **III.a.1.** | **30** |  |
|  |  | **III.a.2.** | **110** |  |
|  |  | **III.a.3.** | **50** |  |
|  |  | **III.a.4.** | **90** |  |
|  |  | **III.a.5.** | **10** |  |
|  |  | **III.a.6.** | **0** |  |
| **III.b.** | **Articole publicate în rezumat în reviste de circulație internaționale recunoscute** |  |  |  |
|  |  | **III.b.1.** | **20** |  |
|  |  | **III.b.2.** | **102** |  |
|  |  | **III.b.3.** | **0** |  |
|  |  | **III.b.4.** | **10** |  |
| **III.c.** | **Articole publicate în extenso în reviste naționale recunoscute.** |  |  |  |
|  |  | **III.c.1.** | **96** |  |
|  |  | **III.c.2.** | **180** |  |
|  |  | **III.c.3.** | **5** |  |
|  |  | **III.c.4.** | **21** |  |
|  |  | **III.c.5.** | **0** |  |
|  |  | **III.c.6.** | **2** |  |
| **III.d.** | **Monografii sau tratate publicate** |  |  |  |
|  |  | **III.d.1.** | **0** |  |
|  |  | **III.d.2.** | **0** |  |
|  |  | **III.d.3.** | **0** |  |
|  |  | **III.d.4.** | **0** |  |
|  |  | **III.d.5.** | **0** |  |
|  |  | **III.d.6.** | **40** |  |
|  |  | **III.d.7.** | **0** |  |
|  |  | **III.d.8.** | **50** |  |
|  |  | **III.d.9.** | **10** |  |
| **III.e.** | **Brevete, invenții, patente** |  |  |  |
|  |  | **III.e.1.** | **30** |  |
|  |  | **III.e.2.** | **0** |  |
| **III.f.** | **Lucrării științifice premiate** |  |  |  |
|  |  | **III.f.1.** | **60** |  |
|  |  | **III.f.2** | **10** |  |
| **III.g.** | **Participare la manifestări științifice internaționale** |  |  |  |
|  |  | **III.g.1.** | **0** |  |
|  |  | **III.g.2.** | **60** |  |
|  |  | **III.g.3.** | **12** |  |
|  |  | **III.g.4.** | **46** |  |
| **III.h.** | **Participare la manifestări științifice naţionale cu participare internațională** |  |  |  |
|  |  | **III.h.1.** | **30** |  |
|  |  | **III.h.2.** | **4** |  |
|  |  | **III.h.3.** | **18** |  |
|  |  | **III.h.4.** | **0** |  |
| **III.i.** | **Participare la manifestări științifice naționale** |  |  |  |
|  |  | **III.i.1.** | **55** |  |
|  |  | **III.i.2.** | **0** |  |
|  |  | **III.i.3.** | **0** |  |
|  |  | **III.i.4.** | **23** |  |
|  |  | **TOTAL** | **1174** |  |

**CRITERIUL 4 - PRESTIGIUL PROFESIONAL**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Nr.** | **Direcţia** | **Subcriteriu** | **Autoevaluare** | **Punctaj comisie** |
| **IV.a.** | **Citare de lucrări în sistemul ISI ( se scrie și numele revistei/tratate/monografii)** |  |  |  |
|  |  | **IV.a.1.** | **660** |  |
|  |  | **IV.a.2.** | **0** |  |
|  |  | **IV.a.3.** | **168** |  |
| **IVb.** | **Coordonarea de structuri profesionale științifice internaționale** |  |  |  |
|  |  | **IV.b.1.** | **0** |  |
|  |  | **IV.b.2.** | **0** |  |
|  |  | **IV.b.3.** | **0** |  |
| **IV.c.** | **Coordonare de structuri profesionale științifice naționale** |  |  |  |
|  |  | **IV.c.1.** | **0** |  |
|  |  | **IV.c.2.** | **10** |  |
|  |  | **IV.c.3.** | **15** |  |
| **IV.d.** | **Calitatea de membru în colective editoriale de prestigiu** |  |  |  |
|  |  | **IV.d.1.** | **0** |  |
|  |  | **IV.d.2.** | **0** |  |
|  |  | **IV.d.3.** | **0** |  |
|  |  | **IV.d.4.** | **10** |  |
|  |  | **IV.d.5.** | **0** |  |
|  |  | **IV.d.6.** | **0** |  |
| **IV.e.** | **Calitatea de membru în structuri de cercetare dezvoltare naționale** |  |  |  |
|  |  | **IV.e.1.** | **0** |  |
|  |  | **IV.e.2.** | **0** |  |
|  |  | **IV.e.3.** | **0** |  |
|  |  | **IV.e.4.** | **0** |  |
| **IV.f.** | **Recunoaștere profesională** |  |  |  |
|  |  | **IV.f.1.** | **0** |  |
|  |  | **IV.f.2** | **0** |  |
|  |  | **IV.f.3.** | **10** |  |
|  |  | **IV.f.4.** | **0** |  |
|  |  | **IV.f.5.** | **30** |  |
|  |  | **IV.f.6.** | **9** |  |
|  |  | **IV.f.7.** | **5** |  |
|  |  | **IV.f.8.** | **0** |  |
|  |  | **TOTAL** | **917** |  |

**PUNCTAJ TOTAL**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Nr.** | **Activitatea** | **Criteriul** | **Autoevaluare** | **Punctaj comisie** |
| **1.** | **ACTIVITATEA DIDACTICĂ** | **Criteriul 1** | **207** |  |
| **2.** | **ACTIVITATEA DE CERCETARE ŞTIINŢIFICĂ** | **Criteriul 2** | **105** |  |
| **3.** | **ACTIVITATEA ȘTIINȚIFICĂ** | **Criteriul 3** | **1174** |  |
| **4.** | **PRESTIGIUL PROFESIONAL** | **Criteriul 4** | **917** |  |
|  |  | **TOTAL** | **2403** |  |

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| **Candidat:** | **Preşedinte Comisie:** |  |
|  |  | Semnătura |
| AVRAM CLAUDIU  Semnătura \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |  |  |
|  | **Membrii Comisiei:** |  |
|  |  | Semnătura |
|  |  | Semnătura |
|  |  | Semnătura |
|  |  | Semnătura |
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