

PERSONAL  
INFORMATIONS

Anghel Teodora

📍 P-ta. Eftimie Murgu, nr 2, Timisoara

☎ 0747501741

✉ anghel.teodora@umft.ro



🗨 Yahoo, Facebook

Gender: female

Date of birth 16.02.1973

Nationality: Romanian

## PLACE OF WORK

University of Medicine and Pharmacy "Victor Babeş", Timișoara, Square Eftimie Murgu 2, Timișoara 300041

## Professional experience

- 2010-2022: head of works.doctor, "Victor Babeş" University of Medicine and Pharmacy, Timișoara, [www.umft.ro](http://www.umft.ro)
- 1999-2010: assistant doctoral student at the Faculty of Psychology within the TIBISCUS University of Timișoara
- 1997-1999 within the Psychological Laboratory of the company S.C. Blitz.SRL and collaborator at SN Petrom SA. At the same time, I worked as an associate professor at the Polytechnic University of Timișoara in the discipline of school psychology.2010-2019: șef.lucrări.doctor, Universitatea de Medicină și Farmacie "Victor Babeş", Timișoara, [www.umft.ro](http://www.umft.ro)

Main activities and responsibilities:

- courses and laboratories in various disciplines: psychology and behavioral sciences, medical psychology
- teaching and research activity
- publishing activity; publishing books, specialized articles
- activity of organizing and coordinating internal scientific events and with international collaboration
- activity of organizing workshops, groups for the development of creativity and emotional intelligence, conferences
- activity of organizing postgraduate courses: Postgraduate course in psychosomatic medicine from 2017, postgraduate course Brain, cognition and consciousness from 2019
- presentation of papers at various national and international scientific events
- coordination of undergraduate work

Type or sector of activity: Higher education

## EDUCATION AND FORMATION

---

Period 9-10.07.21 Archetypal Reference

Name and type of educational institution: George Colleuil French School

Qualification obtained: RN7

Period 11-13.06 Archetypal Reference

Name and type of educational institution: George Colleuil French School

Qualification obtained: RN6

Period 3-4.04.21 Archetypal Reference

Name and type of educational institution: George Colleuil French School

Qualification obtained: RN5

Period 12-13.03.21 Archetypal Reference

Name and type of educational institution: George Colleuil French School

Qualification obtained: RN4

Period 26-27.02 Archetypal Reference

Name and type of educational institution: George Colleuil French School

Qualification obtained: RN3

Period 29-31.01.21 Archetypal Reference

Name and type of educational institution: George Colleuil French School

Qualification obtained: RN1-RN2

Period: 5.02-9.02.2020

Name and type of educational institution: European Association of Transpersonal Psychology (ETPA), Timișoara

Qualification / diploma obtained: how to train in Transpersonal Art Therapy

Period: 11.04-15.04.2018

Name and type of educational institution: European Association of Transpersonal Psychology (ETPA), Timișoara

Qualification / diploma obtained: how to train in Transpersonal Psychotherapy "The Inner Family"

Period: 13.01-17.01.2016

Name and type of educational institution: European Association of Transpersonal Psychology (ETPA), Timișoara

Qualification / diploma obtained: how to train in Transpersonal Psychotherapy - Introduction to transpersonal psychotherapies

Period: 8.06-12.06.16

Name and type of educational institution: European Association of Transpersonal Psychology (ETPA), Timișoara

Qualification / diploma obtained: how to train in Transpersonal Psychotherapy - Theoretical and practical landmarks in Transpersonal Psychotherapy

Period: 4.09-10.09.16

Name and type of educational institution: European Association of Transpersonal Psychology (ETPA), Timișoara

Qualification / diploma obtained: how to train in Transpersonal Psychotherapy - Pneuma

Period: 28.11-02.12.16

Qualification / Diploma Obtained: Mian Xiang Face Reading Techniques

Period: 3.07-7.07.15

Name and type of educational institution: European Association of Transpersonal Psychology (ETPA), Timișoara

Qualification / diploma obtained: how to train in Transpersonal Psychotherapy - Regression therapy and clinical hypnosis

Period: 23.05-26.05.15

Name and type of educational institution: European Association of Transpersonal Psychology (ETPA), Timișoara

Qualification / diploma obtained: how to train in Transpersonal Psychotherapy - Therapeutic court and dream work

Period: 3.03-08.03.15

Name and type of educational institution: European Association of Transpersonal Psychology (ETPA), Timișoara

Qualification / diploma obtained: how to train in Transpersonal Psychotherapy - Pneuma System Therapy - Mapping of consciousness

Period: 6.10-11.10.15

Name and type of educational institution: European Association of Transpersonal Psychology (ETPA), Timișoara

Qualification / diploma obtained: how to train in Transpersonal Psychotherapy - Transpersonal Analysis and Pneuma Breathing - Self-centered Psychotherapy

Period: 18.10-20.10.15

Name and type of educational institution: European Association of Transpersonal Psychology (ETPA), Timișoara

Qualification / diploma obtained: how to train in Transpersonal Psychotherapy - Transformation archetypes and integral development

Period: 23.05-26.05.15

Name and type of educational institution: European Association of Transpersonal Psychology (ETPA), Timișoara

Qualification / diploma obtained: how to train in Transpersonal Psychotherapy - Therapeutic court and dream work

Period: 18.06-22.06.14

Name and type of educational institution: European Association of Transpersonal Psychology (ETPA), Timișoara

Qualification / diploma obtained: how to train in Transpersonal Psychotherapy - Psychotherapy through Regression and Clinical Hypnosis

Period: 5.09-9.09.14

Name and type of educational institution: European Association of Transpersonal Psychology (ETPA), Timișoara

Qualification / diploma obtained: how to train in Transpersonal Psychotherapy - Pneuma System Therapy - Transpersonal Universe II

Period: 25.11-30.11.14

Name and type of educational institution: European Association of Transpersonal Psychology (ETPA), Timișoara

Qualification / diploma obtained: how to train in Transpersonal Psychotherapy: Pneuma System - Dream Analysis

Period: 12.04-13.04.14

Name and type of educational institution: European Association of Transpersonal Psychology (ETPA), Timișoara

Qualification / diploma obtained: how to train in Transpersonal Psychotherapy - Integral model: Applications in psychotherapy

Period: 25.02-2.03.14

Name and type of educational institution: European Association of Transpersonal Psychology (ETPA), Timișoara

Qualification / diploma obtained

**PERSONAL  
COMPETENCES**

Maternal language:

Romanian language

Others languages

	UNDERSTANDING		COMMUNICATION		WRITING
	Listening	Reading	Conversation	Oral discours	
English language	B2	B2	B2	B2	B2
French language	B1	B2	B2	B2	B2

Spanish laguage B1

**Communication skills  
and organizational skills**

- Ability to communicate through personal experience through working with students and individual study.
- Organizational skills, team spirit, fairness, punctuality, enthusiasm, involvement: organizing personal development groups, workshops, conferences, postgraduate courses.
- Organizing semester workshops for students at the University of Medicine and Pharmacy "Victor Babeş"
- Creativity and initiative, originality, flexibility, acquired during participation during university studies in a creativity development group
- Contribution to the training of specialists: trainer for the Postgraduate Course in Psychosomatic Medicine, accredited by both the College of Physicians and the College of Psychologists with 25 credits and the Postgraduate Course Brain, Cognition and Behavior accredited with 28 credits.
- More about this source textSource text required for additional translation information

More information:

Organization of events and conferences:

13-15.05.11 Conference of the European Association of Transpersonal Psychology: Transpersonal Psychology or about the time of change

14.11.15 - Conference: The disease as a chance and incursions in the land of transpersonal psychology in collaboration with the European Medical students association (EMSA), Timișoara

9.03.16 - Conference: How to give bad news to a patient and his caregivers? In collaboration with the European Medical students association (EMSA), Timișoara

9.07.16 - Conference of the European Association of Transpersonal Psychology, Predeal

10/14/16 - MedIntegra, "Victor Babeș" University of Medicine and Pharmacy, Timișoara

21-22.11.20 - European Congress for "EDUCATION IN WELL-BEING", Paris

**I. Books / Author's courses:**

- T.Anghel, 2004, Prenatal and perinatal psychology. Birth, Ed Eurobit, 193pg
- T.Anghel, 2007, Psychoanalysis course, Ed Eurostampa, 323pg
- T.Anghel, 2009, Health psychology and elements of psychosomatics, Ed Eurostampa, 403pg
- T.Anghel, L.Hogea, 2010, Medical and psychosomatic psychology course, Ed Eurostampa
- T.Anghel, 2012, Behavioral Sciences, Ed Eurostampa, pg178
- T.Anghel, 2015, Self-knowledge guide for medical students, Ed Eurostampa, pg163
- T.Anghel, 2016, Knowing yourself, you'll know your patient better, Ed Eurostampa, pg227
- T.Anghel, 2017 Behavioral sciences and health psychology, Ed Eurostampa, pg127
- T.Anghel, 2018, Behavioral Sciences and Health Psychology, Ed Eurostampa, pg105
- T.Anghel, 2019, Dentistry - Medical Psychology (We study, recap, memorize, watch, answer and practice mindfulness), Ed Eurostampa, pg97

**II. Coordination of collective volumes**

- A.Munteanu, T.Anghel, I.Costea, 2017, Transpersonal psychology, a science for our time, Ed Eurobit, pg163

**III. Chapters published in collective volumes:**

- T.Anghel, 2001, Et in Arcadia Ego, in the Atlantis Experience, A.Munteanu (coord.)
- T.Anghel, 2010, Birth and sexuality lead her to ecstasy, in Reflections from the other side of knowledge, A.Munteanu (coord.)
- T.Anghel, 2011, Revelations at the gates of death, in Meetings with the deep reality
- T.Anghel, 2013, New Perspectives in Holistic Medicine - Body / Mind Integration in the New Germanic Medicine in Parent's bodies, children's bodies from conception to education
- T.Anghel, 2013, Healing is the experience of infinity, in Life, sexuality, death
- T.Anghel, 2014, Nutrition and spiritual malnutrition, in Transcendence and Cosmization
- T.Anghel, 2016, Subtle questions about the nature of the Ego, in Transpersonal Psychology in motion: Projects, Interventions and Results
- T.Anghel, 2017, Spiritual Emergencies, in Transpersonal Psychology, a Science for Our Time
- T.Anghel, 2022, Spiritual Malnutrition and Mindfulness, in Food and Cultural (In)Compatibilities: 12 Points of View, edited by Gabriela-Mariana Luca, Cambridge Scholars Publishing Lady Stephenson Library, Newcastle upon Tyne, NE6 2PA, UK

**IV. Articles published in BDI journals:**

- T.Anghel, 2009, The role of emotional intelligence in health in the Romanian Journal of Experiential Psychotherapy no. 3 (47), September
- T.Anghel, 2016, Prenatal and birth trauma. Psychological implications of the newborn child, in Communication, Context, Interdisciplinarity, Section: **Psychology and Sociology**
- T.Anghel, 2016, Emotional intelligence and marital satisfaction, in Journal of Experiential Psychotherapy, vol 19, no 3, (75), september

T.Anghel, 2016, Creativity group - a way to identify gifted children - a way to identify gifted children in the Journal of Child and Adolescent Neurology and Psychiatry in Romania, December, vol 22, n4

L.Hogea, M.Aungurence, T.Anghel, 2017, ADHD in school children and educators 'perceptions, in Romanian Journal of Medical Practice, vol 12, NR1 (49)

T.Anghel, R.D. Chirileanu. L.Hogea, 2017, Protocols of communication in medicine: a brief review, in Medicine in Evolution, XXIII, VOL 4

A.Cojocaru, L.Ageu L, T.Anghel, 2017, Psycho-socio-diagnostic aspects in Alzheimer's disease, in Medicine in Evolution, XXIII, VOL 4

T.Anghel, A.Munteanu, 2017, Near Death Experiences - a Theoretical and Practical Approach in Journal of Experiential Psychotherapy, no. 20, no. 4 (80)

T.Anghel, 2018, The art of behavioral management in pediatric dentistry in Medicine in Evolution, XXIII, VOL 1, XXI

T.Anghel, 2019, Factors influencing placebo reactivity in Medicine in evolution, Volume XXV, No. 4

Albai O, Frandes M, Timar R, Timar B, Anghel T, Avram VF, Sima A, 2021, The Mental Status in Patients with Diabetes Mellitus Admitted to a Diabetes Clinic After Presenting in the Emergency Room: The Application of the SCL-90 Stairs. Diabetes Metab Syndr Obes; 14: 1833-1840  
<https://doi.org/10.2147/DMSO.S304904>