



Laura-Adriana Gaita

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Gender: Female Date of birth: 31/07/1989 Nationality: Romanian

WORK EXPERIENCE

[09/2018 – Current] **Assistant Professor - Diabetes, Nutrition, Metabolic Diseases and Systemic Rheumatology**

"Victor Babes" University of Medicine and Pharmacy, Second Department of Internal Medicine

City: Timisoara

Country: Romania

[01/2019 – Current] **Specialist Physician in Diabetes, Nutrition and Metabolic Diseases**

[01/2015 – 12/2018] **Resident Physician in Diabetes, Nutrition and Metabolic Diseases**

"Pius Brinzeu" Emergency County Hospital

City: Timisoara

Country: Romania

[10/2014 – 08/2018] **Assistant Professor - Outpatient Internal Medicine. Cardiovascular Prevention and Rehabilitation**

"Victor Babes" University of Medicine and Pharmacy, Department of Cardiology

City: Timisoara

Country: Romania

EDUCATION AND TRAINING

[2014 – 2020] **PhD in Medicine**

"Victor Babes" University of Medicine and Pharmacy

Address: Timisoara, Romania

[2016 – 2018] **Psycho-pedagogical training study program degree**

"Vasile Goldis" Western University

Address: Arad, Romania

[2008 – 2014] **Bachelor in Medicine**

"Victor Babes" University of Medicine and Pharmacy

Address: Timisoara, Romania

[2004 – 2008] **Mathematics and Computer Programming degree**

"Grigore Moisil" High School

Address: Timisoara, Romania

LANGUAGE SKILLS

Mother tongue(s): Romanian

Other language(s):

English

LISTENING C1 READING C1 WRITING C1

SPOKEN PRODUCTION C1 SPOKEN INTERACTION C1

French

LISTENING B1 READING B1 WRITING B1

SPOKEN PRODUCTION B1 SPOKEN INTERACTION B1

Hungarian

LISTENING B1 READING A2 WRITING A1

SPOKEN PRODUCTION A2 SPOKEN INTERACTION A2

DIGITAL SKILLS

Microsoft Office Word Power Point Excel | Video conferencing experience (Zoom, Skype)
| Communication software and social media

NETWORKS AND MEMBERSHIPS

[2019 – Current]

Member of the Romanian Society of Diabetes, Nutrition and Metabolic Diseases

[2018 – Current] **Member of the European Atherosclerosis Society**

DRIVING LICENCE

Cars: B

HONOURS AND AWARDS

[15/12/2011] **"Outstanding Student" Prize Awarding institution:** Asociatia Orizonturi
Universitare

[2018] **Distinction for Posters Awarding institution:** The National Congress of the Romanian Society of Diabetes, Nutrition and Metabolic Diseases

Vlad, A; Botea, V; **Gaiță, L**; Vlad, M; Timar, B; Sima, A; Diaconu, L; Albai, O; Albai, A; Timar, R; Serban., V și Grupul de Studiu ONROCAD. Incidența diabetului zaharat tip 1 a înregistrat o creștere susținută în intervalul 2008-2017 la copiii cu vârsta 0-14 ani din România.

COMMUNICATION AND INTERPERSONAL SKILLS

"Award of Excellence in Presenting a Scientific Topic" - 2007, Siveco, Bucharest

Certificate in Advanced English - Council of Europe Level C1 - University of Cambridge, ESOL Examinations, Level 2 Certificate in English - March 2007

PUBLICATIONS

Gaita, L, Timar, R, Lupascu, N, Roman, D, Albai, A, Potre, O, Timar, B. The Impact of Hyperuricemia on Cardiometabolic Risk Factors in Patients with Diabetes Mellitus: A Cross-Sectional Study. **DIABETES METABOLIC SYNDROME AND OBESITY-TARGETS AND THERAPY**, Volume: 12, Pages: 2003-2010, DOI: 10.2147/DMSO.S222570, Published: 2019. IF 2.842.

Ionica, LN, Gaita, L, Bina, AM, Sosdean, R, Lighezan, R, Sima, A, Malita, D, Cretu, OM, Burlacu, O, Muntean, DM, Sturza, A. Metformin alleviates monoamine oxidase-related vascular oxidative stress and endothelial dysfunction in rats with diet-induced obesity. **Molecular and Cellular Biochemistry**. Volume: 476, Issue: 11, Pages: 4019-4029, DOI: 10.1007/s11010-021-04194-2, Published: NOV 2021. IF: 3.396.

Dumitrescu, A, Mosteoru, S, Vinereanu, D, Dan, GA, Gaita, L, Gaita, D. Preliminary Data of Familial Hypercholesterolemia (FH) Patients in Romania. **Atherosclerosis**, Volume: 277, Pages: 304-307, DOI: 10.1016/j.atherosclerosis.2018.08.015, Published: Oct 2018, IF: 4.255.

Timar, B, Timar, R, Gaita, L, Oancea, C, Levai, C, Lungeanu, D. The Impact of Diabetic Neuropathy on Balance and on the Risk of Falls in Patients with Type 2 Diabetes Mellitus: A Cross-Sectional Study. **PLOS ONE**. Volume: 11, Issue: 4, Article Number: e0154654, DOI: 10.1371/journal.pone.0154654. Published: APR 27 2016. IF 2.806.

Gaita, D, Gaita, L, Mihaescu, A. Non-HDL Cholesterol Series: PCSK9 Inhibitor New Season! **European Journal of Preventive Cardiology**, Article Number: UNSP 2047487320913375, DOI: 10.1177/2047487320913375, Early Access: Mar 2020, IF 5.864.

Timar, B, Braha, A, Grigorică, L, Gaita, L, Timar, R. The Impact of SGLT2i Therapy on the Onset and Prognosis of Heart Failure in Patients with Type 2 Diabetes. Timisoara Medical Journal 2020; 2020(1):3, DOI: 10.35995/tmj20200101.

Stoica, S, Pleava, R, Hudrea, C, Gaita, L, Gaita, D. Arterial Hypertension Management in Diabetic High Risk Patients. Atherosclerosis, Volume: 287, Pages: E125-E126, Meeting Abstract: EAS19-0297, DOI: 10.1016/j/atherosclerosis.2019.06.367, Published: Aug 2019, IF: 3.919.

Mut-Vitcu, G, Hudrea, IC, Mosteoru, S, Gaita, L, Gaita, D. Body Mass Index and Glycaemic Control in Patients with Diabetes Mellitus: A Case-Control Study. ROMANIAN JOURNAL OF DIABETES, NUTRITION & METABOLIC DISEASES, 2017, Volume: 24, No. 2, Pages: 119-125.

Gaita, L, Timar, R, Gaita, D, Timar, B. Antihypertensive Drugs in Diabetes Mellitus – The Way to Reduce Cardio-Metabolic Risk! INTERDIAB 2016: Diabetes Mellitus as Cardiovascular Disease. Book Series: International Conference on Interdisciplinary Management of Diabetes Mellitus and its Complications, Pages: 247-254, Published: 2016.

Timar, B, Gaita, L, Timar, R. To Treat or not to Treat – The Real Impact of SGLT-2 Inhibitors on Cardiovascular Risk. INTERDIAB 2016: Diabetes Mellitus as Cardiovascular Disease. Book Series: International Conference on Interdisciplinary Management of Diabetes Mellitus and its Complications, Pages: 458-466, Published: 2016.