



**Curriculum vitae  
Europass**

**Personal information**

Name / Surname **Name Surname: GHERBON, Adriana, Lăcrămioara**  
Address Cl. Bogdăneștilor no.32, sc.A, et. IX, ap. 40, Timișoara, postal code 300389, Romania  
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Citizenship Romanian

Date of birth 25.08.1972

Gender Female

**Target job / Occupational area**

**University of Medicine and Pharmacy Timisoara / Assistant Professor Diabetes, Nutrition and Metabolic Diseases**

**University of Medicine and Pharmacy Timisoara / Assistant Professor of Physiology**

**Pius Brinzeu County Emergency Clinical Hospital Timișoara - Diabetes Center / primary care physician diabetes, nutrition and metabolic diseases**

**CF Timisoara University Hospital Outpatient Clinic / primary care physician diabetes, nutrition and metabolic diseases**

**Oncohelp Clinic / primary care physician internal medicine**

**Professional experience**

Period Since September 2017 and now  
March 2004 to 2017  
June 2012 to date  
June 2008 to date  
January 1, 2005 - June 2008  
April 2004-1 January 2005  
October 2001-March 2004

**Position or position held**

Assistant Professor of Diabetes, Nutrition and Metabolic Diseases  
Assistant Professor of Physiology  
Primary care physician internal medicine  
Primary care physician diabetes, nutrition and metabolic diseases  
Specialist in diabetes, nutrition and metabolic diseases  
Specialist in diabetes, nutrition and metabolic diseases  
Head of diabetes, nutrition and metabolic diseases compartment

Main activities and responsibilities	Teaching activity Primary care physician internal medicine Primary care physician diabetes, nutrition and metabolic diseases Specialist in diabetes, nutrition and metabolic diseases Specialist in diabetes, nutrition and metabolic diseases Head of diabetes, nutrition and metabolic diseases compartment
Name and address of the employer	„Victor Babeș” University of Medicine and Pharmacy Timișoara, P-ța Eftimie Murgu no. 2A, Timisoara, Romania Pius Brînzeu County Emergency Clinical Hospital Timisoara - Diabetes Center, Bld. L. Rebreanu no. 156 Oncohelp Clinic, Str. C. Porumbescu no. 59, Timisoara, Romania The specialized outpatient clinic of the CF Timișoara Hospital, Spl. T. Vladimirescu no. 13-15 A, Timișoara, Romania The specialized outpatient clinic of the CF Timișoara Hospital, Spl. T. Vladimirescu no. 13-15 A, Timișoara, Romania Advitam Medicis Polyclinic Timișoara, str. Căpitan Damășescu no. 40, Timisoara, Romania Lugoj Municipal Hospital, str. Gh. Doja no. 36, Lugoj, Jud. Timiș, Romania
Type of activity or sector of activity	Teaching activity - state university education Primary care physician internal medicine - private hospital Primary care physician diabetes, nutrition and metabolic diseases - state outpatient Diabetes, nutrition and metabolic diseases specialist - state outpatient Diabetes, nutrition and metabolic diseases specialist - private outpatient Head of diabetes, nutrition and metabolic diseases compartment- state hospital

### Education and Training

Period	June 2012 and now June 2008 and now March 2002 - June 2008 April 1997-October 2001 June 2007 October 2007 - June 2012 November 2004 - October 2007 October 1990- July 1996
Qualification / diploma obtained	Primary care physician in internal medicine Primary care physician diabetes, nutrition and metabolic diseases Specialist in diabetes, nutrition and metabolic diseases Resident physician diabetes, nutrition and metabolic diseases Doctor of Medicine Internal medicine specialist Resident physician internal medicine Doctor
Main areas studied / skills acquired	Primary care physician diabetes, nutrition and metabolic diseases Doctor of Medicine Primary care physician internal medicine
Name and type of educational institution / training provider	Timișoara County Hospital (Medical Clinic III), str. Iosif Bulbuca no. 10, Timisoara, Romania "Victor Babeș" University of Medicine and Pharmacy Timișoara, Timișoara, Romania
Level of classification of the form of education / training	Public health State university education

### Personal skills and competences

Language **Romanian**

Known foreign language (s)

Self-Assessment

European level (\*)

**French**

**Limba engleză**

Comprehension				Spoken				Writing	
Listening skills		Reading skills		Interaction		Expression			
C1	Experienced user	C1	Experienced user	B2	Independent user	B2	Independent user	B2	Independent user
C1	Experienced user	C1	Experienced user	B2	Independent user	B2	Independent user	B2	Independent user

(\*) *European Framework of Reference for Languages*

Social skills and abilities

Sociable, communicative and efficient, skills acquired as a result of working with patients  
Team spirit gained based on teamwork in hospital wards

Organizational skills and competences

Organizational experience acquired through involvement in the organizing committee of the Physiology congresses, Timișoara, in 2004 and 2012  
Organization and management of the diabetes, nutrition and metabolic diseases department within the Lugoj Municipal Hospital, Timiș County

Technical skills and abilities

Abdominal ultrasound course, vascular Doppler ultrasound course

Computer skills and knowledge

Knowledge of using Microsoft Word, Microsoft Excell, Power Point, Paint

Artistic skills and competences

Other skills and competences

Driving license

Category B

**Additional Information**

**Appendices**

List of published works

## GBERBON ADRIANA LĂCRĂMIOARA

### LIST OF PUBLISHED WORKS

#### Thesis

„Patologia tiroidiană și diabetul zaharat – aspecte clinice, etiopatogenice și terapeutice”, 2007

#### Papers published in extenso quoted ISI - first author

1. **Gherbon A.**, Frandes M., Lungeanu D., Nicula M., Timar R. - Transient Hyperthyroidism following the ingestion of complementary medications containing kelp seaweed: A case-report. *Medicine*, 2019, vol. 98, no 37, p117058, ISSN 0025 – 7974 (ISI – FI 1.552)
2. **Gherbon A.**, Frandes M., Roman D., Anastasiu-Popov D., Timar R. Risk factors for sexual dysfunction in Romanian women with type 1 diabetes mellitus and chronic autoimmune thyroiditis: a comparative cross-sectional study. *Diabetol Metab Syndr*. 2020 Oct 27;12:94. doi: 10.1186/s13098-020-00602-7. PMID: 33117456; PMCID: PMC7590467 (ISI – FI 3.320)

#### Papers published in extenso quoted ISI - main author

1. Nicula M., Păcală N., Radulov I., Ahmadi M., Dronca D., **Gherbon A.**- The effect of Active Principles of Lyophilized Garlic and Chlorella on Reduction of Tissue Bioaccumulation and Lead Antagonism to Zinc in *Carassius gibelio*. *Revista Chimie*, 2017, vol.68, no 9, pag. 2006 – 2009, ISSN 2537-5733, ISSN-L 1582-9049 (ISI – FI 1.412)
2. Nicula M., Păcală N., Ștef L., Pet I., Dronca D., Ahmadi M., **Gherbon A.** - Garlic and Chlorella Biomodulate Lead Toxicity on Manganese Homeostasis in *Carassius Gibelio* Bloch. *Revista Chimie*, 2018, vol.69, no 4 , pag. 986 - 989, ISSN 2537-5733, ISSN-L 1582-9049 (ISI – FI 1.605)
3. Nicula M., Păcală N., Ștef L., Pet I., Radulov I., Iancu T., Ahmadi M., Dronca D., **Gherbon A.** – Synergic and Antagonistic Action of Active Principles on Chromium –Lead Antagonism – *in vivo* Experiments. *Revista Chimie*, 2019, vol.70, no 2 , pag. 455 - 458, ISSN 2537-5733, ISSN-L 1582-9049 (ISI – FI 1.755)

#### Papers published in extenso quoted ISI - co-author

1. Nicula M., Dumitrescu G., Păcală N., Tulcan C., Dragomirescu M., Ștef L., Dronca D., **Gherbon A.**, Petculescu Ciochina L. – Garlic, cilantro and chlorella's effect on gill histoarchitecture changes in Cd intoxicated Prussian carp (*Carassius gibelio*). *Romanian Biotechnological Letters*, 2016, vol. 21, nr. 5, pag. 11932 – 11940, ISSN 1224 – 5984 (ISI – FI 0.404)
2. Nicula M., Dumitrescu G., Păcală N., Ștef L., Tulcan C., Dragomirescu M., Dronca D., **Gherbon A.**, Petculescu Ciochina L. - Garlic, cilantro and chlorella's effect on liver histoarchitecture changes in Cd-intoxicated Prussian carp (*Carassius gibelio*). *Romanian Biotechnological Letters*, 2016, vol. 22, nr. 6, pag. 12062 – 12070, ISSN 1224 – 5984 (ISI – FI 0.404)
3. Nicula M., Păcală N., Ștef L., Pet I., Iancu T., Dronca D., Ahmadi M., **Gherbon A.**, Deleanu B.- In vivo Experiments (*Carassius gibelio* Bloch) on Copper Homeostasis Alteration After Lead Intoxication and Natural Biologic-active Principles Treatments. *Revista Chimie*, 2017, vol.68, no 8, pag. 1807 – 1810, ISSN 2537-5733, ISSN-L 1582-9049 (ISI – FI 1.412)
4. Nicula M., Păcală N., Ștef L., Pet I., Dronca D., **Gherbon A.**, Ahmadi M.- In vivo Experiments (*Carassius Gibelio* Bloch) of Natural Products Protection of Antagonistic Effects of Lead on Iron. *Revista Chimie*, 2017, vol.68, no 12, pag. 2747 – 2751, ISSN 2537-5733, ISSN-L 1582-9049 (ISI – FI 1.412)
5. Demcsák A, Soós A, Kincses L, Capunge I, Minkov G, Kovacheva-Slavova M, Nakov R, Wu D, Huang W, Xia Q, Deng L, Hollenbach M, Schneider A, Hirth M, Ioannidis O, Vincze Á, Bajor J, Sarlós P, Czákó L, Illés D, Izbéki F, Gajdán L, Papp M, Hamvas J, Varga M, Kanizsai P, Bóna E, Mikó A, Vánca S, Juhász MF, Ocskay K, Darvasi E, Miklós E, Eröss B, Szentesi A, Pánciczky A, Casadei R, Ricci C, Ingaldi C, Mastrangelo L, Jovine E, Cennamo V, Marino MV, Barauskas G, Ignatavicius P, Pelaez-Luna M, Rios AS, Turcan S, Tcaciuc E, Malecka-Panas E, Zatorski H, Nunes V, Gomes A, Gonçalves TC, Freitas M, Constantino J, Sá M, Pereira J, Mateescu B, Constantinescu G, Sandru V, Negoii I, Ciubotaru C, Negoita V, Bunduc S, Gheorghe C, Barbu S, Tantau A, Tantau M, Dumitru E, Suceveanu AI, Tocia C, **Gherbon A**, Litvin A, Shirinskaya N, Rabotyagova Y, Bezmarevic M, Hegyi PJ, Han J, Rodríguez-Oballe JA, Salas IM, Comas EP, Garcia DI, Cuadrado AJ, Castiñeira AQ, Chang YT, Chang MC, Kchaou A, Tlili A, Kacar S, Gökbulut V, Duman D, Kani HT, Altintas E, Chooklin S, Chuklin S, Gougol A, Papachristou G, Hegyi P. Acid suppression therapy, gastrointestinal bleeding and infection in acute pancreatitis - An international cohort study. *Pancreatology*. 2020 Oct;20(7):1323-1331. doi: 10.1016/j.pan.2020.08.009. Epub 2020 Aug 22. PMID: 32948430. (ISI – FI 3.629)

#### Papers published in extenso quoted BDI - first author

1. **Gherbon A.** – Prevalence of obesity and association with other cardiovascular risk factors in a group of young medicine students. *European Scientific Journal*, 2013, vol. 9, nr. 30, pag. 266 – 277, ISSN 1857 – 7881 (Print) e – ISSN 1857 – 7431 (BDI) [EBSCO, Index Copernicus]
2. **Gherbon A.** - Prevalence of different types of thyroid disorders in a group of children with diabetes mellitus type 1. *European Scientific Journal*, 2013, vol. 9, nr. 33, pag. 91 – 100, ISSN 1857 – 7881 (Print) e – ISSN 1857 – 7431 (BDI) [EBSCO, Index Copernicus]
3. **Gherbon A.** - Prevalence of obesity in adult patients with diabetes mellitus type 2 and autoimmune chronic thyroiditis. *European Scientific Journal*, 2013, vol. 9, nr. 36, pag. 82 – 92, ISSN 1857 – 7881 (Print) e – ISSN 1857 – 7431 (BDI) [EBSCO, Index Copernicus]

4. **Gherbon A.** - Epidemiological aspects of polyglandular autoimmune syndrome type II in a group of adults with thyroid diseases and diabetes mellitus. *European Scientific Journal*, 2014, vol.10, nr. 3, pag. 31 – 40, ISSN 1857 – 7881 (Print) e – ISSN 1857 – 7431 (BDI) [EBSCO, Index Copernicus]
5. **Gherbon A.** - Types of autoimmune polyendocrinopathies in children with diabetes mellitus type 1 and thyroid disease. *European Scientific Journal*, 2014, vol.10, nr. 6, pag. 411 – 422, ISSN 1857 – 7881 (Print) e – ISSN 1857 – 7431(BDI) [EBSCO, Index Copernicus]
6. **Gherbon A.** – Prevalence of obesity in a group of elderly. *European Scientific Journal*, 2014, vol.10, nr. 9, pag. 28 – 40, ISSN 1857 – 7881 (Print) e – ISSN 1857 – 7431 (BDI) [EBSCO, Index Copernicus]
7. **Gherbon A.** – Prevalence of associations between Graves - Basedow disease and diabetes or other glycemic changes in an adults group. *European Scientific Journal*, 2014, vol.10, nr. 15, pag. 1 – 13, ISSN 1857 – 7881 (Print) e – ISSN 1857 – 7431 (BDI) [EBSCO, Index Copernicus]
8. **Gherbon A.** - Types of polyglandular autoimmune syndromes at adults patients with diabetes mellitus and thyroid diseases. *European Scientific Journal*, 2014, vol.10, nr. 18, pag. 83 – 95, ISSN 1857 – 7881 (Print) e – ISSN 1857 – 7431 (BDI) [EBSCO, Index Copernicus]
9. **Gherbon A.** - Epidemiological aspects of autoimmune chronic thyroiditis in a group of adults with thyroid diseases and diabetes mellitus and other changes in glycemic balance. *European Scientific Journal*, 2014, vol.10, nr. 21, pag. 48 – 59, ISSN 1857 – 7881 (Print) e – ISSN 1857 – 7431 (BDI) [EBSCO, Index Copernicus]
10. **Gherbon A.** - Epidemiological aspects of euthyroid diffuse goiter in a group of adults with thyroid diseases and diabetes mellitus and other changes in glycemic balance. *European Scientific Journal*, 2015, vol.11, nr. 3, pag. 28 – 39, ISSN 1857 – 7881 (Print) e – ISSN 1857 – 7431 (BDI) [EBSCO, Index Copernicus]
11. **Gherbon A.** – Actual problems of Romanian medical system – causes and possible solutions. *Euroasian Union of Scientists Journal*, 2016, vol. 3 (24), pag. 14 – 18, ISSN 2411 – 6467 (Print) e - ISSN 2413-9335 (BDI) [EBSCO, Index Copernicus]
12. **Gherbon A.** – Aspects of Humoral Immunity in a Group of Children With Type 1 Diabetes and Thyroid Disorders. *European Scientific Journal*, 2016, vol.12, nr. 36, pag. 18 – 31, ISSN 1857 – 7881 (Print) e – ISSN 1857 – 7431 (BDI) [EBSCO, Index Copernicus]
13. **Gherbon A**, Frandes M, Noveanu L, Nicula M, Dronca D, Ahmadi M, Ionita M, Timar R. - LC-MS/MS Method in Nicotine Metabolites Quantification. *Revista Chimie*, 2020, vol. 71, no 9, pag.277-284 , ISSN 2537-5733, ISSN-L 1582-9049 (BDI) [SCOPUS]
14. **Gherbon A**, Roman D, Timar R, Frandes M, & Nicula, M. (2021). Improvement Of Graves' Ophthalmopathy After Administration Of The Cyclooxygenase-2 Selective Inhibitor Celecoxib: A Case-Report. *European Scientific Journal*, ESJ, 17(3), 1. <https://doi.org/10.19044/esj.2021.v17n3p1>
15. **Gherbon A**, Timar R, Frandes M, Nicula M, Dronca D, Ahmadi M. - Prevalence Of Alcohol Consumption In First-Year Romanian Medical Students And Its Association With Cardiovascular Risk Factors. *European Scientific Journal* 17(21):337, 2021

#### Proceedings - first author

1. **Gherbon A.** – Prevalence of polyglandular autoimmune syndrome type III in a group of adults with thyroid disease and diabetes mellitus. 1st Annual Interdisciplinary Conference, AIIC 2013, 24 – 26 April, Azores, Portugal – Proceedings. *European Scientific Journal*, June 2013, Special edition, Edition No 3, pag. 575 – 581, ISSN 1857 – 7881 (Print) e – ISSN 1857 – 7431 (BDI) [EBSCO, Index Copernicus]
2. **Gherbon A.** - Drugs, driving and traffic safety in diabetes mellitus. 4<sup>th</sup> International Conference on Interdisciplinary Management of Diabetes Mellitus and its Complications. *Interdiab 2018*, March 2018, Bucharest, Romania, ASRMN - Interdiab 2018, vol. 4, martie 2018, ISBN 2393-3488
3. **Gherbon A.** – Therapeutic and diagnostic particularities of type 2 diabetes associated with Graves – Basedow Disease. 5<sup>th</sup> International Conference on Interdisciplinary Management of Diabetes Mellitus and its Complications. *Interdiab 2019*, March 2019, Bucharest, Romania, ASRMN - Interdiab 2019, vol.5, martie 2019, pag. 305-316, ISSN 2393-3488
4. **Gherbon A., Frandes M.**- Risk of Hypoglycaemia in Patients with Stage three of Chronic Kidney Disease and Type 2 Diabetes Mellitus Treated with Different Classes of Oral Antidiabetic Drugs. 6<sup>th</sup> International Conference on Interdisciplinary Management of Diabetes Mellitus and its Complications. *Interdiab 2020*, March 2020, Bucharest, Romania

#### Papers published in extenso indexed ISI - co-author

1. Noveanu L., Sturza A., Fira-Mladinescu O., Bojin F., Savoie G., **Gherbon A.**, Andor M., Mihalaş G. – Smoking involvement in reactivity of internal mammary artery vascular ring in subjects submitted to coronary artery bypass grafting. *Central european journal of occupational and environmental medicine*, 2009, vol. 15, nr. 4, pag. 371 – 376, Budapest, Hungary, ISSN 1219-1221 (indexată în British Library Direct), [OSHLINE]

#### Books / Monographs - first author

1. **Adriana Gherbon** – Aspecte epidemiologice și etiopatogenice ale patologiei tiroidiene asociate diabetului zaharat. Editura Eurobit, Timișoara, 2012, ISBN 978-973-620-895-9, 106 p. (COD CNCIS 187)

#### Books / Monographs - coauthor

1. Șușan L.M., **Gherbon A.L.** – Nutriția la vârsta a treia, Editura Art Press, 2008, ISBN 978-973-108-123-6 , 187 p. (COD CNCIS 154)

#### Student courses - co-author

1. Timar R., Vlad A., Munteanu M., Sima A., Albai A., Albai O., Diaconu D., **Gherbon A.**, Popescu S., Sorescu T., Avram V., Gaiță L. – Diabetul zaharat și bolile metabolice, Timișoara, 2018

### Practical works books - co-author

1. Noveanu L., **Gherbon A.**, Oancea C., Ordodi V. – Suport lucrări practice de fiziologie colegiu balneofiziokinetoterapie. Editura Mirton Timișoara 2006, ISBN (10) 973 – 661 – 947 – 8; (13) 978 – 973 – 661 – 947 - 2
2. Noveanu L., **Gherbon A.**, Goția L.S., Groza S. – Fiziologie clinică: aplicații practice. BalneoFizioKinetoTerapie și recuperare. Editura Mirton Timișoara 2011, ISBN 978 – 973 – 52 – 1095 – 3
3. Panaitescu C., Tatu C., Nistor D., Tănăsie G., Cotarcă M., Ciurariu E., Marusciac L., Groza S., Goergescu M., Cernescu L., Calma C., **Gherbon A.** - Fiziologie umană. Lucrări practice. Fiziologie generală, digestiv, sânge, renal, Editura Eurostampa, Timișoara, 2017, ISBN 978 - 606 - 32 - 0355-8, 256 p.
4. Panaitescu C., Nistor D., Tănăsie G., Tatu C., Marusciac L., Pleșca D., Goția L., **Gherbon A.**, Cernescu L., Groza S., Ciurariu E., Cotarcă M., Georgescu M., Tămaș P., Calma C., Crîșnic D., Harich O. - Fiziologie umană. Lucrări practice. Fiziologie cardiovascular, respirator, endocrin, sistem nervos, Editura Eurostampa, Timișoara, 2017, ISBN 978 - 606 – 32 – 0427 - 2, 375 p.

### Papers published in the country (extensive) - first author

1. **Gherbon A.**, Mărăzan M., Velea I., Zosin I. – Aspecte epidemiologice în diabetul zaharat asociat cu afecțiunile tiroidiene. Revista Română de Endocrinologie și Metabolism 2006; 5(4):17-33, ISSN 1582-8115 (**CNCSIS B cod 684**)
2. **Gherbon A.**, Velea I., Mărăzan M., Micle I. – Asocierea diabet zaharat tip 1 – boala autoimună tiroidiană – aspecte clinice, diagnostice și terapeutice. Revista Română de Endocrinologie și Metabolism 2006; 6(1):25-33, ISSN 1582-8115 (**CNCSIS B cod 684**)
3. **Gherbon A.**, Timar R., Zosin I. – Autoimmune endocrine associations in adult patients with affected glycemic metabolism and thyroid disorders. Fiziologia, 2010; vol. 20, nr. 2 (66), ISSN 1223 – 2076 (**BDI**) [**EBSCO, Index Copernicus**]
4. **Gherbon A.**, Timar R., Mărăzan M., Velea I., Zosin I. – Interrelation between diabetes mellitus-thyroid diseases. Fiziologia, 2010; vol. 20, nr. 4(68): 17 - 23, ISSN 1223 – 2076 (**BDI**) [**EBSCO, Index Copernicus**]
5. **Gherbon A.**, Noveanu L., Mihalaș G. – Review: Particularities of Association between Diabetes Mellitus and Thyroid Diseases. Fiziologia, 2011; vol. 21, nr. 2(70): 11 - 17, ISSN 1223 – 2076 (**BDI**) [**EBSCO, Index Copernicus**]
6. **Gherbon A.**, Noveanu L., Mihalaș G. – Particularities of Lipid Metabolism Disorders in Patients with Diabetes Mellitus and Thyroid Diseases. Fiziologia, 2011; vol. 21, nr. 2(70): 43 - 49, ISSN 1223 – 2076 (**BDI**) [**EBSCO, Index Copernicus**]
7. **Gherbon A.**, Noveanu L., Mihalaș G. – Prevalence of obesity in patients with various changes of glycemic balance and thyroid diseases. Fiziologia, 2011; vol. 21, nr. 4(72): 15 - 19, ISSN 1223 – 2076 (**BDI**) [**EBSCO, Index Copernicus**]
8. **Gherbon A.**, Noveanu L., Mihalaș G. – Therapeutic particularities in adult patients with thyroid disease and diabetes. Fiziologia, 2012; vol. 22, nr. 1(73): 13 - 19, ISSN 1223 – 2076 (**BDI**) [**EBSCO, Index Copernicus**]
9. **Gherbon A.**, Noveanu L., Mihalaș G. – Diagnostic aspects of thyroid disease in adult patients with type 1 diabetes. Fiziologia, 2012; vol. 22, nr. 2(74): 24 - 29, ISSN 1223 – 2076 (**BDI**) [**EBSCO, Index Copernicus**]
10. **Gherbon A.**, Noveanu L., Mihalaș G. - Diagnostic aspects of thyroid disease in adult patients with thyroid disease and type 2 diabetes. Fiziologia, 2012; vol. 22, nr. 3(75): 4 - 8, ISSN 1223 – 2076 (**BDI**) [**EBSCO, Index Copernicus**]
11. **Gherbon A.** – Prevalence of polyglandular autoimmune syndrome type II in a group of children with thyroid diseases and diabetes mellitus. Fiziologia, 2013; vol. 23, nr. 3(79): 21 - 25, ISSN 1223 – 2076 (**BDI**) [**EBSCO, Index Copernicus**]
12. **Gherbon A.** - Prevalence of polyglandular autoimmune syndrome type III in a group of children with thyroid diseases and diabetes mellitus. Fiziologia, 2014; vol. 24, nr. 1(81): 12 - 16, ISSN 1223 – 2076 (**BDI**) [**EBSCO, Index Copernicus**]

### Papers published in the country (extensive) - co-author

1. Noveanu L., Mihalaș G., Duda-Seiman D., **Gherbon A.**, Mancaș S. – The incidence of cardiovascular risk factors in apparently healthy young adults. CARDIORISK Study: background and design. Fiziologia- Physiology 2005; 15(2):7-12, ISSN 1223 – 2076 (**CNCSIS B cod 240**)
2. Noveanu L., **Gherbon A.**, Firă-Mladinescu O., Caraba A., Mihalaș G. - Factorii de risc cardiovascular dietoinfluențabili și funcția endotelială – Revista de Igienă și Sănătate Publică – Journal of Hygiene and Public Health, 2005; 54(3), ISSN 1221-2520 (**CNCSIS D cod 3**)
3. Noveanu L., Muntean C., **Gherbon A.**, Fira-Mladinescu C., Mihalaș G. – Studiul prevalenței și a caracteristicilor obiceiului de a fuma printre studenții la medicină. Revista de Igienă și Sănătate Publică - Journal of Hygiene and Public Health, 2005; 55(4), ISSN 1221-2520 (**CNCSIS D cod 3**)
4. Noveanu L., Fira – Mladinescu O, Savoiu G, **Gherbon A.**, Caraba A, Mihalaș G. Flow – mediated vasodilation – alternative method for preventing underestimation of cardiovascular risk in young asymptomatic subjects. Timisoara Medical Journal 2007; 57(suppl.3): 102 -104, ISSN 1583 – 5251 (**CNCSIS B cod 367**)
5. Noveanu L., Bojin F., Fira-Mladinescu O., **Gherbon A.**, Andor M., Mihalaș G. – Tendencies in smoking status and smoking habits among medical students during the first three years of medical studies. Fiziologia- Physiology 2009; 19(2):12-16, ISSN 1223 – 2076 (**BDI**) [**EBSCO, Index Copernicus**]

### Papers published abroad, volumes of abstracts - first author

1. **Gherbon A.**, Noveanu L., Mihalaș G. – Polyglandular autoimmune syndrome in adults with diabetes mellitus. 41th European Pancreatic Club (EPC) Meeting, July 1- 4, 2009, Szeged, Hungary, Pancreatology, pag. 533, ISSN 1424 – 3903 (**ISI – FI 2.504**)
2. **Gherbon A.**, Noveanu L., Mihalaș G. – Prevalence of metabolic syndrome and its identification criteria by sex at patients with diabetes mellitus type 1 and chronic autoimmune thyroiditis. 41th European Pancreatic Club (EPC) Meeting, July 1- 4, 2009, Szeged, Hungary, Pancreatology, pag. 533, ISSN 1424 – 3903 (**ISI – FI 2.504**)



3. **Gherbon A.**, Noveanu L., Mihalaş G. – Endothelial dysfunction in young people with metabolic syndrome. The 25<sup>th</sup> Symposium of the Federation of International Danube – Symposia on Diabetes Mellitus (FID) and the 5<sup>th</sup> Congress of the Central European Diabetes Association 2010. Diabetes, metabolism, and the Heart, nr. 2. sept. 2010, pag. 75 – 76
4. **Gherbon A.**, Noveanu L., Mihalaş G. – Prevalence of obesity and association with other cardiovascular risk factors in patients with type 2 diabetes mellitus and euthyroid diffuse goiter. The 25<sup>th</sup> Symposium of the Federation of International Danube – Symposia on Diabetes Mellitus (FID) and the 5<sup>th</sup> Congress of the Central European Diabetes Association 2010. Diabetes, metabolism, and the Heart, nr. 2. septembrie 2010, pag 83
5. **Gherbon A.**, Noveanu L., Mihalaş G. – Prevalence of chronic autoimmune thyroiditis in a group of adults with diabetes mellitus and other changes in glycemic balance. 44th European Pancreatic Club (EPC) Meeting, June 20- 23, 2012, Prague, Czech Republic, Pancreatology, pag. 37 (www. epc2012.com), Pancreatology, november 2012, vol. 12, nr. 6, pag. 515 – 516, ISSN 1424 – 3903 (**ISI – FI 2.713**)
6. **Gherbon A.**, Noveanu L., Mihalaş G. – Influence of antithyroid antibodies on glycemic balance in a lot of children with type 1 diabetes and autoimmune chronic thyroiditis. 44th European Pancreatic Club (EPC) Meeting, June 20- 23, 2012, Prague, Czech Republic, Pancreatology, pag. 37 (www. epc2012.com) Pancreatology, november 2012, vol. 12, nr. 6, pag. 515 – 516, ISSN 1424 – 3903 (**ISI – FI 2.713**)
7. **Gherbon A., Timar R.** - Secondary diabetes due to pancreatectomy. 50th European Pancreatic Club (EPC) Meeting, June 13 - 16, 2018, Berlin, Pancreatology, pag. 41 (www. epc2018.com), Pancreatology, June 2018, vol. 18, nr. 4, suppl., pag. S41, ISSN 1424 – 3903 (**ISI – FI 3.337**)
8. **Gherbon A., Timar R.** - Risk of acute pancreatitis after sitagliptin, a dipeptidyl peptidase - 4 inhibitors. 50th European Pancreatic Club (EPC) Meeting, June 13 - 16, 2018, Berlin, Pancreatology, pag. 41 (www. epc2018.com), Pancreatology, June 2018, vol. 18, nr. 4, suppl., pag. S41, ISSN 1424 – 3903 (**ISI – FI 3.337**)
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#### Grants:

- Membru al echipei de cercetare în cadrul proiectului VIASAN – EVALUAREA FACTORILOR DE RISC CARDIOVASCULAR LA TINERI. MODELE DE BUNE PRACTICI ÎN EDUCAȚIA PENTRU SĂNĂTATE – CARDIORISC, grant derulat în perioada 2004 – 2006, Director proiect: Prof. Dr. Georgeta Mihalaș, program național PNCDI-VIASAN, nr. contract 465/2004, valoarea totală pentru UMFT 45.800 RON, valoare totală proiect 50.000 RON.

#### Awards

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#### Scholarships

- participation in the 41st European Pancreatic Club (EPC) Meeting, July 1-4, 2009, Szeged, Hungary

**Member of the Editorial Board of the European Scientific Journal, ISSN 1857 - 7881 (Print) e - ISSN 1857 - 7431, BDI indexed journal [EBSCO, Copernicus Index]**

**Peer - reviewer for the European Scientific Journal, ISSN 1857 - 7881 (Print) e - ISSN 1857 - 7431, BDI indexed journal [EBSCO, Index Copernicus]**

#### Member of the following societies:

1. Romanian Society of Physiological Sciences
2. European Society of Physiological Sciences (FEPS)
3. International Society of Physiological Sciences (IUPS)
4. National Diabetes Society

#### Member of the competition committee:

- Membru comisie de concurs - Asistent universitar, UMF „V.Babeș” Timișoara, Disciplina de Fiziologie, sesiunea noiembrie 2015 – aprilie 2016
- Membru supleant comisie de concurs - Asistent universitar, UMF „V.Babeș” Timișoara, Disciplina de Fiziologie, sesiunea aprilie – iulie 2015
- Membru supleant comisie de concurs - Asistent universitar, UMF „V.Babeș” Timișoara, Disciplina de Fiziologie, sesiunea noiembrie 2016 – martie 2017
- Membru supleant comisie de concurs - Asistent universitar, UMF „V.Babeș” Timișoara, Disciplina de Fiziopatologie, sesiunea noiembrie 2016 – martie 2017
- Secretar comisie disertație – Nutriție și dietetică – iulie 2019
- Membru comisie admitere Nutriție și dietetică – 2020
- Membru comisie admitere masterat Nutriție și dietetică – 2020

#### Undergraduate work conducted:

1. Stănescu Elena – Olimpia – Evaluarea obiceiurilor alimentare ale pacienților vârstnici, 2018
2. Soreanu Marina – Stilul de viață la pacienți obezi cu diabet zaharat tip 2 tratați cu antidiabetice orale, 2018
3. Lalo Sonia Marina – Stilul de viață al copilului și adolescentului cu diabet zaharat tip 1, 2018
4. Cugerian – Rațiu Adrian – Ștefan – Alimentația vegetariană la sportivi, 2018
5. Sanda Ana-Maria- Alimentația în timpul sarcinii, 2019
6. Martinescu Andreea - Prevalența și efectele consumului produselor de fast – food la populația adultă, 2019
7. Toplician Laura Maria - Impactul alimentației asupra patologiei oncologice, 2019
8. Linte Ioan Adrian - Corelația dintre obezitatea postmenopauză și comportamentul alimentar, 2019
9. Drăguț Adela-Alexandra - Managementul diabetului zaharat tip 2 la persoane vârstnice, 2020
10. Băciu Miruna-Petruța - Tulburările Echilibrului Glicemic Asociate Tiroiditei Cronice Autoimune, 2020
11. Bîgiu Oana-Cristiana - Complicațiile microangiopatice la pacienții vârstnici cu diabet zaharat tip 2, 2020

12. Thanomsab Warangkana - Factori de risc cardiovascular la pacienții vârstnici cu diabet zaharat tip 2, 2020
13. Bercea Maria Valentina - Complicațiile macroangiopate la pacienții vârstnici cu diabet zaharat tip 2, 2020
14. Bobic Alexandra-Lavinia - Complicațiile cronice degenerative ale diabetului zaharat tip 2 la persoanele vârstnice, 2021
15. Alexa Anca-Valentina - Obezitatea la persoanele vârstnice cu diabet zaharat tip 2, 2021
16. Cugerian-Rațiu Alexandra-Monica - Implicațiile pandemiei cu C.O.V.I.D 19 în controlul glicemic la pacienții cu diabet zaharat tip 1, 2021
17. Vlăceanu Mădălina - Sindromul metabolic la pacienții vârstnici cu diabet zaharat tip 2, 2021
18. Blidari Roxana-Andiana - Importanța suportului nutrițional al pacientului oncologic, 2021
19. Guță Larisa Mirela - Hipoglicemiile la persoanele vârstnice cu diabet zaharat tip 2, 2021