



Personal Information	
<i>First names / Surname</i>	ANA-MARIA PAH
<i>Date of birth</i>	11.05.1982
<i>Sex</i>	Feminin
<i>Nationality</i>	Romanian
<i>Adress</i>	Str. Gheorghe Titeica , Nr.4, Timisoara, Romania
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<i>Fax</i>	-
<i>E-mail</i>	ana11p@yahoo.com
Work experience	
<i>Occupation and position held</i>	<ul style="list-style-type: none"> • Assistant Professor “Victor Babeş” University of Medicine and Pharmacy Timisoara from 18.09.2018, Department of Cardiology • Cardiologist and Internal medicine specialist
<i>Main activities and responsibilities</i>	<ul style="list-style-type: none"> • Internships with students • Medical activity in the Cardiovascular Rehabilitation Clinic of the Institute of Cardiovascular Diseases of Timisoara and Municipal Clinical Emergency Hospital of Timisoara • Medical activity - general ultrasonography; diagnosis and treatment of internal diseases SC. PROPHYLAXIS. SRL • Medical activity - cardiac ultrasound; diagnosis and treatment of cardiovascular diseases
Education and training	
<i>1. Qualificatin awarded</i>	Doctor-medic
<i>Education or training organisation’s name</i>	“Victor Babeş” University of Medicine and Pharmacy Timisoara, Romania, Faculty of General Medicine
<i>2. Qualificatin awarded</i>	Doctor of Medicine, Summa cum laude, Diploma serias J no. 0039596, The Ministry of National Education ORDER 6245/21.12.2020

3. <i>Qualificatin awarded</i>	Cardiology specialist the Minister of Health ORDER 1863 / 03.11.2020, diploma series S1, no. 044161
4. <i>Qualificatin awarded</i>	Specialist in Internal Medicine the Minister of Health ORDER 31127 / 03.01.2017, diploma series S1, no 031808
5 <i>Qualificatin awarded</i>	The Psycho-Pedagogical Training Study Programme, (module I) and (module II)
<i>Education or training organisation's name</i>	The West University of Timisoara, The Department of Teacher Training
<i>Period</i>	2004-2006
6. <i>Qualificatin awarded</i>	" Master's degree "Romanian culture in a universal context"
<i>Education or training organisation's name</i>	University of Oradea - Faculty of Philology
<i>Period</i>	2000-2004
7. <i>Qualificatin awarded</i>	Degree in Theology Philology
<i>Education or training organisation's name</i>	Orthodox Theology - Romanian language and literature University of Oradea - Faculty of Orthodox Theology

Personal skills

Mother tongue	Romanian								
Other language(s)									
Autoevaluation	UNDERSTANDING				SPEAKING				WRITING
	Listening		Reading		Spoken interaction		Spoken production		
	<i>European level (*)</i>								
	English	B2	B2	B2	B2	B2	C2		
French	A1	A1	A1	A1	A1	C1			

(*) Common European Framework of Reference for Languages

Professional experience

<i>Organization</i>	<i>Function</i>	<i>Main activities</i>	<i>Location</i>	<i>Period: from - to</i>
"Victor Babeş" University of Medicine and Pharmacy	University assistant	Student courses, Research	Timisoara, Romania	2018-present
Institute of Cardiovascular Diseases	Resident cardiology	Medical activity	Timisoara, Romania	2017-2020
Municipal Clinical Emergency Hospital	Resident internal medicine	Medical activity	Timisoara, Romania	2011-2016
SC. PROPHYLAXIS. SRL	Cardiologist	Medical activity - cardiac ultrasound; diagnosis and treatment of cardiovascular diseases	Timisoara, Romania	2020- present
SC. PROPHYLAXIS. SRL	Internal medicine specialist	Medical activity - general ultrasonography; diagnosis and treatment	Timișoara, Romania	2017- present

	of internal diseases
Memberships	Romanian College of Physicians Romanian Society of Cardiology Romanian Association of Phytotherapists
Publications	19 Scientific papers ,

Timișoara, 20.03.2022

Assistant professor,
Dr. PAH ANA-MARIA



PUBLICATIONS

1. **Pah, A.M.**; Buleu, N.F.; Tudor, A.; Christodorescu, R.; Velimirovici, D.; Iurciuc, S.; Rada, M.; Stoichescu-Hogea, G.; Badalica-Petrescu, M.; Georgescu, D.; Nutiu, D.; Iurciuc, M.; Dragan, S. *Evaluation of Psychological Stress Parameters in Coronary Patients by Three Different Questionnaires as Pre-Requisite for Comprehensive Rehabilitation. Brain Sci.* **2020**, *10*, 316 ISI Factor = 2.786 <https://www.mdpi.com/2076-3425/10/5/316/htm>
2. Chongde Sun, Chao Zhao, Esra Capanoglu Guven, Paolo Paoli, Jesus Simal-Gandara, Kunka Mohanram Ramkumar, Shengpeng Wang, Florina Buleu, **Ana Pah**, Vladiana Turi, Georgiana Damian, Simona Dragan, Merve Tomas, Washim Khan, Mingfu Wang, Dominique Delmas, Maria Puy Portillo, Parsa Dar, Lei Chen, Jianbo Xiao, *Dietary polyphenols as antidiabetic agents: Advances and opportunities. Food Frontiers.* 2020; 1: 18– 44.
3. Chita, D.S.; Tudor, A.; Christodorescu, R.; Buleu, F.N.; Sosdean, R.; Deme, S.M.; Mercea, S.; Pop Moldovan, **A.**; **Pah**, A.M.; Docu Axelerad, A.; Docu Axelerad, D.; Dragan, S.R. *MTHFR Gene Polymorphisms Prevalence and Cardiovascular Risk Factors Involved in Cardioembolic Stroke Type and Severity. Brain Sci.* **2020**, *10*, 476. ISI Factor=3,332 <https://www.mdpi.com/2076-3425/10/8/476#cite>
4. Rada, Maria, Berceanu-Vaduva, Delia, Velimirovici Milan, Dragan Simona, Berceanu-Vaduva Bianca, Berceanu-Vaduva Marcel, Radulescu Matilda, Tudoran Cristina, **Pah Ana**, Velimirovici Dana. (2020). *Research on the Effect of Aortic Valve Replacement with Mechanical Prosthesis on the Evolution of Ventricular Hypertrophy in Patients with Degenerative Aortic Stenosis. Materiale Plastice.* 57. 209-217. 10.37358/MP.20.1.5329. ISI Factor =1. 517, <https://revmaterialeplastice.ro/pdf/24%20RADA%20M..%201%2020.pdf>
5. **Ana-Maria Pah**, Petru Bucuras, Florina Buleu, Anca Tudor, Stela Iurciuc, Dana Velimirovici, Caius Glad Streian, Marius Badalica-Petrescu, Ruxandra Christodorescu, Simona Dragan, *The Importance of DS-14 and HADS Questionnaires in Quantifying Psychological Stress in Type 2 Diabetes Mellitus "Medicina(Kaunas)* 2019, Volume 55, Issue 9,569. ISI Factor =1.467. <https://pubmed.ncbi.nlm.nih.gov/31491990/>
6. Buleu, F. N.; Luca, C. T.; Tudor, A.; Badalica-Petrescu, M.; Caraba, **A.**; **Pah**, A.; Georgescu, D.; Christodorescu, R.; Dragan, S., *Correlations between Vascular Stiffness Indicators, OPG, and 25-OH Vitamin D3 Status in Heart Failure Patients. Medicina (Kaunas, Lithuania)* 2019, 55 (6). ISI Factor =1.467 <https://www.mdpi.com/1010-660X/55/6/309>
7. Florina Maria Andrica, Oana Albai, Delia Berceanu Văduva, Roxana Popescu, Dragoș Nica, Petru Bucuraș, **Ana Maria Pah**, Simona Drăgan, *Evaluation of Hypoglycemic Effect of Spirulina in Alloxan Induced Diabetic Mice*, Rev. Chim.(Bucharest), 67, No 5, 2016, p.984-986. FI: 0.956 <https://revistadechimie.ro/pdf/ANDRICA%20F%20M%20S%2016.pdf>

8. Florina Buleu, **Ana Pah***, Stela Iurciuc, Mircea Iurciuc, Anca Tudor, Marius Badalica-Petrescu, Ruxandra Christodorescu, Georgiana Damian, Simona Dragan, *Vitamin D deficiency, anxiety and depression correlated with quality of life in patients with chronic heart failure.* *Romanian Journal of Cardiology* 2019, Vol. 29, No. 1, 2019, 6. CNCSIS B+ https://www.romanianjournalcardiology.ro/wp-content/uploads/2019/04/RRC_art-7.pdf
9. Dana Simona Chita, **Ana Maria Pah**, Nicoleta Florina Buleu, Simona Ruxanda Dragan *Thrombophilia and cardioembolic stroke in a young patient. A case report* *Ref: Ro J Med Pract.* 2020;XV(2). [DOI: 10.37897/RJMP.2020.2.20](https://doi.org/10.37897/RJMP.2020.2.20) B+, <https://rjmp.com.ro/>

Published conference papers and proceedings

- 1) **Ana- Maria Pah**, F. Ardelean, F. Buleu, M. Badalica, C. Onita, O. Jupaneant, Simona Drăgan, *Evaluation of dietary supplements containing resveratrol in patients with metabolic syndrome*, **3rd International Symposium on Phytochemicals in Medicine and Food** , August 25-30 2018, Kunming, China.
- 2) S.Dragan, F. Ardelean, F. Buleu, **A. Pah**, F.Cobzariu, *Evaluation of antioxidant activity and of the content in resveratrol and flavonoids in dietary supplements on the Romanian market*, **3rd International Symposium on Phytochemicals in Medicine and Food** , August 25-30 2018, Kunming, China.
- 3) F. Ardelean, **A. Pah**, F. Buleu, M. Badalica, S. Drăgan, *Potential therapeutic use of the intensive Polygonum cuspidatum*, **3rd International Symposium on Phytochemicals in Medicine and Food**, August 25-30 2018, Kunming, China.
- 4) **A. Pah**, F. Buleu, S.Iurciuc, Gheorghe-Stoichescu Hogeaa,M. Badalica-Petrescu, V. Turi, R. Christodorescu, S. Drăgan, *Anxiety and Depression in Patients with Heart Failure*, National Congress of Cardiology, Sinaia, 19-22 september 2018
- 5) F. Buleu,L. Pascalau, M. Bădălica Petrescu **A. Pah** ,G.Stoichescu-Hogeaa ,E.Sirbu, A.Caraba,S. Drăgan, *Vitamin D deficiency a risk factor for severity of coronary artery disease*, National Congress of Cardiology, Sinaia, 19-22 september 2018.
- 6) V. Turi , M. Valcovici, S.Iurciuc, F. Buleu, **A.Pah**, L. Pascalau, G.Stoichescu-Hogeaa, S. Drăgan, *Correlation between development of LV aneurysm and cardiovascular risk factors in acute anterior myocardial infarction*, National Congress of Cardiology, Sinaia, 19-22 september 2018.
- 7) G.Stoichescu-Hogeaa , **A. Pah**, F. Buleu, M. Bădălica Petrescu, A. Ember, M. Valcovici, M.Iurciuc, S. Drăgan, *Comparative importance of target organ damage for risk stratification in hypertension*, National Congress of Cardiology, Sinaia, 19-22 september 2018.
- 8) Simona Drăgan, M. Bădălica- Petrescu, G. Hogeaa-Stoichescu, P.Bucuraș, V. Turi, F.Buleu, **A-M Pah**, *Predictors of progression of coronary heart disease in the clinical setting: life is not mathematics*, Curr Res Cardiol vol3 No3 Autumn 2016 p.92-93
- 9) G.Stoichescu-Hogeaa , P. Bucuraș, M. Valcovici, **A. Pah**,V. Turi, F. Buleu, M. Bădălica Petrescu,S. Drăgan, *Corelation of mental distress scores with other cardiovascular risk factors in patient with type 2 diabetes mellitus*, National Congress of Cardiology, Sinaia, 21-24 september 2016
- 10) V. Turi , R. Christodorescu, **A. Pah**, E. Ștefan, F. Buleu, M. Bădălica Petrescu, G.Stoichescu-Hogeaa, S. Drăgan, *Individualized treatment plan using stress cuantification for patients with coronary heart*, National Congress of Cardiology, Sinaia, 21-24 september