



Dr. Paramjit S. Tappia, PhD
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Dr. Paramjit S. Tappia has over 30 years of research experience, with particular interest on nutrition, biomarkers and subcellular and molecular mechanisms of human disease. Dr. Tappia received his B.Sc. (Honors) in Pharmacology from the University of Sunderland, U.K. in 1985 and Ph.D. in Biochemistry from the University of Wolverhampton, U.K. in 1992. He received postdoctoral training in the Institute of Human Nutrition, University of Southampton, U.K. from 1992-1995. In 1996, he joined the Institute of Cardiovascular Sciences, St. Boniface Hospital Albrechtsen Research Centre, Winnipeg, Canada as a Research Associate. He is currently Principal Investigator and Clinical Scientist in the Asper Clinical Research Institute, St. Boniface Hospital. As a clinical trialist, Dr. Tappia has conducted several trials in the area of diabetes, heart failure, gut health and cancer diagnostics. Over the years, his research has been supported by several different funding organizations including CIHR, Heart and Stroke Foundation, Dairy Farmers of Canada, Research Manitoba, industry as well as by the NRC. To date, he has published 128 full-length peer-review papers, with H-index of 36, and 37 book chapters in the field of cardiovascular sciences and nutrition. He has co-edited 7 books and serves on the Editorial Boards for 3 international journals. Dr. Tappia also serves as Editor-in-Chief of CV Network, which is the official news bulletin of the International Academy of cardiovascular Sciences; a global organization for the promotion of prevention of cardiovascular disease. Dr. Tappia received an Excellence in Teaching Award from Manitoba Association of Home Economists in 2003 and the University Teaching Services Award for Significant Contribution to Excellence in Teaching in 2007. He has successfully trained a number of undergraduate and graduate students, technicians and post-doctoral fellows; some of whom are in academia and industry.