



## Lazăr Sandra-Monica

**Work** : Gheorghe Dima Street, nr 5, 300254, Timișoara, Romania

**Email**: [sandra.lazar@umft.ro](mailto:sandra.lazar@umft.ro)

**Nationality**: Romanian

### EDUCATION AND TRAINING

[ 01/10/2021 – Current ]

#### PhD Student

**"Victor Babes" University of Medicine and Pharmacy**

**City**: Timisoara

**Country**: Romania

[ 08/2015 – 08/2021 ]

#### Medical Doctor

**"Victor Babes" University of Medicine and Pharmacy** [www.umft.ro](http://www.umft.ro)

**Address**: 2 Eftimie Murgu, 300041 , Timisoara, Romania

[ 2012 – 2014 ]

#### E.C.D.L Core Certified

### WORK EXPERIENCE

[ 01/10/2023 – Current ]

#### Associated Assistant Professor

**"Victor Babes" University of Medicine and Pharmacy**

**Address**: 2 Eftimie Murgu 300041, Timisoara, Romania

[ 2017 – Current ]

#### Assistant Editor

**Romanian Journal of Diabetes Nutrition and Metabolic Diseases**

**Country**: Romania

[ 31/12/2021 – Current ]

#### Resident Doctor

**Emergency Clinical Municipal Hospital, Timisoara**

**City**: Timisoara

**Country**: Romania

### VOLUNTEERING

[ 2015 – 2021 ]

**Volunteering In The Academic Development Activity (VADA)** "Victor Babes"

University of Medicine and Pharmacy

Department of Biostatistics and Medical Informatics

[ 2015 – 2021 ]

**Member in the European Medical Student Association (EMSA)**

### LANGUAGE SKILLS

**Mother tongue(s)**: Romanian

**Other language(s):**

**English**

**LISTENING B2 READING B2 WRITING B2**

**SPOKEN PRODUCTION B2 SPOKEN INTERACTION B2**

**German**

**LISTENING A2 READING A2 WRITING A2**

**SPOKEN PRODUCTION A1 SPOKEN INTERACTION A1**

*Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user*

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## **DIGITAL SKILLS**

Microsoft Office (Word, Excel, PowerPoint, Access) | EPI Info | Analyze Data Using SPSS | Content Creator | Zoom | Google suite (Gmail, Google Drive, Google Slide, Google Docs, Google Sheets, Google Forms, Google)

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## **DRIVING LICENCE**

**Cars: B**

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## **ORGANISATIONAL SKILLS**

**Member in the organizing team for HEART (Healthcare, Education and Research Talks) conferences (2018, 2019)**

**Contributor for the XVII National Congress held by the Romanian Society of Orthopaedics and Traumatology (18-21 oct 2017)**

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## **CONFERENCES AND SEMINARS**

### **Scientific Poster Presentations**

- *Association between diabetic neuropathy and depression: findings of a cross-sectional study.* The 42<sup>nd</sup> National Congress of the Romanian Society of Diabetes Nutrition and Metabolic Diseases (2016)
- *The relation between the coping mechanism and diabetes-related self care activities: findings of a cross-sectional study.* The 43<sup>rd</sup> National Congress of the Romanian Society of Diabetes Nutrition and Metabolic Diseases (2017)
- *Diagnosis and evaluation of patients with aggressive non-hodgkin's lymphoma diagnosed in the last 3 years.* The 29<sup>th</sup> National Congress of the Romanian Society of Hematology (2023)

### **Scientific Oral Presentations**

- *The risk of falls and balance impairment associated with diabetic neuropathy.* The XXII<sup>nd</sup> International Congress for Medical Students – MEDIS (2019)
- *Anxiety, Social Phobia and Their Influence on Diabetes Self-management.* The 46<sup>th</sup> National Congress of the Romanian Society of Diabetes Nutrition and Metabolic Diseases (2020)

### **Attendances**

- HEART - Healthcare education and research Talks Conference (2016, 2017, 2018, 2019)
- Transplant Conference held by EMSA Timisoara (2017)
- The XXI<sup>st</sup> International Congress for Medical Students – MEDIS. (2018)