



Narcisa-Costela Jianu

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Date of birth: 10/01/1998 **Nationality:** Romanian

WORK EXPERIENCE

[02/10/2023 – Current]

Assistant Professor

Faculty of Pharmacy, "Victor Babeş" University of Medicine and Pharmacy

City: Timisoara | **Country:** Romania

- didactic activity: support and coordination of Clinical Pharmacy laboratories (5th year of study) and Online Pharmacy laboratories (1st year of study)
- research activity

[01/01/2022 – Current]

Clinical Pharmacist Resident

Emergency County Hospital "Pius Brinzeu" Timisoara

City: Timisoara | **Country:** Romania

- pharmacotherapy monitoring
- avoidance of potentially dangerous interactions
- adjusting doses according to the clinical and paraclinical parameters of the patient

[01/10/2022 – 01/02/2023]

Assistant Professor

Faculty of Pharmacy, "Victor Babeş" University of Medicine and Pharmacy

City: Timisoara | **Country:** Romania

- didactic activity : Clinical Pharmacy laboratories (5th year of study)

[01/10/2021 – 18/09/2023]

Pharmacist

SC CATENA HYGEIA SRL

City: Timisoara | **Country:** Romania

- issuance of Rx, OTC drugs and other health products
- patient counseling
- reception, handling and storage of pharmaceutical products
- carrying out procedures for pharmaceutical returns and withdrawals
- guiding students practical internships

[01/02/2021 – 01/10/2021]

Pharmacological reviewer

SC CATENA HYGEIA SRL

City: Timisoara | **Country:** Romania

- ensuring the quantitative and qualitative reception of pharmaceutical and parapharmaceutical products
- arrangement by the FEFO method of pharmaceutical and parapharmaceutical products

- keeps track of the validity periods and stocks of the products under management
- participation in the inventory

EDUCATION AND TRAINING

- [25/09/2023 – Current] **Master Programme - Statistical Methods and Techniques in Health and Clinical Research**
Politehnica University Timisoara - Department of Mathematics
City: Timisoara | Country: Romania |
- [01/10/2022 – Current] **PhD student**
Faculty of Medicine, "Victor Babeş" University of Medicine and Pharmacy, Timisoara, Romania
City: Timisoara | Country: Romania |
- [01/01/2022 – Current] **Clinical Pharmacy residency programme**
Faculty of Pharmacy, "Victor Babeş" University of Medicine and Pharmacy
City: Timisoara | Country: Romania |
- [09/2016 – 09/2021] **Pharmacist**
Faculty of Pharmacy, "Victor Babeş" University of Medicine and Pharmacy
City: Timisoara | Country: Romania |
- [2012 – 2016] **High school graduate**
"Mihai Viteazul" Theoretical High School, Natural Sciences profile
City: Caracal | Country: Romania |

LANGUAGE SKILLS

Mother tongue(s): Romanian

Other language(s):

English

LISTENING B1 READING B1 WRITING B1

SPOKEN PRODUCTION B1 SPOKEN INTERACTION B1

French

LISTENING A2 READING A2 WRITING A2

SPOKEN PRODUCTION A2 SPOKEN INTERACTION A2

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

DIGITAL SKILLS

My Digital Skills

Microsoft Office | Zoom | Social Media | R Studio/ R | Mendeley; literature and citation management | Use of communication programs (Mail, Google Meet, Zoom, Skype) Use of Email (Yahoo Mail, Gmail)

PUBLICATIONS

[Prevalence and Determinants of Self-Medication Practices among Cardiovascular Patients from Béja, North West Tunisia: A Community-Pharmacy-Based Survey](#)

[2024]

Suciu, M.; Vlaia, L.; Boujne, E.; Suciu, L.; Buda, V.O.; **Jianu, N.**; Vlaia, V.; Cristescu, C. Prevalence and Determinants of Self-Medication Practices among Cardiovascular Patients from Béja, North West Tunisia: A Community-Pharmacy-Based Survey. *Pharmacy* **2024**, *12*, 68. <https://doi.org/10.3390/pharmacy12020068>

[Sex-Related Differences in the Pharmacological Response in SARS-CoV-2 Infection, Dyslipidemia, and Diabetes Mellitus: A Narrative Review](#)

[2023]

Lombrea, A., Romanescu, M., **Jianu, N.**, Andor, M., Suciu, M., Man, D. E., Danciu, C., Dehelean, C. A., & Buda, V. (2023). *Sex-Related Differences in the Pharmacological Response in SARS-CoV-2 Infection, Dyslipidemia, and Diabetes Mellitus: A Narrative Review*. In *Pharmaceuticals* (Vol. 16, Issue 6). Multidisciplinary Digital Publishing Institute (MDPI). <https://doi.org/10.3390/ph16060853>

CONFERENCES AND SEMINARS

Osteoporosis in Romania: a problem that continues to be faulty addressed in the primary care setting

[27/09/2023 – 29/09/2023]

Cluj-Napoca, Romania

Jianu, N., Căpățână, D., Oprean C., Tot, B., Romanescu, M., Danciu, C., Andor, M., Buda, S., Heghes, A., Buda, V. *Osteoporosis in Romania: a problem that continues to be faulty addressed in the primary care setting*. National Pharmacy Congress 2023 - 19th Edition, Cluj-Napoca, 27-29.09.2023.

HONOURS AND AWARDS

[04/03/2020]

First prize in the competition "Communication with the patient" Awarding

institution: Faculty of Pharmacy, "Victor Babeș" University of Medicine and Pharmacy, Timisoara, Romania

MANAGEMENT AND LEADERSHIP SKILLS

Good management and tutoring skills

-mentor in the training of new employees of SC Catena Hygeia SRL
-good organizational skills acquired during studies as a teamleader in various projects

COMMUNICATION AND INTERPERSONAL SKILLS

Empathy, active listening, good communication skills

VOLUNTEERING

Health campaigns carried out in the community pharmacy Timisoara

DRIVING LICENCE

Cars: B