

## Curriculum vitae Europass



### Informații personale

**BORA LARISA**

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### Experiența profesională

30 septembrie 2024 – prezent

**Asistent universitar**

Universitatea de Medicină și Farmacie „Victor Babeș” din Timișoara  
Facultate de Farmacie  
Catedra universitară Farmacognozie-Fitoterapie

Activitate de predare: Lucrări practice în cadrul programului „Farmacie”, „Cosmetică Medicală și Tehnologia Produsului Cosmetic”, „Asistență de Farmacie”

Activitate de cercetare: în cadrul Centrului de cercetare și prelucrare pentru plante medicinale și aromatice/acronim Plant-Med

Ianuarie 2024 – prezent

**Farmacist rezident, specialitatea Farmacie generală**

Spitalul Clinic Județean de Urgență „Pius Brînzeu” Timișoara

Octombrie 2023 – Iunie 2024

**Cadru didactic extern**

Universitatea de Medicină și Farmacie „Victor Babeș” din Timișoara

Activitate de predare: Lucrări practice în cadrul programului „Farmacie”, „Cosmetică Medicală și Tehnologia Produsului Cosmetic”, „Asistență de Farmacie”

Ianuarie 2021 – Decembrie 2023

**Farmacist specialist, specialitatea Farmacie clinică**

Spitalul Clinic Județean de Urgență „Pius Brînzeu” Timișoara

### Educație și formare

Ianuarie 2024 – prezent

**Farmacist rezident, specialitatea Farmacie generală**

Spitalul Clinic Județean de Urgență „Pius Brînzeu” Timișoara

Octombrie 2021 – prezent

**Student doctorand**

Domeniul Farmacie, Catedra universitară Farmacognozie-Fitoterapie, Coord. Prof.univ.dr. Danciu Corina

## Aptitudini și competențe personale

Limba maternă Română

Alte limbi străine cunoscute

Engleză

Germană

Înțelegere				Vorbire				Scriere	
Ascultare		Citire		Participare la conversație		Discurs oral		Exprimare scrisă	
	B2		B2		B2		B2		B2
	B2		B2		B1		B1		B2

Competențe și aptitudini de utilizare a calculatorului

Microsoft Office (Word, Excel, Power Point), Suita Google, GraphPad, Mendeley

Competențe profesionale

Cultivare linii celulare in vitro  
Testarea fitocompușilor pe linii celulare in vitro

Apartenență la organizații profesionale

Colegiul Farmaciștilor din România

Informații suplimentare

### Stagii externe

Internship realizat prin programul Erasmus+ la University of Calabria, Department of Pharmacy, Health and Nutritional Sciences, în perioada 03.06.2024 – 14.06.2024, Project No.: 2022-1-RO01-KA220-HED-000088958

Internship realizat prin programul Erasmus+ la Universitatea de Medicină și Farmacie din Szeged, Facultatea de Farmacie, în perioada 17.01.2023 – 27.01.2023.

### Participare workshopuri, conferințe și congrese

- Young People and Multidisciplinary Research in Applied Life Sciences, Section: Food Chemistry Engineering & Technology. University of Life Sciences „King Mihai” from Timisoara. 21-22 Noiembrie 2024, Timisoara, Romania
- New Trends in Preclinical Research, „Victor Babeș” University of Medicine and Pharmacy, 13-15 December 2023, Timișoara, Romania

Publicații	<ul style="list-style-type: none"> <li>▪ 3rd Bioactive Natural Products Research Meeting (Bio.Natural-2023), 13 – 14 July 2023, Lisbon, Portugal and Online</li> <li>▪ New Trends in Pharmaceutical Research, Faculty of Pharmacy, „Victor Babeș” University of Medicine and Pharmacy, 31 March 2023, Timișoara, Romania</li> <li>▪ V. Symposium of Young Researchers on Pharmaceutical Technology, Biotechnology and Regulatory Science, 18 – 20 January 2023, Szeged, Hungary</li> </ul>
Prestigiu profesional	<p><b>10 articole științifice publicate in extenso</b>, indexate ISI Web of Science, dintre care <b>4 articole – autor principal</b></p> <p>2 rezumate publicate la conferințe internaționale</p> <p>12 rezumate publicate la manifestări științifice naționale</p> <p>Citări: 32 – ISI Web of Science</p> <p>h-index: 3 – ISI Web of Science; 4 – Google Scholar</p> <p><b>3 lucrări premiate</b> UEFISCDI până în 2023</p>

CV updatat în aprilie 2025  
Asist. univ. drd. farm. Bora Larisa



## LISTA COMPLETĂ DE PUBLICAȚII

### I. Articole publicate IN EXTENSO în reviste cotate ISI cu factor de impact

1. Ramona Fecker, Ștefana Avram, Ileana Cocan, Ersilia Alexa, **Larisa Bora**, Daliana Minda, Ioana Zinuca Magyari-Pavel, Cristina Adriana Dehelean, Corina Danciu. In Vitro and In Ovo Evaluation of *Oenothera biennis* L. Oil as an Alternative Preservative for Oil-Based Products. *Foods* **2025**, 14,2. <https://doi.org/10.3390/foods14020332>; FI = 4.7
2. Diana Similie, Daliana Minda, **Larisa Bora**, Vladislavs Kroskins, Jevgenija Luginina, Maris Turks, Cristina Adriana Dehelean, Corina Danciu. An Update on Pentacyclic Triterpenoids Ursolic and Oleanolic Acids and Related Derivatives as Anticancer Candidates. *Antioxidants* **2024**, 13, 8. <https://doi.org/10.3390/antiox13080952>; FI = 6
3. Ioana Zinuca Magyari-Pavel, Elena-Alina Moacă, Ștefana Avram, Zorița Diaconeasa, Daniela Haidu, Mariana Nela Ștefănuț, Arpad Mihai Rostas, Delia Muntean, **Larisa Bora**, Bianca Badescu, Cristian Iuhăș, Cristina Adriana Dehelean, Corina Danciu. Antioxidant Extracts from Greek and Spanish Olive Leaves: Antimicrobial, Anticancer and Antiangiogenic Effects. *Antioxidants* **2024**, 13, 7. <https://doi.org/10.3390/antiox13070774>; FI = 6
4. **Larisa Bora**, Adelina Lombrea, Ștefan Laurentiu Batrina, Valentina Oana Buda, Oana-Maria Esanu, Oana Pasca, Cristina Adriana Dehelean, Ștefania Dinu, Zorița Diaconeasa, Corina Danciu. A Systematic Review of Cardio-Metabolic Properties of *Lonicera caerulea* L. *Antioxidants* **2024**, 13, 6. <https://doi.org/10.3390/antiox13060694>; FI = 6
5. Adelina Lombrea, Claudia Geanina Watz, **Larisa Bora**, Cristina Adriana Dehelean, Zorița Diaconeasa, Ștefania Dinu, Maris Turks, Jevgenija Luginina, Uldis Peipins, Corina Danciu. Enhanced Cytotoxicity and Antimelanoma Activity of Novel Semisynthetic Derivatives of Betulinic Acid with Indole Conjugation. *Plants* **2024**, 13, 1. <https://doi.org/10.3390/plants13010036>; FI = 4.5
6. **Larisa Bora**, Andrada Iftode, Ana Maria Muț, Lavinia Lia Vlaia, Gheorghe-Emilian Olteanu, Delia Muntean, Cristina Adriana Dehelean, Valentina Buda, Georgeta Hermina Coneac, Corina Danciu. Stability Profile and Clinical Evaluation of an Innovative Hydrogel Containing Polymeric Micelles as Drug Delivery Systems with Oregano Essential Oil against Fibroepithelial Polyps. *Pharmaceuticals* **2023**, 16, 7. <https://doi.org/10.3390/ph16070980>; FI = 4.6
7. Ștefana Avram, **Larisa Bora**, Lavinia Lia Vlaia, Ana Maria Muț, Gheorghe-Emilian Olteanu, Ioana Olariu, Ioana Zinuca Magyari-Pavel, Daliana Minda, Zorița Diaconeasa, Paula Sfirloaga, Mohd Adnan, Cristina Adriana Dehelean, Corina Danciu. Cutaneous Polymeric-Micelles-Based Hydrogel Containing *Origanum vulgare* L. Essential Oil: In Vitro Release and Permeation, Angiogenesis, and Safety Profile In Ovo. *Pharmaceuticals* **2023**, 16, 7. <https://doi.org/10.3390/ph16070940>; FI = 4.6
8. **Larisa Bora**, Tobias Burkard, Martina Herrero San Juan, Heinfried H. Radeke, Ana Maria Muț, Lavinia Lia Vlaia, Ioana Zinuca Magyari-Pavel, Zorița Diaconeasa, Sonia Socaci, Florin Borcan, Brigitta Kis, Delia Muntean, Cristina Adriana Dehelean, Corina Danciu. Phytochemical Characterization and Biological Evaluation of *Origanum vulgare* L. Essential Oil Formulated as Polymeric Micelles Drug Delivery Systems. *Pharmaceutics* **2022**, 14, 11. <https://doi.org/10.3390/pharmaceutics14112413>; FI = 5.4
9. **Larisa Bora**, Ștefana Avram, Ioana Zinuca Pavel, Delia Muntean, Sergio Liga, Valentina Buda, Daniela Gurgus, Corina Danciu. An Up-To-Date Review Regarding Cutaneous Benefits of *Origanum vulgare* L. Essential Oil. *Antibiotics* **2022**, 11, 5. <https://doi.org/10.3390/antibiotics11050549>; FI = 4.8
10. Ramona Fecker, Ioana Zinuca Magyari-Pavel, Ileana Cocan, Ersilia Alexa, Iuliana Maria Popescu, Adelina Lombrea, **Larisa Bora**, Cristina Adriana Dehelean, Valentina Buda, Roxana Folescu, Corina Danciu. Oxidative Stability and Protective Effect of the Mixture between *Helianthus annuus* L. and *Oenothera biennis* L. Oils on 3D Tissue Models of Skin Irritation and Phototoxicity. *Plants* **2022**, 11, 21. <https://doi.org/10.3390/plants11212977>; FI = 4.5

### II. Cărți

1. Corina Danciu, Ștefana Avram, **Larisa Bora**. *Pharmacognosy – Lecture notes Part I*. Editura Victor Babeș, **2025**. ISBN: 978-606-786-452-6.

### III. Lucrări/studii publicate în rezumat

#### A. Manifestări internaționale

1. Diana Ungureanu (Similie), Daliana Minda, **Larisa Bora**, Ștefana Avram, Măris Turks, Cristina Adriana Dehelean, Corina Danciu. In vitro evaluation of the antiproliferative effect of novel ursolic acid derivatives. FP 04. VII. Symposium of Young Researchers on Pharmaceutical Technology, Biotechnology and Regulatory Science, January 29-31 **2025**, Szeged, Hungary. (oral presentation) Book of Abstracts p. 75.
2. Iulia Semenescu, **Larisa Bora**, Szilvia Berkó, Claudia Geanina Watz, Daliana Minda, Ștefana Avram, Delia Muntean, Corina Danciu. Development and biological assessment of *Glycyrrhiza glabra* L. based hydrogels. OP 04. VII. Symposium of Young Researchers on Pharmaceutical Technology, Biotechnology and Regulatory Science, January 29-31 **2025**, Szeged, Hungary. (oral presentation) Book of Abstracts p. 27.



3. **Larisa Bora**, Ștefana Avram, Daliana Minda, Ioana Zinuca Magyari-Pavel, Corina Danciu. 4',5,7-trihydroxyflavone as a dietary phytochemical with anticancer potential. An *in vitro-in ovo* approach. 5th International Conference on Natural Products for Cancer Prevention and Therapy, 07-09 June 2024, Cappadocia, Turkey. (ORAL PRESENTATION). Book of abstracts (rezumat ISI): Istanbul Journal of Pharmacy 2024, 54(S1), PP-03, E ISSN: 2587-2087.
  4. **Larisa Bora**, Andrada Iftode, Cristina Adriana Dehelean, Gheorghe-Emilian Olteanu, Brigitta Kis, Ștefana Avram, Corina Danciu. Evaluation of the Effect of Polymeric Micelles-based Hydrogel Loaded with Oregano Essential Oil on Skin Tags. III Bio.Natural-Bioactive Natural Products Research Meeting, 13-14 July 2023, Lisbon, Portugal and Online. (oral presentation) Book of Abstracts p. 56.
  5. **Larisa Bora**, Ștefana Avram, Lavinia Lia Vlaia, Ana Maria Muț, Ioana Zinuca Magyari-Pavel, Paula Sfirloaga, Corina Danciu. Oregano essential oil polymeric micelles-based hydrogel as a dermal drug delivery system: *in vitro* and *in ovo* assessment. OP 30, DOI: 10.14232/syrptbrs.2023.52. V. Symposium of Young Researchers on Pharmaceutical Technology, Biotechnology and Regulatory Science, January 18-20 2023, Szeged, Hungary. (oral presentation) Book of Abstracts p. 52.
3. **Manifestări naționale/ cu participare internațională**
1. Ramona Fecker, **Larisa Bora\***, Diana Haj Ali, Ersilia Alexa, Corina Danciu. The assessment of the oxidative stability and protective effect of *Helianthus annuus* L. and *Oenothera biennis* L. oils mixture on 3D tissue models of skin irritation and phototoxicity. Young People and Multidisciplinary Research in Applied Life Sciences, Section: Food Chemistry Engineering & Technology. University of Life Sciences „King Mihai” from Timisoara. 21-22 Noiembrie 2024, Timisoara, Romania. (ORAL PRESENTATION); Book of abstracts p. 8. ISSN: 2821-4307.
  2. **Bora Larisa**, Semenescu Iulia, Danciu Corina, Ariana Friș, Avram Ștefana. Commercial and wild *Viscum album* L. ethanolic extracts: phytochemical, antioxidant, and irritation potential. Young People and Multidisciplinary Research in Applied Life Sciences, Section: Food Chemistry Engineering & Technology. University of Life Sciences „King Mihai” from Timisoara. 21-22 Noiembrie 2024, Timisoara, Romania. (POSTER); Book of abstracts p. 28. ISSN: 2821-4307.
  3. **Bora Larisa**, Bouricha Ferial, Minda Daliana, Miled Ines, Magyari-Pavel Ioana Zinuca, Semenescu Iulia, Danciu Corina, Avram Ștefana. Germinated and non-germinated seeds of *Trigonella foenumgraecum* L.: phytochemical and *in ovo* evaluation. 7th Multidisciplinary Conference on Sustainable Development Section: Food Chemistry Engineering & Technology. University of Life Sciences „King Mihai” from Timisoara. 30-31 Mai 2024, Timisoara, Romania. (POSTER); Book of abstracts p. 14.
  4. Ștefana Avram, Corina Danciu, Daliana Minda, Ioana Zinuca Magyari-Pavel, **Larisa Bora**, Roxana Negrea-Ghiulai, Cristina Dehelean, Codruța Șoica. Angiogenesis and Biocompatibility Assessment of Medicinal Plants and Natural Compounds: an *In Ovo* Approach. Congresul Național de Farmacie, Ediția a XIX-a - Farmacia azi: de la tradiție la interdisciplinaritate și inteligență artificială. 27-29 Septembrie 2023. Editura Medicală Universitară „Iuliu Hațieganu” Cluj-Napoca, Volum rezumate pag. 69. ISBN 978-606-075-203-5.
  5. Corina Danciu, Ștefana Avram, Ioana-Zinuca Magyari-Pavel, Lavinia Vlaia, Ana Maria Muț, Daliana Minda, **Larisa Bora**, Codruța Șoica, Valentina Buda, Cristina Dehelean. *In vitro-in vivo* correlations regarding the management of skin tags by an innovative pharmaceutical formulation type hydrogel containing polymeric micelles as drug delivery systems for oregano essential oil. Congresul Național de Farmacie, Ediția a XIX-a - Farmacia azi: de la tradiție la interdisciplinaritate și inteligență artificială. 27-29 Septembrie 2023. Editura Medicală Universitară „Iuliu Hațieganu” Cluj-Napoca, Volum rezumate pag. 80. ISBN 978-606-075-203-5.
  6. Adelina Lombrea, Ioana Zinuca Magyari-Pavel, Daliana Minda, Ștefana Avram, Maris Turks, Jevgeņija Lugiņina, Uldis Peipiņš, **Larisa Bora**, Cristina Adriana Dehelean, Corina Danciu. *In vitro* evaluation of the antimelanoma potential of 2,3-Indolo-betulinic Acid and its Glycine Derivatives. Congresul Național de Farmacie, Ediția a XIX-a - Farmacia azi: de la tradiție la interdisciplinaritate și inteligență artificială. 27-29 Septembrie 2023. Editura Medicală Universitară „Iuliu Hațieganu” Cluj-Napoca, Volum rezumate pag. 98. ISBN 978-606-075-203-5.
  7. Diana Similie, Brigitta Kis, **Larisa Bora**, Elena-Alina Moacă, Delia Muntean, Ioana Zinuca Magyari-Pavel, Corina Danciu. Antimicrobial Activity and *In Vitro* Antiproliferative Potential of Green Synthesized Silver Nanoparticles Using *Populi gemmae* Extract. The 15th Edition of the Conference New Trends in Chemistry Research. 21-22 September 2023, Timisoara, Romania. Book of Abstracts p. 51.
  8. **Larisa Bora**, Ioana-Zinuca Magyari-Pavel, Daliana Minda, Adelina Lombrea, Lavinia Vlaia, Ana Maria Muț, Paula Sfirloaga, Corina Danciu, Ștefana Avram. Oregano essential oil loaded hydrogel bioactivity for topical application. New trends in pharmaceutical research. 31 March 2023, Timisoara, Romania. Book of Abstracts p. 64.
  9. Oana Esanu, Daliana Minda, Ioana Zinuca Pavel, **Larisa Bora**, Ferial Bouricha, Jimon Ligia, Corina Danciu, Ștefana Avram. Persea americana Mill. by-products – a promising natural source with health promoting effects. New trends in pharmaceutical research. 31 March 2023, Timisoara, Romania. Book of Abstracts p. 108.
  10. Ioana Zinuca Magyari-Pavel, Delia Muntean, Bianca Badescu, Ștefana Avram, **Larisa Bora**, Daliana Minda, Elena-Alina Moacă, Ligia Jimon, Danina Mirela Muntean, Cristina Adriana Dehelean, Corina Danciu. Assessment of *Olea europaea* L. Extract *In Vitro* Effects. Current techniques for obtaining, characterizing and testing plant resources and derived products. Summary manifestations within the project CNFIS-FDI-2022-0484 - The implementation of modern techniques for the continuous development of the practice base in the field of medicinal plant products of UMF „Victor Babeș” in Timișoara. Editura „Victor Babeș”, Timișoara, 2023. pag. 16. ISBN 978-606-786-300-0.

11. Ștefana Avram, Daliana Minda, Ioana Zinuca Pavel, **Larisa Bora**, Oana Esanu, Ferial Bouricha, Corina Danciu. Avocado seed and peel extracts: polyphenolic content, antioxidant activity and in ovo effects. Current techniques for obtaining, characterizing and testing plant resources and derived products. Summary manifestations within the project CNFIS-FDI-2022-0484 - The implementation of modern techniques for the continuous development of the practice base in the field of medicinal plant products of UMF „Victor Babeș” in Timișoara. Editura „Victor Babeș”, Timișoara, **2023**, pag. 19. ISBN 978-606-786-300-0.
12. **Larisa Bora**, Adelina Lombrea, Diana Antal, Ștefana Avram, Ioana Zinuca Pavel, Daliana Minda, Lavinia Vlaia, Ana-Maria Mut, Zorita Diaconeasa, Cristina Adriana Dehelean, Andrada Iftode, Corina Danciu. Origanum vulgare L. volatile oil: a snapshot. Summary manifestations within the project CNFIS-FDI-2019-0393 - Applications of experimental methods in the analysis of cosmetics based on active ingredients. Editura „Victor Babeș” Timișoara, **2020**, pag. 9. ISBN 978-606-786-156-3.

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Asist. univ. drd. farm. Bora Larisa