

Curriculum Vitae

Alin Albai

First name / Surname	Alin Albai
Address	UMF “Victor Babes”, Timisoara / Pius Brinzeu County Emergency Clinical Hospital, Timisoara
E-mail	albai.alin@umft.ro
Nationality	Romanian
Gender	Male

Occupation

Associate Professor of Diabetes, Nutrition and Metabolic Diseases

Work Experience

03/2023 – Present

Associate Professor

University of Medicine and Pharmacy “Victor Babes”, Timisoara

- Teaching, clinical training supervision and curriculum development

2015 – Present

Senior Physician – Diabetes, Nutrition and Metabolic Diseases

Pius Brinzeu County Emergency Clinical Hospital

- Inpatient & outpatient care, senior on-call responsibilities

2019 – Present

Specialist in Internal Medicine

Medical Clinic III, Timisoara

- Comprehensive inpatient care, senior on-call duties

2020 – 2022

Coordinator – COVID-19 Crisis Unit

Clinic of Diabetes, Nutrition and Metabolic Diseases

- Oversaw workflows, triage and continuity of care during pandemic

2019 – 2023

Lecturer (Şef de lucrări)

UMF “Victor Babes”

- Clinical teaching, research supervision

2010 – 2019

Assistant Professor

UMF “Victor Babes”

- Clinical teaching and scientific activity

Education and Training

2012 – PhD in Medicine (Magna Cum Laude), UMF “Victor Babes” Timisoara

2004 – Doctor of Medicine, UMF “Victor Babes” Timisoara

2015 – Senior Physician – Diabetes, Nutrition and Metabolic Diseases

2019 – Specialist Physician – Internal Medicine

2021 – Teacher Training Certificate – Level II

2010 – Teacher Training Certificate – Level I

1998 – High School Diploma – Mathematics & Informatics, Traian Doda, Caransebes

Languages

Language	Understanding	Speaking	Writing
Romanian	Native	Native	Native
English	C1	C1	C1
German	B2	B2	B2

Digital Competencies

Microsoft Office, Google Workspace, Adobe tools, telemedicine systems, medical software.

Early programming experience (Turbo Pascal, FoxPro).

Organisational / Managerial Skills

Leadership during crisis coordination, strong planning and workflow optimisation, decision-making ability, stress resilience, negotiation, academic management.

Selected Scientific Contributions

Author and co-author of multiple ISI-indexed publications. Contributor to national medical textbooks. Participation in international congresses (EASD, Global Diabetes Summit, etc.).

Investigator in international clinical trials (Merck, AbbVie, AstraZeneca, BMS)

- Factors Influencing the Desirability, Acceptability, and Adherence of Patients with Diabetes to Telemedicine – ISI
- Nutritional Interventions to Improve Cachexia Outcomes in Cancer — Systematic Review – ISI
- Predictors of Epicardial Fat Volume Decrease after Dapagliflozin Treatment – ISI
- Instrument for Assessing Patients’ Adherence to Telemedicine – ISI
- Factors Associated with Remission of Diastolic Dysfunction after SGLT-2 Therapy – ISI
- Association between coping mechanisms and adherence in diabetes – ISI
- Impact of obstructive sleep apnea on cognition in pulmonary fibrosis – ISI
- Dynamics of epi-cardiac Fat and Heart Function in Type 2 Diabetes on SGLT-2i – ISI

- Impact of Hyperuricemia on Cardio-metabolic Risk – ISI
- Nutrition Assessment in Obesity under Medical Supervision – ISI
- Validation of PHQ-9 in Romanian Type 2 Diabetes Population – ISI
- Hyperglycemia impact on diabetic pregnancies – National Journal
- Outcomes in women with Type 1 Diabetes – National Journal
- A1C in first trimester and congenital malformations – National Journal
- Gestational diabetes — clinical review – National Journal
- Several book chapters in *Romanian Treatise of Metabolic Diseases*, Vol 1 & 2.