



Laura-Adriana Gaita

✉ Email address: gaita.laura@umft.ro

ABOUT ME

Specialist Physician in Diabetes, Nutrition and Metabolic Diseases

Based in Timisoara, Romania

Place of birth: Timisoara, Romania

WORK EXPERIENCE

🏢 *"Victor Babes" University of Medicine and Pharmacy, Second Department of Internal Medicine*

Associate Professor - Diabetes, Nutrition, Metabolic Diseases and Systemic Rheumatology

[03/03/2025 – Current]

🏢 *"Victor Babes" University of Medicine and Pharmacy, Second Department of Internal Medicine – Timisoara, Romania*

City: Timisoara | Country: Romania

Senior Lecturer - Diabetes, Nutrition, Metabolic Diseases and Systemic Rheumatology

[03/2023 – 02/03/2025]

🏢 *"Victor Babes" University of Medicine and Pharmacy, Second Department of Internal Medicine – Timisoara, Romania*

City: Timisoara | Country: Romania

Lecturer - Diabetes, Nutrition, Metabolic Diseases and Systemic Rheumatology

[09/2018 – 02/2023]

🏢 *"Pius Brinzeu" Emergency County Hospital – Timisoara, Romania*

City: Timisoara | Country: Romania

Specialist Physician in Diabetes, Nutrition and Metabolic Diseases

[01/2019 – Current]



Resident Physician (second specialty) - Internal Medicine

[01/2022 – Current]

🏢 *"Pius Brinzeu" Emergency County Hospital – Timisoara, Romania*

City: Timisoara | Country: Romania

Resident Physician in Diabetes, Nutrition and Metabolic Diseases

[01/2015 – 12/2018]

 **"Victor Babes" University of Medicine and Pharmacy, Department of Cardiology** – Timisoara, Romania

City: Timisoara | Country: Romania

Assistant Lecturer - Outpatient Internal Medicine. Cardiovascular Prevention and Rehabilitation

[10/2014 – 08/2018]

EDUCATION AND TRAINING

PhD in Medicine

"Victor Babes" University of Medicine and Pharmacy [2014 – 2020]

City: Timisoara | Country: Romania | Thesis: The major impact of chronic complications and comorbidities in the progression, treatment and prognosis of diabetes mellitus (PhD supervisor: Prof. Timar Bogdan)

Psycho-Pedagogical Training Study Programme Degree

"Vasile Goldis" Western University [2016 – 2018]

City: Arad | Country: Romania

Doctor of Medicine

"Victor Babes" University of Medicine and Pharmacy [2008 – 2014]

City: Timisoara | Country: Romania

High School Certificate - Mathematics and Computer Programming

"Grigore Moisil" High School [2004 – 2008]

City: Timisoara | Country: Romania

LANGUAGE SKILLS

Mother tongue(s): Romanian

Other language(s):

English

LISTENING C1 READING C1 WRITING C1

SPOKEN PRODUCTION C1 SPOKEN INTERACTION C1

French

LISTENING B1 READING B1 WRITING B1

SPOKEN PRODUCTION B1 SPOKEN INTERACTION B1

Hungarian

LISTENING B1 READING A2 WRITING A1

SPOKEN PRODUCTION A2 SPOKEN INTERACTION A2

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

SKILLS

Microsoft Office Word Power Point Excel / Video conferencing experience (Zoom, Skype) / Communication software and social media

NETWORKS AND MEMBERSHIPS

[2018 – Current]

Member of the European Atherosclerosis Society

[2023 – Current]

Member of the European Association for the Study of Diabetes

[2019 – Current]

Member of the Romanian Society of Diabetes, Nutrition and Metabolic Diseases

DRIVING LICENCE

Driving Licence: B

CONFERENCES AND SEMINARS

EAS Young Fellows Programme (Class of 2024-2025)

[06/11/2023 – 09/11/2023] University of Glasgow

29th EASD Scientists Training Course (Diabetes Science in a Clinical Context)

European Association for the Study of Diabetes Annual Meeting - 2025 (Viena), 2024 (Madrid), 2021 (online), 2020 (online), 2019 (Barcelona), 2018 (Berlin)

American Diabetes Association Scientific Sessions - 2024 (online), 2023 (online), 2020 (online)

International Diabetes Federation Congress - 2023 (online), 2022 (online), 2021 (online)

European Society of Cardiology Congress - 2021 (online), 2020 (online)

European Atherosclerosis Society Congress - 2025 (Glasgow), 2020 (online), 2018 (Lisbon)

EAS Advanced Course - Clinical Excellence in Lipidology - Bucharest, 21-23 November 2018

EAS Certificate of Excellence in Lipidology (2019 update) - Module 1-4 - 2020, online

International Atherosclerosis Symposium - European Atherosclerosis Society, Association of Cardiologists in B&H, Atherosclerosis Working Group, online, November 2020

Congresul National al Societatii Romane de Diabet, Nutritie si Boli Metabolice (2015-2024)

Expert Meeting CARDIODIAB - 2024 (Poiana Brasov), 2023 (Poiana Brasov), 2022 (Poiana Brasov), 2020 (online), 2016 (Poiana Brasov)

RiSE D.C. Meeting - Rising in Science in Europe East and South - Connecting Diabetology and Cardiology - Lisbon, 18-19 October 2019

The 6th EASD N. C. Paulescu Postgraduate Course on Clinical Diabetes and its Complications - Bucharest, 3-5 November 2016

EUROASPIRE Course - Timisoara, 13th November 2013

EU-CDA 2013 - Management of Diabetes in Patients with Cardiovascular Disease - Bucharest, 11th April 2013

COMMUNICATION AND INTERPERSONAL SKILLS

Certificate in Advanced English - Council of Europe Level C1 - University of Cambridge, ESOL Examinations, Level 2 Certificate in English - March 2007

"Award of Excellence in Presenting a Scientific Topic" - 2007, Siveco, Bucharest