



Deiana Roman

Nationality: Romanian **Date of birth:** 15/03/1992 **Gender:** Female

Phone number: (+40) 743160939 **Email address:** roman.deiana@umft.ro

Work: Piața Eftimie Murgu Nr. 2, 300041 Timișoara (Romania)

EDUCATION AND TRAINING

Internal Medicine Specialist

Municipal Clinical Hospital [01/01/2018 – 31/12/2022]

City: Timisoara | Country: Romania

PhD

Victor Babeș University of Medicine and Pharmacy [30/09/2017 – 24/11/2022]

Address: Piața Eftimie Murgu 2, 300041 Timișoara (Romania) | Website: <https://www.umft.ro/>

Pedagogical Competence

Universitatea de Vest [30/09/2019 – 31/07/2020]

Address: Bulevardul Vasile Pârvan 4, 300223 Timișoara (Romania) | Website: <https://www.dppd.uvt.ro>

Bachelor's Degree in Medicine

Universitatea de Medicină și Farmacie Victor Babeș [31/08/2011 – 31/07/2017]

Address: Piața Eftimie Murgu 2, 300041 Timișoara (Romania) | Website: <https://www.umft.ro/>

High School Diploma

Colegiul Național Gheorghe Șincai [31/08/2007 – 31/07/2011]

Address: Strada Gheorghe Șincai nr. 25, 430311 Baia-Mare (Romania) | Website: <http://www.sincaibm.ro/>

WORK EXPERIENCE

CFR Clinical Hospital – Timisoara, Romania

City: Timisoara | Country: Romania

Rheumatology resident

[06/01/2023 – Current]

"Victor Babeș" University of Medicine and Pharmacy – Timișoara

City: Timișoara

Lecturer

[01/03/2025 – Current]

Victor Babeș University of Medicine and Pharmacy – Timișoara, Romania

City: Timișoara | Country: Romania

Assistant professor

[31/08/2019 – Current]

- Teaching activity within the Diabetes, Nutrition, Metabolic Disease, and Systemic Rheumatology Discipline
- Medical research activity

 **Timisoara Emergency Clinical Municipal Hospital – Timișoara, Romania**

City: Timișoara | Country: Romania

Internal medicine resident

[31/12/2017 – Current]

HONOURS AND AWARDS

[24/11/2020] UEFISCDI

Award for Research Activity PN-III-P1-1.1-PRECISI-2020-52581 Gaita L, Timar R, Lupascu N, et al. The Impact Of Hyperuricemia On Cardiometabolic Risk Factors In Patients With Diabetes Mellitus: A Cross-Sectional Study. *Diabetes Metab Syndr Obes.* 2019;12:2003-2010. Published 2019 Oct 3. doi:10.2147/DMSO.S222570

SCIENTIFIC IMPACT

Indexes

- Google Scholar **H-index 10**
- Scopus **H-index 10**
- Research Gate **H-index 10**

[01/2016 – Current]

Cumulativ Impact Factor

CIM= 42.894

PUBLICATIONS

[2025]

[Diabetic Macular Edema in the Western Part of Romania: Screening to Improve Patient Outcomes](#) Ivanescu, A.; Popescu, S.; **Roman, D.**; Dragomir, M.; Timar, R.

Journal of Personalized Medicine 2025, 15, 106. <https://doi.org/10.3390/jpm15030106>

[2025]

[Salivary Flow Rate in Patients with Sjögren's Syndrome: Correlations with Salivary Gland Ultrasound Findings and Biomarkers of Disease Activity](#) Caraba, A.; **Roman, D.**; Crișan, V.; Iurciuc, S.; Iurciuc, M

International Journal of Molecular Sciences 2025, 26, 101. <https://doi.org/10.3390/ijms26010101>

[2024]

[Pulmonary Involvement in Sjögren's Syndrome: Correlations with Biomarkers of Activity and High-Resolution Computer Tomography Findings](#) **Roman D**, Iurciuc S, Caraba A.

Journal of Clinical Medicine. 2024;13(4):1100. doi:10.3390/jcm13041100

[2022]

[Diabetes Mellitus and Other Predictors for the Successful Treatment of Metastatic Colorectal Cancer: A Retrospective Study](#) **Roman D**, Saftescu S, Timar B, Avram V, Braha A, Negru Ș, Bercea A, Serbulescu M, Popovici D, Timar R

Medicina (Kaunas). 2022 Jun 29;58(7):872. doi: 10.3390/medicina58070872

[2022]

[Nutritional Interventions to Improve Cachexia Outcomes in Cancer—A Systematic Review](#) Braha A, Albai A, Timar B, Negru Ș, Sorin S, **Roman D**, Popovici D.

Medicina (Kaunas). 2022 Jul 21;58(7):966. doi: 10.3390/medicina58070966.

[2022]

The Role of Nut and Seed Consumption in Colorectal Cancer: A Narrative Review Roman D, Timar B, Avram V, Braha A, Saftescu S, Negru Ş, Timar R

Medicina (Kaunas). 2022 Jul 14;58(7):932. doi: 10.3390/medicina58070932

[2021]

Improvement Of Graves' Ophthalmopathy After Administration Of The Cyclooxygenase-2 Selective Inhibitor Celecoxib: A Case-Report Adriana Gherbon, **Deiana Roman**, Romulus Timar, Mirela Frandes, Marioara Nicula

[2020]

Long-term Risk of Malignant Neoplastic Disorders in Type 2 Diabetes Mellitus Patients with Metabolic Syndrome Albai O, Frandes M, Timar B, Paun DL, **Roman D**, Timar R

Diabetes Metab Syndr Obes. 2020;13:1317-1326 DOI: 10.2147/DMSO.S243263

[2020]

Risk factors for sexual dysfunction in Romanian women with type 1 diabetes mellitus and chronic autoimmune thyroiditis: a comparative cross-sectional study Adriana Gherbon, Mirela Frandes, **Deiana Roman**, Diana Anastasiu-Popov, Romulus Timar

Diabetology & Metabolic Syndrome

[2020]

Metformin Treatment: A Potential Cause of Megaloblastic Anemia in Patients with Type 2 Diabetes Mellitus Albai O, Timar B, Paun DL, Sima A, **Roman D**, Timar R

Diabetes Metab Syndr Obes. 2020; 13:3873-3878 DOI: 10.2147/DMSO.S270393

[2019]

Validation and cross-cultural adaptation of the depression Patient's Health Questionnaire – 9 in the Romanian population of patients with Type 2 Diabetes Mellitus Lupascu N, B. Timar, Albai A, **Roman D**, Potre O, Timar R

Diabetes, Metabolic Syndrome and Obesity: Targets and Therapy. 2019;12 841–849. DOI: 10.2147/DMSO

[2019]

Risk factors for developing dementia in type 2 diabetes mellitus patients with mild cognitive impairment O. Albai, M. Frandes, R. Timar, **D. Roman**, B. Timar

Neuropsychiatric disease and treatment. 2019, 15:167-175. DOI: 10.2147/NDT.S189905

[2019]

The Impact of Hyperuricemia on Cardiometabolic Risk Factors in Patients with Diabetes Mellitus: A Cross-Sectional Study Gaita L, Timar R, Lupascu N, **Roman D**, Albai A, Potre O, Timar B

Diabetes, Metabolic Syndrome and Obesity: Targets and Therapy, Volume: 12, DOI: 110.2147/DMSO.S2225

[2017]

Association between coping mechanisms and adherence to diabetes-related self-care activities: a cross-sectional study Albai A, Sima A, Papava I, **Roman D**, Andor B, Gafencu M

Patient Prefer Adherence. 2017 Jul 17;11:1235-1241. DOI: 10.2147/PPA.S140146

[2017]

Hypertriglyceridemia, an important and independent risk factor for acute pancreatitis in patients with type 2 diabetes mellitus Albai O, **Roman D**, Frandes M

Therapeutics and Clinical Risk Management. 2017 Apr 13;13:515-522. DOI: 10.2147/TCRM.S134560

[2017]

Characteristics of the lipid profile in patients with diabetes mellitus and chronic kidney disease O. Albai, B.Timar, **D. Roman**, R. Timar

Romanian Journal of Diabetes, Nutrition and Metabolic Diseases. 2017, 24(3):237-245. SCOPUS

[2016]

Factors influencing the quality of life perception in patients with type 2 diabetes mellitus R. Timar, I. Velea, B. Timar, D. Lungeanu, C. Oancea, **D. Roman**, O. Mazilu

Patient Preference and Adherence. 2016, 10: 2471-2477. ISSN 1177-889X. DOI: 10.2147/PPA.S124858

[2016]

Impact of neuropathy on the adherence to diabetes-related self-care activities: a cross-sectional study B. Timar, R. Timar, A. Schiller, C. Oancea, **D. Roman**, M. Vlad, B. Bălinișteanu, O. Mazilu

Patient Preference and Adherence. 2016, 10:1-7. ISSN 1177-889X

PUBLISHED BOOKS

NOȚIUNI DE REUMATOLOGIE

coord: Conf. Dr. Alexandra Sima, Prof. Dr. Adrian Vlad, Conf. Dr. Bogdan Timar. Editura EUROBIT, Timișoara, 2020. ISBN 978-973-132-661-0

[2024]

Lupus - Recent Advances and Developments

Microvascular Involvement in Systemic Lupus Erythematosus Assessed by Nailfold Capillaroscopy: Correlations with Clinical and Biological Parameters

Caraba A, **Roman D**, Iurciuc S, Nicolin M, Iurciuc M

[2025]

The Lifestyle Medicine Center

Hâncu A, **Roman D**. et al. (2025). The Lifestyle Medicine Center. In: Mechanick, J.I., Kushner, R.F. (eds) Lifestyle Medicine. Springer, Cham. https://doi.org/10.1007/978-3-031-82888-1_36

PEER REVIEW

Frontiers in Endocrinology

Medicina

Acta Endocrinologica

Diabetes, Metabolic Syndrome and Obesity: Targets and Therapy

CONFERENCES AND SEMINARS

[2018] Congresul Național SRDNBM 2019

Patient X turned patient FH

[2017] Congresul Național de Cardiologie 2018

Abordarea patologiei respiratorii obstructive

[2017] Congresul Național de Genetică Medicală

Monogenic cause for renal tubulopathies

[2020] Congresul Național SRDNBM 2021

Prolonged QT interval observed in patients with more frequent hypoglycemic events

LANGUAGE SKILLS

Mother tongue(s): Romanian

Other language(s):

English

LISTENING C2 READING C2 WRITING C2

SPOKEN PRODUCTION C2 SPOKEN INTERACTION C2

French

LISTENING B1 READING B2 WRITING B1

SPOKEN PRODUCTION B1 SPOKEN INTERACTION B1

Italian

LISTENING B2 READING B2 WRITING A2

SPOKEN PRODUCTION A2 SPOKEN INTERACTION B1

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

SKILLS

Microsoft Office / Navigare Internet / Social Media / Zoom / Utilizare buna a programelor de comunicare(mail messenger skype)

VOLUNTEERING

[31/12/2014 – 31/12/2020] Timișoara

Rotaract Timișoara Opera

- Founding Member of the non-profit organization
- Secretary of the Rotaract Club Timisoara Opera
- President of the Rotaract Club Timisoara Opera
- Organizer of numerous charitable events impacting the community

COMMUNICATION AND INTERPERSONAL SKILLS

Good communication skills, acquired by volunteering within NGOs.