

# Dr. Norberth-Istvan Varga

MD, Infectious Diseases

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## Personal Info

Nationality

Romanian, Hungarian

Date of Birth

13.06.1993

Contact

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Links

<https://orcid.org/0009-0002-0320-6904>

Languages

English



Hungarian



German



## Education

Highschool, 'Elena Ghiba Birta' National College, Arad, Romania

September 2008 – June 2012

Bachelor's and Master's Degree, 'Victor Babes' University of Medicine and Pharmacy, Timisoara, Romania

September 2012 – June 2018

PhD in Medicine, 'Victor Babes' University of Medicine and Pharmacy, Timisoara, Romania

October 2023 – Present

## Previous Work Experience

'Pius Brinzeu' Timis County Emergency Clinical Hospital, Timisoara, Romania

General Surgery Residency

February 2020 – March 2021

## Volunteering

Kalahari New Hope Namibia

August 2018 – February 2019

## Current Workplace

'Pius Brinzeu' Timis County Emergency Clinical Hospital, Timisoara, Romania

Infectious Diseases Residency

March 2021 – Present

'Victor Babes' University of Medicine and Pharmacy, Timisoara, Romania

Department of Nursing

Assistant Professor

March 2025 – Present

## Research Activity

1. Diagnosis and Management of a Triple Infection with *Leptospira* spp., Hepatitis A Virus, and Epstein–Barr Virus: A Rare Occurrence with High Hepatotoxic Effect
2. Predicting Mortality in Sepsis: The Role of Dynamic Biomarker Changes and Clinical Scores—A Retrospective Cohort Study
3. From Gut to Eye: Exploring the Role of Microbiome Imbalance in Ocular Diseases
4. Exploring miRNA Biomarkers in Major Depressive Disorder: A Molecular Medicine Perspective
5. Are Pediatric Cancer Patients a Risk Group for Vitamin D Deficiency? A Systematic Review
6. Beyond the Scalpel: Addressing Communication and Distress in ENT Cancer
7. A rare case of diffuse large B-cell lymphoma of the frontal sinus and rapid review of literature
8. Osteometric Study of the Dorsal (Lister's) Tubercle of the Radius in Relation to the Neighboring Anatomical Elements: Suprastyloid, Accessory, and Oblique Crests

9. Vitamin D and Clinical Outcomes in Head and Neck Cancer: A Systematic Review
10. Primary Palatine Tonsil Non-Hodgkin Lymphoma in Western Romania: A Comparison of Lower-Stage and Advanced-Stage Disease
11. Predictors of Unfavorable Outcomes in COVID-19-Related Sepsis: A Prospective Cohort Study
12. IL-6 Baseline Values and Dynamic Changes in Predicting Sepsis Mortality: A Systematic Review and Meta-Analysis
13. Short-Chain Fatty Acids and the Gut-Retina Connection: A Systematic Review
14. Diagnostic Advances in Leptospirosis: A Comparative Analysis of Paraclinical Tests with a Focus on PCR
15. Prognostic factors and relapse in nodal vs. extranodal non-Hodgkin lymphoma of the ENT region: a prospective cohort study
16. Tetranectin and Paraoxonase 1 in Patients with Varying Stages of Heart Failure: A Cross-Sectional Analysis
17. Comparative Assessment of Lower Urinary Tract Infections in Hospitalized Adults from Western Romania: A Retrospective Cohort with Microbiological Analysis
18. A Histopathological and Surgical Analysis of Gastric Cancer: A Two-Year Experience in a Single Center
19. Tetranectin as a Potential Biomarker in Heart Failure with Ejection Fraction >45%: A Prospective Cohort Study
20. Three-Year Echocardiographic Follow-Up in Outpatients with Systemic Arterial Hypertension: An Observational Cohort Study
21. The Impact of Body Composition on Outcomes in NSCLC Patients Treated with Immune Checkpoint Inhibitors: A Systematic Review
22. Inflammation-Based Prognostication in Advanced-Stage NSCLC: A Retrospective Cohort Study
23. Low Vitamin D and High Psychological Distress: Are They Associated with Poor Differentiation in Head and Neck Cancer?
24. Vitamin D Status in Children: Romania's National Vitamin D Screening Programme in Context of the COVID-19 Pandemic
25. Diagnostic and Prognostic Potential of Tetranectin in Heart Failure and Cardiovascular Disease: A Systematic Review
26. Nutritional and Supplemental Interventions for Prevention and Treatment of Oral Mucositis in Pediatric Oncology