



## Curriculum vitae Europass



### Personal data

Surname / Name **VLAD Adrian-Radu**  
Address **„Victor Babeș” University of Medicine and Pharmacy, Piața Eftimie Murgu nr. 2, 300041 Timișoara, România; „Pius Brânzeu” County Clinical Emergency Hospital, B-dul Liviu Rebreanu nr. 156, 300723 Timișoara, România.**  
E-mail **vlad.adrian@umft.ro**  
Citizenship **Romanian**

### Current position

Professor, Discipline Internal Medicine: Diabetes, Nutrition, Metabolic Diseases and Systemic Rheumatology, Department VII – Internal Medicine II, Faculty of Medicine, „Victor Babeș” University of Medicine and Pharmacy Timișoara; senior physician in internal medicine and diabetes, nutrition and metabolic diseases, Diabetes Department, „Pius Brânzeu” County Clinical Emergency Hospital Timișoara.

### Professional experience

Interval	1 October 2020 – present
Position	Professor, Discipline Internal Medicine: Diabetes, Nutrition, Metabolic Diseases and Systemic Rheumatology, Department VII – Internal Medicine II, Faculty of Medicine
Name and address of the employer	„Victor Babeș” University of Medicine and Pharmacy Timișoara, Piața Eftimie Murgu nr. 2, 300041 Timișoara, România
Interval	1 October 2008 – 30 September 2020
Position	Associate professor, Discipline Internal Medicine: Diabetes, Nutrition, Metabolic Diseases and Systemic Rheumatology, Department VII – Internal Medicine II, Faculty of Medicine
Name and address of the employer	„Victor Babeș” University of Medicine and Pharmacy Timișoara, Piața Eftimie Murgu nr. 2, 300041 Timișoara, România
Interval	1 March 2004 – 30 September 2008
Position	Lecturer, Discipline Internal Medicine: Diabetes, Nutrition, Metabolic Diseases and Systemic Rheumatology, Department VII – Internal Medicine II, Faculty of Medicine
Name and address of the employer	„Victor Babeș” University of Medicine and Pharmacy Timișoara, Piața Eftimie Murgu nr. 2, 300041 Timișoara, România

Interval	1 March 2002 – 29 February 2004
Position	Assistant professor, Discipline Internal Medicine: Diabetes, Nutrition, Metabolic Diseases and Systemic Rheumatology, Department VII – Internal Medicine II, Faculty of Medicine
Name and address of the employer	„Victor Babeș” University of Medicine and Pharmacy Timișoara, Piața Eftimie Murgu nr. 2, 300041 Timișoara, România
Interval	1 October 1996 – 28 February 2002
Position	Assistant professor, Discipline Medical Semiotics II, Faculty of Medicine
Name and address of the employer	„Victor Babeș” University of Medicine and Pharmacy Timișoara, Piața Eftimie Murgu nr. 2, 300041 Timișoara, România
Interval	1 January 1994 – 30 September 1996
Position	Resident physician in internal medicine
Name and address of the employer	City Clinical Emergency Hospital, str. Hector nr. 1, 300041 Timișoara, România
Interval	15 December 1992 – 31 December 1993
Position	Junior physician
Name and address of the employer	„Pius Brânzeu” County Clinical Emergency Hospital Timișoara, B-dul Liviu Rebreanu nr. 156, 300723 Timișoara, România
<b>Research projects</b>	<p>Translational study from innovative basic research to clinical practice regarding genetic, epigenetic and proteic markers for the diagnosis of chronic diabetic kidney disease (GEN-DIAB); member of the research team; grant from „Victor Babeș” University of Medicine and Pharmacy Timișoara, programme III – C5 – PCFI – 2017/2018;</p> <p>Detection and validation of new molecular markers for the early diagnosis of diabetic nephropathy (NEPHROMOL); caretaker of the project; grant from „Victor Babeș” University of Medicine and Pharmacy Timișoara, programme III – C1 – PCFI – 2014/2015;</p> <p>Treatment of the peripheral vascular complications in diabetic and nondiabetic peripheral artery disease using angiogenetic gene therapy (ARTGEN); member of the research team; grant from the Education and Research Ministry, programme „Partnership in priority domains”</p> <p>Optimization of somatic and cardiometabolic parameters in obese young people by changing lifestyle and implementing an individualized kinetoprophylaxis protocol; member of the research team; grant from the Education and Research Ministry, programme PN II IDEI;</p> <p>The role of adiponectin in the pathogenesis of morbid associations of obesity; member of the research team; grant CNCISIS type A;</p> <p>Studies on the use of functional foods in the prevention and reversibility of complications in type 2 diabetes - technological, genetic, nutritional, biochemical and clinical correlations (STAFPREDIAB); grant CNCISIS, programme „Partnership in priority domains”;</p>
<b>Prizes awarded</b>	<ol style="list-style-type: none"> <li>1. Annual Prize of the Romanian Society of Diabetes, Nutrition and Metabolic Diseases for important accomplishments in the field of Diabetology in year 2011, Sibiu, 23 May 2012.</li> <li>2. First Prize, section Internal Medicine, The 13<sup>th</sup> International Congress for Medical Students and Young Doctors MEDIS 2009, Timișoara, 30 April – 3 May 2009, for the paper: Joseph DJ, <b>Vlad A.</b> Pancreatic antibodies and fasting C peptide in children with type 1 diabetes mellitus.</li> <li>3. Diploma of Excellency awarded by the Romanian Society of Diabetes, Nutrition and Metabolic Diseases for the contribution to the setup of the Romanian Childhood Diabetes Register, Băile Felix, 16 May 2006.</li> <li>4. Constantin I. Parhon Prize (collectiv) of the Romanian Academy, awarded on 23 December 2005 for the book: Șerban V, <b>Vlad A.</b>, Sima A. Diabetes mellitus in the elderly. Editura Brumar, Timișoara, 2003.</li> </ol>

**Personal skills and competences****Member of scientific societies**

- European Association for the Study of Diabetes (EASD) – member since 2005
- Romanian Society of Diabetes, Nutrition and Metabolic Diseases (SRDNBM) – member since 2003, member of the board between 2006-2015 and since 2018
- Romanian National Organization for the Protection of the Child and Adolescent with Diabetes (ONROCAD) – member since 2002, executive president since 2010

**Native language**

Romanian

**Foreign languages****English****French**

Comprehension				Speaking				Reading	
Listening skills		Reading skills		Interaction		Expression			
	C1		C1		B2		B2		B2
	B1		B2		B1		B1		B1

(\*) *Cadrului european de referință pentru limbi***Organisational skills**

Member of the Timiș County Unit for the Implementation of the National Diabetes Program, following the order of the Ministry of Public Health/CNAS 1061/425/2006

**Other skills***Peer reviewer:*

- Acta Endocrinologica (Bucharest)
- Romanian Journal of Diabetes Nutrition and Metabolic Diseases
- Endocrine Research

*Residency Coordinator in the specialty "Family Medicine" (since 26 June 2018)***Driving license**

Category B (since 1986)

Timișoara

Date: 27 November 2025

Professor Adrian Vlad