

Cristina Bredicean

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Home: Timisoara (Romania)

WORK EXPERIENCE

Victor Babeş University of Medicine and Pharmacy, Timișoara, Romania – Timisoara, Romania

Professor of Psychiatry (Adults) Department of Neurosciences

[01/03/2023 – Current]

“Dr. Victor Popescu” Military Emergency Clinical Hospital, Timișoara, Romania – Timisoara, Romania

Head Physician / Coordinator, Psychiatry Unit

[16/09/2020 – Current]

Victor Babeş University of Medicine and Pharmacy, Timișoara, Romania – Timisoara, Romania

Associate Professor of Psychiatry (Adults) Department of Neurosciences

[2022 – 2023]

Victor Babeş University of Medicine and Pharmacy, Timișoara, Romania – Timisoara, Romania

Senior Lecturer of Psychiatry (Adults) Department of Neurosciences

[2013 – 2022]

Victor Babeş University of Medicine and Pharmacy, Timișoara, Romania – Timisoara, Romania

Assistant Professor of Psychiatry (Adults) Department of Neurosciences

[2011 – 2013]

Victor Babeş University of Medicine and Pharmacy, Timișoara, Romania – Timisoara, Romania

Junior Teaching Assistant of Psychiatry (Adults) Department of Neurosciences

[2006 – 2011]

– Timisoara, Romania

Consultant Psychiatrist Timișoara, Romania

[01/01/2013 – Current]

– Timisoara, Romania

Specialist Psychiatrist

[01/01/2008 – 31/12/2012]

EDUCATION AND TRAINING

Habilitation Certificate Victor Babeş University of Medicine and Pharmacy

Victor Babeş University of Medicine and Pharmacy [2022]

Address: O.M. 6268/17.11.2022 Psychiatry and Psychotherapy from the perspective of individual and systemic resilience, Timisoara

PhD in Medicine

Victor Babeş University of Medicine and Pharmacy [2011]

Address: Nr. 77/23.06.2011, seria H NR 0004877 Clinical and evolutionary models of schizoaffective disorder compared to schizophrenia, 300041 Timisoara (Romania)

Psychiatry Residency Training

Victor Babeş University of Medicine and Pharmacy [2003 – 2007]

Address: Str. Eftimie Murgu Street nr. 2, 300041 Timisoara (Romania)

Doctor of Medicine (MD)

Victor Babeş University of Medicine and Pharmacy [1995 – 2001]

Address: Str. Eftimie Murgu Street nr. 2, 300041 Timisoara (Romania)

LANGUAGE SKILLS

Mother tongue(s): Romanian

Other language(s):

English

LISTENING B2 READING B2 WRITING B2

SPOKEN PRODUCTION B2 SPOKEN INTERACTION B2

French

LISTENING C2 READING C2 WRITING C2

SPOKEN PRODUCTION C2 SPOKEN INTERACTION C2

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

SKILLS

Procesarea informațiilor

Microsoft Excel / Microsoft Word / Microsoft Office / Google Docs

Comunicare

Zoom / Social Media / Skype / Facebook / LinkedIn

Creare de conținut

Microsoft Powerpoint

PUBLICATIONS

[2026]

• **ISI-indexed articles – First author: 18**

[2026]

ISI-indexed articles – Co-author: 30

DRIVING LICENCE

Driving Licence: B

HONOURS AND AWARDS

[05/2024] National Psychiatry Conference

Relationship between health anxiety and sleep disorders in cardiovascular pathology *2nd Prize*

[2021] Ministry of National Defence

Honorary Emblem of Military Medicine

[2021] Romanian Healthcare Awards

"Medical Campaign of the Year – Together for the Future!" *1st Prize*

[2019] National Congress of Psychiatry

Psychotic pathology – relationship between self-stigmatization and gender *1st Prize*

[2019] 23rd World congress of social psychiatry

The relationship between self-esteem and self-stigmatization in psychotic disorders *1st Prize*

STUDII CLINICE

[2008]

Protocol F1Y-EW-HMGD-Escitalopram

study coordinator

[2012]

Early switching strategy for non-response to antipsychotics in schizophrenia – SWITCH

2012- Co-Investigator

PROIECTE DE CERCETARE

[2019 – 2022]

Impact of social media use on academic performance and empathy in medical students UMFT Research Project

UMFT Research Project

[07/2019 – 12/2019]

Banat cultural space between normality, abnormality and the supernatural – 2nd edition

[05/2018 – 11/2018]

Banat cultural space between normality, abnormality and the supernatural – 1st edition

INTERREG-IPA CBC Romania-Serbia Programme 2017- 2019 “Improved health care in neurology and psychiatry - longer life”

COMPETENȚE DE MANAGEMENT ȘI CONDUCERE

Member of the Organizing Committee

- Coordination of national conferences and scientific symposia

Coordinator of the COVID-19 Vaccination Center

“Dr. Victor Popescu” Military Emergency Clinical Hospital

20/12/2020 – 11/03/2022 Timisoara România

COMPETENȚE DE COMUNICARE ȘI INTERPERSONALE

Training in Cognitive-Behavioral Psychotherapy

2004-2006

[01/09/2003 – 01/07/2007]

Training in Classical Psychodrama

Hospital services reporting, contracting and reimbursement

2016

Health services management

2017