



# Ana-Maria Cristina Dăescu

Nationality: Romanian Date of birth: 09/09/1993

✉ Email address: [ana-maria.daescu@umft.ro](mailto:ana-maria.daescu@umft.ro)

## WORK EXPERIENCE

🏥 **Pius Brânzeu County Emergency Clinical Hospital Timișoara – Clinical Department of Psychiatry II** – Timișoara, Romania

### Psychiatry Resident

[ 01/01/2019 – 31/12/2023 ]

🏥 **“Victor Babeș” University of Medicine and Pharmacy Timișoara – Department of Psychiatry**

### Assistant Professor

[ 01/10/2022 – Current ]

🏥 **Pius Brânzeu County Emergency Clinical Hospital Timișoara – Outpatient Integrated Clinic** – Timișoara, Romania

### Specialist Psychiatrist

[ 02/12/2024 – Current ]

## EDUCATION AND TRAINING

### High School Diploma – Science Profile (Mathematics–Computer Science, Intensive English)

**“Traian Vuia” Theoretical High School** [ 2008 – 2012 ]

City: Reșița

### MD Degree (Bachelor’s and Master’s Degree in Medicine)

**“Victor Babeș” University of Medicine and Pharmacy** [ 2012 – 2018 ]

City: Timișoara

### PhD in Medical Sciences – Magna Cum Laude

**“Victor Babeș” University of Medicine and Pharmacy – Department of Endocrinology** [ 2019 – 2023 ]

City: Timișoara | Country: Romania

### Postgraduate Certificate – Level I Psycho-Pedagogical Training Program

**“Vasile Goldiș” Western University – Department for Teacher Training** [ 2023 – 2024 ]

City: Arad | Country: Romania

### Postgraduate Certificate – Level II Psycho-Pedagogical Training Program

**“Vasile Goldiș” Western University – Department for Teacher Training** [ 2024 – 2025 ]

City: Arad | Country: Romania

## LANGUAGE SKILLS

Mother tongue(s): Romanian

**Other language(s):**

**Engleză**

**LISTENING B2 READING B2 WRITING B2**

**SPOKEN PRODUCTION B2 SPOKEN INTERACTION B2**

*Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user*

## **SKILLS**

---

Microsoft Office (Microsoft Word, Microsoft Excel, Microsoft PowerPoint, Microsoft Teams) / Google ( Google Meet, Google Docs, Google Classroom, Google Drive, Google Site)

## **COMMUNICATION AND INTERPERSONAL SKILLS**

---

**Good interpersonal communication skills and ability to adapt to multicultural environments, developed through international study experience**

IFMSA Research Scholarship – Belo Horizonte, Brazil

Erasmus Study Scholarship – Bari, Italy

## **ORGANISATIONAL SKILLS**

---

**Organizational experience gained through involvement in scientific event organizing committees**

Within EMSA

Within APCPT (Organizing Committee of the National Conference of Psychiatry with International Participation “Multidisciplinary Approach in Psychiatry”)

## **VOLUNTEERING**

---

[ 2015 – 2017 ]

**European Medical Students Association (EMSA) Timișoara**

## SCIENTIFIC ACTIVITIES

---

[ 21/11/2019 – 23/11/2019 ]

### **22nd National Symposium of Psychoneuroendocrinology with International Participation, Timișoara**

Invited Speaker – Oral presentation:

*“Autoimmune Thyroid Disease – Impact on Sexuality in Women with Preserved Ovarian Function”*

[ 15/09/2022 – 18/09/2022 ]

### **Conference “Resilience, Stress and Anxiety in Contemporary Psychiatry”, Timișoara**

Oral presentation:

*“The Role of Stress Hormones in Psychiatric Pathology”*

[ 07/06/2023 – 10/06/2023 ]

### **15th National Conference of Psychiatry, Bucharest**

Invited Speaker – Oral presentation:

*“The Impact of Atypical Antipsychotics on the Hormonal System and Sexual Function”*

[ 26/10/2023 – 28/10/2023 ]

### **7th National Congress of Neuroendocrinology, Timișoara**

*“Psychosexual Development and Sexuality in Patients with Congenital Adrenal Hyperplasia”*

*“The Influence of Hormonal, Psychological Factors and Body Composition on Sexual Health in Young Women with Polycystic Ovary Syndrome”*

[ 08/02/2024 – 10/02/2024 ]

### **European Society for Sexual Medicine (ESSM) Congress 2024, Bari**

Poster presentation: *“Psychometric Validation of the Female Sexual Function Index – Romanian Version (FSFI-RO)”*

[ 22/05/2024 – 25/05/2024 ]

### **16th National Conference of Psychiatry, Timișoara**

Invited Speaker – Oral presentation: *“Sexual Dysfunctions – The Psychiatrist’s Perspective”*

[ 21/09/2024 – 24/09/2024 ]

### **The 37th ECNP Congress, Milan, Italy**

Poster presentation: *“The relationship between personality type, level of empathy, and medical specialty choice among medical students”*

[ 24/01/2025 – 25/01/2025 ]

### **Postgraduate Course in Sexology “Men’s Health”, Timișoara**

Oral presentation: *“Body Image Disorders and Sexual Function”*

[ 19/03/2025 – 22/03/2025 ]

### **9th National Conference of Psychiatry, Sibiu**

Invited Speaker – Oral presentation: *“Assessment of Sexuality in Psychiatric Practice: Particularities of Clinical Interview and the Role of Psychometrics”*

[ 01/10/2025 – 21/10/2025 ]

### **Sexology Certification – Module III, Timișoara**

Oral presentations:

- *“Psychological Aspects of Sexual Dysfunctions”*

- *“Psychosexual Treatment Options”*
- *“Sexual Abuse”*
- *“Counseling Patients with Risky Sexual Behaviors”*

## CONTINUING PROFESSIONAL DEVELOPMENT

---

[ 11/09/2015 – 13/09/2015 ]

**19th National Congress of AMRPR – “Psychiatry Between Theory and Practice”, Timișoara**

[ 30/10/2015 ]

**Conference “Depressive and Anxiety Disorders” “Victor Babeș” University of Medicine and Pharmacy, Timișoara**

[ 04/11/2015 ]

**Conference “Sleep Medicine: From Dream to Clinical Reality” “Victor Babeș” University of Medicine and Pharmacy, Timișoara**

[ 28/03/2019 – 30/03/2019 ]

**Symposium of the Timișoara Psychiatric Association “Seven Decades of Psychiatry in Timișoara: About People and Connections”**

[ 29/05/2019 – 01/06/2019 ]

**7th National Congress of Psychiatry – “Mental Health and Psychiatry: Traditions, Challenges and Perspectives”, Sibiu**

[ 21/11/2019 – 23/11/2019 ]

**12th National Symposium of Psychoneuroendocrinology, Timișoara**

[ 22/10/2021 ]

**Postgraduate Course “Psychoactive Substance Abuse: Clinical Manifestations, Prognosis and First Aid and Treatment Measures” Clinical and Preventive Psychiatry Association Timișoara**

[ 15/09/2022 – 18/09/2022 ]

**Conference of the “Mircea Lăzărescu” Psychiatric Association “Resilience, Stress and Anxiety in Contemporary Psychiatry”, Timișoara**

[ 15/10/2022 – 18/10/2022 ]

**The 35th ECNP Congress, Vienna, Austria**

[ 10/04/2023 – 13/04/2023 ]

**Smart Diaspora 2023 “British-Romanian Academic Institute of Neuroscience (BRAIN): Opportunities for Research and Innovation in Neurological Diseases”, Timișoara**

[ 07/06/2023 – 10/06/2023 ]

**National Conference of Psychiatry “Multidisciplinarity and Continuity of Care Services in Mental Health”, Bucharest**

[ 16/06/2023 – 17/06/2023 ]

**Postgraduate Course in Sexology “Female Sexual Dysfunctions”, Timișoara**

[ 04/10/2023 ]

**Workshop “Why Do We Need Phenomenology?” Delivered by Prof. Femi Oyebode, Timișoara**

[ 26/10/2023 – 28/10/2023 ]

**7th National Congress of Neuroendocrinology “Management of Neuroendocrine Disorders from an Ontogenetic Perspective”, Timișoara**

[ 24/11/2023 – 03/12/2023 ]

**European Society for Sexual Medicine (ESSM) - School of Sexual Medicine, Budapest, Ungaria**

[ 08/02/2024 – 10/02/2024 ]

## European Society for Sexual Medicine (ESSM) Congress 2024, Bari, Italia

[ 20/02/2024 – 12/03/2024 ]

### Postgraduate Course in Sexology “Varia”, Timișoara

[ 17/04/2024 – 20/04/2024 ]

### 11th National Congress of Pediatric Diabetes, Nutrition and Endocrinology (ENDOPED) with International Participation, Timișoara

[ 19/04/2024 – 20/04/2024 ]

### Postgraduate Course in Sexology “Non-mainstream”, Timișoara

[ 22/05/2024 – 25/05/2024 ]

### 16th National Conference of Psychiatry, Timișoara

[ 21/09/2024 – 24/09/2024 ]

### The 37th ECNP Congress, Milan, Italy

[ 24/01/2025 – 25/01/2025 ]

### Postgraduate Course in Sexology “Men’s Health”, Timișoara

[ 19/03/2025 – 22/03/2025 ]

### 9th National Conference of Psychiatry, Sibiu

[ 11/09/2025 – 13/09/2025 ]

### National Conference of Psychiatry with International Participation “Multidisciplinary Approach in Psychiatry”, Timișoara

[ 16/01/2026 – 17/01/2026 ]

### Advanced Continuing Education Course – Masterclass in Sexology – Women’s Health, Timișoara

## SCOLARSHIPS

---

[ 01/08/2016 – 30/08/2016 ]

### IFMSA Research Scholarship Department of Pharmacology, Universidade Federal de Minas Gerais, Belo Horizonte, Brazil

Project: „Evaluation of neuropathological alterations induced by excitotoxic stimulation in mice”

[ 10/2016 – 02/2017 ]

### Erasmus Study Scholarship

Università degli Studi di Bari Aldo Moro, Bari, Italy

## PRIZES

---

[ 12/03/2021 ]

### First Prize – Scientific Webinar of PhD Students

[ 08/12/2021 ]

### PRECISI 2021 Award – Research Results Recognition

For the article: “Thyroid Autoimmune Disease – Impact on Sexual Function in Young Women”

Published in Journal of Clinical Medicine

**Book chapters *Intersections between Autoimmune Thyroid Disease, Sexual Dysfunction, and Mental Health in Women*** Ana-Maria Cristina Dăescu, Liana Dehelean and Dana Liana Stoian *Recent Advances in Thyroid Disorders*, IntechOpen, 28 May 2025 (DOI: 10.5772/intechopen.1010874)

**ISI-Indexed Articles (First Author) *Thyroid Autoimmune Disease-Impact on Sexual Function in Young Women*** Bortun AMC, Ivan V, Navolan DB, Dehelean L, Borlea A, Stoian D *Journal of Clinical Medicine (FI=3.303)*, 19 January 2021 (doi: 10.3390/jcm10020369; PMID: 33478026; PMCID: PMC7835763)

***Effects of Hormonal Profile, Weight, and Body Image on Sexual Function in Women with Polycystic Ovary Syndrome*** Daescu AMC, Dehelean L, Navolan DB, Gaitoane AI, Daescu A, Stoian D *Healthcare (FI=3.16)*, 19 May 2023 (doi: 10.3390/healthcare11101488; PMCID: PMC10218001; PMID: 37239774)

***The Paradox of Sexual Dysfunction Observed during Pregnancy*** Daescu AMC, Navolan DB, Dehelean L, Frandes M, Gaitoane AI, Daescu A, Daniluc RI, Stoian D *Healthcare (FI=2.8)*, 3 July 2023 (doi: 10.3390/healthcare11131914. PMID: 37444748; PMCID: PMC10341396)

***Psychometric Properties of the Romanian Version of the Female Sexual Function Index (FSFI-RO)*** Daescu AMC, Dehelean L, Navolan DB, Pop GN, Stoian D *BMC Womens Health (FI=3.1)*, 6 Oct 2023 (doi: 10.1186/s12905-023-02676-7. PMID: 37803305; PMCID: PMC10559518)

***The Impact of Maladaptive Coping Styles on Psychological Outcomes in Tuberculosis Patients*** Papava I, Daescu AMC, Dehelean L, Bredicean AC, Ilie AC, Ursoniu S, Bondrescu M, Radu I, Daescu A, Gaitoane AI, Oancea C *Healthcare (FI=2.4)*, 1 May 2025 (doi: 10.3390/healthcare13091042. PMID: 40361819; PMCID: PMC12071460)

***Multivariate Profiles of Female Sexual Function: A Cluster Analysis of FSFI Domains in Women with and Without PCOS*** Daescu A, Daescu AMC, Dehelean L, Navolan DB, Gaitoane AI, Stoian D *Biomedicines (FI=3.9)*, 12 December 2025 (doi: 10.3390/biomedicines13123069)

***AI at the Bedside of Psychiatry: Comparative Meta-Analysis of Imaging vs. Non-Imaging Models for Bipolar vs. Unipolar Depression*** Daescu A, Daescu AMC, Gaitoane AI, Maxim Ş, Pera SA, Dehelean L *Journal of Clinical Medicine (FI=2.9)*, 20 January 2026 (doi: 10.3390/jcm15020834)

**ISI-Indexed Articles (Co-author) *Social and Neurocognitive Deficits in Remitted Patients with Schizophrenia, Schizoaffective and Bipolar Disorder*** Dehelean L, Romosan AM, Bucatos BO, Papava I, Balint R, Bortun AMC, Toma MM, Bungau S, Romosan R *Healthcare (Basel) (FI=1.916)*, 24 March 2021 (doi: 10.3390/healthcare9040365; PMID: 33805007)

***Coping Strategies and Stress Related Disorders in Patients with COVID-19*** Dehelean L, Papava I, Musat MI, Bondrescu M, Bratosin F, Bucatos BO, Bortun AC, Mager DV, Romosan RS, Romosan AM, Paczeyka R, Cut TG, Pescariu SA, Laza R *Brain Sci. (FI=3.394)* 28 Sep 2021 (doi: 10.3390/brainsci11101287. PMID: 34679351; PMCID: PMC8533929)

***The Impact of Latent Cytomegalovirus Infection on Spontaneous Abortion History and Pregnancy Outcomes in Romanian Pregnant Women*** Mocanu AG, Stoian DL, Daescu AMC, Motofelea AC, Ciohat IM, Navolan DB, Vilibic-Cavlek T, Bogdanic M, Nemescu D, Tomescu L, et al. *Microorganisms. (FI=4.5)* 3 Apr 2024 (doi: 10.3390/microorganisms12040731)

***Comparing Relationship Satisfaction and Body-Image-Related Quality of Life in Pregnant Women with Planned and Unplanned Pregnancies*** Daniluc R-I, Craina M, Thakur BR, Prodan M, Bratu ML, Daescu A-MC, Puenea G, Niculescu B, Negrean R *Diseases. (FI=2.9)* 2 May 2024 (doi: 10.3390/diseases12060109)

***Aggression and the Big Five Personality Factors Among Fitness Practitioners and Pre-Workout Consumers*** Cucui-Cozma AS, Dehelean L, Bredicean A-C, Papava I, Deverdic IE, Daescu A-MC, Negrea C *Behavioral Sciences. (FI=2.5)* 25 November 2024 (doi: 10.3390/bs14121131)

***Coping Strategies in Patients with Bipolar Disorder (BD) and Major Depressive Disorder (MDD) and Their Correlation with Clusters of Psychiatric Symptoms*** Bucatoş BO, Gaita L, Romoşan AM, Papava I, Popovici M, Romoşan RŞ, Bondrescu M, Daescu AC, Dehelean L *Healthcare (Basel). (FI=2.4)* 2 May 2025 (doi: 10.3390/healthcare13091050. PMID: 40361828; PMCID: PMC12071913)

**ISI/WOS Indexed Abstracts (First Author) (362) PSYCHOMETRIC VALIDATION OF THE FEMALE SEXUAL FUNCTION INDEX – ROMANIAN VERSION (FSFI-RO)** Dăescu AMC, Dehelean L, Navolan DB, Pop GN, Stoian DL *The Journal of Sexual Medicine*, Volume 21, Issue Supplement 4, May 2024 (DOI: 10.1093/jsxmed/qdae041.078)

**P2287 The relationship between personality type, level of empathy, and medical specialty choice among medical students** Daescu AMC, Licarete RM, Gaitoane AI, Daescu A, Bondrescu M, Bucatos BO, Papava I, Romosan RS, Romosan AM, Dehelean L *Neuroscience Applied*, Volume 3, Supplement 2, 2024 (DOI: 10.1016/j.nsa.2024.104718)

**ISI/WOS Indexed Abstracts (Co-author) P.403 Social and neurocognitive deficits in remitted patients with schizophrenia, schizoaffective and bipolar disorder** Bucatos BO, Balint R, Dehelean L, Romosan A, Papavă I, Romosan R, Bortun A *European Neuropsychopharmacology*, 2019 (doi: 10.1016/j.euroneuro.2019.09.416. ISSN 0924-977X)

**The role of social acuity assessment in differentiating primary psychoses from drug-induced psychoses** Ciobanu V, Minciună M, Bucatos B, Ciotu M, Sudrijan C, Olteanu A, Bortun AM, Bondrescu M, Papava I, Romosan AM, Romosan R, Dehelean L *European Psychiatry*, 2021 (doi: 10.1192/j.eurpsy.2021.645. p-ISSN: 0924-9338. e-ISSN: 1778-3585)

**P.0909 Long-acting injectable risperidone vs paliperidone: cardiovascular and metabolic risk factors** Bondrescu M, Bortun AM, Bucatos BO, Ciobanu AVL, Balint R, Romosan AM, Romosan RS, Papava I, Dehelean L, Andor M, Tomescu M *European Neuropsychopharmacology*, 2021 (doi: 10.1016/j.euroneuro.2021.10.765. ISSN 0924-977X)

**Cognitive impairments in the main psychiatric disorders** Bondrescu M, Mican A, Bratosin F, Daescu AM, Bucatos BO, Romosan AM, Romosan R, Papava I, Dehelean L *Neuroscience Applied*, 2022 (DOI: 10.1016/j.nsa.2022.100867)

**Social anxiety, coping and self-esteem among students** Bondrescu M, Nanu MC, Daescu AMC, Bucatos BO, Romosan AM, Romosan RS, Papava I, Dehelean L *Neuroscience Applied*, 2023 (doi: 10.1016/j.nsa.2023.102735)

**The impact of SARS-COV-2 pandemic on mental health in medical staff** Bacaiteanu CB, Bucatos BO, Romosan A, Bondrescu M, Daescu AMC, Romosan R, Papava I, Laza R, Dehelean L *European Psychiatry*, 2023 (DOI: 10.1192/j.eurpsy.2023.1653)

**Impulsivity and impaired control as transdiagnostic markers for alcohol dependence** Bondrescu M, Manta M, Farcas CA, Daescu AMC, Bucatos BO, Romosan AM, Romosan RS, Papava I, Dehelean L *Neuroscience Applied*, Volume 3, Supplement 2, 2024 (DOI: 10.1016/j.nsa.2024.104865)

**The complex interaction between emotion regulation and sleep disturbances in perceived anxiety, depression, and stress** Dragan PA, Bondrescu M, Ladari RA, Daescu AMC, Bucatos BO, Romosan AM, Romosan RS, Papava I, Dehelean L *Neuroscience Applied*, Volume 3, Supplement 2, 2024 (DOI: 10.1016/j.nsa.2024.104935)

**The Influence of Emotional Regulation on Individual Functionality Based on Personality Traits: Insights from a Cross-Sectional Study** Nicoras V, Bondrescu M, Les IM, Bratosin F, Daescu AMC, Bucatos BO, Romosan AM, Romosan RS, Papava I, Dehelean L *Neuroscience Applied*, Volume 3, Supplement 2, 2024 (DOI: 10.1016/j.nsa.2024.104588)

**BDI Indexed Abstracts (Co-author) Phenomenologic and biochemical features differentiating between substance induced and functional psychoses** Olteanu VA, Balint R, Minciună MM, Bortun AMC, Ciobanu AVL, Ciotu MC, Romoșan AM, Miloș SP, Bucatoș B, Dehelean L *Revista Română de Psihiatrie*, Martie 2019 (p-ISSN: 1454-7848, e-ISSN: 2068-7176)