



Bănărescu Camelia-Felicia

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Date of birth: 21/03/1995 Nationality: Romanian

WORK EXPERIENCE

"Victor Babeș" University of Medicine and Pharmacy

City: Timișoara | Country: Romania

[29/09/2025 – Current] **Assistant lecturer**

Med Life S.A. Timisoara Branch

City: Timișoara | Country: Romania

[01/06/2025 – Current] **Specialist in Allergology and Clinical Immunology**

"Pius Brinzeu" County Emergency Hospital, Timișoara

City: Timisoara | Country: Romania

[01/02/2020 – 07/04/2025] **Resident Physician Allergology and Clinical Immunology**

EDUCATION AND TRAINING

[29/09/2025 – Current] **Assistant lecturer**

"Victor Babeș" University of Medicine and Pharmacy <https://www.umft.ro>

City: Timișoara | Country: Romania | Field(s) of study: Education

[01/10/2025 – Current] **Psychopedagogical training module – Level I and II (in progress)**

West University of Timisoara (UVT) <https://www.uvt.ro>

City: Timișoara | Field(s) of study: Education

[05/05/2025 – Current] **Specialist in Allergology and Clinical Immunology**

Romanian College of Physicians

City: București | Country: Romania |

[30/09/2024 – Current] **Doctoral student**

"Victor Babeș" University of Medicine and Pharmacy in Timișoara <https://www.umft.ro>

City: Timișoara | Country: Romania |

[01/02/2020 – Current] **Resident physician in the specialty of Allergology and Clinical Immunology**

"Pius Brinzeu" County Emergency Hospital, Timișoara www.hosptm.ro

City: Timișoara | Country: Romania |

[18/09/2013 – 16/07/2019] **Doctor of Medicine**

"Victor Babeș" University of Medicine and Pharmacy in Timișoara <https://www.umft.ro/>

City: Timișoara | Country: Romania |

LANGUAGE SKILLS

Mother tongue(s): Romanian

Other language(s):

English

LISTENING B2 READING B2 WRITING B2

SPOKEN PRODUCTION B1 SPOKEN INTERACTION B2

Italian

LISTENING A2 READING A2 WRITING A2

SPOKEN PRODUCTION A2 SPOKEN INTERACTION A2

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

SKILLS

Microsoft Powerpoint | Photography | Microsoft Word | Microsoft Excel | Programe de comunicare (Zoom, Skype, Google Meet)

PUBLICATIONS

- [2026] [Microbiota-Driven Immune Dysregulation Along the Gut-Lung-Vascular Axis in Asthma and Atherosclerosis](#)
- Reference:** Zimbru E.-L., et al. (2026). Microbiota-Driven Immune Dysregulation Along the Gut-Lung-Vascular Axis in Asthma and Atherosclerosis. *Biomedicines*, 14(1), 73. <https://doi.org/10.3390/biomedicines14010073>
- Authors:** Zimbru E.-L., Zimbru R.-I., Bojin F.-M., Chiriac S.D., Haidar L., Andor M., Tănăsie G., Georgescu M., Uța C., Bănărescu C.-F., Groza S., Panaitescu C. | **Journal Name:** *Biomedicines* | **Volume, Issue and Pages:** 2026; 14(1):73 | **Publisher:** MDPI
- [2025] [GINA 2025 in the mirror of 2024 – new therapeutic paradigms and alignment with EAACI recommendations in asthma management](#)
- Authors:** Bănărescu C.-F., Uța C., Haidar L., Moldovan S.-I., Panaitescu C. | **Journal Name:** *Alergologia* | **Volume, Issue and Pages:** 2025; Vol. IX, Nr. 3 | **Publisher:** MEDICHUB MEDIA
- [2025] [Beyond the Skin: Exploring the Gut-Skin Axis in Chronic Spontaneous Urticaria and Other Inflammatory Skin Diseases](#)
- Reference:** *Biomedicines* 2025, 13(8), 2014;
- Authors:** Haidar, L.; Bănărescu, C.F.; Uța, C.; Zimbru, E.-L.; Zimbru, R.-I.; Tîrziu, A.; Pătrașcu, R.; Șerb, A.-F.; Georgescu, M.; Nistor, D.; et al.
- [2025] [Connecting the Dots: How MicroRNAs Link Asthma and Atherosclerosis](#)
- Reference:** *Int. J. Mol. Sci.* 2025, 26, 3570.
- Authors:** Zimbru, R.-I.; Zimbru, E.-L.; Bojin, F.-M.; Haidar, L.; Andor, M.; Harich, O.O.; Tănăsie, G.; Tatu, C.; Mailat, D.-E.; Zbîrcea, I.-M.; Hirtie B; Uța C; Bănărescu C-F; Panaitescu C
- [2024] [Pollen-Food Allergy Syndrome: Allergens, Clinical Insights, Diagnostic and Therapeutic Challenges](#)
- Reference:** *Appl. Sci.* 2025, 15, 66. <https://doi.org/10.3390/app15010066>
- Authors:** Haidar, L.; Bănărescu, C.F.; Uța, C.; Moldovan, S.I.; Zimbru, E.-L.; Zimbru, R.-I.; Ciurariu, E.; Georgescu, M.; Panaitescu, C
- [2024] [Immunological characteristics of Amb a 1 isoforms in ragweed pollen – a new frontier in the treatment of ragweed allergy](#)
- Reference:** *Revista ALERGOLOGIA*, Vol VIII • Nr. 15, Octombrie 2024 • DOI:10.26416/Aler.8.3.2024
- [2024] [Evaluation of response to immunotherapy among ragweed pollen allergic patients – a longitudinal analysis](#)

Reference: Revista ALERGOLOGIA, Vol VIII • Nr. 15, Octombrie 2024 DOI:10.26416/Aler.8.3.2024.10136

[2023] [**Treatment of allergic asthma - new perspectives and therapeutic approaches**](#)

Reference: Revista ALERGOLOGIA, Volumul VII • No. 4, Decembrie 2023, DOI: 10.26416/Aler.7.4.2023

Link: https://www.researchgate.net/publication/379017661_Treatment_of_allergic_asthma_-_new_perspectives_and_therapeutic_approaches

[2023] [**The utility of functional tests in the diagnosis of allergic asthma**](#)

Reference: Revista ALERGOLOGIA, Volumul VII, No. 4, Decembrie 2023, DOI: 10.26416/Aler.7.4.2023

[2023] [**Atopic dermatitis and asthma – clinical interrelationships**](#)

Reference: Revista ALERGOLOGIA, Volumul VI, No. 1, Martie 2023, DOI: 10.26416/Aler.7.1.2023.7863

Link: <https://www.medichub.ro/reviste-de-specialitate/alergologia/dermatita-atopica-si-astmul-interrelatii-clinice-id-7863-cmsid-99>

[2022] [**Clinical impact and management of comorbidities in severe asthma**](#)

Reference: Revista ALERGOLOGIA, Volumul VI, No. 3, Octombrie 2022, DOI: 10.26416/Aler.6.3.2022.7167

Link: <https://www.medichub.ro/reviste-de-specialitate/alergologia/impactul-clinic-si-managementul-comorbiditatilor-in-astmul-sever-id-7167-cmsid-99>

[2022] [**Chronic spontaneous urticaria in clinical practice**](#)

Reference: Revista ALERGOLOGIA, DOI: 10.26416/Aler.6.2.2022.6597

Link: <https://www.medichub.ro/reviste-de-specialitate/alergologia/urticaria-cronica-spontana-in-practica-clinica-id-6597-cmsid-99>

[2021] [**Chronic spontaneous urticaria – usefulness of assessment tools in clinical practice according to the EAACI/GA²LEN/EuroGuiDerm/APAAACI 2021 guideline**](#)

Reference: Revista ALERGOLOGIA , Volumul VI, No. 20 Decembrie 2021, DOI: 10.26416/Aler.6.4.2021.5818

Link: <https://www.medichub.ro/reviste-de-specialitate/alergologia/urticaria-cronica-spontana-utilitatea-instrumentelor-de-evaluare-in-practica-clinica-conform-ghidului-eaaci-ga-len-euroguiderm-apaaaci-2021-id-5818-cmsid-99>

[2021] [**Sensitization to house dust mites – a molecular interpretation**](#)

Reference: Revista ALERGOLOGIA Volumul V, nr.1, DOI: 10.26416/Aler.5.1.2021.4451

Link: <https://www.medichub.ro/reviste-de-specialitate/alergologia/sensibilizarea-la-acarienii-din-praful-de-casa-o-interpretare-moleculara-id-4451-cmsid-99>

[2020] [**Molecular diagnosis of allergies in clinical practice**](#)

Reference: Revista ALERGOLOGIA, DOI: 10.26416/Aler.4.4.2020.3989

Link: <https://www.medichub.ro/reviste-de-specialitate/alergologia/diagnosticul-molecular-al-alergiilor-in-practica-clinica-id-3989-cmsid-99>

CONFERENCES AND SEMINARS

- [12/12/2025 – 13/12/2025] **Winter School of Allergology of the Romanian Society of Allergology and Clinical Immunology**
- [15/05/2025 – 17/05/2025] **National Conference of the Romanian Society of Allergology and Immunology**
București
- [04/04/2025 – 05/04/2025] **Allergen immunotherapy masterclass** Brașov
- [22/11/2024 – 23/11/2024] **Winter School of Allergology of the Romanian Society of Allergology and Clinical Immunology**
Online
- [22/11/2024] **Interferences – The Art of Life, 2nd edition** Muzeul Național de Artă Timișoara
- [08/12/2023 – 09/12/2023] **Winter School of Allergology of the Romanian Society of Allergology and Clinical Immunology**
Online
- [08/12/2023] **Interferences – The Art of Life, 1st edition**
Muzeul Național de Artă Timișoara, România
- [14/10/2023] **Virtual 12th Symposium on Specific Allergy (eSOSA) 2023** Seminar, online
Introduceți aici descrierea...
Link: https://www.linkedin.com/posts/alk-abello_symposium-on-specific-allergy-esosa-2023-activity-7113115671340720128-VYm4
- [29/06/2023] **Food allergies and intolerances - continuing challenges in the field of pediatric pathology**
Seminar, online
- [20/06/2023] **World Allergy Week 2023, Climate Change Worsens Allergies: Be Ready** Seminar, online
- [30/05/2023] **Respiratory Allergies in Children - Their Pathway to Effective Disease Management**
Online
- [24/03/2023 – 25/03/2023] **AstraZeneca Respiratory Summit** Sibiu
- [17/03/2023 – 18/03/2023] **Molecular Allergy Workshop** Online
- [02/06/2022 – 04/06/2022] **National Conference of Allergology and Clinical Immunology** Online
- [26/03/2022] **Novartis event “Face to face with chronic spontaneous urticaria”** București
- [18/03/2022] **Approaching the patient with angioedema in medical practice** Webinar
- [10/12/2021 – 11/12/2021] **Winter School of Allergology of the Romanian Society of Allergology and Clinical Immunology**
Online
- [24/06/2021 – 26/06/2021] **National Conference of the Romanian Society of Allergology and Clinical Immunology**
Bucuresti

Link: <https://www.medicalmanager.ro/conferinta-nationala-de-alergologie-si-imunologie-clinica/>

- [18/06/2021] **Hereditary Angioedema: New Diagnostic and Treatment Options** Centrul OncoGen, Timișoara
- [16/06/2021] **GA²LEN ANACARE Webinars** Webinar
- [08/06/2021] **The patient with allergic rhinitis in Romania - Challenges and certainties in current management**
Centrul OncoGen, Timișoara
- [02/06/2021] **GA²LEN ANACARE Webinars** Webinar
- [19/05/2021] **GA²LEN ANACARE Webinars** Webinar
- [05/05/2021] **GA²LEN ANACARE Webinars** Webinar
- [30/04/2021] **GA²LEN ANACARE Webinars** Webinar
- [21/04/2021] **GA²LEN ANACARE Webinars** Webinar
- [17/04/2021] **International Severe Asthma Forum Digital 2021** Online
- [03/03/2021] **Microbiota - therapeutic perspectives in different types of childhood diseases**
Seminar, online
- [26/02/2021] **3rd National Interdisciplinary Conference on Allergology & Pneumology "ASTM – current approaches"**
Online
- [23/10/2020 – 24/10/2020] **Food Allergy Management - SRAIC Fall Conference** Seminar, online
- [30/06/2020] **Approaching the patient with severe asthma, from theory to practice** Online
- [25/06/2020 – 27/06/2020] **The 8th Conference of the College of Physicians of Bucharest** Online
- [17/05/2020] **SRAIC recommendations on the management of the main allergic conditions during the SARS-COV-2 pandemic**
Online
- [07/03/2020] **Drug Allergy Symposium "Meet the Professors: Pascal Demoly & Anca Chiriac"**
Poiana Brasov, Romania
- [05/03/2020 – 06/03/2020] **Phadia Event** Centrul OncoGen, Timișoara

CONTRIBUȚII ACADEMICE

- [12/2024] **Nomenclature of allergic diseases and hypersensitivity reactions, adapted to modern needs: an EAACI recommendation document**

Direct Translation of the Nomenclature of allergic diseases and hypersensitivity reactions: Adapted to modern needs: An EAACI position paper. Contribuție la traducere. Publicat în: Alergologia, Volumul VIII, No. 4, Decembrie 2024, DOI:10.26416/Aler.8.4.2024. Traducere a: Allergy, 2023 Nov; 78(11):2851-2874

[10/2024] **ESSENTIALS IN ALLERGOLOGY, 2nd Edition**

Translation collaborator (scientific revision and terminological adaptation): Allergy Essentials, Second Edition, Romanian translation

Link: <https://sraic.eu/in-premiara-publicarea-primeii-editii-in-limba-romana-a-tratatului-esential-in-alergologie/>

CURSURI DE FORMARE PROFESIONALĂ

[21/10/2024] **International Certificate of "Asthmatic Molecules" INUNIMAI**

[10/04/2024] **ICH GOOD CLINICAL PRACTICE E6 (R2)**

[21/06/2023] **Immunodeficiency Course**

[17/08/2022] **GCP Compliance Training for HCPs V2.0**

[12/08/2022] **ICH GOOD CLINICAL PRACTICE E6 (R2)**

[07/02/2022] **International Certificate of "Anaphylactogenic Molecules" INUNIMAI**

ACTIVITATE PROFESIONALĂ

[15/05/2025 – 17/05/2025] **Poster - Isoform variability of the major allergen Amb a 1 and its potential impact on the management of ragweed pollen allergy**

At the National Conference of Allergology and Clinical Immunology, Young Corner

[2024 – 2025] **Remibrutinib (LOU064) clinical trial in chronic inducible urticaria**

Sub Investigator

- Research contract with Novartis
- Participation in clinical trials focused on inducible urticaria, involving the evaluation of treatments and monitoring of patients to determine their efficacy and safety.
- Interdisciplinary collaboration with medical and research teams to optimize treatments for patients with inducible urticaria.

[2024 – 09/12/2024] **EXHALE-2/ Dexpramipexole clinical trial – phase III, Areteia Therapeutics**

Sub Investigator

- Research contract with Astrazeneca
- Active participation in phase III clinical trials focused on severe asthma, involving the collection, analysis and interpretation of clinical data and the evaluation of the efficacy and safety of asthma treatments
- Contribution to the development and implementation of study protocols, patient monitoring and reporting of results.

[29/03/2022] **Lecturer - Student Medical Clinical Case Evening**

[22/01/2021 – 23/01/2021] **Lecturer and E-Poster at the First Winter School of Molecular Allergology in Romania**

[2020 – 2021] **QGE031/Ligelizumab clinical trial – phase III, Novartis**

Sub Investigator

- Research contract with Novartis

- Active participation in phase III clinical trials focused on chronic spontaneous urticaria, involving the collection, analysis and interpretation of clinical data and the evaluation of the efficacy and safety of treatments.
- Contribution to the development and implementation of study protocols, patient monitoring and reporting of results.

INFORMAȚII SUPLIMENTARE

[25/07/2024 – Current]

**Associate member at the Center for Immunophysiology and Biotechnology
Timișoara/acronym CIF-BIOTECH**

[20/05/2024]

Collaborator on the Romanian translation of the book Allergy Essentials, Second Edition

[2020 – Current]

Membership in professional organizations

COMPETENȚE DE COMUNICARE ȘI INTERPERSONALE

Clinical and medical skills

1. Diagnosis and treatment of allergic and immunological diseases (severe asthma, allergic rhinitis, chronic urticaria, food allergies, immunodeficiencies).
2. Allergy skin tests (prick test, patch test) and interpretation of results.
3. Controlled allergic challenges (food, drug, respiratory).
4. Spirometry and pulmonary function assessment for the diagnosis of respiratory allergic diseases.
5. Desensitization and allergen immunotherapy for respiratory allergies.
6. Management of allergic emergencies (anaphylaxis, hereditary angioedema).

Technical and digital skills

1. Interpretation of immunological tests (specific IgE, molecular testing).
2. Use of laboratory equipment for immunological analysis and inflammation monitoring.
3. Handling of clinical data in medical information systems and clinical trial analysis software.
4. Advanced use of Microsoft Office (Word, Excel, PowerPoint) and telemedicine platforms (Zoom, Google Meet).

Interpersonal and communication skills

1. Effective communication with patients and family/caregivers, explaining the diagnosis and treatment plan in clear and accessible terms to the patient/family/caregiver.
2. Interdisciplinary teamwork, collaboration with physicians from various specialties.
3. Scientific presentation and writing, experience in publishing articles and giving scientific presentations.
4. Time management and organization, effective prioritization of patients and research activities.