



Bianca-Oana Bucatoș

Nationality: Romanian **Date of birth:** 30/08/1992 **Gender:** Female

✉ **Email address:** bianca.bucatos@umft.ro

📍 **Home:** Timisoara (Romania)

WORK EXPERIENCE

🏥 **County Emergency Clinical Hospital „Pius Brînzeu” Timișoara**

Specialist Doctor - Psychiatry

[01/02/2023 – Current]

🏥 **County Emergency Clinical Hospital „Pius Brînzeu” Timișoara – Psychiatry Clinic „Eduard Pamfil” – Timișoara**

Resident Doctor - Psychiatry

[01/01/2018 – 31/12/2022]

🏥 **University of Medicine and Pharmacy "Victor Babes" Timisoara**

Assistant professor

[01/10/2022 – Current]

EDUCATION AND TRAINING

Postgraduate Teacher Training Module (Level II)

"Vasile Goldiș" Western University of Arad [10/10/2024 – 2025]

City: Arad | Country: Romania | Website: <https://www.uvvg.ro/>

Postgraduate Teacher Training Module (Level I)

"Vasile Goldiș" Western University of Arad [10/2023 – 07/2024]

"Leadership and Professional Skills Course for Early Career Psychiatrists" ARPP, AMRPR - lead by Prof. Norman Sartorius and Prof. Sir Graham Thornicroft

[16/03/2025 – 18/03/2025]

City: Sibiu | Country: Romania

PhD Student

University of Medicine and Pharmacy Victor Babes Timisoara [01/10/2020 – Current]

Address: Eftimie Murgu 2, 300014 Timisoara (Romania) | Website: <https://www.umft.ro/>

Training course "Enhancing the Professional Competencies of Medical Personnel involved in detecting Affective Disorders and preventing Suicidal Behavior".

CNSMLA and the Romanian Association of Psychiatry and Psychotherapy (ARPP) [19/10/2020 – 24/10/2020]

City: București | Country: Romania

Medical Doctor

University of Medicine and Pharmacy Victor Babes Timisoara [2011 – 2017]

Address: Eftimie Murgu 2, 300014 Timisoara (Romania) | Website: <https://www.umft.ro/> | Thesis: „Frecvența crizelor convulsive în simptomatologia tumorilor cerebrale” - Lucrare de Diplomă efectuată la catedra de Neurochirurgie sub conducerea Conf. Dr. Med. Horia Pleș

Bachelor's Degree (Mathematics-Informatics, English Intensive Profile)

Grupului Școlar Industrial Sebiș, jud. Arad [2007 – 2011]

Country: Romania

LANGUAGE SKILLS

Mother tongue(s): Romanian

Other language(s):

English

LISTENING C2 READING C2 WRITING C2

SPOKEN PRODUCTION C2 SPOKEN INTERACTION C2

French

LISTENING B1 READING B1 WRITING A2

SPOKEN PRODUCTION A1 SPOKEN INTERACTION A1

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

SKILLS

ECDL Core Certificate / Navigare Internet / Microsoft Office - Nivel Avansat / Sisteme de operare / Baze de date / HTML- incepator / Programe de editare grafică – Photoshop / Zoom / Google tools (Gmail Drive Google forms etc) / Social Media / Atestat Informatica(HTML)

PUBLICATIONS

[2025]
Bucatoș, B.O.; Gaita, L.; Romoșan, A.-M.; Papava, I.; Popovici, M.; Romoșan, R.-, S.; Bondrescu, M.; Daescu, A.-M.C.; Dehelean, L. Coping Strategies in Patients with Bipolar Disorder (BD) and Major Depressive Disorder (MDD) and Their Correlation with Clusters of Psychiatric Symptoms. Healthcare 2025, 13, 1050.

[2023]
Bacaitanu CB, Bucatos BO, Romosan A, Bondrescu M, Daescu AM, Romosan R, Papava I, Laza R, Dehelean L. The impact of SARS-Cov-2 pandemic on mental health in medical staff. European Psychiatry. 2023 Mar; 66(S1):S783-.

[2023]
Bondrescu M, Nanu MC, Daescu AM, Bucatos BO, Romosan AM, Romosan RS, Papava I, Dehelean L. Social anxiety, coping and self-esteem among students. Neuroscience Applied. 2023 Jan 1;2:102735.

[2021]
Dehelean L, Papava I, Musat MI, Bondrescu M, Bratosin F, Bucatos BO, Bortun AM, Mager DV, Romosan RS, Romosan AM, Paczeyka R. Coping Strategies and Stress Related Disorders in Patients with COVID-19. Brain Sciences. 2021 Oct;11(10):1287

[2021]
Bondrescu M, Bortun AM, Bucatos BO, Ciobanu AV, Balint R, Romosan AM, Romosan RS, Papava I, Dehelean L, Andor M, Tomescu MC. P. 0909 Long-acting injectable risperidone vs paliperidone: cardiovascular and metabolic risk factors. European Neuropsychopharmacology. 2021 Dec 1;53:S668-9

[2021]

Dehelean L, Romosan AM, Bucatos BO, Papava I, Balint R, Bortun AM, Toma MM, Bungau S, Romosan RS. **Social and Neurocognitive Deficits in Remitted Patients with Schizophrenia, Schizoaffective and Bipolar Disorder.** In *Healthcare* 2021 Apr (Vol. 9, No. 4, p. 365). Multidisciplinary Digital Publishing Institute

[2021]

Dehelean L, Marinescu I, Stovicek PO, Romoșan AM, Romoșan RȘ, Bálint R, Bucatoș BO, Ciobanu AV, Bondrescu M, Marinescu D, Manea MM. **Impairment of the cardiac ejection fraction by blocking dopamine D2 receptors induced by long-acting injectable antipsychotic treatment.** *Romanian Journal of Morphology and Embryology.* 2021 Apr 1;62(2):497-508.

DRIVING LICENCE

Driving Licence: B

CONFERENCES AND SEMINARS

[19/03/2025 – 22/03/2025] Sibiu, Romania

The National congress of Psychiatry, 9th edition. Invited lecturer with the presentation: "The Psychological Foundations of Disorders of Sexual Development" and moderator of the symposium: "Bio-psycho-social Factors Involved in Disorders of Sexual Development and the Assessment of Sexuality in Clinical Practice"

[22/05/2024 – 25/05/2024] Timișoara

The 16th National Psychiatry Conference, "Psychiatry: A Cultural and Multidisciplinary Space." Oral Presentations:

- Identifying Biological Markers Using Artificial Intelligence. Bianca Oana Bucatoș, Alexandru Ioan Găitoane, Ion Papavă, Radu Romoșan, Ana-Maria Romoșan, Mariana Bondrescu, Ana-Maria Dăescu, Liana Dehelean
- Practical Applications of Artificial Intelligence in Psychiatry. Bianca Oana Bucatoș, Alexandru Ioan Găitoane, Ion Papavă, Radu Romoșan, Ana-Maria Romoșan, Mariana Bondrescu, Ana-Maria Dăescu, Liana Dehelean

[07/06/2023 – 10/06/2023] București

The 15th National Psychiatry Conference, "Multidisciplinarity and Continuity of Care Services in Mental Health." Oral Presentation: *"The Importance of Pharmacogenetics in Initiating Antipsychotic Treatment."* Bianca Bucatoș, Liana Dehelean, Ion Papavă, Radu Romoșan, Ana-Maria Romoșan, Mariana Bodrescu, Ana-Maria Dăescu

[21/09/2022 – 24/09/2022] Online

The 22nd SNPCAR Congress and the 44th National Conference on Child and Adolescent Neurology-Psychiatry and Associated Professions in Romania with International Participation Pre-Congress Course: *"Therapeutic Intervention in Bipolar Disorders."* Bianca Bucatoș, Liana Dehelean, Laura Nussbaum

[15/09/2022 – 18/09/2022] Timișoara, România

Conference: "Resilience, Stress, and Anxiety in Contemporary Psychiatry," Timișoara Oral Presentation: *"Anxiety and Eating Disorders."*

[10/04/2021 – 13/04/2021] Online

29th European Congress of Psychiatry", EPA Virtual (online) Poster: The role of social acuity assessment in differentiating primary psychoses from drug-induced psychoses. Andra Vera Livia Ciobanu, Bortun Ana-Maria Cristina, Ciotu Marian, Codruta Sudrijan, Bianca Bucatos, Mihaela Minciuna, Andrei Olteanu, Mariana Bondrescu, Ion Papava, Ana-Maria Romosan, Radu Romosan, Liana Dehelean.

[07/09/2019 – 10/09/2019] Copenhaga

32nd Congress of the European College of Neuropsychopharmacology Prezentare poster: Social and Neurocognitive Deficits in Remitted Patients with Schizophrenia, Schizoaffective and Bipolar Disorder. BO Bucatos, R Balint, L Dehelean, AM Romosan, I Papava, RS Romosan, AMC Bortun.

[16/05/2018 – 19/05/2018] Timișoara

The 12th National Psychiatry Conference, "Mental Health, the Individual, and Society." Oral Presentation: "*Behavioral Phenotypes in Patients with Alcohol-Induced Psychosis.*" Liana Dehelean, Andreea Pantea, Iris Druț, Bianca Oana Bucatoș, Oana Chirilă, Ana-Maria Romoșan, Radu-Ștefan Romoșan.

Sibiu, Romania

The 2019 National Psychiatry Conference, Sibiu Oral Presentation: "*Phenomenological and Biochemical Factors Differentiating Functional Psychoses from Substance-Induced Psychoses.*" Vasile Andrei Olteanu, Rita Balint, Maria Mihaela Minciună, Ana-Maria Cristina Bortun, Andra Vera Livia Ciobanu, Marian Constantin Ciotu, Ana-Maria Romoșan, Sergiu-Paul Miloș, Bianca Bucatoș, Liana Dehelean.

[24/04/2014 – 27/04/2014] Timișoara, România

The XVIIIth International Congress for Medical Students and Young Doctors, MEDIS, 2014 Prezentare de caz: Complications in a noncompliant patient with complex cardiovascular pathology. Burtea Roxana, Bucatos Bianca.

[24/03/2014 – 26/03/2014] Timișoara, România,

Timișoara Medical Education Days, 3rd edition, UMFT, Timișoara 2014 Prezentare poster: Inadequate Anamnesis - The heart of the matter. Bucatos Bianca, Burtea Roxana.

Passive Participant in the Following Conferences and Symposia: ■ Participant pasiv la cel de-al XIX-lea Congres al Asociației Medicilor Rezidenți în Psihiatrie din România cu tema "Psihiatrie între Teorie și Practică" în perioada 11 -13 septembrie 2015 ■ Simpozionul "Abordarea pacientului în clinica psihiatrică: Modalități de colaborare interdisciplinară" - Sibiu, 14-16 septembrie 2018. ■ Participare la simpozionul " Șapte decenii de Psihiatrie în Timișoara: despre oameni și conexiuni", Timisoara, 28-30 martie 2019. ■ Participant pasiv la conferința "HEART – Healthcare, Education and Research Talks Conference", 1st edition, EMSA, Timișoara, 8.04.2016.

HONOURS AND AWARDS

"Victor Babeș" University of Medicine and Pharmacy, Timișoara.

Third Prize at the 2013 Anatomy Olympiad, organized by the Department of Anatomy, Victor Babeș University of Medicine and Pharmacy, Timișoara.

TECHNICAL SKILLS AND COMPETENCIES

[10/2015 – 11/2016]

Active Member of the Student Neurosurgery Circle in Timișoara (2015-2016)

[26/04/2014]

"Hands-on Abdominal Ultrasound" Workshop, SSMT, Timișoara

[02/11/2013 – 03/11/2013]

Workshop "Knots and Sutures," organized by SSCR Timișoara, 12th Edition, 2013

[05/09/2013 – 11/09/2013]

"Primary Clinical Skills" Summer Course, 2013

MANAGEMENT AND LEADERSHIP SKILLS

Experience in both independent work and collaborative team environments, demonstrating adaptability, problem-solving skills, and effective communication. Able to take initiative and work autonomously, as well as engaging in teamwork, contributing to a positive and productive work atmosphere.

COMMUNICATION AND INTERPERSONAL SKILLS

Strong communication skills, with the ability to effectively convey and interpret messages in various situations.

Strong adaptability and ability to acquire new skills quickly. Open to learning and professional development, with a proactive approach to integrating new knowledge and techniques in diverse environments. Flexible in responding to challenges and evolving work demands.