



Virgil - Radu Enătescu

Date of birth: 07/02/1973
Place of birth: Arad, Romania
Nationality: Romanian

CONTACT

 Eftimie Murgu Sq. no. 2,
300041 Timișoara, jud. Timiș,
Romania (**Work**)

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WORK EXPERIENCE

- **"Victor Babes" University of Medicine and Pharmacy Timisoara - Discipline of Psychiatry** Timisoara, Romania
Professor of Psychiatry
25/07/2021 – Current
- **"Victor Babes" University of Medicine and Pharmacy - Discipline of Psychiatry** Timisoara, Romania
Address Piața Eftimie Murgu 2, 300041, Timisoara, Romania | **Website** <http://www.umft.ro>
Associate Professor
2016 – 15/09/2021
- **Psychiatric Clinic I - Clinical Emergency County Hospital "Pius Brinzeu" Timisoara** Timisoara, Romania
Address Iancu Văcărescu 21, 300182, Timisoara, Romania
Senior Psychiatrist - Head of Psychiatric Clinic I
2009 – Current
- **"Victor Babes" University of Medicine and Pharmacy - Discipline of Psychiatry** Timisoara, Romania
Address Piața Eftimie Murgu 2, 300041, Timisoara, Romania | **Website** <http://www.umft.ro>
Senior Lecturer
2012 – 2017
- **"Victor Babes" University of Medicine and Pharmacy - Discipline of Psychiatry** Timisoara, Romania
Address Piața Eftimie Murgu 2, 300041, Timisoara, Romania | **Website** <http://www.umft.ro>
Assistant Professor
2005 – 2013
- **Psychiatry Ward I of the Psychiatric Clinic „Prof. Dr. Eduard Pamfil”- County Clinical Hospital** Timisoara, Romania
Address Iancu Văcărescu 21, 300182, Timisoara, Romania
Psychiatrist
2005 – 2010
- **"Victor Babes" University of Medicine and Pharmacy - Discipline of Psychiatry** Timisoara, Romania
Address Piața Eftimie Murgu 2, 300041, Timisoara, Romania | **Website** <http://www.umft.ro>
Junior Assistant Professor
2002 – 2006
- **Psychiatry Ward I of the Psychiatric Clinic „Prof. Dr. Eduard Pamfil”- County Clinical Hospital** Timișoara, Romania
Address Iancu Văcărescu 21, 300182, Timișoara, Romania

Resident Doctor in Psychiatry

2000 – 2006

Satu Mare County Hospital Satu Mare, Romania

Medical Intern

1999 – 2001

LANGUAGE SKILLS

MOTHER TONGUE(S): Romanian

Other language(s):

English

Listening C1

Spoken production C1

Reading C1

Spoken interaction C1

Writing C1

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

EDUCATION AND TRAINING

2014 – 2017 Carlsbad, California, United States

Master Psychopharmacology Program Neuroscience Education Institute

Website <https://www.neiglobal.com>

2008 Timișoara, Romania

Ph.D. certificate in Psychiatry, Series F No.0006269 04/15/2008 "Victor Babeș" University of Medicine and Pharmacy Timișoara, Romania

Psihiatrie

Address Eftimie Murgu Sq. no. 2, 300041, Timișoara, Romania | **Website** <http://www.umft.ro>

2002 – 2007 București, Romania

Psychotherapist in Cognitive Behavioral Therapy Romanian Association of Behavioral and Cognitive Therapy (ARTCC) - Romanian Federation of Psychothe

2004 – 2007 Arad, Romania

"Medical Psychotherapy" Master Program „Vasile Goldiș” Western University of Arad

Address Liviu Rebreanu str., no. 86, Arad, Romania

1992 – 1999 Timișoara, Romania

Bachelor's degree - the title of medical-doctor in the field of General Medicine „Victor Babeș” University of Medicine and Pharmacy Timișoara, Faculty of General Medicine

Address Eftimie Murgu Sq. no. 2, 300041, Timișoara, Romania | **Website** <http://www.umft.ro>

1986 – 1991 Satu Mare, Romania

High School Graduation Diploma Mihai Eminescu National College Satu Mare - Mathematics - Physics Section

Address Mihai Eminescu str., no.5, 440014, Satu Mare, Romania

2013 – 2015 Bucharest, Romania

The Health Services Management Program Romanian Ministry of Health - National School of Public Health, Management, and Improvement

Address Vaselor str., no. 31, Bucharest, Romania | **Website** <http://www.snspps.ro>

2012 – 2014 Timisoara, Romania

The Postgraduate Course “Teacher Training Department” Timisoara Vest University

Address V. Parvan str., no. 4, 300223, Timisoara, Romania | **Website** <https://www.uvt.ro/ro/>

SKILLS

Microsoft Word | Microsoft Excel | Power Point | Microsoft Office | Facebook | Google Drive | Microsoft Powerpoint
Google Docs | Microsoft Teams | Skype | LinkedIn | Zoom | Good listener and communicator | Organizational and
planning skills | Decision-making | Written and Verbal skills

DRIVING LICENCE

Driving Licence: B

JOB-RELATED SKILLS

Job-related skills

- Since 2006 I am responsible for the computer network, logistics and computer system of SCJUT - "Eduard Pamfil" Psychiatric Clinic Timisoara
- Since 2017, I hold, based on a contest, the position of Head of the Psychiatry Ward I of the Emergency County Clinical Hospital "Pius Brânzeu" Timișoara
- By 2021, I was also appointed as a representative of the Timis County Government in the management board of two psychiatry hospitals in our county.

AWARDS

Awards:

- In 2002, I got the Romanian Psychiatric Association-Lilly Award for Young Psychiatrists (consisting of a 1-week fellowship in the U.S. - Indianapolis at Lilly Neuroscience Research.
- In 2014, I got ARPP Award for Best Oral Communication at the FIFTH NATIONAL CONGRESS OF PSYCHIATRY WITH INTERNATIONAL PARTICIPATION, Sinaia, October 8-11, 2014 for the paper entitled “Obstetrical and Neonatal Clinical Parameters Associated with the Increased Risk of Postnatal Depression. Obstetric and Neonatal Parameters Associated with Increased Risk of Postnatal Depression”.
- In 2016, I got the Diploma of Excellence awarded by Eli Lilly Romania for the distinguished contribution made within the project “Educational Schizophrenia Course,” held on November 18, 2016, in Bucharest.

LECTURER AND INVITED SPEAKER

Lecturer and Invited speakers

I organized, chaired and I was an invited speaker at 18 symposiums, workshops and postgraduate courses both independently and in international congresses, of which I would like to mention: The Ninth Workshop on Costs and Assessment in Psychiatry “Quality and outcomes in mental health policy and economics”, Venice, Scuola Grande di San Giovanni Evangelista, March 27-29, Italy, 2009; two international workshops for medical students organized by “Victor Babes” the University of Medicine and Pharmacy Timisoara; 1st International Perinatal TOTAL Health Congress, Perinatal TOTAL Health: The First Thousand Days of Life Innovations and Transdisciplinary Collaborations 27 - 30 June 2018 Sinaia, Romania; and 23rd World Congress of Social Psychiatry

– The Social Determinants of Health / Mental Health and Access to Care, 25 – 28 October 2019, Bucharest, Romania, and other.

COORDINATOR OF GRADUATION THESIS

Coordinator of Graduation Thesis

I coordinated 35 Graduation Thesis, of these 34 in General Medicine specialization and 1 in Medical Assistant specialization.

MEMBER IN EDITORIAL BOARD

Member in Editorial Board

Member of editorial board at two BDI (International Database Indexed) journals, Medical Connection and Psihiatru.ro

RESEARCH

Research

I was a member of the research team of the type A CNCSIS Research Grant code number 755, between 2006 – 2008, and a member of an educational project team of the NEC-LINK granted by the New Europe Foundation, March-July 2007 series, Rector Professor Andrei Plesu, Bucharest. I was a manager of a research grant “Study on the role of inflammatory markers IL-6 and C Reactive Protein in the clinical management of patients with the major depressive disorder”, funded by the SC BIOCLINICA SA, no. 8/07.03.2016, contract number UMFVBT 2668 / 07.03.2016, between 2016 – 2020. I am a member of the research team of the UMFVBT grant “Exosomal miRNAs as biomarkers for major depressive disorders”, Project code 4EXP / 2020, contract no.1232 / 30.01.2020. I have opened novel and innovative directions for research using own funding, such as the role of personality factors and associated dimensions of psychopathology in coronary artery disease patients, the role of personality characteristics, obstetrical and neonatal parameters in the development of perinatal anxiety and depression including suicide ideation, the chronic medical comorbidities in major psychiatric disorders such as major depression and bipolar affective disorder, the predicting value of sociodemographic data in establishing diagnostic of schizophrenia by comparison with other non-affective psychosis, a mirror-image study concerning the efficacy and tolerability of Long Actin Injections atypical antipsychotics in comparison with oral antipsychotics in schizophrenic patients.

PROFESSIONAL ASSOCIATION

Professional Association

- New York Academy of Science,
- European Psychiatric Association, (Counselor in the Board of European Psychiatric Association Section CL Psychiatry and Psychosomatics)
- Romanian Association of Psychiatry and Psychotherapy,
- World Psychiatric Association,
- Timișoara Psychiatric Association
- The Society for the Study of Personality Disorders,
- Timișoara Medical Society,
- The Romanian Society of Applied Psychosomatics and Behavioral Medicine,
- Founding member of the Romanian Psychosocial Rehabilitation Association.

TREATISE, MONOGRAPHS, BOOKS, CHAPTERS

Treatise, Monographs, Books, Chapters

I have published 7 monographies and 1 treatise, in CNCSIS recognized Publishing Houses. I have published 22 chapters as a first author and other 6 chapters as coauthors, some of them under prestigious Publishing House such as **Cambridge Scholars Publishing**, Newcastle upon Tyne, UK and Copyright ©2006 ECCAS, International Centre for Drug Policy (St George's, University of London), London.

ORIGINAL ARTICLES, PROCEEDING PAPERS AND ABSTRACTS MEETING

Original Articles, Proceeding Papers and Abstracts Meeting

After I became a Ph.D., the visibility of my research activity was provided of 71 oral and poster presentations at different national and international congresses, but also 49 meeting abstracts published in ISI Web of Science indexed journals and 15 meeting abstracts published in BDI (International Database Indexed) journals.

I have published 5 proceedings papers in ISI Web of Science indexed volumes as a principal author and 15 articles in extenso in BDI journals.

As a principal author I have published 32 original articles and 15 review articles in ISI Web of Science indexed international journals such as Journal of Psychosomatic Obstetrics and Gynecology, Psychiatry Investigation,

Journal of Mental Health, Farmacia and other. Publications from various ISI international journals have been of scientific impact and recognized, accumulating a total of 548 citations in the ISI Web of Science system. I have Hirsch Index 14 on Web of Science.

ORAL PRESENTATIONS AND POSTERS

● Oral Presentations and Posters

- more than 130 oral presentations and posters at national and international scientific events

ORGANISATIONAL SKILLS

● Organisational skills

- In 2002, I was president of the Association of Resident Doctors in Psychiatry in Romania (AMRPR), in this position being the main organizer of the National Congress AMRPR organized in 2002
- I was part of the organizing committee of several national psychiatric events with international participation and international conferences
- In 2007, I carried out the modernization of a part of the Psychiatry Section I of SCJUT (1 office and two salons) with mixed personal and sponsored fund
- Since 2017, I hold, based on a contest, the position of Head of the Psychiatry Ward I of the Emergency County Clinical Hospital "Pius Brânzeu" Timișoara
- Starting with 2017 - present, I rehabilitated the whole Clinic of Psychiatry
- In 2019, I set up the Psychiatric Emergency Compartment together with the active involvement of the hospital administration.
- I was part of the steering committee at 13 regional and national conferences with international participation. Also, I was part of the scientific committee at 5 National and International Congresses. I coordinated a national course entitled "Educational Course of Schizophrenia" supported by Eli Lilly Romania that consisted of five distinct modules. The resulted material was transferred to the Romanian Association of Psychiatry and Psychotherapy as brochures. As an appreciation for this educational activity, I was awarded Eli Lilly Romania with a "Certificate of Excellence".

COMMUNICATION AND INTERPERSONAL SKILLS

● Communication and interpersonal skills

- An outstanding ability to communicate and interact with people from different backgrounds;
- Ability to adapt well and quickly to integration in various groups of social/professional activity.