



# Cristina Uța

**Date of birth:** 29/09/1994 | **Nationality:** Romanian | **Gender:** Female | **Phone:** [REDACTED]

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[REDACTED] Timișoara, Romania [REDACTED]

## ● WORK EXPERIENCE

2022 - CURRENT - TIMIȘOARA, ROMANIA

**RESIDENT PHYSICIAN ALLERGOLOGY AND CLINICAL IMMUNOLOGY** COUNTY EMERGENCY HOSPITAL „PIUS BRINZEU” TIMISOARA

30/09/2024 - CURRENT - TIMIȘOARA

**PHD STUDENT** VICTOR BABEȘ UNIVERSITY OF MEDICINE AND PHARMACY IN TIMIȘOARA

29/09/2025 - CURRENT - TIMIȘOARA

**ASSISTANT LECTURER IN UNIVERSITY** VICTOR BABEȘ UNIVERSITY OF MEDICINE AND PHARMACY IN TIMIȘOARA

## ● EDUCATION & TRAINING

2009 - 2013 - CRIULENI, MOLDOVA

**HIGHSCHOOL GRADUATE**- GRADUATED "BORIS DANGA" HIGHSCHOOL, NATURAL SCIENCES PROFILE

2013 - 2016 - CHISINAU, MOLDOVA

**ATTENDED "N. TESTIMIȚANU" UNIVERSITY**

2017 - 2021 - TIMIȘOARA, ROMANIA

**MEDICAL DOCTOR**

**Address:** "Victor Babes" University of Medicine and Pharmacy Timisoara

2016 - 2017 - CHISINAU, MOLDOVA

**MEDICAL TRAINEESHIP** - IMSP MUNICIPAL CLINICAL HOSPITAL NR.4

## ● LANGUAGE SKILLS

Mother tongue(s): **ROMANIAN**

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken production	Spoken interaction	
<b>UKRAINIAN</b>	B1	B1	B1	B1	B1
<b>RUSSIAN</b>	B2	B2	B2	B2	B2

ENGLISH

B2

B2

B2

B2

B2

## ● CONFERENCES & SEMINARS

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04/05/2023 - 06/05/2023 Bucharest

**Congress of the Romanian Society of Allergology and Clinical Immunology**

09/12/2022 - 12/12/2022 Brasov

**SRAIC Winter School of Allergology**

17/03/2023 - 18/03/2023 Timisoara

**Molecular Allergies Workshop**

06/05/2022 - 07/05/2022

**Interdisciplinary approach to allergic asthma**

02/05/2022 - 04/05/2022

**Conference of the Romanian Society of Allergology and Clinical Immunology**

21/10/2022 - 22/10/2022 Brasov

**Drug allergy workshop**

10/04/2023 - 13/04/2023

**Smart Diaspora 2023**

04/04/2024 - 06/04/2024 Bucuresti

**Conference of the Romanian Society of Allergology and Clinical Immunology**

31/05/2024 - 03/06/2024 Valencia

**The 2024 EAACI Congress of the European Academy of Allergy and Clinical Immunology.**

17/03/2023 - 18/03/2023

**Webinar: "Molecular Allergies"** Case presentation - allergy to house dust mites

08/12/2023 - 09/12/2023

**"SRAIC Winter School of Allergology**

20/10/2023 - 21/10/2023 Cluj-Napoca

**"Workshop food allergy** Case presentation - Sensitivity to new foods or cross-reactivity - a new diagnostic challenge

15/05/2025 - 17/05/2025 Bucuresti

**Conference of the Romanian Society of Allergology and Clinical Immunology**

04/04/2025 - 05/04/2025 Brasov

**Masterclass on allergen immunotherapy**

13/06/2025 - 16/06/2025 Glasgow, Scotland

**EAACI Congress 2025 of the European Academy of Allergy and Clinical Immunology**

12/12/2025 - 13/12/2025

**"SRAIC Winter School of Allergology**

## ● PUBLICATIONS

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**Atopic dermatitis and asthma - clinical interrelationships 2022**

Romanian Society Journal of Allergology and Clinical Immunology.

## **Immune cells in recurrent miscarriage** 2023

Romanian Society Journal of Alergology and Clinical Immunology.

## **A global perspective on asthma: from phenotype to endotype** 2023

## **Next- generation biologic therapies in asthma that target the bronchial epithelium** 2023

## **Biological therapies in type 2 high-inflammation** 2023

Romanian Society Journal of Alergology and Clinical Immunology.

## **World Asthma Day** 2023

Medical Market Journal.

## **Histamine intolerance** 2023

Revista Alergologia, Volumul VII • No. 3, Octombrie 2023 • 10.26416/Aler.7.3.2023.

## **Assessment of response to immunotherapy in patients allergic to ragweed pollen: a longitudinal analysis**

10.26416/Aler.8.3.2024.10136.

## **Immunological characteristics of Amb a 1 isoforms in ragweed pollen: A new frontier in the treatment of ragweed allergy** 2024

## **Allergen immunotherapy in allergic rhinitis: updated EAACI and ARIA-EUFOREA recommendations** 2025

January 2025 Alergologia 9(1):23, DOI: 10.26416/Aler.9.1.2025.10864rite here the description...

Haidar L, Bănărescu CF, Moldovan SI, Uța C, Panaitescu C

## **Alloimmune Causes of Recurrent Pregnancy Loss: Cellular Mechanisms and Overview of Therapeutic Approaches**

Medicina 2024, 60, 1896. <https://doi.org/10.3390/medicina60111896>

Uța, C.; Tîrziu, A.; Zimbru, E.-L.; Zimbru, R.-I.; Georgescu, M.; Haidar, L.; Panaitescu, C.

## **Pollen-Food Allergy Syndrome: Allergens, Clinical Insights, Diagnostic and Therapeutic Challenges** 2025

Appl. Sci. 2025, 15, 66. <https://doi.org/10.3390/app15010066>

Haidar, L.; Bănărescu, C.F.; Uța, C.; Moldovan, S.I.; Zimbru, E.-L.; Zimbru, R.-I.; Ciurariu, E.; Georgescu, M.; Panaitescu.

## **Connecting the Dots: How MicroRNAs Link Asthma and Atherosclerosis** 2025

imbru, R.-I.; Zimbru, E.-L.; Bojin, F.-M.; Haidar, L.; Andor, M.; Harich, O.O.; Tănasie, G.; Tatu, C.; Mailat, D.-E.; Zbîrcea, I.-M.; et al. Int. J. Mol. Sci. 2025, 26, 3570. <https://doi.org/10.3390/ijms26083570>.

## **Beyond the Skin: Exploring the Gut-Skin Axis in Chronic Spontaneous Urticaria and Other Inflammatory Skin Diseases**

Haidar, L.; Bănărescu, C.F.; Uța, C.; Zimbru, E.-L.; Zimbru, R.-I.; Tîrziu, A.; Pătrașcu, R.; Șerb, A.-F.; Georgescu, M.; Nistor, D.; et al. Biomedicines 2025, 13, 2014. <https://doi.org/10.3390/biomedicines13082014>.

## **Microbiota-Driven Immune Dysregulation Along the Gut-Lung-Vascular Axis in Asthma and Atherosclerosis**

Zimbru, E.-L.; Zimbru, R.-I.; Bojin, F.-M.; Chiriac, S.D.; Haidar, L.; Andor, M.; Tănasie, G.; Tatu, C.; Georgescu, M.; Uța, C.; et al. Biomedicines 2026, 14, 73. <https://doi.org/10.3390/biomedicines14010073>.

## ● **SKILLS**

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Microsoft Office | Social Media | Zoom | Google Drive | Instagram | Facebook | Google Docs

## **Organizational / managerial skills**

Organizational and planning skills | Decision-making | Strategic Planning

## **Communication skills**

Good listener and communicator | Team-work oriented | Motivated

## ● **TECHNICAL SKILLS AND ABILITIES**

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### **TECHNICAL SKILLS AND ABILITIES**

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- Skills in laboratory techniques including studies focused on the analysis of peripheral blood mononuclear cells(PBMC), basophil activation test (BAT) to measure basophil reactivity upon antigen exposure
- Assessment and monitoring of allergic conditions
- Experience working with standardized equipment and protocols for cell separation and analysis
- Skills in applying laboratory techniques within an international research environment

## ● **SOCIAL SKILLS AND COMPETENCIES**

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### **SOCIAL SKILLS AND COMPETENCIES**

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- Team spirit
- Communication skills
- Ability to work effectively in a multicultural and interdisciplinary environment

## ● **VOCATIONAL TRAINING COURSES (SELECTIVE)**

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2023

### **Tehnici de izolare a PBMC (celule mononucleare din sânge periferic).**

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Training, (Immunomodulation and Tolerance Group) within the Allergy and Clinical Immunology Group at Imperial College London.

12/11/2019 - 15/11/2019

### **"ABC Ultrasonografic"**

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Course and workshop, Timișoara County Emergency Clinical Hospital

2023

### **Personalized medicine – innovative approaches to prevention, diagnosis, and therapy**

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At the Smart Diaspora International Conference, 2023, Timișoara

16/09/2023

### **GOOD CLINICAL PRACTICE**

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04/05/2023

### **Allergen immunotherapy – from principles to clinical applications**

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## ● **PROFESSIONAL ACTIVITY**

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15/05/2025 - 17/05/2025

### **Poster - EVALUATION OF PATIENTS' EVOLUTION AFTER ONE YEAR OF SPECIFIC IMMUNOTHERAPY**

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At the National Conference on Allergology and Clinical Immunology, Young Corner

2024 - 2025

## **Sub Investigator**

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- Research contract with AstraZeneca
- Active participation in phase III clinical trials focused on severe asthma, involving the collection, analysis, and interpretation of clinical data and the evaluation of the efficacy and safety of asthma treatments
- Contribution to the development and implementation of study protocols, patient monitoring, and reporting of results.

2025 - CURRENT

## **Sub Investigator**

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- Research contract with Novartis
- Participation in clinical studies focused on inducible urticaria, involving the evaluation of treatments and monitoring of patients to determine their efficacy and safety.
- Interdisciplinary collaboration with medical and research teams to optimize treatments for patients with inducible urticaria.

## ● **ADDITIONAL INFORMATION**

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07/2024 - CURRENT

### **Member of professional organizations**

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Associate member of the Center for Immunophysiology and Biotechnology Timișoara/acronym CIF-BIOTECH