



Curriculum vitae Europass

Personal information

Last name / First name **VAIDA MONICA – ADRIANA**
Address Eftimie Murgu Square, no. 2, Timișoara, RO-300041
Telephone
Fax
E-mail vaida.monica@umft.ro
Nationality Romanian
Date of birth 07.06.1967
Sex Female

Professional experience

Period	2021 - present
Function or position held	Associate Professor
Main activities and responsibilities	Specific teaching activities
Name and address of employer	Department I, Anatomy and Embryology Discipline, "Victor Babeș" University of Medicine and Pharmacy of Timișoara, Eftimie Murgu Square, no. 2, Timișoara, RO-300041, www.umft.ro
Type of activity or sector of activity	Higher education. Teaching activity (course/practical work). Scientific research
Period	2008 - 2021
Function or position held	Lecturer
Main activities and responsibilities	Specific teaching activities
Name and address of employer	Department I, Anatomy and Embryology Discipline, "Victor Babeș" University of Medicine and Pharmacy of Timișoara, Eftimie Murgu Square, no. 2, Timișoara, RO-300041, www.umft.ro
Type of activity or sector of activity	Higher education. Teaching activity (course/practical work). Scientific research
Period	1995 - 2008
Function or position held	Assistant professor
Main activities and responsibilities	Specific teaching activities
Name and address of employer	Department I, Anatomy and Embryology Discipline, "Victor Babeș" University of Medicine and Pharmacy of Timișoara, Eftimie Murgu Square, no. 2, Timișoara, RO-300041, www.umft.ro
Type of activity or sector of activity	Higher education. Teaching activity (practical work). Scientific research
Period	1992 - 1995
Function or position held	Assistant
Main activities and responsibilities	Specific teaching activities
Name and address of employer	Department I, Anatomy and Embryology Discipline, "Victor Babeș" University of Medicine and Pharmacy of Timișoara, Eftimie Murgu Square, no. 2, Timișoara, RO-300041, www.umft.ro

Type of activity or sector of activity	Higher education. Teaching activity (practical work). Scientific research
Period	1998 - 2020
Function or position held	Specialist/primary physician General Medicine for adults with expertise in Homeopathy
Main activities and responsibilities	Healthcare, adult general medicine and homeopathy
Name and address of employer	Medical office Dr. Lugho SRL, Mareşal Averescu 70, Timișoara
Type of activity or sector of activity	Medical sector
Period	2020 – present
Function or position held	Primary physician General Medicine for adults with expertise in Homeopathy
Main activities and responsibilities	Healthcare, adult general medicine and homeopathy
Name and address of employer	Medical office “Classical Homeopathy Dr. Daniela Cucuiet SRL”, Miron Costin 1, Timișoara
Type of activity or sector of activity	Medical sector

Education and training

Education

Period	2001 – present
Qualification / diploma obtained	primary care physician in the specialty of adult general medicine (family medicine) according to the Order of the Minister of Health and Family
Main fields studied / skills acquired	general adult medicine (family medicine)
Name and type of educational institution/training provider	Ministry of Health
Classification level of the form of education/training	Specialization program
Period	1998 – 2004
Qualification / diploma obtained	Doctor of Medicine (PhD), Doctor of Medicine Diploma Thesis Title: “Morphological Interrelations of the Phreno-Eso-Gastric”
Main fields studied / skills acquired	Anatomy-Embryology/Specific research activities
Name and type of educational institution/training provider	"Victor Babeş" University of Medicine and Pharmacy of Timișoara, Faculty of Medicine, Eftimie Murgu Square no. 2, Timișoara RO-300041 Romania, www.umft.ro
Classification level of the form of education/training	Postgraduate studies
Period	1992 – 1996
Qualification / diploma obtained	resident physician in general medicine for adults; specialist physician certificate in general medicine for adults (family medicine)
Main fields studied / skills acquired	Internships within the general medicine residency
Name and type of educational institution/training provider	Ministry of Health
Classification level of the form of education/training	Residency, specialization program
Period	01.12.1991 - 24.02.1992
Qualification / diploma obtained	doctor
Main fields studied / skills acquired	Infectious diseases
Name and type of educational institution/training provider	Clinical Hospital No. 4 "Victor Babeş" Timișoara

Classification level of the form of education/training	Training program
Period	1985 – 1991
Qualification / diploma obtained	Bachelor's Degree (Doctor - Physician), specialization General Medicine
Main fields studied / skills acquired	General Medicine
Name and type of educational institution/training provider	"Victor Babeş" University of Medicine and Pharmacy of Timișoara, Faculty of Medicine, Eftimie Murgu Square no. 2, Timișoara RO-300041 Romania, www.umft.ro
Classification level of the form of education/training	University studies
Period	1981 – 1985
Qualification / diploma obtained	Baccalaureate Diploma
Main fields studied / skills acquired	Mathematics-physics profile
Name and type of educational institution/training provider	"Ioan Slavici" Mathematics-Physics High School, Arad
Classification level of the form of education/training	High school studies
Formation	
Period	2017 -2018
Qualification / diploma obtained	Certificate of Completion of the Psychopedagogical Training Program within the Department for the Training of Teaching Personnel (Module I) Certificate of Completion of the Psychopedagogical Training Program within the Department for the Training of Teaching Personnel (Module II)
Main fields studied / skills acquired	Psychopedagogical training
Name and type of educational institution/training provider	West University of Timișoara, 4 Vasile Pârvan Street, Timișoara RO-300223 Romania, www.uvt.ro
Classification level of the form of education/training	Postgraduate advanced studies
Period	02.05.2011 – 02.06.2011
Qualification / diploma obtained	Certificate of Completion of the Trainer Program
Main fields studied / skills acquired	Trainer
Name and type of educational institution/training provider	SC CREST SRL Satu - Mare
Classification level of the form of education/training	Specialization
Period	05.2000
Qualification / diploma obtained	Certificate of Completion of the postgraduate advanced training course in Outpatient Surgical Emergencies
Main fields studied / skills acquired	Outpatient Surgical Emergencies
Name and type of educational institution/training provider	"Victor Babeş" University of Medicine and Pharmacy of Timișoara, Faculty of Medicine, Eftimie Murgu Square no. 2, Timișoara RO-300041 Romania, www.umft.ro
Classification level of the form of education/training	Postgraduate studies

Period **03.1998 – 05.1998**

Qualification / diploma obtained Main fields studied / skills acquired Certificate of Completion of the postgraduate advanced training course in the specialization of General Ultrasound

Name and type of educational institution/training provider General Echography

Classification level of the form of education/training "Victor Babeş" University of Medicine and Pharmacy of Timișoara, Faculty of Medicine, Eftimie Murgu Square no. 2, Timișoara RO-300041 Romania, www.umft.ro

Postgraduate studies

Period **1994 – 1997**

Qualification / diploma obtained Certificate of Competence

Main fields studied / skills acquired Homeopathy

Name and type of educational institution/training provider Ministry of Health, Institute of Postgraduate Training and Continuing Education of Doctors and Pharmacists

Classification level of the form of education/training Postgraduate studies, competence

Personal skills and competencies

Membership in professional Organizations

Founding member of the Romanian Society of Anatomists since 1994
Member of the Romanian Society of Morphology, Timișoara
Member of the Romanian College of Physicians

Native language

Specify your native language(s)
Romanian

Foreign language(s) known

French

English language

Understanding				Speaking				Writing	
Listening		Reading		Participation in conversation		Oral speech		Written expression	
B2	B2 Medical Very Good	B2	B2 Medical Very Good	B2	B2 Medical Very Good	B2	B2 Medical Very Good	B2	B2 Medical Very Good
	Independent user		Independent user		Independent user		Independent user		Independent user

(*) [Nivelul Cadrului European Comun de Referință Pentru Limbi Străine](#)

Social skills and abilities

Conscientious, dynamic, ambitious. Excellent communication skills with colleagues, students and patients. Team spirit.

Computer skills and abilities

Advanced computer skills (Microsoft Office: Word/Excel/PowerPoint, Adobe Acrobat)

Other skills and abilities

A. Research grants

1. Member of the research team, project "Correlation of the ROMA algorithm with imaging aspects in order to identify cases at risk for developing ovarian cancer as early as possible". Bioclinical/contractor UMFT. Research contract registration number 2042/18.06.2015. Grant director Prof. Univ. Dr. Med. Bolintineanu Sorin
2. Member of the research team ""Screening of the mitochondrial bioenergetic profile in patients with obesity and metabolic syndrome", funding source SC MEDLIFE SA, contractor UMFTVB, value 5000 lei, 15819/09.12.2015, internal competition of UMF "Victor Babeş" from Timișoara. Grant director Assoc. Prof. Univ. Dr. Med. Lighezan Rodica
3. Member of the research team, project "Monitoring, evaluation and correlation of lithogenic processes with etiopathogenic aspects through innovative instrumental screening - acronym STONES", funded by UMFT (total funding 135,000 RON), project code PIII-C4-PCFI-2016/2017-02. Grant director Prof.univ.dr.habil. Ionuț-Valentin Ledetji.

B. Awards

1. CNCSIS award (357 PN-III-P1-1.1PRECISI-201930522): Grigoriță Laura, Vaida Monica-Adriana, Jianu Adelina, An Aberrant Subclavius Posticus Muscle – A Case Report Medical Principles and Practice, 2018, 27: 579-581, ISSN: 1011-7571, FI 1.103, <https://doi.org/10.1159/000491931>

C. Lecturer, postgraduate courses

1. Lecturer at the postgraduate course "Genetics at the intersection of specialties" during 18-19, 25-26.03.2022, organized by UMF "Victor Babeş" Timișoara, Faculty of Medicine, Genetics Discipline, credited with 20 E.M.C. credits, cf. addr. C.M.R. 5597/30.07.2020
2. Lecturer at the postgraduate course "Precision genetic diagnostics" during 15-23.10.2020, organized by UMF "Victor Babeş" Timișoara, Faculty of Medicine, Genetics Discipline, credited with 18 E.M.C. credits, cf. addr. C.M.R. 5597/30.07.2020.
3. Lecturer at the postgraduate course "Anatomical-imaging study of the thoracic cavity" during 01.11-15.12.2010, organized by UMF "Victor Babeş" Timișoara, Faculty of Medicine, Discipline of Anatomy – Embryology, credited by the Romanian College of Physicians with 15 E.M.C. credits, cf.adr.C.M.R. 3880/26.07.2010.
4. Lecturer at the postgraduate course "Imaging anatomy of the supramesocolic floor of the abdominal cavity", 02.11-04.12.2009, organized by the Faculty of Medicine. Discipline – Anatomy-Embryology, UMFT, credited by the Romanian College of Physicians with 13 E.M.C. credits, cf.adr.C.M.R. 3725/10.09.2009

D. List of representative scientific papers

1. **Vaida, M. A.**, Paloş, R., Jianu, A. M., Damen, N. S., & Grigoriţă, L. O. (2025). Exploring International Students' Personal and Social Resources: Enhancing Academic Well-Being in the Medical Environment. *Education Sciences*, 15(11), 1444. FI – 2.6. <https://doi.org/10.3390/educsci15111444>
2. Jianu AM, **Vaida MA**, Rusu MC, Vrapciu AD. The Basal or Sphenopetrosal Superficial Middle Cerebral Vein Type. *Medicina*. 2024; 60(2):209. <https://doi.org/10.3390/medicina60020209>
3. Otelea MR, Oancea C, Reisz D, **Vaida MA**, Maftai A, Popescu FG. Club Cells—A Guardian against Occupational Hazards. *Biomedicines*. 2024; 12(1):78. <https://doi.org/10.3390/biomedicines12010078>
4. **Vaida MA**, Gug C, Jianu AM, Damen NS, Muntean IL, Grigoriţă L Bilateral anatomical variations in the extensor compartment of forearm and hand, *Surgical and Radiologic Anatomy*, 2021;43(5):697–702, ISSN 0930-1038, eISSN: 1279-8517, <https://doi.org/10.1007/s00276-020-02584-7> , FI = 1.246
5. Gug C, Gorduza EV, Lăcătuşu A, **Vaida MA (autor coresp)**, Bîrsăşteanu F, Puiu M, Stoicănescu D, CHARGE syndrome associated with de novo (I1460Rfs*15) frameshift mutation of CHD7 gene in a patient with arteria lusoria and horseshoe kidney, *Experimental and Therapeutic Medicine*, 2020;20(1):479-485,ISSN1792-0981,eISSN: 1792-1015, FI=1.785 <https://doi.org/10.3892/etm.2020.8683>
6. Grigoriţă L, Damen NS, **Vaida MA (autor coresp)**, Jianu AM, Unusual anatomical variation: tetrafurcation of the celiac trunk, *Surgical and Radiologic Anatomy*, 2019, 41(11):1399–1403, ISSN 0930-1038, eISSN: 1279-8517, FI = 1.092 <https://doi.org/10.1007/s00276-019-02286-9>
7. Grigoriţă L, Gug C, **Vaida MA (autor coresp)**, Jianu AM, Damen NS, An unusual case of unilateral supernumerary extensor carpi radialis muscle, *Folia Morphologica*, 2019, 78 (4): 888–892. ISSN 0015–5659 eISSN: 1644-3284, FI = 0,941 <https://doi.org/10.5603/FM.a2019.0037>
8. Gug C, Raţiu A, Navolan D, Drăgan I, Groza IM, Păpurică M, **Vaida MA**, Mozoş I, Jurcă MC, Incidence and Spectrum of Chromosome Abnormalities in Miscarriage Samples: A Retrospective Study of 330 Cases, *Cytogenet and Genome Research*, 2019;158(4):171-183,ISSN:1424-8581, eISSN: 1424-859X, FI = 1,114 <https://doi.org/10.1159/000502304>
9. Grigoriţă L, **Vaida MA (autor coresp)**, Jianu A, An Aberrant Subclavius Posticus Muscle – A Case Report, *Medical Principles and Practice*, 2018, 27(6): 579-581, ISSN: 1011-7571, eISSN: 1423-0151, FI = 1,103, <https://doi.org/10.1159/000491931>
10. Gug C, Huţanu D, **Vaida MA**, Doroş G, Popa C, Stroescu R, Furău G, Furău C, Grigoriţă L, Mozoş I, De novo unbalanced translocation t(15;22) (q26.2;q12) with velo cardio facial syndrome: A case report and review of the literature, *Experimental and Therapeutic Medicine* 2018;16(4):3589-3595. ISSN 1792-0981, eISSN: 1792-1015, FI = 1,448, <https://doi.org/10.3892/etm.2018.6609>
11. Tatu RF, Ancuşa DN, Dema ALC, Jiga LP, Hurmuz M, Tatu CS, Ionac M, **Vaida MA**, Surgical treatment in a case of giant macrodystrophia lipomatosa of the forefoot – case report, *Romanian Journal of Morphology and Embryology*, 2017, 58(3):1115–1119, ISSN 1220-0522, FI = 0,912
12. Bolintineanu SL, Pop E, Stancu G, Stancu Gh, **Vaida MA**, Şişu AM, Patrascu JM, Florescu S, Anatomical structures preservation using plastination techniques, *Material Plastice*, 2017;54(2): 221-224, ISSN: 0025-5289, FI = 1,248, <https://doi.org/10.37358/MP.17.2.4820>
13. **Vaida MA**, Niculescu V, Motoc A, Bolintineanu S, Sargan I, Niculescu MC. Correlations between anomalies of jugular veins and areas of vascular drainage of head and neck, *Rom J Morphol Embryol*. ISSN 1220-0522, 2006;47(3):287-90
14. **Monica Adriana Vaida**, Nawwaf Sebastian Damen, Adelina Maria Jianu, Laura Grigoriţă, Sternalis and Transversus Thoracis Muscles: An Anatomical Variation and Its Clinical Implications *Journal of the Anatomical Society of India*, 2021; 70(2):113-115, ISSN: 0003-2778, https://doi.org/10.4103/JASI.JASI_218_19 , FI=0.15

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