



Europass Curriculum Vitae

Personal information

First name(s) / Surname(s) **Ruxandra Maria Christodorescu**
 Address(es)
 E-mail christodorescu.ruxandra@umft.ro
 Date of birth
 Gender female

Work experience

Dates 1990 – present day
 Occupation or position held Associate Professor
 Main activities and responsibilities Medical Semiotics
 Name and address of employer University of Medicine and Pharmacy “Victor Babes” Timisoara
 Type of business or sector Higher Education Public Institution

Education and training

Dates 1991-2006
 Title of qualification awarded Senior consultant in internal medicine and cardiology
 Associate Professor Medical Semiotics-Internal Medicine
 PhD
 Principal subjects/occupational skills covered Internal medicine and cardiology
 Medical Semiotics
 Name and type of organisation providing education and training University of Medicine and Pharmacy “Victor Babes” Timisoara

Personal skills and competences

Mother tongue(s) Romanian

Other language(s)

Self-assessment
European level (*)

English

French

German

Italian

Understanding		Speaking		Writing					
Listening		Reading		Spoken interaction		Spoken production			
	C2		C2		C2		C2		C1
	B1		B2		B2		B1		B1
	B1		B2		B2		B1		B1
	B1		B1		A1		A2		A2

(*) [Common European Framework of Reference for Languages](http://europass.cedefop.europa.eu)

Computer skills and competences Computer modelling software (cardiology),

Annexes Publication list

1. Pop, Gheorghe Nicusor; **Christodorescu, Ruxandra**; Velimirovici, Dana Emilia; Sosdean, Raluca; Corbu, Miruna; Bodea, Olivia; Valcovici, Mihaela; Dragan, Simona Assessment of the Impact of Alcohol Consumption Patterns on Heart Rate Variability by Machine Learning in Healthy Young Adults *Medicina* 2021, 57(9), 956; <https://doi.org/10.3390/medicina57090956> ISSN (electronic): 1648-9144 ISSN (print): 1010-660X
2. G.N. Pop, F. D. Bodog, **R. Christodorescu**, F. V. Mekerkes, C. Tudoran, M. Tudoran, D. Georgescu, M. Valcovici, S. Dragan Psychosocial factors and patterns of alcohol consumption in young adults from western Romania *Rom J Leg Med* 28(3)269-277(2020) DOI:10.4323/rjlm.2020.269 ISSN: 12218618.
3. Simona Dragan, Maria-Corina Șerban, Georgiana Damian, Florina Buleu, Mihaela Valcovici, **Ruxandra Christodorescu** Dietary Patterns and Interventions to Alleviate Chronic Pain Nutrients 2020, 12(9), 2510; <https://doi.org/10.3390/nu12092510> ISSN 2072-6643
4. Simona Dragan, Florina Buleu, **Ruxandra Christodorescu**, Florin Cobzariu, Stela Iurciuc, Dana Velimirovici, Jianbo Xiao, Constantin Tudor Luca Benefits of multiple micronutrient supplementation in heart failure: A comprehensive review *Crit Rev Food Sci Nutr* 2019;59(6):965-981. doi: 10.1080/10408398.2018.1540398. ISSN: 1040-8398.
5. Dana Simona Chita, Anca Tudor, **Ruxandra Christodorescu**, Florina Nicoleta Buleu, Raluca Sosdean, Sanda Maria Deme, Simona Mercea, Adina Pop Moldovan, Ana Maria Pah, Any Docu Axelerad, Daniel Docu Axelerad, Simona Ruxanda Dragan: MTHFR Gene Polymorphisms Prevalence and Cardiovascular Risk Factors Involved in Cardioembolic Stroke Type and Severity *BrainSci.* 2020, 10(8), 476; <https://doi.org/10.3390/brainsci10080476> ISSN: 20763425
6. Chioncel O, Ambrosy AP, Bubnek S, Filipescu D, Vinereanu D, Petris A, **Christodorescu R**, Macarie C, Gheorghide M, Collins SP Epidemiology, pathophysiology, and in-hospital management of pulmonary edema: data from the Romanian Acute Heart Failure Syndromes registry. *J Cardiovasc Med (Hagerstown)*, 2016, vol 17, issue 2, 92-104 ISSN: 1558-2027 DOI:10.2459/JCM.000000000000192 ISI IF 1,613 5
7. Ana Maria Pah, Nicoleta Florina Buleu, Anca Tudor, **Ruxandra Christodorescu**, Dana Velimirovici, Stela Iurciuc, Maria Rada, Gheorghe Stoichescu-Hogea, Marius Badalica-Petrescu, Doina Georgescu, Dorina Nutiu, Mircea Iurciuc, Simona Dragan Evaluation of Psychological Stress Parameters in Coronary Patients by Three Different Questionnaires as Pre-Requisite for Comprehensive Rehabilitation *BrainSci.* 2020, 10(5), 316; <https://doi.org/10.3390/brainsci10050316> ISSN: 207634258.
8. Marco Canepa, Candida Fonseca, Ovidiu Chioncel, Cécile Laroche, MS, Maria G. Crespo-Leiro, eAndrew J.S. Coats, fAlexandre Mebazaa, Massimo F. Piepoli, PHD, Luigi Tavazzi, MD, PHD, iAldo P. Maggioni, MD, d behalf of the **ESC HF Long Term Registry Investigators R. Christodorescu**) *Performance of Prognostic Risk Scores in Chronic Heart Failure Patients Enrolled in the European Society of Cardiology Heart Failure Long-Term Registry.* *JACC: Heart Failure* 6(6):452-462, 2018
9. Gheorghe Stoichescu-Hogea, Florina Nicoleta Buleu,*, **Ruxandra Christodorescu**,*, Raluca Sosdean, Anca Tudor, Andreea Ember, Daniel Miron Brie, Simona Drăgan: Contribution of Global and Regional Longitudinal Strain for Clinical Assessment of HFpEF in Coronary and Hypertensive Patients *Medicina* 2021, 57(12), 1372; <https://doi.org/10.3390/medicina57121372> ISSN (electronic): 1648-9144 ISSN (print): 1010-660X
10. Florina Nicoleta Buleu, Constantin Tudor Luca,*, Anca Tudor, Marius Badalica-Petrescu, Alexandru Caraba, Ana Pah, Doina Georgescu, **Ruxandra Christodorescu**, Simona Dragan (PDF) *Correlations between Vascular Stiffness Indicators, OPG, and 25-OH Vitamin D3 Status in Heart Failure Patients* *Medicina (Kaunas, Lithuania)* 55(6):309 June 2019.
11. Nikolaus Marx, Massimo Federici, Katharina Schütt, Dirk Müller-Wieland, Ramzi A Ajjan, Manuel J Antunes, **Ruxandra M Christodorescu**, Carolyn Crawford, Emanuele Di Angelantonio, Björn Eliasson 2023 ESC Guidelines for the management of cardiovascular disease in patients with diabetes: Developed by the task force on the management of cardiovascular disease in patients with diabetes of the European Society of Cardiology (ESC) *European Heart Journal*, Volume 44, Issue 39, 14 October 2023, Pages 4043–4140, <https://doi.org/10.1093/eurheartj/ehad192>.
12. John William McEvoy, Cian P McCarthy, Rosa Maria Bruno, Sofie Brouwers, Michelle D Canavan, Claudio Ceconi, **Ruxandra Maria Christodorescu**, Stella S Daskalopoulou, Charles J Ferro, Eva Gerdt 2024 ESC Guidelines for the management of elevated blood pressure and hypertension: Developed by the task force on the management of elevated blood pressure and hypertension of the European Society of Cardiology (ESC) and endorsed by the European Society of Endocrinology (ESE) and the European Stroke Organisation (ESO) *European Heart Journal*, Volume 45, Issue 38, 7 October 2024, Pages 3912–4018, <https://doi.org/10.1093/eurheartj/ehae178>
13. Christiaan Vrints, Felicita Andreotti, Konstantinos C Koskinas, Xavier Rossello, Marianna Adamo, James Ainslie, Adrian Paul Banning, Andrzej Budaj, Ronny R Buechel, Giovanni Alfonso Chiariello, Alaide Chieffo, **Ruxandra Maria Christodorescu**, 2024 ESC Guidelines for the management of chronic coronary syndromes: Developed by the task force for the management of chronic coronary syndromes of the European Society of Cardiology (ESC) Endorsed by the European Association for Cardio-Thoracic Surgery (EACTS) *European Heart Journal*, Volume 45, Issue 36, 21 September 2024, **Pages 3415–3537**, <https://doi.org/10.1093/eurheartj/ehae177>

Ruxandra Christodorescu
21.07.2025
Timisoara