



Curriculum vitae Europass

Personal information

Surname / First name **SARĂU CRISTIAN ANDREI**

Address

Telephone

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Email csarau@umft.ro

Nationality(ies) Romanian

Date of birth 14 April 1975

Gender Male

Occupational field

University lecturer

Doctor of Medicine

Certificate of qualification

Victor Babes University of Medicine and Pharmacy, Timisoara

Primary Cardiologist, Primary Internal Medicine Physician

Timisoara Municipal Emergency Clinical Hospital

SARAUMED CO SRL, Timisoara

Professional experience

Period Since

Position 2000-2013 - University Assistant - Medical Polyclinic and Cardiac Recovery
2013-2018 - Assistant Professor - Medical Semiology I
2018-2022 - Head of Works - Medical Semiology I
2022 – present - Associate Professor - Medical Semiology I

Main activities and responsibilities Research and teaching activity - Medical Polyclinic and Cardiac Recovery and Medical Semiology I

Name and address of employer Victor Babeş University of Medicine and Pharmacy Timișoara, Pța Eftimie Murgu 2,
30029 Timișoara, Romania
Timișoara Municipal Emergency Clinical Hospital, Str Gh. Dima 05, 300079, Timisoara, Romania

Education and training

Period	1993	Faculty of General Medicine "Victor Babes" University of Medicine and Pharmacy Timisoara graduated with a grade of 9.97. Diploma thesis and licentiate exam passed with a grade of 10.
	1999-2000	Intern at Timisoara Municipal Hospital
	2001-2007	Resident cardiologist at the Timisoara Institute of Cardiovascular Diseases
	2000-2013	University assistant, Department of Medical Polyclinic, Cardiac Recovery, Victor Babes University of Medicine and Pharmacy, Timisoara
	Since 2013	Assistant professor, Department V, Medical Semiology I, Victor Babes University of Medicine and Pharmacy, Timisoara
	Since 2014	Courses at the Department for Teacher Training, levels I and II, at the West University of Timisoara
	2007	Specialist cardiologist
	Since	Doctor of Medicine
	Since	Cardiologist at three different private clinics, initiating a cardiovascular recovery programme at one of them
	2011-2014	Second residency in Internal Medicine
	Since 2013	Senior cardiologist
	Since 2013	Employee at the Timisoara Municipal Emergency Clinical Hospital
	2014-2024	Specialist in internal medicine
	Since 2023	Certified in habilitation
	Since 2024	Senior physician in internal medicine
Teaching	Teaching activity consists of practical classes with sixth-year students of General Medicine in Romanian and English, teaching courses and practical classes with third-year General Medicine students in Romanian and English, teaching courses and practical classes with second-year General Nursing students, as well as participating in the supervision/coordination team for bachelor's theses or admissions.	
Professional activity	in 2003	Training at Lukaskrankenhaus, Neuss, Germany, in the LEONARDO DA VINCI Grant project – Physiokinesitherapy in cardiovascular diseases.
	In 2004	ESC course "How to identify and manage cardiac recovery and a cardiac exercise programme" Bern, Switzerland
	In	ESC course "How to improve: Advanced training programme in cardiac recovery and cardiac exercise programme" Bern, Switzerland
	In 2007	ESC educational course "The daily challenge of prevention - from guidelines to effective intervention", Sophia Antipolis Cedex, France
	2005	Sub-investigator in phase 2 of the clinical trial of cardiovascular event medication in patients with stable coronary artery disease and left ventricular systolic dysfunction.
	in 2005	Protocol-specific training
	in 2005	Training on good clinical practice
	in 2006	CRF training
	2006	Member of the hospital branch of EuroAspire III and the secondary branch of EuroAspire III.
	in 2006	Specific training protocol
	in	CRF training
	in 2007	Training on Clinical Practice
	in 2008	Member of the EuroAspire III Romania scientific follow-up project.
	in 2008	Specific training on the protocol
	2008	Sub-investigator in phase 2 of the clinical study of medication for atrial fibrillation
	in 2008	Specific protocol training
	in 2008	Training on good clinical practice
	in 2009	CRF training
	2008	Sub-investigator in phase 2 of the clinical study of medication for blood pressure control
	in 2009	Specific protocol training
in 2014	Sub-investigator in the Cerelaxine clinical trial	
In 2014	Protocol-specific training	
In 2014	CRF training	

Scientific activity	<ul style="list-style-type: none"> • Author and co-author of 16 monographs. • Author and co-author of 83 articles in prestigious publications • Author and co-author of 325 articles published or presented at national and international conferences and congresses. <p>Some of the most important congresses where my articles were presented are:</p> <ul style="list-style-type: none"> - Congress of the European Society of Cardiology (2000 Amsterdam, 2001 Stockholm, 2003 Vienna, 2011 Paris) - Conference of the Working Group on Exercise Physiology and Cardiovascular Recovery of the European Society of Cardiology (2000 Udine, 2001 Bergen-Norway, 2002 Leipzig, 2003 Estoril-Portugal, 2005 Leuven-Belgium) - World Congress on Cardiovascular Rehabilitation 2004 Dublin - European Congress of Gerontology and Geriatrics 2000, Bratislava - 75th European Congress on Atherosclerosis 2005, Prague - 2nd International Symposium on Triglycerides and HDL: 2005, New York Marriott Marquis (USA) - XIV International Symposium on Atherosclerosis, Rome, Italy, 2006 - World Congress of Cardiology 2006, Barcelona, Spain - EuroPrevent 2006 Athens, Greece, EuroPrevent 2007 Madrid, Spain, EuroPrevent 2008 Paris, France, EuroPrevent 2010 Prague, Czech Republic, EuroPrevent 2011 Geneva, Switzerland <p>Most important awards:</p> <ul style="list-style-type: none"> - 2000 – 39th National Conference of the Romanian Society of Cardiology – 2nd place (poster) - 2nd International Conference of the Institute of Cardiovascular Diseases Timisoara – best poster design - 2nd International Symposium on Triglycerides and HDL – Young Investigator Award: Role in cardiovascular disease and metabolic syndrome, 14-17 July 2005, New York, USA – Patients with metabolic syndrome undergoing CABG and its vascular consequences <ul style="list-style-type: none"> • Organisation of the Annual Conference of Working Groups in Cardiovascular Prevention and Recovery of the Romanian Society of Cardiology from 2001 to 2006 • 2004 Member of the VIASAN Project No. 34/2004 "Cardiovascular risk assessment in the young population: a model of practice in health education", Project Coordinator Prof. Dr. Mihalas Georgeta, Team Coordinator: Prof. Dr. Silvia Mancas • Member under CNCSIS contract No. 71/2005. "The benefit of comprehensive cardiac recovery of endothelial dysfunction in patients with CABG – a correlative study with NO polymorphism in endothelial synthesis" Project coordinator: Associate Professor Dr. Dan Gaita. • Member under Contract CEEX/2005. "Development of the Early Cardiac Diagnosis Centre for the population presenting risk factors for cardiac dysfunction". CARDIOSCREEN. Scientific project coordinator: Associate Professor Dan Gaita. • Since 2003, member of the Romanian Society of Cardiology and the Working Group for Cardiac Prevention and Recovery and the Working Group for Atherosclerosis and Atherothrombosis. • 2003 Secretary of APEX – Association for Exercise Training in Cardiovascular Diseases • Since 2004, member of the European Society of Cardiology and the Working Group on Exercise Physiology and Cardiovascular Recovery • Since 2006 Member of the European Association for Cardiovascular Prevention and Rehabilitation (EACPR) • Since 2021 Tutor within the International Federation of Medical Students Association (IFMSA), SCOPE Professional Exchange • Since 2022 Member of the DEACE commission of the Victor Babeş University of Medicine and Pharmacy in Timișoara • Since 2025 Member of the Romanian Society of Internal Medicine • Since 2025 Coordinating physician for the rare diseases programme – primary immunodeficiencies, Timișoara
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Personal skills and competences

Native language(s) **Romanian**

Self-assessment
European level ()*

Language
English

Language
French

Understanding		Speaking		Writing	
Listening	Reading	Participation in conversation	Oral discourse	Written expression	
Experienced user C1	Proficient user C1	Proficient user C1	Experienced user C1	Experienced user C1	
Elementary user A2	Elementary user A2	Elementary user A2	Basic user A2	Basic user A2	

(*) [Common European Framework of Reference for Languages](#)

Social skills and competences team spirit; ability to adapt to multicultural environments, gained through experience working with students and in university centres abroad, good communication skills

Organisational skills and competences organisational skills (experience in logistics and IT);

Technical skills and abilities

Computer skills and abilities - good command of Microsoft Office™ tools (Word™, Excel™ and PowerPoint™);
- basic knowledge of computer graphics applications (Adobe Illustrator™, PhotoShop™).

Artistic skills and abilities - poetry collection "Pribegon", Brumar Publishing House, 2020

Other skills and abilities

Driving licence(s) Category B

Additional information

Appendices

Timisoara,
01.02.2026