

PERSONAL INFORMATION



Ciprian Ilie Roșca

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WORK EXPERIENCE

03/03/2025 - present

university lecturer

Department V – Internal Medicine I, Discipline of Medical Semiotics I, Faculty of Medicine, „Victor Babes” University of Medicine and Pharmacy, Timișoara, Timiș county, Romania

01/09/2019 - present

senior consulting physician – Internal Medicine

1. Sports Medicine Ambulatory, „Pius Brânzeu” Emergency County Hospital, Timișoara, Romania (03 Decembre 2023 - present)
2. Civil Medical Society Dr Roșca, Teremia Mare, Timiș county, Romania
3. Municipal Emergency University Hospital Timișoara, internal Medicine department, Timiș county, Romania (until February 2026)
4. MedLife Pyt. Ltd. Bucharest, Timișoara Branch, Timiș county, Romania (until 31 December 2022)
5. Military Emergency University Hospital „Dr Victor Popescu” Timișoara, Internal Medicine department, Timiș county, Romania (doctor on call, until 31/12/2020)

01/04-2017 - present

specialist physician (consulting) - Cardiology

1. Civil Medical Society Dr Roșca, Teremia Mare, Timiș county, Romania
2. MedLife Pyt. Ltd. Bucharest, Timișoara Branch, timiș county, Romania (until 31 December 2022)

18/10/2016 - 02/03/2025

assistant professor

Department V – Internal Medicine I, Discipline of Medical Semiotics I, Faculty of Medicine, „Victor Babes” University of Medicine and Pharmacy, Timișoara, Timiș county, Romania

15/07/2015 – 14/05/2017

resident medical officer – Cardiology

„Victor Babes” University of Medicine and Pharmacy, Timișoara, Timis county, Romania

01/09/2014 – 31/08/2019

specialist physician (consulting) – Internal Medicine

1. Civil Medical Society Dr Roșca, Teremia Mare, Timiș county, Romania
2. Municipal Emergency University Hospital Timișoara, internal Medicine department, Timiș county, Romania (doctor on call, from 01/10/2014)
3. MedLife Pyt. Ltd. Bucharest, Timișoara Branch, timiș county, Romania (from 01/04/2019)
4. Military Emergency University Hospital „Dr Victor Popescu” Timișoara, Internal Medicine department, Timiș county, Romania (doctor on call, from 01/09/2015)

01/10/2014 – present

senior consulting physician – Family Medicine

Civil Medical Society Dr Roșca, Teremia Mare, Timis county, Romania

03/10/2010 – 18/08/2014

Resident medical officer – Internal Medicine

„Victor Babes” University of Medicine and Pharmacy Timișoara, Timis county, Romania

01/01/2010 – 30/09/2014

Specialist physician (consulting) – Family Medicine

1. Civil Medical Society Dr Roșca, Teremia Mare, Timis county, Romania
2. Timis County State Ambulane Service Timișoara, Jimbolia Branch, Timis county, Romania (01/02/2010 – 01/02/2011)

01/01/2007 – 31/12/2009

Resident medical officer – Family Medicine

1. Municipal Emergency University Hospital Timisoara, Timis county, Romania (from 01/02/2007)
2. County Emergency Hospital Drobeta-Turnu-Severin, Mehedinti county, Romania (01/01/2007 – 31/01/2007)

01/12/2006 – 31/12/2009

General medicine physician

1. General Medicine Praxis Dr Olariu Cosmin Marius, Teremia Mare, Timis county (from 01/11/2007)
2. Rational Trans-Med, Ambulance service, Timisoara, Timis county, Romania (01/05/2007 – 31/10/2007)
3. Neuromed Timisoara, Ambulance service, Timisoara, Timis county, Romania (01/12/2006 – 30/04/2007)

01/01/2006 – 30/11/2006

Medical representative

HemoharmPyt Ltd, Timisoara, Timis county, Romania

01/01/2005 - -31/12/2005

Intern doctor

„Pius Branzu” University County Emergency Hospital Timisoara, Timis county, Romania

01/01/2005 – 31/12/2005

Research and development manager

Larry Med Pyt Ltd, Timisoara, Timis county, Romania (job field – medical care at the patient residence)

01/10/2004 – 31/12/2004

Nurse coordinator

Larry Med Pyt Ltd, Timisoara, Timis county, Romania (job field – medical care at the patient residence)

01/09/2000 – 31/12/2004

Nurse

„Pius Branzu” University County Emergency Hospital Timisoara, Emergency Room, Timis county, Romania

EDUCATION

2017 - 2019

Teacher Training Department, West University Timisoara, Timis county, Romania

Psycho-pedagogical training for teachers – Medical field level I and II

2015 – 2022

Ph. D School „Victor Babes” University of Medicine and Pharmacy Timisoara, Timis county, Romania

Ph. D. Thesis title: Cardio-neurological association in patients with permanent atrial fibrillation, scientific coordinator Univ. Prof. Dr Lighezan Daniel Florin

1998 – 2004

Faculty of General Medicine „Victor Babes” University of Medicine and Pharmacy Timisoara, Timis county, Romania

Qualification obtained: medical-doctor general medicine

1997 – 2000

Post-secondary Sanitary School “Ana Aslan” National Collage Timisoara, Timis county, Romania

Qualification obtained: general nurse

1993 – 1997

Industrial Energetic High School, Timisoara, Timis county, Romania

Qualification obtained: PRAM mechano-energetics

PROFESIONAL FORMATION

03/2025

University Lecturer

06/2022

Doctor of Philosophy, Medicine (OME 3981 / 08 June 2022)

11/2021

Competency in Vascular Echography (diploma series nr: seria C No. 050027)

06/2019

Consultant physician – Internal Medicine (OMS No. 1270 from 2019, Diploma No. 17778)

11/2018

Competency in Health Care Services Management (Diploma series C No. 044782)

07/2018

Level II Psycho-pedagogical training

02/2018	Level I Psycho-pedagogical training
05/2017	Specialist physician - Cardiology (Ministry of Health order No 557 of 15 May 2017) Diploma no. 32381
06/2015	Resident medical officer - Cardiology
10/2014	competency in General Echocardiography (final exit exam taken at „C.C. Iliescu” Institute of Cardiovascular Emergencies Bucharest), Diploma series C no. 035403
06/2014	Consultant physician - Family Medicine (Ministry of Health order no. 1124 of 2014) Diploma no. 9836
04/2014	Specialist physician - Internal Medicine (Ministry of Health 1004 of 2014), diploma no. 22170
06/2013	Specialist in Occupational health and safety
10/2010	Resident medical officer - Internal Medicine
10/2010	Competency in General ultrasonography (final exit exam taken at Ultrasonography Training center, Timisoara), diploma series C no. 026897
10/2009	Specialist physician - Family Medicine (Ministry of Health 1590 of 2009), Diploma no. 3052
01/2007	Resident medical officer - Family Medicine
01/2005	Intern doctor
09/2000	General nurse

TRAINING

26/10/2024 - 29/10/2024	Interdisciplinar approach of cardiac IRM in clinical practice, Arad, România
15/10/2021 - 16/10/2021	“Valvular Heart Disease Forum”, webinar
01/04/2019 - 30/04/2019	Vascular ultrasound course, Institute for Cardiovascular Disease, Timișoara, Romania
01/06/2019 - 30/06/2019	
01/10/2019 - 30/10/2019	
21/03/2018	Echocardiography in Emergency Department, Călimănești-Căciulata, Romania
22/05/2017 - 03/06/2017	Trans-esophageal echocardiography in clinical practice, Institute for Cardiovascular Disease, Timișoara, Romania
12/05/2017 - 13/05/2017	Hands-On Carotid ultrasound, „Victor Babeș” University of Medicine and Pharmacy Timișoara, Romania
13/05/2015	Myocardial Revascularisation - from guidelines to hands-on, Timișoara, Romania
01/04/2014 - 30/04/2014	Transthoracic echocardiography course - advanced level (level II) Institute for Emergencies in Cardiovascular Disease Prof Dr C C Iliescu, Bucharest, Romania
04/11/2013 - 29/11/2013	Transthoracic echocardiography course - beginner level (level I) Institute for Emergencies in Cardiovascular Disease Prof Dr C C Iliescu, Bucharest, Romania
23/11/2013	Cardiocoag, Course, Bucharest, Romania
25/10/2013	„Cardiac Emergencies - Difficult clinical cases”, Timișoara, Romania
12/10/2013	„Metabolic disease: from theory to practice”, Timișoara, Romania
13/05/2013 - 07/07/2013	Qualification course - „Occupational Health and Safety Specialist”, Timișoara, Romania (competency obtained: organizational skills regarding prevention and protection, establishing and implementing security guidelines in different occupations, ensuring proper protective equipment, investigating the cause of work-related accidents and professional diseases, monitoring health and safety issues)
01/06/2013	National Course in Management of Hypertensive Patients. Update in diagnosis and treatment; Timișoara, Romania
01/12/2012 - 30/09/2013	„Professional training in Epidemiology and promoting the use of new technologies in health-care workers”, Timișoara, Romania (Project code: POSDRU 81/3.2/S/5937)
11/2012	New technologies used in the diagnosis of COPD, under the project: „Quality of medical services in Pneumology by continuous medical education and organizational flexibility”, Timișoara, Romania
06/09/2012	„Training and prevention for a healthy life”, Timișoara, Romania (Under the project POSDRU/63/3.2/S/20596)
01/06/2010 - 02/06/2010	How to safeguard from malpractice? Timișoara, Romania
2009	General ultrasound, „Victor Babeș” University of Medicine and Pharmacy, Timișoara, Romania
2009	Family Planning, „Victor Babeș” University of Medicine and Pharmacy, Timișoara, Romania
12/2004	Blood transfusion, Regional Blood Transfusion Center, Timișoara, Romania
09/1999	Basic life support and first aid in poly-traumatology, SIAMUS (SMURD) Timișoara, Romania

PERSONAL SKILLS

Mother language	Romanian			
Other languages	UNDERSTANDING		SPEAKING	WRITING
	Listening	Reading	Spoken interpretation	Spoken production

English	B2	B2	B2	B2	B2
French	A2	A2	A2	A2	A2

Levels: A1/2 - Basic user, B1/2 - Independent user, C1/C2 - Proficient user (Common European Framework of Reference for Languages)

Communication skills	Good communication skills gained through my experience as medical representative and as a medical practitioner (daily interaction with different people with different levels of education and in different physical health or psychological conditions)
Computer skills	Expert in Microsoft Office (Word, Excel, PowerPoint), Endnote
Short self-characterisation	Pleasant personality, hard-worker, punctual, capacity to adapt in multicultural environment, team worker, leadership qualities, good organisational skills. Ability to work under pressure and to meet deadlines, ability to allot tasks to the peers and maintain team spirit
Voluntary services	<ol style="list-style-type: none"> 1. Medical students in the service of the health of the rural population, Știuca, Timiș Conty, România, 3 April 2004 2. Medical students in the service of the health of the rural population, Ohaba, Timiș Conty, România, 29 November 2003 3. Medical students in the service of the health of the rural population, Bara, Timiș Conty, România, 13 April 2003

ADDITIONAL INFORMATION

Researcher I.D.

 <http://orcid.org/0000-0002-8619-0479>

Web of Science: AAS-6649-2021, <https://publons.com/researcher/AAS-6649-2021/>

Google Academic: <https://www.researchgate.net/profile/Ciprian-Rosca>

ResearchGate: <https://www.researchgate.net/profile/Ciprian-Rosca>

h-index

8 (8 with self-citing) - **WOS**

10 (10 with self-citing) - **Google Academic**

Publications

Principal author - in ISI - WOS indexed journals

1. **Ciprian Ilie Rosca**, Daniel Florin Lighezan, Daniel-Dumitru Nisulescu, Nilima Rajpal Kundnani, Romina Georgiana Bită, Ariana Violeta Nicoras, Christian Banciu, Andreea Munteanu; Chronic low-grade inflammation: A possible link between COVID-19 and new-onset atrial fibrillation; J. Clin. Med. 2026, 15(6), 1750; <https://doi.org/10.3390/jcm15051750>, I.F. - 2,9 (Q1)
2. **Ciprian Ilie Rosca**, Daniel Florin Lighezan, Doina Georgescu, Horia Silviu Branea, Nilima Rajpal Kundnani, Ariana Violeta Nicoras, Romina Georgiana Bită, Daniel Dumitru Nisulescu, Triglyceride-to-HDL Cholesterol Ratio Is Associated with Ischemic Stroke Risk in Patients with Paroxysmal Atrial Fibrillation; Metabolites, 2026, 16, 110; <https://doi.org/10.3390/metabo16020110>; I.F. - 3,7, (Q2)
3. Andreea Munteanu, Daniel Lighezan, Maria Silvia Rosca, Gabriela Otiman, Ariana Nicoras, Daciana Nistor, Nilima Rajpal Kundnani, Anca Dinu, **Ciprian Ilie Rosca**, The Family Doctors in the "COVID-19 Era", Healthcare 13 (1):32, <http://dx.doi.org/10.3390/healthcare13010032>, I.F. - 2,7 (Q2)
4. **Ciprian Ilie Rosca**, Daniel Florin Lighezan, Gabriel Veniamin Cozma, Horia Silviu Branea, Daniel Dumitru Nisulescu, Adrian Sebastian Zus, Stelian I Morariu, Nilima Rajpal Kundnani, To be, or not to be...pectoral angina? The pain is the same but the etiology is different - A case report; Life, 2024, 14(9), 1066; <https://doi.org/10.3390/life14091066>, I.F. -3,4 (Q1)
5. Nilima Rajpal Kundnani, Abhinav Sharma, Daniel Florin Lighezan, Doina Georgescu, Stelian I Morariu, Daniel Dumitru Nisulescu, Romina Georgiana Bită, **Ciprian Ilie Rosca**, Use of neutrophil-to-lymphocyte ratio to predict in-hospital mortality in patients admitted with acute decompensation of atrial fibrillation; J. Clin. Med, 2024, 13(16), 4719; <https://doi.org/10.3390/jcm13164719>; I.F. - 2,9 (Q1)
6. Doina Georgescu, Daniel Florin Lighezan, **Ciprian Ilie Rosca**, Daciana Nistor, Oana Elena Ancusa, Ioana Suceava, Mihaela Adela Iancu, Nilima Rajpal Kundnani, NASH/NAFLD-related hepatocellular carcinoma: an added burden; Life, 2024, 14(1), 25; <https://doi.org/10.3390/life14010025>; I.F. - 3,4 (Q1) (corresponding author)
7. **Ciprian Ilie Rosca**, Daniel Florin Lighezan, Daniel-Dumitru Nișulescu, Abhinav Sharma, Marioara Nicula Neagu, Daciana Nistor, Doina Georgescu, Nilima Rajpal Kundnani, Metabolic Syndrome: A strange companion of Atrial Fibrillation; A Blessing in Disguise from Neuropsychiatric Point of View, Biomedicines, 2023, 11, 2012, <https://doi.org/10.3390/biomedicines11072012>, I.F. - 3,9 (Q2)

8. **Ciprian Ilie Rosca**, Horia Silviu Branea, Abhinav Sharma, Violeta Ariana Nicoras, Claudia Borza, Daniel Florin Lighezan, Stelian I Morariu, Nilima Rajpal Kundnani, Rhythm Disturbances in Post-Acute COVID-19 Syndrome in Young Men without Pre-Existing Known Cardiovascular Disease – A Case Series, *Biomedicines*, 2023, 11, 1146, <https://doi.org/10.3390/biomedicines11041146>, I.F. – 3,9 (Q2)
9. **Ciprian Ilie Rosca**, Abhinav Sharma, Daniel Dumitru Nișulescu, Gabriela Otiman, Daniel Marius Duda-Seiman, Stelian Ioan Morariu, Daniel Florin Lighezan, Nilima Rajpal Kundnani, Prevalence of cardio-embolic brain complications in permanent and paroxysmal atrial fibrillation patients, *Healthcare* 2023, 11(2), 175, <https://doi.org/10.3390/healthcare11020175>, I.F. – 2,4 (Q2)
10. F.C.A. Babalic, C. Borza, **C. Ilie Rosca***, C.V. Gurban, C.D. Banciu, O.A. Mederle, M.D. Popa, S.C. Chelu, P. Marius, A. Sharma, N.R.Kundnani, A.E. Caraba, Endothelial dysfunction in psoriatic arthritis patients: correlations between insulin resistance and disease activity, *Eur Rev Med Pharmacol Sci* 2022; 26(18): 6796-6804, https://doi.org/10.26355/eurrev_202209_29781, I.F. – 3,784 (Q2), (equal contribution – co-first author)
11. **Ciprian Ilie Rosca***, Nilima Rajpal Kundnani*, Anca Tudor*, Maria-Silvia Roșca, Violeta-Ariana Nicoras, Gabriela Otiman, Elena Ciurariu, Alin Ionescu, Morariu Stelian, Abhinav Sharma, Claudia Borza, Daniel Florin Lighezan, Benefits of prescribing low-dose digoxin in atrial fibrillation, *International Journal of Immunopathology and Pharmacology* Volume 35: 1-8, <https://doi.org/10.1177/20587384211051955>, IF: 3,298 (Q3)
12. N R Kundnani*, **C I Rosca***, A Sharma*, A Tudor, M S Roșca, D D. Nișulescu, H S Branea, V Mocanu, D C Crișan, D R Buzas, S Morariu, D F Lighezan, Selecting the right anticoagulant for stroke prevention in atrial fibrillation, *Eur Rev Med Pharmacol Sci* 2021; 25(13): 4499-4505; https://doi.org/10.26355/EURREV_202107_26241 IF: 3,784 (Q2) (equal contribution - co-first author)

Co-author - in ISI - WOS indexed journals

1. Maiozzi Anna Laura, Botta Filomena, Maccioni Silvia, Stanga Livia, Marin Bancila Lucretia, **Rosca Ciprian Ilie**, Dinu Anca, Sharma Abhinav, Kundnani Nilima Rajpal, Venous Manifestations of Gastic Cancer: Bilateral Varicose Veins as a Rare Initial Presentation- A narrative Review; *Gastrointestinal Disorders*, 2025, 7(4), 70; <https://doi.org/10.3390/gidisord7040070>; I.F. 0,8 (Q4)
2. Melania Ardelean, Roxana Buzas, Ovidiu Ardelean, Marius Preda, Stelian Ion Morariu, Codrina Mihaela Levai, **Ciprian Ilie Rosca**, Daniel Florin Lighezan, Nilima Rajpal Kundnani, Clinical and Biological Differences in Patients Having Non-Variceal Upper Gastrointestinal Bleeding on NSAIDs, Oral Anticoagulants, and Antiplatelet Therapy, *J. Clin. Med* 2024, 13, 5622; <https://doi.org/10.3390/jcm13185622>, I.F. 3,0 (Q1)
3. Doina Georgescu, Daniel Florin Lighezan, Ana Lascu, Roxana Buzas, Alexandra Faur, Ioana Ionita, **Ciprian Ilie Rosca**, Ioana Suceava, Despina Calamar-Popovici, Mihai Ionita, Oana Elena Ancusa, Hepatic veno-occlusive disease and colorectal cancer: Expect de unexpected; *Life* 2024, 14(7), 845; <https://doi.org/10.3390/life14070845>; I.F. - 3 (Q1)
4. Doina Georgescu, Daniel-Florin Lighezan, Ioana Ionita, Nicoleta Hadaruga, Roxana Buzas, **Ciprian Ilie Rosca**, Mihai Ionita, Ioana Suceava, Diana Alexandra Mitu, Oana Elena Ancusa, Cholesterol Gallstones and Long-Term Use of Statins: Is Gut Microbiota Dysbiosis Bridging over Uncertainties?, *Diagnostics*, 2024, 14(12), 1234, <https://doi.org/10.3390/diagnostics14121234>, I.F. – 3,0 (Q1)
5. Georgescu Doina, Ancusa Oana-Elena, Azoulay Daniel, Lascu Ana, Ionita Ioana, Calamar-Popovici Despina, Ionita Mihai, **Rosca Ciprian Ilie**, Breaza Gelu-Mihai, Reisz Daniela, Lighezan Daniel, Portal Vein Thrombosis in Patients with Liver Cirrhosis: What Went Wrong?, *International Journal of General Medicine*, 2023, volume 16, pages: 3889-3906, <https://doi.org/10.2147/IJGM.S413438>, I.F. - 2,1 (Q2)
6. M.V. Ardelean, N.R. Kundnani, A. Sharma, M. Dumitru, R. Buzas, **C.I. Rosca**, D. Dahdal, N. Ottman, O.F. Ardelean, D.-S. Daniel-Marius, M.I. Stelian, D. Lighezan, Fecal calprotectin – a valuable predictor of microscopic colitis, *Eur Rev Med Pharmacol Sci* 2022; 26 (24): 9382-9392, https://doi.org/10.26355/eurrev_202212_30689, IF – 3,3 (Q2)
7. Sergiu Florin Arnautu, Diana Aurora Arnautu, Ana Lascu, Andrei A Hajevschi, **Ciprian Ilie Rosca**, Abhinav Sharma, Dragos Catalin Jianu, A review of the role of transthoracic and transesophageal echocardiography, computed tomography, and magnetic resonance imaging in cardioembolic stroke, *Med Sci Monit* 2022; 28:e936365, <https://doi.org/10.12659/msm.936365>, IF – 3,1 (Q3)
8. Valeria Mocanu, Dharmesh Bhagwani, Abhinav Sharma, Claudia Borza, **Ciprian Ilie Rosca**, Morariu Stelian, Shalini Bhagwani, Laura Marusiac Haidar, Lajwanti Kshtriya, Nilima Rajpal Kundnani, Florin-Raul Horhat, Raluca Horhat, COVID-19 and the human eye – Conjunctivitis a lone COVID-19 finding - A case-control study, *Medical Principles and Practice*, 2022, 05 January, <https://doi.org/10.1159/000521808>, IF: 3,2 (Q1)
9. Mihaela-Daiana Popa, Abhinav Sharma, Nilima Rajpal Kundnani, Otilia Lavinia Gag, **Ciprian Ilie Rosca**, Valeria Mocanu, Anca Tudor, Ramona Amina Popovici, Brighita Vlaicu, Claudia Borza, Identification of Heavy Tobacco Smoking Predictors-Influence of Marijuana Consuming Peers and Truancy among College Students, *Healthcare*, 2021, 9 (12), 1666, <https://doi.org/10.3390/healthcare9121666>, IF: 3,160 (Q2)

10. Ivan Vlad-Sabin, Buzaș Roxana, Cuțina-Morgovan Adina-Flavia, Ciubotaru Paul, Ardelean Melania, Goje Daniel, **Rosca Ciprian Ilie**, Timar Romulus, Lighezan Daniel, The relationship between serum uric acid and ejection fraction of the left ventricle, J. Clin. Med. 2021, 10(17), 4026 <https://doi.org/10.3390/jcm10174026> , IF: 4,964 (Q1)
11. N R Kundnani, R V Tirziu, C Borza, A Sharma, **C I Rosca**, F Baderca, C Paul, S S Solovan, A Blidisel, Implication of wide surgical excision in minimizing positive margins and consequential secondary excision - a retrospective comparative study involving 106 basal cell carcinoma cases, Eur Rev Med Pharmacol Sci, 2021 Jun; 25(12):4283-4288 https://doi.org/10.3390/qidisord7040070https://doi.org/10.26355/EURREV_202106_26134 IF: 3,784 (Q2)

Co-author ABSTRACT- in ISI - WOS indexed journals

1. Doina Georgescu, Daniel Florin Lighezan, Ciprian Iliie Rosca, Norina Basa, Oana Elena Ancusa, Paul Ciubotaru, Ioana Suceava, Mihai Ionita, Roxana Buzas; Nonalcoholic Fatty Liver Disease, Histamine Producing Gut Bacteria and Newly Onset Heart Failure; UEGW 2025, 5-7 October 2025, Berlin, Germany, UEGJ 2025; Vol 13 (S8) :1309-1310, pag 1309, <https://doi.org/10.1002/ueg2.70036>
2. D Georgescu, N Hadaruga, O-E Ancusa, R Buzas, E-F Hut, N Basa, D-F Ligheza, **C.I. Rosca**, Cholesterol rich gallstones, gut dysbiosis and statin therapy, United European Gastroenterology Week 2023; United European Gastroenterology Journal Week 2023, vol 11(S8), <https://DOI.org/10.1002/ueg2.12460>
3. Doina Georgescu, Daniel Florin Lighezan, Roxana Buzas, Oana-Elena Ancusa, **Ciprian ilie Rosca**, Ioana Suceava, Mihai Ionita, Daniela reisz; Headaches and nonalcoholic fatty liver disease: how much is obstructive sleep apnea syndrome to blame? Eur J Neurol volume 31, suppl 1 pg 38, Jun 2024, ISSN 1468-1331

Co-author - in non-ISI /WOS indexed journals

1. Doina Georgescu, Daniel Lighezan, Roxana Buzas, **Ciprian Ilie Rosca**, Oana Ancusa, Ioana Suceava, Mihai Ionita, Daniela Reisz; Alteration of the gut microbiota in patients with nonalcoholic fatty liver disease and obstructive sleep apnea: a multiplied burden, International Journal of Emerging Trends in Health Sciences, 20 December 2024, Vol 8, Issue 2, (2024) 36-45; <https://doi.org/10.18844/ijeths.v8i2.9619>

Principal author – in CNCIS cat B sau B+ (BDI) journals/supplements

1. **Ciprian I Roșca**, Silvia M Roșca, Daniel D Nișulescu, Abhinav Sharma, Nilima R Kundnani, Parental influence on eating behavior, Jurnalul Pediatriei, year XXIV, vol XXIV, 2021, supplement, ISSN 2065 - 4855

Books

Unic

Author – national publisher

1. Nutriția comunitară și programele comunitare în strategiile de prevenție (*Community nutrition and community programs in prevention strategies*); Editura „Victor Babes” Timsoara, colecția „Manuale” 2025 (ISBN 978-606-786-484-7), [Nutritia si programele comunitare in strategiile de preventie](#)
2. Corelații cardio-neurologice în fibrilația atrială permanentă (Cardio-neurologic association in patients with permanent atrial fibrillation), Editura „Victor Babes” Timsoara, colecția Cercetare Științifică, 2024 (ISBN 978-606-786-367-3), [Corelatii cardio neurologice in fibrilatia atriala permanenta](#)

Editor - national publisher

1. Medical Semiology Questions Bank, 1st Semester Exam; Editura „Victor babeș” Timsoara, Colecția Manuale, 2026 (ISBN - 978-606-786-530-1), https://www.umft.ro/wp-content/uploads/2026/01/MEDICAL-SEMIOLOGY-QUESTIONS-BANK_editura-ebook_M_2026_.pdf
2. Nutriția comunitară și programele comunitare în strategiile de prevenție (*Community nutrition and community programs in prevention strategies*); Editura „Victor Babes” Timsoara, colecția „Manuale” 2025 (ISBN 978-606-786-484-7), https://www.umft.ro/wp-content/uploads/2025/06/Nutritia-si-programele-comunitare-in-strategiile-de-preventie_editura-ebook_M_2025_.pdf

Chapter Phirst author – national publisher

1. Medical Semiology Questions Bank, 1st Semester Exam; Editura „Victor babeș” Timișoara, Colecția Manuale, 2026 (ISBN - 978-606-786-530-1), https://www.umft.ro/wp-content/uploads/2026/01/MEDICAL-SEMILOGY-QUESTIONS-BANK_editura-ebook_M_2026_.pdf
2. Nutriția comunitară și programele comunitare în strategiile de prevenție (*Community nutrition and community programs in prevention strategies*); Editura „Victor Babes” Timsoara, colecția „Manuale” 2025 (ISBN 978-606-786-484-7), [Nutritia si programele comunitare in strategiile de preventie](#)

Chapter Co-author – international publisher

1. Doina Georgescu, Ana Lascu, Ionita Ioana, Oana-Elena Ancusa, Mihai Ionita, **Ciprian Rosca**, Despina Calamar-Popovici, Daniel Lighezan; Nonalcoholic fatty liver disease, procalcitonina, and gut microbiota: players in the same team (in *Advances in probiotics for health and nutrition*, editor Vasudeo Zambare; IntechOpen; 2024; DOI: 10.5772/intechopen.104299; ISBN 978-1-83768-610-0)

Chapter Co-author – national publisher

1. Medical Semiology Questions Bank, 1st Semester Exam; Editura „Victor babeș” Timișoara, Colecția Manuale, 2026 (ISBN - 978-606-786-530-1), capitolele: Patient's general evaluation; Taking history and symptoms in patient with respiratory disease, Respiratory system diagnostic tests; Semiology of upper respiratory airways infections, asthma, hypersensitisation pneumonia, bronchiectasias, chistic fibrosis; Semiology of pneumonia, pleural pathology, mediastinum pathology; https://www.umft.ro/wp-content/uploads/2026/01/MEDICAL-SEMILOGY-QUESTIONS-BANK_editura-ebook_M_2026_.pdf

Oral Presentations

1. **Ciprian Ilie Roșca**, Fibrilația atrială în 2024. Mai este loc și pentru medicul de familie? (*Atrial fibrillation in 2024. Is there room for the family doctor?*); Conferința Națională 2024 cu participare internațională, Interdisciplinaritatea în medicina de familie, Timișoara 28-29 noiembrie 2024
2. **Ciprian Ilie Roșca**, Updates in the diagnosis and therapy of heart failure, Postrgraduate cours – Updates in the pathophysiology, laboratory diagnosis and therapy of cardio-metabolic diseases, Timișoara, 6-12 February 2024
3. **Ciprian Ilie Roșca**, Maria-Silvia Roșca, Elena-Ana Păuncu, Family physician, key player in the home management of rural patients infected with COVID-19, The XXth Național congress of perspectives and challenges of Occupational Medicine, Sinaia, 22-25 September 2021
4. **Ciprian Ilie Roșca**, The role of parents in child's diet, Lifestyle medicine in childhood (webinar), Timisoara 11-12 June 2021
5. **Ciprian Ilie Roșca**, Ne(o)Cardiology or when life beats the movie, Cardiometabolic Disease and Carcinogenesis: updates in pathogenesis, laboratory diagnosis and treatment, Timisoara 04-13 April 2019
6. **Ciprian Ilie Roșca**, Ageing, Updates in laboratory and paraclinical diagnosis in elderly medicine, Timisoara, 22 February – 04 March 2018
7. **Ciprian Ilie Roșca**, Adina Morgovan, Daniel Florin Lighezan, Heart failure – diagnostic and treatment algorithm, Updates in diagnosis of cardiometabolic, renal, bone and rheumatic diseases: from biomarkers to algorithms, Timisoara 27-31 March 2017 and 03-07 April 2017
8. **Ciprian Ilie Roșca**, Maria-Silvia Roșca, Hypertension secondary to low ventricular rate or low ventricular rate secondary to hypertension? National Congress of Family Medicine, VII-a ed., Timisoara, 13-16 September 2012
9. **Ciprian Roșca**, Silvia Roșca, Elena-Ana Păuncu, Health issues of Medical staff serving at Emergency Services, Symposium „Occupational Medicine in Banat – Tendency and Perspective, Timisoara, 24 June, 2005
10. Daniela Cocîrlă, **Ciprian Ilie Roșca**, Activity of T lymphocytes in the expression of LFA-1 adhesion molecules in patients with type 2 diabetes, Scientific Communication Session for students and young doctors, Timisoara, May, 2000

Posters

International conferences (underlined name-presenting author)

1. Doina Georgescu, Daniel Florin Lighezan, Ciprian ilie Rosca, Norina Basa, Oana Elena Ancusa, Paul Ciubotaru, Ioana Suceava, Mihai Ionita, Roxana Buzas; Nonalcoholic Fatty Liver Disease, Histamine Producing Gut Bacteria and Newly Onset Heart Failure; UEGW 2025, 5-7 October 2025, Berlin, Germany
2. Doina Georgescu, Daniel Florin Lighezan, Oana Elena Ancusa, Norina Basa, **Ciprian Ilie Rosca**, Paul Ciubotaru, Diana Alexandra Mitu, Roxana Buzas; Visceral Fat, Leaky Gut and Intestinal Dysbiosis in Patients with Irritable Bowel Syndrome, 13th Probiotics, Prebiotics and New Foods, Nutraceuticals, Botanicals and Phytochemicals for Nutrition and Human, Animal and Microbiota Health, 14-14 September 2025, Rome, Italy

3. D Georgescu, N Hadaruga, O-E Ancusa, R Buzas, E-F Hut, N Basa, D-F Ligheza, **C.I. Rosca**, Cholesterol rich gallstones, gut dysbiosis and statin therapy, United European Gastroenterology Week 2023; United European Gastroenterology Journal Week 2023, vol 11(S8), <https://DOI.org/10.1002/ueg2.12460>
4. **Kundnani NR**, Miloicov OCB, Dragan S, Sharma A, Folescu R, Gurgus D, Ionescu A, Ciurariu E, **Rosca CI**, Lighezan D, Do we need to re-examine the CHA2DS2-VASC scoring system based on the grade of hypertension?, 14th World Stroke Congress, Singapore, 26-29 October 2022, Interantional Journal of Stroke, vol 17, Issue 3_suppl, October, pages 232-233; <https://doi.org/10.1177/17474930221125973>

Editorial activity

Guest Editor of Special Issue

1. Metabolites by MDPI " Current Research in Metabolic Syndrome and Cardiometabolic Disorders" Jun 2025 - January 2026; [Current Research in Metabolic Syndrome and Cardiometabolic Disorders](#)

Peer-Reviewer activity for the following journals:

1. Diagnostics
2. Future Cardiology
3. Healthcare
4. International Journal of Environmental Research and Public Health
5. Medical Science Monitor
6. Medicina
7. Journal of Clinical Medicine
8. SAGE Open Medicine
9. International Journal of Molecular Sciences

Honors and awards

1. PN-III-P1-1.1- PRECISI-2021- 63418 (<http://uefiscdi-direct.ro>) - UEFISCDI – article: Selecting the right anticoagulant for stroke prevention in atrial fibrillation (2021)
2. PN-III-P1-1.1- PRECISI-2021- 65802 (<http://uefisc.di-direct.ro>) - UEFISCDI – article: Implication of wide surgical excision in minimizing positive margins and consequential secondary excision – a retrospective comparative study involving 106 basal cell carcinoma cases (2021)

Memberships

1. ESC – European Society of Cardiology – **fellow**
2. Romanian Society of Cardiology – member
3. Romanian Society of Hypertension – member
4. Romanian Society of Internal Medicine - member
5. Heart Failure Association of the ESC - member
6. Council of Cardio-oncology of the ESC - member

Conferences (participation)

International

1. The EACVI 2025, Vienna, Austria, 11-13 December 2025
2. UEG Week 2025, Berlin, Germany, 05-07 October 2025
3. 13th EFSMA Congress of Sport Medicine, 25-@7 September 2025, Bucharest, Romania
4. 13th Probiotics, Prebiotics and New Foods, Nutraceuticals, Botanicals and Phytochemicals for Nutrition and Human, Animal and Microbiota Health, 14-14 September 2025, Rome, Italy
5. ESC Congress, Madrid, Spain, 29 August - 01 September 2025
6. ESC Cardio-oncology 2025, Florence, Italy, 20 jun - 21 Jun 2025
7. ESC Heart Failure 2025, Belgrade, Serbia, 17 May - 20 May 2025
8. EuroEcho-Imaging 2024, Berlin, Germany, 11-13 December 2024
9. UEGweek 2024, Viena, Austria, 13-15 October 2024
10. ESC Congress, London, United Kingdom, 30 August-2 September 2024
11. Heart Failure, Lisbon, Portugal, 11-14 May 2024
12. UEGweek 2023, Copenhagen, Denmark, 15-17 October 2023
13. ESC Congress 2023, Amsterdam, The Netherlands, 25-28 August 2023
14. Heart Failure 2023, Prague, Czechia, 20-23 May 2023
15. ESC Congress 2022, Barcelona & Online, Spain, 26-29 August 2022
16. ACC 71st Annual Scientific Session, on-line, (2-10 April 2022)
17. Hypertension in pregnancy: management, London, United Kingdom 29 January 2022 (on-line)
18. ESC Congress 2021 – The Digital Experience, 27-30 August 2021
19. ACC.21 – 70th Annual Scientific Session, on-line event, 15-17 May 2021
20. ESC Congress 2020 – The Digital Experience, 29 August – 01 September 2020
21. ESC Congress 2019 together with the World Congress of Cardiology, Paris, France, 31 August - 4 September 2019)
22. Masterclass (in anticoagulation), Barcelona, Spania, 18-19 March 2016

National

1. Spring Conference of Romanian Society of Cardiology, Sibiu, Romania, 07 - 10 May 2025
2. National Congress of Internal Medicine, Călimănești-Căciulata, Romania, 03 - 06 April 2025
3. National Conference „Interdisciplinarity in family medicine”, 28-29 November 2024, Timisoara, Romania
4. National Congress of Cardiology, Sinaia, Romania, 18-21 September 2024
5. Spring Conference of Romanian Society of Cardiology, Sibiu, Romania, 17-20 April 2024
6. National Congress of Internal Medicine, Călimănești-Căciulata, Romania, 5-7 April 2024
7. National Congress of Cardiology, Sinaia, Romania, 20-23 September 2023
8. Spring Conference of Romanian Society of Cardiology, Sibiu, Romania, 3-6 May 2023
9. National Congress of Internal Medicine, Călimănești-Căciulata, Romania, 31 Mars - 2 April 2023
10. National Congress of Cardiology, Sinaia, Romania, 21-24 September 2022
11. National Congress of Cardiology, Bucharest/Sinaia, Romania, 22-25 September 2021
12. National Congress of Cardiology, Sinaia, Romania, 18-21 September 2019
13. National Conference and Working Groups (Romanian Society of Cardiology) Sibiu, Romania, 16-18 May 2019
14. National Congress of Cardiology, Sinaia, Romania, 19-22 September 2018
15. National Conference and Working Groups (Romanian Society of Cardiology), Sibiu, Romania 10-12 May 2018
16. National Congress of Internal Medicine, Călimănești-Căciulata, Romania, 21-24 March 2018
17. National Congress of Cardiology, Sinaia, Romania, 20-23 September 2017
18. National Conference and Working Groups (Romanian Society of Cardiology), Sibiu, Romania, 04-06 May 2017
19. National Congress of Family Medicine Society, 8-a ed., Iași, Romania, 26-29 October 2016
20. National Congress of Cardiology, Sinaia, Romania (*yearly from 2012 to 2016*)
21. National Conference and Working Groups (Romanian Society of Cardiology), Sibiu, Romania (*yearly from 2013 to 2016*)
22. National Congress of Internal Medicine, Călimănești-Căciulata, Romania (*2011, 2015, 2016*)
23. National Conference „Updates in Arterial Hypertension” III-a ed, Timisoara, Romania, 13 November 2015
24. 1st Conference of Diffuse Interstitial Pneumopathy, Timisoara, Romania, 9-10 October 2015
25. Hypertrophic Cardiomyopathy Symposium, Sibiu, Romania, 9-10 May 2015
26. 2nd National Conference with international participation of Romanian Society of Hypertension, Bucharest, Romania, 12-14 September 2013
27. National congress of Family Medicine, VII-a ed, Timisoara, Romania, 13-16 September 2012
28. Medical Symposium on Occupational Medicine in Banat – Tendency and perspective, Timișoara, Romania 24 June, 2005
29. Communication sessions for students and young doctors, Timișoara, Romania, May 2000

LIST OF CITED WORKS

ISI - Web of Science indexed Journals

N. R. Kundnani, **C.I. Rosca**, A Sharma, A Tudor, M S Rosca, D D Nisulescu, H S Branea, V Mocanu, D C Crisan, D R Buzas, S Morariu, D F Lighezan, **Selecting the right anticoagulant for stroke prevention in atrial fibrillation Selecting the right anticoagulant for stroke prevention in atrial fibrillation**, European Review for Medical and Pharmacological Sciences, 2021; 25(13): 4499-4505, https://doi.org/10.26355/EURREV_202107_26241, IF – 3,507

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1. Kun Han Lee, Jiunn Tyng Yeh, Meng Lun Wu, Wan Yu Yeh, Gregory Y H Lip, Chern En Chiang, Chen Huan Chen, HAo Min Cheng, Oral anticoagulants and cognitive impairment in patients with atrial fibrillation: A systematic review with meta-analysis and trial sequential analysis; *Thromb Res.* 2024 Jun;238:132-140; <https://doi.org/10.1016/j.thromres.2024.04.032>; I.F. - 3,7
2. Anunya Ujjin, WANwarang Wongcharoen, Arisara Suwanagool, Chantree Chai-Adisaksopha, Optimal strategies to select warfarin dose for thai patients with atrial fibrillation; *J. Clin. Med* 2024, 13(9), 2675; <https://doi.org/10.3390/jcm13092675>; I.F. - 3,0
3. Timea Elisabeta Brandibur, Nilima Rajpal Kundnani, Marioara Boia, Daciana Nistor, Daniel Milan Velimirovici, Leonard Mada, Aniko Maria Manea, Eugen Radu Boia, Marioara Nicula Neagu, Calin Marius popoiu, Does COVID-19 Infection during pregnancy increase the appearance of congenital gastrointestinal malformations in neonates? *Biomedicines*, 2023 Nov 21, 11(12):3105; <https://doi.org/10.3390/biomedicines11123105>; I.F. - 3,9
4. Z-Q Xu, Z-H Xu, N Zhang, Comprehensive systematic review and meta-analysis on anticoagulants and aspirin for stroke prevention in non-valvular atrial fibrillation patients; *Eur Rev Med Pharmacol Sci.* 2023 Nov, 27(22):11002-11012; https://doi.org/10.26355/eurrev_202311_34469; I.F. - 3,784
5. Sultan H., Alnasser M., Assiri A., Tawhari F., Bakkari A., Mustafa M., Altobaibi W., Asiri A., Khudari A., Alshreem A., Ayoub M., Alkhatami S., Basndwah H., Alsaeed O., Alkredees M., Alsaalem T., Alhuwail A., Almalki T., Alzahrani Y., Alshahrani F., Alqahtani B., Alghamdi B., Ibrahim A.R.N., Zaitou M., Utilization of direct oral anticoagulants in a Saudi tertiary hospital: a retrospective cohort study; *Eur Rev Med Pharmacol Sci.* 2023 Nov, 27(20):110076-110081; https://doi.org/10.26355/eurrev_202310_34188; I.F. - 3,784
6. Diogo R Branco, Mariana Alves, Catarina Severiano E Sousa, Joao Costa, Joaquim J Ferreira, Daniel Caldeira, Direct oral anticoagulants vs vitamin K antagonist on dementia risk in atrial fibrillation: systematic review with meta-analysis; *Journal of Thrombosis and Thrombolysis*, <http://doi.org/10.1007/s11239-023-02843-5>
7. X Zhang, C-B Wang, L-H Duan, J-J Long, P Xiao, Y-L Wang, X-H Zhang, Q-Q Liu, Correlation research of serum substance P, CCK-8, and 5-HT values with depression levels in stroke survivors, *European Review for Medical and Pharmacological Science*, 2023; 27: 1248-1254, http://DOI.org/10.26355/eurrev_202302_31357, IF-3,784
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13. VI Morariu, DA Arnautu, SI Morariu, AM Popa, T Parvanescu, M Andor, S Abhinav, VL David, A Ionescu, MC Tomescu, 2D speckle tracking: a diagnostic and prognostic tool of paramount importance, *European Review for Medical and Pharmacological Sciences*, 2022; 26:3903-3910, https://dx.doi.org/10.26355/eurrev_202206_28958 IF – 3,507
14. Ioan Adrian Petrache, Abhinav Sharma, Abhijit Kumar, Flavia Baderca, Octavian Constantin Neagoe, Emanuela Tudorache, Crisitan Oancea, Manuela Emilia Jifcu, Mihaela Ionica, Nilima Rajpal Kundnani, Cozma Gabriel, Ovidiu Burlacu, Nerve changes associated with post thoracotomy pain syndrome, *Histol Histopathol.*, 2022 aug 5, 18515, <https://doi.org/10.14670/hh-18-515>, IF – 2,130
15. Abhinav Sharma, Ruxandra Christodorescu, Ahmad Agbariah, Daniel Duda-Seiman, Diala Dahdal, Dana Man, Nilima Rajpal Kundnani, Octavian Marius Cretu, Simona Dragan, Cardiovascular risk prediction parameters for better management in rheumatic disease, *Meathcare*, 2022, 10, 312, <https://doi.org/10.3390/healthcare10020312>, IF – 2,645
16. M Tunescu, R Christodorescu, A Sharma, C R Barsac, A F Rogobete, D C Crisan, S E Popovici, N R Kundnani, D Sandesc, O Bedreag, The preoperative evaluation of post-COVID-19 patients scheduled for elective surgery – What is important not to miss!, *Eur Rev Med Pharmacol Sci* 2021; 25(23): 7607-7615, https://doi.org/10.26355/eurrev_202112_27459, IF – 3,507
17. M. V. Ardelean, N.R. Kundnani, A. Sharma, M. Dumitru, R. Buzas, C.I. Rosca, D. Dahdal, N. Ottman, O.F. Ardelean, D.-S. Daniel-Marius, M.I. Stelian, D. Lighezan, Fecal calprotectin – a valuable predictor of microscopic colitis, *Eur Rev Med Pharmacol Sci* 2022; 26 (24): 9382-9392, https://DOI.org/10.26355/eurrev_202212_30689, IF – 3,874
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19. Sergiu Florin Arnautu, Diana Aurora Arnautu, Ana Lascu, Andrei A Hajevschi, Ciprian Ilie Rosca, Abhinav Sharma, Dragos Catalin Jianu, A review of the role of transthoracic and transesophageal echocardiography, computed tomography, and magnetic resonance imaging in cardioembolic stroke, *Med Sci Monit* 2022; 28:e936365, <https://DOI.org/10.12659/MSM.936365>, IF – 2,649
20. Ciprian Ilie Rosca*, Nilima Rajpal Kundnani*, Anca Tudor*, Maria-Silvia Rosca, Violeta-Ariana Nicoras, Gabriela Otiman, Elena Ciurariu, Alin Ionescu, Morariu Stelian, Abhinav Sharma, Claudia Borza, Daniel Florin Lighezan, Benefits of prescribing low-dose

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2. Cristian Mircea Nicolescu, Silviu Daniel Moldovan, The influence of sepsis on erythrocytes morphology: case report and literature review; Rom J Morphol Embryol 2024, 65(1):119-123; <https://www.doi.org/10.47162/RJME.65.1.15>; I.F. - 1,2
3. Timea Elisabeta Brandibur, Nilima Rajpal Kundnani, Marioara Boia, Daciana Nistor, Daniel Milan Velimirovici, Leonard Mada, Aniko Maria Manea, Eugen Radu Boia, Marioara Nicula Neagu, Calin Marius popoiu, Does COVID-19 Infection during pregnancy increase the appearance of congenital gastrointestinal malformations in neonates? Biomedicines, 2023 Nov 21, 11(12):3105; <https://doi.org/10.3390/biomedicines11123105>; I.F. - 3,9
4. Rohan D Castelino, Khamis Al Hashmi, Mohammed Al Za'abi, Aly Abdelrahman, Overview of the use of antiarrhythmic drugs at a tertiary hospital in Oman, Pharmacy Practice 2023 Apr-Jun; 21(2):2816, <http://doi.org/10.18549/PharmPract.2023.2.2816>
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