

# CURRICULUM VITAE

## PERSONAL INFORMATION

Name **AVRAM CRISTIANA ADINA**  
Address Timișoara, Romania  
Email avram.adina@umft.ro  
Nationality Romanian

## PROFESSIONAL EXPERIENCE

Period (from – to)	<b>2014 – Present</b>
Name and address of employer	<b>VICTOR BABES UNIVERSITY OF MEDICINE AND PHARMACY TIMISOARA</b>
Type of business or sector	Education
Position or post held	University assistant
Period (from – to)	Teaching and research activity
Period (from – to)	<b>2025 - Present</b>
Name and address of employer	<b>Spitalul Clinic CF Timisoara, sectia Medicina Interna 2</b>
Type of business or sector	Senior Physician, Internal Medicine
Position	Conducting consultations and investigations necessary for the diagnosis, treatment and monitoring of various medical conditions falling within the scope of internal medicine
Main activities and responsibilities	
Period (from – to)	<b>2017 – Present</b>
Name and address of employer	<b>Cabinet Medical Dr. Avram SRL</b>
Type of business or sector	Medical
Position or post held	Primary physician in internal medicine
Main activities and responsibilities	Performing the necessary consultations and investigations for the diagnosis, treatment and monitoring of various medical conditions falling within the scope of internal medicine
Period (from – to)	<b>2014</b>
Name and address of employer	<b>SC MEDICOVER SRL</b>
Type of activity or sector	Medical sector
Position or post held	Specialist in internal medicine, Head Physician
Main activities and responsibilities	Performing consultations and investigations necessary for the diagnosis, treatment and monitoring of various medical conditions falling within the scope of internal medicine; Administrative, organisational, implementation and development activities for the medical services offered within the clinic, coordination of the clinic's medical staff
Period (from – to)	<b>2007-2013</b>
Name and address of employer	<b>Timisoara Municipal Emergency Clinical Hospital</b>
Type of business or sector	Medical sector
Position or job title	Resident physician, internal medicine
Main activities and responsibilities	Providing medical consultations and treatments under the guidance of a specialist doctor
Period (from – to)	<b>2004</b>
Name and address of employer	<b>VICTOR BABES UNIVERSITY OF MEDICINE AND PHARMACY, TIMISOARA</b>
Type of business or sector	Medical research
Position or job title	Full-time doctoral student

Main activities and responsibilities

Clinical and medical research activity

Period (from – to)  
Name and address of employer  
Type of activity or sector  
Position

**2003 – 2004**  
Timișoara Municipal Emergency Clinical Hospital  
Intern  
Providing medical consultations and treatments under the guidance of a specialist doctor

**SPECIALISED STUDIES AND COURSES**

Period

**October 2018 – July 2019**  
Participation in the complementary studies programme to obtain the sleep medicine certificate. Training centre in Bucharest, Marius Nasta Institute. *Obtaining the certificate in General, Clinical and Therapeutic Management of Sleep-Related Breathing Disorders*

Period

**October 2004 – November 2009**  
Preparation of doctoral thesis *“The benefit of comprehensive cardiovascular recovery in coronary artery disease in hospital and outpatient settings”*

Period

**21 February 2014**  
“Cardiocoag” course organised by the Romanian Society of Cardiology

Period

**19–20 November 2010**  
Central Europe Sleep Training Course, Timisoara, Romania, Course organised by SRP

Period

**9–10 October 2009**  
Central Europe Sleep Training Course, Cluj-Napoca, Romania, Course organised by SRP,

Period

**22–24 June 2006**  
Course organised by the European Society of Cardiovascular Prevention and Rehabilitation “Advance training in cardiovascular prevention and rehabilitation programme”, Bern, Switzerland

Period

**19–21 June 2004**  
Course organised by the European Society of Cardiology – “How to set up and run a cardiac rehabilitation and exercise training programme”, Bern, Switzerland

Period

Name and type of educational institution  
Name of qualification obtained  
Level within the national classification

**1999 - 2003**  
Faculty of Physical Education and Sport, Specialisation in Kinetotherapy, West University of Timișoara  
Bachelor's degree in Physical Education and Sport, specialising in Kinetotherapy  
Physiotherapist

Period (from – to)

Name and type of educational institution  
Name of qualification obtained  
Level within the national classification

**1996 - 2002**  
Faculty of General Medicine, Victor Babeș University of Medicine and Pharmacy in Timișoara  
Bachelor's Degree in General Medicine  
Doctor

Period (from – to)

Name and type of educational institution  
Name of qualification obtained

**1992 – 1996**  
Iancu de Hunedoara Theoretical High School, Hunedoara  
Baccalaureate diploma

**Personal skills and competences**

Mother tongue

**Romanian**

FOREIGN LANGUAGES

Self-assessment  
European level (\*)

**English**  
**German**

Understanding				Speaking				Writing	
Listening		Reading		Participation in conversation		Oral discourse		Written expression	
B2	Very good	B2	Very Good	B2	Good	B2	Good	B2	Good
B1	Good	B1	Good	B1	Good	B1	Good	B1	Good

(\*) Common European Framework of Reference for Languages

- experience in team management and project management
- good communication and adaptation skills

**SOCIAL AND ORGANISATIONAL  
SKILLS AND COMPETENCES**  
**SOCIAL AND ORGANISATIONAL**

**SCIENTIFIC SKILLS AND  
COMPETENCES**  
**SCIENTIFIC**

**List of articles indexed in Web of Science with impact factor:**

- Claudiu Avram, Mihaela Oravitan, Dan Gaita and Cristiana **Adina Avram**. *National survey on diet and eating behaviours for the prevention of cardiovascular diseases. Exp Clin Cardiol.* Vol 20 Issue 10 pages 6542-6549 / 2014. ISI (IF= 0.758)
- Claudiu Avram, Răzvan Gabriel Drăgoi, Horațiu Popoviciu, Mihai Drăgoi, **Adina Avram**, Elena Amaricăi. *Association between arterial stiffness, disease activity and functional impairment in ankylosing spondylitis patients: a cross-sectional study. Clin Rheumatol* (2016) Vol. 35 Issue 8 pages :2017-2022. ISI (IF= 2.042)
- Stela Iurciuc, Claudiu Avram, Vladiana Turi, Anda Militaru, **Adina Avram**, Anca Maria Cimpean, Mircea Iurciuc. *Physical Training, Hemodynamic Parameters and Arterial Stiffness: Friends or Foes of the Hypertensive Patient? in vivo* (2016) Vol 30 Issue 4 pages 521-528 ISI (IF=0.832)
- Anda Militaru, **Adina Avram**, Anca Maria Cimpean, Mircea Iurciuc, Petru Matusz, Daniel Lighezan, Marius Militaru. *The Assessment of Left Ventricle Function and Subclinical Atherosclerosis in Patients with Acute Myeloid Leukaemia. In Vivo* (2018) Vol 32 no 6 pages 1599-1607. ISI (FI=1.609)

**Member of national and international research projects won through competition:**

- European research project: "European action on secondary and primary prevention of coronary heart disease in order to reduce events" - EUROASPIRE III, conducted under the auspices of the European Society of Cardiology, 2006-2007;
- Internationally funded national research project: "EUROASPIRE III Romania Follow Up", conducted under the auspices of the Romanian Society of Cardiology, 2008-2009;
- CNCSIS Type A national research project: *The benefit of comprehensive cardiac recovery in patients with aorto-coronary bypass surgery on endothelial dysfunction - a study correlating endothelial NO synthase polymorphism.* Contract No. 27690/14.03.2005
- CEEX research project "Computerised optimisation of the diagnosis, therapeutic intervention and prognosis of cardiovascular diseases - CARDIOCOMP". Contract no. 81/2006
- CEEX national research project: "Development of cardiology centres for early diagnosis through screening of the population with risk factors for cardiac dysfunction" – CARDIOSCREEN, No. 369/2005, 2006-2008

Timișoara,  
18.02.2026

Dr. Cristiana Adina Avram