

## Dr. Alin Albai

Professional Address:

Victor Babeş University of Medicine and Pharmacy, Timișoara, Romania

Pius Brînzeu County Emergency Clinical Hospital, Timișoara, Romania

Email: [albai.alin@umft.ro](mailto:albai.alin@umft.ro)

Date of Birth: 16 March 1980 | Nationality: Romanian

### PROFESSIONAL EXPERIENCE

2023 – Present: Associate Professor (Maître de Conférences equivalent)

Victor Babeş University of Medicine and Pharmacy, Timișoara

- Clinical teaching in Diabetes, Nutrition and Metabolic Diseases
- Teaching for General Medicine and Nursing students
- Scientific research activity and course development

2019 – 2023: Lecturer (Senior Lecturer / Chief of Works)

2010 – 2019: Assistant Professor

2007 – 2010: Junior Lecturer

2015 – Present: Senior Consultant in Diabetes, Nutrition and Metabolic Diseases

2019 – Present: Specialist in Internal Medicine

Pius Brînzeu County Emergency Clinical Hospital, Timișoara

- Inpatient and outpatient medical care
- On-call senior physician

2022 – Present: Member of the National Commission for Diabetes, Nutrition and Metabolic Diseases

Romanian Ministry of Health

### EDUCATION AND TRAINING

2012: PhD in Medicine (Magna Cum Laude)

Thesis: 'Pregnancy in Patients with Diabetes Mellitus – Practical Situation in Timiș County (1990–2010)'

Victor Babeş University of Medicine and Pharmacy, Timișoara

2015: Senior Consultant in Diabetes, Nutrition and Metabolic Diseases

2019: Specialist in Internal Medicine

2004: MD – Doctor of Medicine

Pedagogical Certification Level I and II

## **RESEARCH AND PUBLICATIONS**

Author and co-author of numerous ISI-indexed scientific publications and national peer-reviewed articles.

Main research areas:

- Type 1 and Type 2 Diabetes Mellitus
- Diabetes and Pregnancy
- SGLT2 inhibitors and cardiovascular outcomes
- Metabolic syndrome and obesity
- Telemedicine in diabetes care

## **CLINICAL TRIALS**

Member of research teams in international clinical trials (Merck, AbbVie, Bristol Myers Squibb, AstraZeneca)

Research involving Dapagliflozin, Ertugliflozin, Saxagliptin, Atrasentan and innovative diabetes therapies.

## **LANGUAGE SKILLS**

Romanian: Native

English: C1 (Advanced)

German: B2 (Upper-intermediate)

## **DIGITAL SKILLS**

Microsoft Office, Google Drive, Adobe

Programming: Turbo Pascal, FoxPro

Communication platforms and online collaboration tools

## **ORGANIZATIONAL AND LEADERSHIP SKILLS**

- Crisis management coordination during COVID-19 pandemic
- Strong clinical decision-making abilities

- Academic communication and presentation skills
- Team coordination and stress resilience