



# Europass Curriculum Vitae

## Personal information

First name/Surname **IOANA GOLU**  
Address University of Medicine and Pharmacy „Victor Babeş“ Timișoara – Endocrinology Department,  
P-ța Eftimie Murgu Nr. 2 , 300041 Timișoara, Romania  
E-mail address [golu.ioana@umft.ro](mailto:golu.ioana@umft.ro)

## Work experience

Dates	<b>Oct 2025 – present</b>
Occupation or position held	Associate Professor, MD, PhD – Department of Endocrinology, Department VII Senior Consultant Endocrinologist
Main activities and responsibilities	Competence in Endocrine Ultrasound Teaching the Endocrinology course to 5th year General Medicine students Teaching the Endocrinology course to 3rd year General Nursing students Coordinating clinical internships Co-author of course materials Author of monographs Scientific research activity Medical practice within the Endocrinology Clinic
Name and address of the employer	“Victor Babeş” University of Medicine and Pharmacy, P-ța Eftimie Murgu No. 2, 300041 Timișoara, Romania “Pius Brînzeu” County Emergency Clinical Hospital, Timișoara, Romania
Type of business or sector	Higher Education / Medicine
Dates	<b>Sept. 2018 – sept 2025</b>
Occupation or position held	Lecturer , Endocrinology Department, UMFT Consultant endocrinologist in the Department of Endocrinology University of Medicine and Pharmacy „Victor Babeş” Timisoara
Name and address of the employer	Emergency County Hospital „Pius Brînzeu” Timișoara
Dates	<b>Oct. 2011- sept. 2018</b>
Occupation or position held	Asist.Prof., Endocrinology Department, UMFT Specialist in Endocrinology, Department of Endocrinology
Dates	<b>March 2004- Oct 2009</b>
Occupation or position held	Assist.Prof, Endocrinology Department, UMFT Resident in Endocrinology

Education and training	
Dates	<b>October 2013-June 2014</b>
Title of qualification awarded	Pedagogy course, Department for teachers training in Medicine
Name of the organization providing education and training	West University, Timișoara
Dates	<b>February 2009</b>
Title of qualification awarded Name of the organization	PhD diploma in Medicine University of Medicine and Pharmacy „Victor Babeș” Timisoara
Dates	<b>June 2013</b>
Title of qualification awarded	Senior Consultant in Endocrinology (Ministry of Health Order no. 1044/2013)
Name of the organization providing education and training	University of Medicine and Pharmacy „Victor Babeș” Timisoara Emergency County Hospital „Pius Brânzeu” Timișoara
Dates	<b>Oct 2009</b>
Title of qualification awarded	Specialist in Endocrinology (Ministry of Health Order no. 1590/2009)
Name of the organization providing education and training	University of Medicine and Pharmacy „Victor Babeș” Timisoara Emergency County Hospital „Pius Brânzeu” Timișoara
Dates	<b>1 Oct. 1995 – 15 Sep. 2001</b>
Title of qualification awarded Name of the organization providing education and training	Medical doctor diploma University of Medicine and Pharmacy „Victor Babeș” Timisoara

**Personal skills and competences**  
**Foreign languages**

English language (C2level)

## Research grants

Director of the project: Nodular thyroid diseases .  
Doctoral grant CNCSIS (National Council for Scientific Research in University), National Plan in Research, Development and Innovation – PN II, Human Resources program, grant code TD 524, period: 2007-2008.  
Member in the project: Experimental study on multiple systems actions (thyroid gland, myocardium, lung) of amiodarone and desethylamiodarone versus iodine, in the wistar rats.  
Grant CNCSIS, code TA 745, period: 2006-2007. Director of the project: Prof. Dr. Ioana Zosin (Department of Endocrinology, University of Medicine and Pharmacy "Victor Babeş", Timișoara)  
Projet transfrontalier : « Common Approaches for Enhancing Early Diagnosis and Treatment of Thyroid Cancer in the Population of the Partner Areas » (THYRO-SCREEN), Programme Interreg-IPA Roumanie–Serbie.

## Member (subinvestigator) in several clinical studies

1. Study „PEARL” - „Postmenopausal Evaluation and Risk Reduction” with Lasofoxifene, Protocol A2181002, 2001-2007.  
Study: „The Generation” - Effects of Arzoxifene on Vertebral Fracture Incidence and on Invasive Breast Cancer Incidence in Postmenopausal Women with Osteoporosis or with Low Bone Density”, Protocol H4Z-MC-GJAD, 2004-2009.  
Study “A Phase III, double-blind, randomized, placebo-controlled, parallel-group, multicenter study to assess efficacy and safety of LB03002 administered weekly in adults with growth hormone deficiency”, Protocol BPLG-005 and BPLG-005-RO (extension), 2008-2009.  
Study: A Phase III Randomized, Placebo-Controlled Clinical Trial to Assess the Safety and Efficacy of Odanacatib (MK-0822) to Reduce the Risk of Fracture in Osteoporotic Postmenopausal Women Treated With Vitamin D and Calcium”, Protocol 018-00, since 2009.  
Prolonged study: A Phase 3, Multicenter Study Designed to Evaluate the Efficacy and Safety of a Long Acting hGH Product (MOD-4023) in Adult Subjects with Growth Hormone Deficiency, Protocol CP - 4 – 005, 2013 – still in progress  
Study: A multicentre, multinational, randomised, parallel-group, placebo-controlled (double blind) and active-controlled (open) trial to compare the efficacy and safety of once weekly dosing of NNC 0195-0092 with once weekly dosing of placebo and daily Norditropin FlexPro in adults with growth hormone deficiency for 35 weeks, with a 53-week extension period, Protocol NN8640-4054, 2014- still in progress

## Papers in ISI journals

**Ioana Golu**, Ioan Sporea, Lavinia Moleriu, Anca Tudor, Marioara Cornianu, Adrian Vlad, Romulus Timar, Melania Balas, Daniela Amzar, and Mihaela Vlad. 2D-Shear Wave Elastography in the Evaluation of Parathyroid Lesions in Patients with Hyperparathyroidism. *International Journal of Endocrinology*, (2017), Article ID 9092120, 6 pages, <https://doi.org/10.1155/2017/9092120>, *Factor impact* 2.510. ISSN, 1687-8345

## Publications

**Ioana Golu**, Mihaela Maria Vlad, Alis Dema, et al. The absence of CD56 expression can differentiate papillary thyroid carcinoma from other thyroid lesions. *Indian J Pathology Microbiology* 2017;60:161-6. *Factor impact* **0.616**.

Maria Cristina Oprea, Mihaela Vlad, **Ioana Golu**, Ioan Sporea, Lazar Fulger. Diagnostic Value of Real-Time Shear Wave Elastography in Diagnosing Thyroid Cancer. *Revista de Chimie* 2017; 68(12):2818-2822, *Factor Impact* 1.232, ISSN 2537-5733

Vlad M, **Golu I**, Bota S, Vlad A, Timar B, Timar R, Sporea I. Real-time shear wave elastography may predict autoimmune thyroid disease. *Wien Klin Wochenschr.* 2015;127, 9-10, 330-336. *Factor impact* 0.836. ISSN: 0043-5325 (Print) 1613-7671 (Online)

Amadeus Dobrescu, Cristi Tarta, Marioara Cornianu, Codruta Lazureanu, **Ioana Golu**, Sonia Tanasescu, Mihaela Iacob, Dan Brebu, Alexandru Isaic, Robert Barna, Fulger Lazar. Thyroid Transcription Factor – 1 (TTF-1) Immunoeexpression in Thyroid Carcinoma with Follicular Origin. *Revista de Chimie (Rev. Chim.)*, Year 2020, Volume 71, Issue 3, 185-191. <https://doi.org/10.37358/RC.20.3.7987>. *Factor impact* 1.351.

Cornianu M, Stan V, Lazăr E, Dema A, **Golu I**, Tăban S, Vlad M, Faur A, Vărcuș F, Babău F. Evaluation of proliferation potential in thyroid normo-/ hypofunctioning and hyperfunctioning nodules. *Romanian Journal of Morphology and Embriology*, 2011, 52(2), 545-553. *Factor impact* 0.523

Zosin I, Balaș M, **Golu I**, Vonica O, Badescu L, Ursoniu S. Diagnostic approaches in a series of cases with Graves' ophthalmopathy. *Acta Endocrinol.* 2010; 6 (4):455-464, *Factor impact* 0,052

Zosin I, **Golu I**, Cornianu M, Vlad M, Balaș M. Some clinical aspects in chronic autoimmune thyroiditis associated with thyroid differentiated cancer. *Maedica- Journal of Clinical Medicine* (<http://www.ebscohost.com/titleLists/a9-journals.htm>), 2012, 7(4): 277-283.

Timișoara  
01<sup>st</sup> feb. 2026

Associate Professor,  
GOLU IOANA