

PLOTUNA IULIA-ȘTEFANIA

Assistant Lecturer

Nationality: Romanian

Sex: Female

PROFESSIONAL PROFILE

Consultant endocrinologist with clinical, academic, and research experience in endocrine disorders, particularly acromegaly and pituitary pathology. Assistant Lecturer and PhD Candidate at the Victor Babeș University of Medicine and Pharmacy, actively involved in medical education, clinical practice, and international scientific research with multiple peer-reviewed publications and conference presentations.

Contact

Email

iulia.plotuna@umft.ro

Skills

- team spirit
- problem-solving abilities
- cooperation with colleagues
- punctuality
- responsibility, punctuality, efficiency in execution, planning and organization of activities
- Microsoft Office, Zoom

Language

Romanian — Native

English — C1 (Proficient User)

Spanish — A2 (Basic User)

Experience

2020-Present

Assistant Lecturer, Department of Endocrinology

Victor Babeș University of Medicine and Pharmacy, Timișoara, Romania

- Teaching clinical endocrinology to medical students
- Student assessment and academic mentoring
- Participation in academic and research activities

Consultant Endocrinologist

Neoclinic, Timișoara, Romania

2024 – Present

Consultant Endocrinologist

Pronatalis, Caransebeș, Romania

2024 – Present

Resident Physician in Endocrinology

Pius Brînzeu Emergency Clinical Hospital, Timișoara, Romania

January 2019 – December 2023

Clinical evaluation of endocrine patients

Development of diagnostic and therapeutic plans

Performance of anterior cervical ultrasound examinations

Research Volunteer, Department of Immunology

Victor Babeș University of Medicine and Pharmacy, Timișoara, Romania

October 2017 – June 2018

Peripheral blood processing for T-lymphocyte isolation

In vitro culture of normal and tumor cell lines

Application of 3D bioprinting techniques using specialized gels

Education

PhD Candidate in Endocrinology

Victor Babeș University of Medicine and Pharmacy, Timișoara, Romania

October 2020 – Present

Doctor of Medicine (MD)

Victor Babeș University of Medicine and Pharmacy, Timișoara, Romania

2012 – 2018

Baccalaureate Diploma – Natural Sciences (Intensive English Programme)

National College “Elena Ghiba Birta”, Arad, Romania

Final grade: 8.86 | 2012

Secondary Education

National College “Preparandia – Dimitrie Tichindeal”, Arad, Romania

2009 – 2011

PUBLICATIONS

2025

Exploring Quality of Life in Acromegaly: The Role of Gender, Psychiatric Disorders, and Comorbidities – Psychiatry International

Unraveling the Paradox of Vitamin D Status in Primary Hyperparathyroidism – International Journal of Molecular Sciences

2024

Differences between genders in acromegaly – Endocrine Abstracts

Kidney Biomarkers (Nephrin and KIM-1) for Early Renal Damage Detection in Acromegaly – Diseases

2023

A rare form of hyperthyroidism leading to the diagnosis of acromegaly – Experimental and Therapeutic Medicine
Benign and Malignant Tumors in Acromegalic Patients – Medicina

2021–2022

Multiple abstracts published in Endocrine Abstracts (ESE Congress)

Lecturer

2024 – 6th Belgrade Masterclass in Clinical Endocrinology, Diabetes and Metabolism

2024 – Present and Future in Psychoneuroendocrinology

2022 – Acromegaly Day

2022 – Young Endocrinologists Forum

2021 – National Symposium of Psychoneuroendocrinology

2020 – National Symposium of Psychoneuroendocrinology

Participant

Pituitary Pathology – From Molecular Diagnosis to Personalized Treatment (2019)

Ultrasound for Endocrinologists – Postgraduate Course (2019)

Female Infertility of Endocrine Origin (2020)

Endocrine Ultrasound (2021)

EndoBridge (2021)

Birmingham Pituitary Preceptorship International Meeting (2021)

1st Virtual Adrenal Tumor Masterclass (2022)

National Congress of Diabetes, Nutrition and Pediatric Endocrinology (2022, 2023)

National Congress of Neuroendocrinology (2023)

National Congress of Endocrinology (multiple editions)

Glucose Alterations in Acromegaly: Practical Considerations (2023)

Euroson School – Breast Ultrasound Conference (2024)

35th ESE Postgraduate Training Course (2025)

Istanbul Sonoacademia – Liver and Thyroid (2025)

Breast Ultrasound for Clinicians Conference (2025)

Euroson School Timișoara – Contrast-Enhanced Ultrasound in Clinical Practice (2025)

PROFESSIONAL MEMBERSHIPS

Romanian Society of Endocrinology

European Society of Endocrinology (ESE)

CONFERENCES AND SCIENTIFIC MEETINGS

DATE

22.01.2026