

Curriculum Vitae Europass



Personal informations

Surname / First name

VLAD Mihaela-Maria

Address

"Victor Babes" University of Medicine and Pharmacy Timisoara – University Clinic of Endocrinology, P-ta Eftimie Murgu No. 2, 300041, Timisoara, Romania; **"Pius Brinzeu" County Emergency Clinical Hospital**, 156 Liviu Rebreanu Blvd, 300723 Timisoara, Romania.

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Citizenship

Romanian

Gender

Female

Current place of employment

University professor, University Clinic of Endocrinology, Department VII – 2nd Internal Medicine, Faculty of Medicine, "Victor Babes" University of Medicine and Pharmacy, Timisoara,

Senior Endocrinologist, Endocrinology Department, "Pius Brinzeu" County Emergency Clinical Hospital, Timisoara.

Coordinator for the training of resident doctors in Endocrinology, for the Timișoara University Centre

Member of the IOSUD at the "Victor Babes" University of Medicine and Pharmacy, Timisoara since October 2019

Professional experience

Period	1 October 2020 – present
Position	University professor, University Clinic (Discipline) of Endocrinology, Department VII, Faculty of Medicine, "Victor Babes" University of Medicine and Pharmacy, Timișoara, Head of Clinic Member of the IOSUD at the "Victor Babes" University of Medicine and Pharmacy, Timișoara Senior endocrinologist, Coordinator of the Endocrinology Department of the "Pius Brinzeu" County Emergency Clinical Hospital, Timișoara since June 2017
Name and address of employer	"Victor Babes" University of Medicine and Pharmacy Timisoara, Piata Eftimie Murgu nr. 2, Timisoara "Pius Brinzeu" County Emergency Clinical Hospital, 156 Liviu Rebreanu Boulevard, Timisoara
Period	30 October 2019 – 30 September 2020
Position	Associate Professor, Discipline of Endocrinology, Department VII, Faculty of Medicine, "Victor Babes" University of Medicine and Pharmacy Timisoara, Head of Discipline Member of IOSUD at "Victor Babes" University of Medicine and Pharmacy Timișoara Senior endocrinologist, since June 2017 coordinator of the Endocrinology Department of the "Pius Brinzeu" County Emergency Clinical Hospital Timișoara
Name and address of employer	"Victor Babes" University of Medicine and Pharmacy Timișoara, Piața Eftimie Murgu nr. 2, Timișoara "Pius Brinzeu" County Emergency Clinical Hospital, 156 Liviu Rebreanu Boulevard, Timișoara
Period	19 September 2016 – 29 October 2019
Position or post held	Associate Professor, Discipline of Endocrinology, Department VII, Faculty of Medicine, "Victor Babes" University of Medicine and Pharmacy Timișoara, Head of Discipline Senior endocrinologist, since June 2017 coordinator of the Endocrinology Department of the "Pius Brinzeu" County Emergency Clinical Hospital Timișoara
Name and address of employer	"Victor Babes" University of Medicine and Pharmacy Timișoara, Piața Eftimie Murgu nr. 2, Timisoara "Pius Brinzeu" County Emergency Clinical Hospital, 156 Liviu Rebreanu Boulevard, Timișoara
Period	1 October 2011 – 18 September 2016
Position or post held	Lecturer, Endocrinology Discipline, Department VII, Faculty of Medicine, "Victor Babes" University of Medicine and Pharmacy Timișoara Senior Endocrinologist in the Endocrinology Department of the "Pius Brinzeu" County Emergency Clinical Hospital, Timișoara
Name and address of employer	"Victor Babes" University of Medicine and Pharmacy Timișoara, Piața Eftimie Murgu nr. 2, Timișoara "Pius Brinzeu" County Emergency Clinical Hospital, 156 Liviu Rebreanu Boulevard, Timișoara
Period	1 October 1999 – 30 September 2011
Position or post held	Assistant Professor, Department of Endocrinology, Faculty of Medicine, "Victor Babes" University of Medicine and Pharmacy Timișoara Specialist endocrinologist in the Endocrinology Department of the "Pius Brinzeu" County Emergency Clinical Hospital, Timișoara, senior endocrinologist since 2004
Name and address of employer	"Victor Babes" University of Medicine and Pharmacy Timișoara, Piața Eftimie Murgu nr. 2, Timișoara "Pius Brinzeu" County Emergency Clinical Hospital in Timișoara, 156 Liviu Rebreanu Boulevard, Timișoara
Period	1 January 1999 – 30 September 1999
Position or post held	Specialist endocrinologist
Name and address of employer	Timișoara County Clinical Hospital No. 1, 156 Liviu Rebreanu Boulevard, Timișoara

Period	1 March 1994 – 31 December 1998
Position	Resident endocrinologist
Name and address of employer	Timișoara County Clinical Hospital No. 1, 156 Liviu Rebreanu Boulevard, Timișoara
Period	1 December 1992 – 28 February 1994
Position	Intern
Name and address of employer	Timișoara County Clinical Hospital No. 1, 156 Liviu Rebreanu Boulevard, Timișoara

Education and training

Period	24 February 2026
Qualification/diploma obtained	Certificate of completion in Good Clinical Practice
Name and type of educational institution/training provider	NIDA Clinical Trials Network
Period	7–23 September 2024
Qualification/diploma obtained	Certificate of completion "Advanced training course in healthcare management, continuing education – Current developments in Healthcare Management", Diploma No. 86 of 26.09.2024
Name and type of educational institution / training provider	George Emil Palade University of Medicine, Pharmacy, Science and Technology in Târgu Mureș
Period	30 July 2019
Qualification/diploma obtained	Certificate of qualification in the field of doctoral studies in <i>Medicine</i> , in accordance with Order No. 4639/30 July 2019 of the Minister of Education and Research No. 4639/30.07.2019
Name and type of educational institution / training provider	Ministry of National Education
Period	20 June 2016
Qualification/diploma obtained	Certificate of completion of "Good Clinical Practice"
Name and type of educational institution / training provider	NIDA Clinical Trials Network
Period	February 2014 – June 2014
Qualification/diploma obtained	Certificate of Completion of Module II of psycho-pedagogical training, series X No. 0025519
Name and type of educational institution / training provider	West University of Timișoara
Period	October 2013 – February 2014
Qualification/diploma obtained	Certificate of Completion of Module I of psycho-pedagogical training, series X No. 0025155
Name and type of educational institution / training provider	West University of Timișoara
Period	18 March – 26 June 2010
Qualification/diploma obtained	Certificate of Complementary Studies in Health Services Management, Diploma Series C No. 027361/2011
Name and type of educational institution/training provider	Victor Babeș University of Medicine and Pharmacy in Timișoara

Period	13-14 April 2010
Qualification/diploma obtained	Certificate of participation, Prime Course for Medical Educators. Energising the teacher-student relationship
Name and type of educational institution/training provider	University of Brighton
Period	8 November 2009
Qualification/diploma obtained	Certificate of completion, Essential Good Clinical Practice
Name and type of educational institution / training provider	Brookwood International Academy
Period	24 May 2007
Qualification/diploma obtained	Certificate of completion of studies in endocrine ultrasound, diploma series C no. 019273
Name and type of educational institution / training provider	Carol Davila University of Medicine and Pharmacy in Bucharest / National Centre for Professional Development in Healthcare Bucharest
Period	1 November 1997 – 25 April 2005
Qualification/diploma obtained	Doctor of Medicine degree, series D No. 0000009 of 05.09.2005
Name and type of educational institution / training provider	Victor Babeş University of Medicine and Pharmacy, Timișoara
Period	2 October 2003
Qualification/diploma obtained	Senior Physician in Endocrinology / Senior Physician Certificate, series A No. 0022672
Name and type of educational institution / training provider	Ministry of Health
Period	1 October 1999 – 30 June 2000
Qualification/diploma obtained	Certificate of completion, theoretical and practical training course for teaching staff
Name and type of educational institution / training provider	Victor Babeş University of Medicine and Pharmacy in Timișoara
Period	22 February 1999
Qualification/diploma obtained	Specialist in endocrinology / Specialist medical certificate No. VIII B/1586/22.02.1999
Name and type of educational institution / training provider	Ministry of Health
Period	15 September 1986 – 14 October 1992
Qualification/diploma obtained	Doctor / Doctor of Medicine Diploma series K No. 1968
Name and type of educational institution / training provider	University of Medicine and Pharmacy, Timișoara
Period	15 September 1982 – 30 June 1986
Qualification/diploma obtained	Baccalaureate diploma, mathematics-physics profile, series A No. 13199 / 581 / 2 July 1986

Name and type of educational institution / training provider

Ioan Slavici High School of Mathematics and Physics, Arad, Mathematics and Physics Department

Research and development projects

Grant director:

Implementation of an introductory module in scientific research for resident doctors specialising in diabetes-nutrition and endocrinology; external grant, contract no. 10/25.07.2014; carried out in 2014

Member of the research team for the following projects:

- Translational study from innovative fundamental research to clinical practice on genetic, epigenetic and protein markers for the diagnosis of chronic diabetic kidney disease (GEN-DIAB); funded by Victor Babeş University of Medicine and Pharmacy in Timișoara, programme III – C5 – PCFI – 2017/2018; ISI articles
- Detection and validation of new molecular markers for the early diagnosis of diabetic nephropathy (NEPHROMOL); project manager; funded by UMF "Victor Babeş" in Timișoara, programme III – C1 – PCFI – 2014/2015; ISI articles
- Multisystemic experimental study (thyroid gland, myocardium, lung) on the action of amiodarone and desethylamiodarone versus iodine in Wistar rats; CNCSIS type A grant, CNCSIS code 745/2006, duration 2006-2007; BDI articles
- Thyroid morphofunctionality during pregnancy in relation to iodine intake; CNCSIS type A grant, CNCSIS code 50/1999, duration 1999-2000; BDI articles, doctoral thesis

Representative publications

1. Plotuna, I.S.; Balas, M.; Golu, I.; Amzar, D.; Popescu, R.; Petrica, L.; Vlad, A.; Luches, D.; Vlad, D.C.; **Vlad, M.** The Use of Kidney Biomarkers, Nephryn and KIM-1, for the Detection of Early Glomerular and Tubular Damage in Patients with Acromegaly: A Case–Control Pilot Study. *Diseases* 2024, 12, 211. <https://doi.org/10.3390/diseases12090211>
2. Popa, O.; Balaș, M.; Golu, I.; Amzăr, D.; Varcuș, F.; Cornianu, M.; Iacob, M.; Popa, V.-T.; **Vlad, M.** Medullary Thyroid Carcinoma in Patients with Graves' Disease—A Case Series and Literature Review. *J. Clin. Med.* 2024, 13, 4391. <https://doi.org/10.3390/jcm13154391>
3. Petrica L, Milas O, **Vlad M**, Vlad A, Gadalean F, Dumitrascu V, Velciov S, Gluhovschi C, Bob F, Ursoniu S, Jianu D, Matusz P, Pusztai AM, Cretu OM, Radu D, Secara A, Simulescu A, Stefan M, Popescu R, Vlad D. Interleukins and miRNAs intervene in the early stages of diabetic kidney disease in type 2 diabetes mellitus patients. *Biomark Med* 2019; 13(18): 1577-1588.
4. Vlad A, Șerban V, Green A, Möller S, **Vlad M**, Timar B, Sima A; ONROCAD Study Group. Time trends, regional variability and seasonality regarding the incidence of type 1 diabetes mellitus in Romanian children aged 0-14 years, between 1996 and 2015. *J Clin Res Pediatr Endocrinol* 2018; 10(2): 92-99.
5. Golu I, **Vlad M**, Dema A, Moleriu L, Tudor A, Iacob M, Popa O, Cornianu M. The absence of CD56 expression can differentiate papillary thyroid carcinoma from other thyroid lesions. *Indian J Pathol Microbiol* 2017; 60(2): 161-166.
6. Golu I, Sporea I, Moleriu L, Tudor A, Cornianu M, Vlad A, Timar R, Balaș M, Amzăr D, **Vlad M.** 2D-shear wave elastography in the evaluation of parathyroid lesions in patients with hyperparathyroidism. *Int J Endocrinol* 2017; 2017: 9092120.
7. **Vlad M**, Zosin I, Timar B, Lazăr F, Vlad A, Timar R, Cornianu M. Results of surgical therapy in patients with medullary thyroid carcinoma. *Indian J Surg* 2016; 78(4): 309-314.
8. **Vlad M**, Golu I, Bota S, Vlad A, Timar B, Timar R, Sporea I. Real-time shear wave elastography may predict autoimmune thyroid disease. *Wien Klin Wochenschr* 2015; 127(9-10): 330-336.
9. Șerban V, Brink S, Timar B, Sima A, **Vlad M**, Timar R, Vlad A for the ONROCAD Study Group. An increasing incidence of type 1 diabetes mellitus in Romanian children aged 0 to 17 years. *J Paediatric Endocrinol Metab* 2015; 28(3-4): 293-298.

10. Sporea I, **Vlad M**, Bota S, Şirli RL, Popescu A, Dănilă M, Şendroi M, Zosin I. Thyroid stiffness assessment by acoustic radiation force impulse elastography (ARFI). *Ultraschall in Med* 2011; 32: 281-285.

Organisation of scientific events

35th ESE Postgraduate Training Course in Clinical Endocrinology, Diabetes and Metabolism – Bucharest, 20-23 February 2025.
 Postgraduate course "CURRENT DEVELOPMENTS IN ENDOCRINE ULTRASOUND AND ELASTOGRAPHY", Timișoara, 6-8 February 2025
 26th National Symposium on Psychoneuroendocrinology, with international participation, Arad, 26-28 September 2024
 The 7th National Congress of Neuroendocrinology, Timișoara, 26-28 October 2023
 The 22nd National Symposium on Psychoneuroendocrinology, Timișoara, 21-23 November 2019
 Postgraduate course "Ultrasound for Endocrinologists", Timișoara, 25-26 October 2019
 Postgraduate course "Ultrasound for Endocrinologists", Timișoara, 10 November 2018
 Postgraduate course "Current developments in osteoporosis", Timișoara, 7-8 February 2017
 Postgraduate course "Endocrinology of pregnancy", Timișoara, 24-25 May 2016
 Member of the organising team for the First Romanian-Polish Endocrinology Symposium, 1-2 October 2015, Timișoara
 Postgraduate course "Current issues in osteoporosis", Timișoara, 11-12 February 2015
 Member of the organising team for the 23rd Congress of the Romanian Society of Endocrinology with international participation, 25-27 June 2015, Iași
 Member of the organising team for the 22nd Congress of the Romanian Society of Endocrinology with international participation, 2-4 October 2014, Târgu-Mureș
 Member of the organising team for the 21st Congress of the Romanian Society of Endocrinology with international participation, 25-26 September 2013, Timișoara
 Member of the organising team for the 20th Congress of the Romanian Society of Endocrinology with international participation, 27-29 September 2012, Sinaia
 Member of the organising team for the 12th Congress of the Romanian Society of Endocrinology with international participation, 13-16 October 2004, Timișoara

Personal skills and competences

Membership in professional organisations

International societies:
 European Society of Endocrinology (since 2008)
 European Federation of Societies for Ultrasound in Medicine and Biology (since 2014)
National societies:
 Romanian Society of Endocrinology (since 1996)
 Romanian Society of Psychoneuroendocrinology (since 1997)
 Romanian Society of Ultrasonography in Medicine and Biology (SRUMB) (since 2014)
 Society of Endocrinologists in Western Romania (since 1997)

Native language

Romanian

Foreign languages

Self-assessment

Understanding	Speaking	Writing
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<i>European level (*)</i>		Listening		Reading		Participation in conversation		Oral discourse			
English	C1	Experienced user	C1	Experienced user	C1	Experienced user	C1	Experienced user	C1	Experienced user	
French	B1	Intermediate user	B1	Intermediate user	B1	Average user	B1	Average user	B1	Average user	
German	A2	Elementary user	A2	Elementary user	A2	Basic user	A2	Basic user	A2	Basic user	

(*) [Common European Framework of Reference for Languages](#)

Social skills and competences	Teamwork, within the discipline, as well as within the university, necessary and essential for achieving favourable results both in the teaching process and in scientific research
Organisational skills and competences	Coordinating doctor for medical activities within the Endocrinology Department of the "Pius Brânzeu" County Emergency Clinical Hospital in Timișoara Coordinator of several clinical studies Coordinator of the National Programme for Endocrine Diseases within the "Pius Brânzeu" County Emergency Clinical Hospital in Timișoara
Computer skills and abilities	Proficiency in using Microsoft Windows systems Good knowledge of Microsoft Office tools (Word, Excel, PowerPoint, Access) Computer graphics skills Use of the internet to access databases, email, browsing, educational platforms
Other skills and abilities	Peer reviewer for "Acta Endocrinologica – Bucharest" Residency coordinator in the specialty of "Endocrinology"
Driving licence	Category B (since 1991)

Timișoara, the 10th of January 2026

Prof. Dr. Mihaela Vlad