



Lazăr Sandra-Monica

Nationality: Romanian ✉ **Email address:** sandra.lazar@umft.ro

📍 **Work:** Gheorghe Dima Street, nr 5, 300254 Timișoara (Romania)

WORK EXPERIENCE

🏢 **"Victor Babes" University of Medicine and Pharmacy – Timisoara, Romania**

Address: 2 Eftimie Murgu 300041, Timisoara (Romania)

Associated Assistant Professor

[01/10/2023 – Current]

🏢 **Romanian Journal of Diabetes Nutrition and Metabolic Diseases – Romania**

Assistant Editor

[2017 – Current]

🏢 **Emergency Clinical Municipal Hospital, Timisoara – Timisoara, Romania**

Resident Doctor

[01/01/2022 – Current]

EDUCATION AND TRAINING

PhD

"Victor Babes" University of Medicine and Pharmacy [12/01/2026 – Current]

City: Timisoara | Country: Romania | Thesis: EVALUATION OF GLYCEMIC VARIABILITY AS A PREDICTIVE BIOMARKER OF RISK IN TYPE 1 DIABETES

Medical Doctor

"Victor Babes" University of Medicine and Pharmacy [08/2015 – 08/2021]

Address: 2 Eftimie Murgu, 300041 Timisoara (Romania) | Website: www.umft.ro

E.C.D.L Core Certified

[2012 – 2014]

VOLUNTEERING

[2015 – 2021] "Victor Babes" University of Medicine and Pharmacy

Volunteering In The Academic Development Activity (VADA)

Department of Biostatistics and Medical Informatics

[2015 – 2021]

Member in the European Medical Student Association (EMSA)

LANGUAGE SKILLS

Mother tongue(s): Romanian

Other language(s):

English

LISTENING B2 READING B2 WRITING B2

SPOKEN PRODUCTION B2 SPOKEN INTERACTION B2

German

LISTENING A2 READING A2 WRITING A2

SPOKEN PRODUCTION A1 SPOKEN INTERACTION A1

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

SKILLS

Microsoft Office (Word, Excel, PowerPoint, Access) / EPI Info / Analyze Data Using SPSS / Content Creator / Zoom / Google suite (Gmail, Google Drive, Google Slide, Google Docs, Google Sheets, Google Forms, Google)

DRIVING LICENCE

Driving Licence: B

CONFERENCES AND SEMINARS

Scientific Poster Presentations

- *Association between diabetic neuropathy and depression: findings of a cross-sectional study.* The 42nd National Congress of the Romanian Society of Diabetes Nutrition and Metabolic Diseases (2016)
- *The relation between the coping mechanism and diabetes-related self care activities: findings of a cross-sectional study.* The 43rd National Congress of the Romanian Society of Diabetes Nutrition and Metabolic Diseases (2017)
- *Diagnosis and evaluation of patients with aggressive non-hodgkin's lymphoma diagnosed in the last 3 years.* The 29th National Congress of the Romanian Society of Hematology (2023)

Scientific Oral Presentations

- *The risk of falls and balance impairment associated with diabetic neuropathy.* The XXIInd International Congress for Medical Students – MEDIS (2019)
- *Anxiety, Social Phobia and Their Influence on Diabetes Self-management.* The 46th National Congress of the Romanian Society of Diabetes Nutrition and Metabolic Diseases (2020)

Attendances

- HEART - Healthcare education and research Talks Conference (2016, 2017, 2018, 2019)
- Transplant Conference held by EMSA Timisoara (2017)
- The XXIst International Congress for Medical Students – MEDIS. (2018)

ORGANISATIONAL SKILLS

Member in the organizing team for HEART (Healthcare, Education and Research Talks) conferences (2018, 2019)

Contributor for the XVII National Congress held by the Romanian Society of Orthopaedics and Traumatology (18-21 oct 2017)