



Asproniu Raluca

**Date of birth:** 29/08/1984

**Place of birth:** Ploiești, Romania

**Gender:** Female

**Nationality:** Romanian

## WORK EXPERIENCE

"Louis Turcanu" Children's Emergency Clinical Hospital

📍 Timisoara, Romania


### Specialist in Pediatrics

05/12/2022 – Current

- clinical activity within the Pediatrics III Department, which includes acute patients: initial assessment, detailed history, objective examination, formulation of diagnoses or suspected diagnoses, development of the investigation and treatment plan according to current pediatric practice guidelines, initiation and coordination of discharge, development of discharge recommendations and necessary dispensary;

- activity within the specialized outpatient clinic according to the established program: clinical assessment, detailed history, development of diagnoses/suspected diagnoses, development of the investigation and treatment plan.
- daily re-evaluation of hospitalized patients and adaptation of therapeutic conduct depending on the clinical evolution and the results of the investigations;
- early identification and management of complications that may occur in acute pediatric diseases;
- management of relationships with the patient's family: empathetic communication, providing clear explanations and counseling;
- education and counseling for prevention.

"Victor Babeş" University of Medicine and Pharmacy |

 Timișoara , Romania

### University research assistant

12/09/2022 – Current

- according to the job description


Medici's Clinics |  Timisoara, Romania

### Pediatric specialist

13/04/2021 – 30/11/2022

- specialized pediatric consultations
- dietary counseling
- periodic pediatric evaluation
- growth and development evaluation

Louis Țurcanu Children's Emergency Clinical Hospital |


 Timișoara , Romania

### Specialised Pediatrician

10/03/2021 – Current

- contract for on-call duty within the Pediatrics III.

"Louis Turcanu" Children's Emergency Clinical Hospital |


 Timisoara, Romania

## Pediatric resident doctor

31/12/2015 – 05/02/2021

according job description

New Beginnings - Family Education and Counseling Center |


 Timisoara, Romania

## Medical consultant

30/06/2019 – Current

Developing and supporting information and practice courses for parents on topics including first aid, newborn care, child pathology and home care.

"Pius Brinzau" County Emergency Clinical Hospital |

 Timisoara, Romania

## Resident Physician Family Medicine


31/12/2009 – 30/12/2015

according job description

## EDUCATION AND TRAINING

### "Victor Babes" University of Medicine and Pharmacy

30/09/2003 – 29/09/2009

Doctor |  P-ta Eftimie Murgu, Numarul 2, Timisoara, Romania

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<http://www.umft.ro/>

### Western University - Department of Teaching Staff Training

03/10/2022 – 10/07/2023

Degree of teaching competence |  Timișoara , Romania

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[dppd.upt.ro](http://dppd.upt.ro)

### "Victor Babeș" University of Medicine and Pharmacy Timișoara

30/09/2021 – Current


PhD student |  Timișoara, Romania

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[www.umft.ro](http://www.umft.ro)

## Didakticos Association Timisoara

31/03/2019 – 17/05/2019

Trainer |  str Torontalului, nr 15, Timisoara, Romania

## Dianoia Institute of Family Therapy and Systemic Practice

29/02/2008 – 14/09/2010

Training in Systemic Psychotherapy |

 Str. Verde, Nr. 45, Bl. A 58, Sc. A, Ap. 1, Timisoara, Romania


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<https://dianoia.ro>

## "Mihai Viteazul" National College

14/09/1999 – 14/06/2003

Graduate real profile |

 Bulevardul Independentei, Numarul 8, 100028, Ploiesti, Romania

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<http://cnmv.ploiesti.roedu.net/>

## LANGUAGE SKILLS

### Mother tongue(s)

Romanian

### Other language(s)

	Listening	Reading	Spoken interaction	Spoken production	Writing
<b>English</b>	<b>C1:</b> Proficient user	<b>C1:</b> Proficient user	<b>B2:</b> Independent user	<b>B2:</b> Independent user	<b>B2:</b> Independent user

## SKILLS

Buna Utilizare a PC | Navigare Internet | Google Drive | Social Media |  
 Microsoft Office | Microsoft Word | Microsoft PowerPoint | Microsoft Excel |  
 Zoom | Skype |  
 Utilizare buna a programelor de comunicare(mail messenger skype) | Android |  
 Internet Explorer Edge Mozilla Google Chrome | facebook page |  
 - bune competente de operare calculator |  
 - utilizator experimentat n procesarea informailor i comunicare pe calculator

## DRIVING LICENCE

<b>A1</b>	10/09/2013 – 09/09/2023
<b>B</b>	10/09/2013 – 09/09/2023

## CONFERENCES AND SEMINARS

### Pediatric Somnology Conference with International Participation 2025

12/06/2025 – 14/06/2025

București

Pediatric Somnology Conference with International Participation held physically between June 12-14, 2025 at Hotel Ramada, Bucharest. The Romanian College of Physicians grants 16 EMC credits for this conference (address no. 4977/12.05.2025)

## **Symposium Particular Aspects in Inflammatory Bowel Diseases in Children 2025**

19/05/2025 – 19/05/2025

Timișoara

Symposium Particular Aspects in Inflammatory Bowel Diseases in Children, Clinic I Pediatrics, UMF Victor Babeș 2025, on the occasion of the celebration of the International Day of the fight against Inflammatory Bowel Diseases with the aim of educating medical personnel about IBD, reducing the stigma associated with these conditions and supporting people suffering from IBD, in collaboration with ASPIIR.

## **Conference "Secrets in Pediatrics - The Unseen Face of Metabolic Diseases" with international participation 2024**

21/11/2024 – 23/11/2024

Timișoara, România

The conference "Secrets in Pediatrics - The unseen face of metabolic diseases", organized by the University Clinic of Pediatrics I under the aegis of the "Victor Babeș" University of Medicine and Pharmacy in Timișoara, an event that brings to the forefront the experience of specialists from the country and abroad.

## **National Conference with International Participation on Pediatric Pneumology and Cystic Fibrosis Timișoara 2024**

17/10/2024 – 19/10/2024

Timișoara, Romania

PNEUMOPED - National Conference with International Participation on Pediatric Pneumology and Cystic Fibrosis organized in Timisoara, between October 17 and 19, 2024. CMR grants a number of 18 EMC credits for this event according to the crediting address no. 7253/14.08.2024.

## **Pediatrics from a multidisciplinary perspective 10/10/2024 – 10/10/2024**

Timișoara, Romania

PEDIATRICS FROM A MULTIDISCIPLINARY PERSPECTIVE held in Timisoara, during October 10, 2024. CMR grants a number of 6 EMC credits for this event (according to crediting address no. 319/21.03.2024).

## **Pediatric Somnology Conference with international participation 2024**

24/05/2024 – 25/05/2024

Bucuresti

Pediatric Somnology Conference with international participation held in Bucharest between May 24-25, 2024. The Romanian College of Physicians grants 12 EMC credits for the Pediatric Somnology Conference with international participation (address 4123/17.05.2024).

[Hide attachments](#) ^

<https://www.clubulregal.ro/event/conferinta-de-somnologie-pediatrica-cu-participare-internationala/>

## **Maramedica Symposium 2024, 19th edition of the medical scientific event**

13/03/2024 – 17/03/2024

on-line

The 19th edition of the Symposium "Maramedica 2024 - Medical Scientific Event" organized in Baia Mare between March 13-17, 2024; CMR grants for this event a number of 30 EMC credits according to CMR address no. 1381 / 22.02.2024.

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<https://www.edusontv.net/programs/live-maramedica-2024>

## **Conference Controversies in child growth and development disorders**

08/11/2023 – 11/11/2023

Timisoara

Participation in the Conference on Controversies in Child Growth and Development Disorders, organized in Timișoara, November 8-11, 2023; CMR grants a number of 15 EMC credits according to address 8585/06.11.2023

[Hide attachments](#) ^

<https://www.umft.ro/event/a-5-a-conferinta-controverse-in-tulburarile-de-crestere-si-dezvoltare-la-copil/>

## **Pedipractic 4th edition, Childhood diseases. Which ones disappear? Which ones becomes chronic? Which ones manifest in adulthood?**

16/03/2023 – 18/03/2023

online

Pediatric 4th edition, Childhood diseases. Which disappear? Which becomes chronic? Which manifest in adulthood? organized online between March 16-18, 2023; CMR grants

several 18 EMC credits for this webinar, according to address 1573/20.02.2023

## **16th National Congress of Pediatrics**

27/09/2023 – 30/09/2023

Sinaia

The "16th National Congress of Pediatrics" was held in Sinaia from 27-30.09.2023. The event was credited by the Romanian College of Physicians with 24 EMC credits, according to decision no. 7203 / 20.09.2023.

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 <https://www.congrespediatrie2023.ro/>

## **Pediatric Somnology Conference with international participation – 10th anniversary edition (2013-2023)**

27/04/2023 – 29/04/2023

Bucuresti

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 <https://www.clubulregal.ro/event/a-x-a-conferinta-de-somnologie-pediatrica-cu-participare-internationala-2/>

## **Local-regional symposium: Interdisciplinarity in Inflammatory Bowel Diseases in Children**

26/05/2023 – 27/05/2023

Timisoara


## **PNEUMOPED Pediatric Pneumology Conference and National Cystic Fibrosis Congress 2023**

26/10/2023 – 28/10/2023

Timisoara

PNEUMOPED Pediatric Pulmonology Conference and National Cystic Fibrosis Congress 2023, Timisoara, from October 26 - 28, 2023 (Continuing Medical Education Credits: 18 EMC, according to crediting address no. 6714/19.09.2023).

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 [https://digital.medichub.ro/evenimente/conferinta-de-pneumologie-pediatrica-pneumoped-i-congresul-national-de-fibroza-chistica-timi-oara-2023\\_713](https://digital.medichub.ro/evenimente/conferinta-de-pneumologie-pediatrica-pneumoped-i-congresul-national-de-fibroza-chistica-timi-oara-2023_713)

## **National Conference Iași Pediatrics Days “N.N. Trifan” – XXXV edition**

22/06/2023 – 24/06/2023

format hibrid: online și fizic la Hotelul Internațional din Iași

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online


**Pediatric Pneumology Symposium and National Cystic Fibrosis Congress**

20/10/2022 – 22/10/2022

Timisoara

The Pediatric Pneumology Symposium and the National Cystic Fibrosis Congress were held in Timisoara from October 20 to 22, 2022. (Continuing Medical Education Credits: 18 EMC, according to crediting address no. 7332/29.08.2022).

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 [https://digital.medichub.ro/evenimente/pneumoped-tm-2022-congresul-national-de-fibroza-chistica-a-iv-a-editie\\_607](https://digital.medichub.ro/evenimente/pneumoped-tm-2022-congresul-national-de-fibroza-chistica-a-iv-a-editie_607)

**Annual Days of the National Institute for Maternal and Child Health “Alessandrescu-Rusescu”**

09/12/2021 – 11/12/2021

webinar

**AREPMF National Conference dedicated to the International Day of the Child**

18/11/2021 – 20/11/2021

online

**Multidisciplinary in Pediatrics**

08/04/2021 – 09/04/2021

online Timisoara

**Infant and young child nutrition - the basis of future adult health, Session IV Functional gastrointestinal disorders in infants and young children**

17/03/2021

webinar

**Infant and young child nutrition - the basis of future adult health, Session I: Pediatric emergencies; respiratory and digestive pathology in the current epidemiological context**

24/02/2021

webinar

**7th National Congress of Diabetes, Nutrition and Pediatric Endocrinology**

18/11/2021 – 21/11/2021

online

**Advances in Pediatrics**

08/10/2020 – 09/10/2020

online

**Family Medicine between theory and practice**

11/09/2020

webinar

**National Pediatrics Conference - guidelines and protocols in pediatrics 2020**

08/04/2020 – 11/04/2020

Bucuresti

**Conference “Controversies in Pediatric Endocrinology”**

24/10/2019 – 26/10/2019

Timisoara

**National Pediatrics Conference - Guidelines and Protocols in Pediatrics**

03/04/2019 – 06/04/2019

Bucuresti

**New trends in pediatric practice**

28/03/2019 – 29/03/2019

Timisoara

**The First Timisoara Symposium on Pediatric Pneumology**

11/10/2018 – 13/10/2018

Timisoara

**Conference Priorities in Pediatric Practice**

15/02/2018 – 16/02/2018

Timisoara

**Continuing education course “Long-term complications of the newborn at risk”**

20/04/2018 – 21/04/2018

Timisoara

**Conference Current Events in Pediatric Practice**

12/10/2017 – 13/10/2017

Timisoara

## **PUBLICATIONS**

**Long COVID in children and adolescents: mechanisms, symptoms, and long-term impact on health—a comprehensive review**

2025 | <https://www.mdpi.com/2077-0383/14/2/378> | J. Clin. Med. 2025, 14(2), 378;  
<https://doi.org/10.3390/jcm14020378>

Authors: **Diana-Georgiana Basaca, Iulius Jugănaru, Oana Belei, Delia-Maria Nicoară, Raluca Asproni, Emil Robert Stoicescu, Otilia Mărginean** | Journal Name: **Journal of Clinical Medicine, MDPI** | Volume, Issue and Pages: **J. Clin. Med. 2025, 14(2), 378** | Publisher: **Licensee MDPI, Basel, Switzerland**

## **Challenges in Diagnosing Adolescent Goiter: A Case Report with Brief Literature Insights in Juvenile Desmoid-Type Fibromatosis of the Thyroid Gland**

2025 | <https://www.mdpi.com/2077-0383/14/2/610> | J. Clin. Med. 2025, 14(2), 610;  
<https://doi.org/10.3390/jcm14020610>

Authors: **Giorgiana-Flavia Brad, Iulius Jugănaru, Delia-Maria Nicoară, Alexandra-Cristina Scutca, Meda-Ada Bugi, Raluca Asproni, Alexandru-Daniel Chelu, Diana-Georgiana Basaca, Mărioara Corneanu, Otilia Mărginean** | Journal Name: **MDPI, Journal of Clinical Medicine** | Volume, Issue and Pages: **Journal of Clinical Medicine Volume 14 Issue 2 Pages 610** | Publisher: **Licensee MDPI, Basel, Switzerland**

## **Systemic Inflammatory Response Index (SIRI) as a Predictive Marker for Adverse Outcomes in Children with New-Onset Type 1 Diabetes Mellitus**

2024 | <https://pubmed.ncbi.nlm.nih.gov/38731111/> |

PMID: 38731111 PMCID: PMC11084164 DOI: 10.3390/jcm13092582

Alexandra-Cristina Scutca , Iulius Jugănaru, Delia-Maria Nicoară , Giorgiana-Flavia Brad, Meda-Ada Bugi , Raluca Asproni, Lucian-Ioan Cristun , Otilia Mărginean ,  
“Systemic Inflammatory Response Index (SIRI) as a Predictive Marker for Adverse Outcomes in Children with New-Onset Type 1 Diabetes Mellitus “

PMID: 38731111 PMCID: PMC11084164 DOI: 10.3390/jcm13092582

## **Exploring Chronic Hypocalcemia: Insights into Autoimmune Polyglandular Syndrome Type 1—A Case Study and Literature Review**

2024 | <https://www.mdpi.com/2077-0383/13/8/2368> | J. Clin. Med. 2024, 13(8), 2368;

<https://doi.org/10.3390/jcm13082368> Submission received: 13 March 2024 / Revised: 7

April 2024 / Published: 18 April 2024 (This article belongs to the Special Issue Endocrine Disorders in Children)

Authors: **Giorgiana-Flavia Brad, Delia-Maria Nicoară, Alexandra-Cristina Scutca, Meda-Ada Bugi, Raluca Asproni, Laura-Gratiela Olariu, Iulius Jugănaru, Lucian-Ioan Cristun, Otilia Mărginean** | Journal Name: **Journal of Clinical Medicine** | Volume, Issue and Pages: **Volume 13 Issue 8 Article number 2368** | Publisher: **Multidisciplinary Digital Publishing Institute (MDPI)**

## **Insight Bone Metabolism Disorders in Pediatric Patients: A Tertiary Hospital**

2024 | <https://abstracts.eurospe.org/hrp/0098/hrp0098p3-27> | 62nd Annual ESPE, Liverpool, UK 16 Nov 2024 - 18 Nov 2024

Authors: **Giorgiana Flavia Brad, Delia Maria Nicoara, Alexandra Cristina Scutca, Meda Ada Bugi, Nilima Rajpal Kundnani, Raluca Asproni, Teofana Otilia Bizerea-Moga, Otilia Marginean** | Journal Name: **ESPE 2024 HORMONE RESEARCH IN PAEDIATRICS** | Volume, Issue and Pages: **ESPE Abstracts (2024) 98 P3-27**

## **Examining the Relationship between Systemic Immune-Inflammation Index and Disease Severity in Juvenile Idiopathic Arthritis**

2024 | <https://www.mdpi.com/2073-4409/13/5/442> | Cells 2024, 13(5), 442; <https://doi.org/10.3390/cells13050442>

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Authors: **Delia-Maria Nicoară, Andrei-Ioan Munteanu, Alexandra-Cristina Scutca, Giorgiana-Flavia Brad, Iulius Jugănar, Meda-Ada Bugi, Raluca Asproni, Otilia Mărginean** | Journal Name: **MDPI, Cells** | Volume, Issue and Pages: **Journal Cells Volume 13 Issue 5 Pages 442** | Publisher: **Licensee MDPI, Basel, Switzerland**

## **Evaluating the role of CBC-derived indices in children with Hashimoto's thyroiditis**

2024 | <https://www.mdpi.com/2073-4409/13/5/442> | Cells 2024, 13(5), 442; <https://doi.org/10.3390/cells13050442>

Authors: **Delia-Maria Nicoară, Andrei-Ioan Munteanu, Alexandra-Cristina Scutca, Giorgiana-Flavia Brad, Iulius Jugănar, Meda-Ada Bugi, Raluca Asproni, Otilia Mărginean** | Journal Name: **MDPI, Cells** | Volume, Issue and Pages: **Journal Cells Volume 13 Issue 5 Pages 442** | Publisher: **Licensee MDPI, Basel, Switzerland**

## **Evaluating the Diagnostic Performance of Systemic Immune-Inflammation Index in Childhood Inflammatory Arthritis: A Focus on Differentiating Juvenile Idiopathic Arthritis from Reactive Arthritis**

2023 | <https://doi.org/10.3390/biomedicines12010065> | Biomedicines. 2024 Jan; 12(1): 65. Published online 2023 Dec 27. PMID: 38255172

Delia-Maria Nicoară, Andrei-Ioan Munteanu, Alexandra-Cristina Scutca, Giorgiana-Flavia Brad, Raluca Asproni, Iulius Jugănar, Otilia Mărginean, "Evaluating the Diagnostic Performance of Systemic Immune-Inflammation Index in Childhood Inflammatory Arthritis: A Focus on Differentiating Juvenile Idiopathic Arthritis from Reactive Arthritis"

Biomedicines. 2024 Jan; 12(1): 65. Published online 2023 Dec


27. doi: 10.3390/biomedicines12010065 PMID: PMC10812990 PMID: 38255172

## Iron Deficiency In Childhood Obesity

2021 | www.jurnalulpediatrului.ro | “Iron Deficiency In Childhood Obesity”, JURNALUL PEDIATRULUI Vol. XXIV, Nr. 93-94, ISSN 2065-4855

Orsolya Olah , Cristina Loredana Pantea , Teofana Otilia Bizerea-Moga, Raluca Corina Tamasanu, Raluca Asproni, Giorgiana Flavia Brad, Vatistas Theodoros, Otilia Marginean, “Iron Deficiency In Childhood Obesity”, JURNALUL PEDIATRULUI – Year XXIV, Vol. XXIV, Nr. 93-94, January-June 2021, p 13-18, ISSN 2065-4855 (B+)

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 <https://openurl.ebsco.com/EPDB%3Agcd%3A5%3A16376933/detailv2?sid=ebsco%3Aplink%3Ascholar&id=ebsco%3Agcd%3A159017837&crl=c>

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