

## **IULIA-NAJETTE CRINTEA**

**Date of birth:** 15/07/1993

**Nationality:** Romanian

**Gender:** Female

**Email:** najette\_giulia@yahoo.com

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## **WORK EXPERIENCE**

**01/10/2021 – Present – Timișoara, Romania**

**Assistant Professor** – Victor Babeș University of Medicine and Pharmacy

**01/03/2026 – Present – Timișoara, Romania**

**Specialist Physician – Emergency Medicine** – Trans-Med Regional Ambulance Service

**17/06/2022 – 16/06/2025 – Timișoara, Romania**

**Resident Physician – Emergency Medicine** – Timișoara Municipal Emergency Clinical Hospital

**03/01/2019 – 16/06/2022 – Timișoara, Romania**

**Resident Physician – Emergency Medicine** – Pius Brînzeu County Emergency Clinical Hospital

**01/07/2013 – 01/09/2017 – Câmpeni, Romania**

**Volunteer** – Câmpeni Town Hospital

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## **EDUCATION AND TRAINING**

**09/02/2026**

**PhD in Medicine** – Victor Babeș University of Medicine and Pharmacy

**03/10/2022 – 03/07/2023 – Timișoara, Romania**

**Postgraduate Psycho-Pedagogical Training Program – Level I & II** – West University of Timișoara

**17/06/2022 – 16/06/2025 – Timișoara, Romania**

**Resident Physician – Emergency Medicine** – Timișoara Municipal Emergency Clinical Hospital

**03/01/2019 – 16/06/2022 – Timișoara, Romania**

**Resident Physician – Emergency Medicine** – Pius Brînzeu County Emergency Clinical Hospital

**01/10/2019 – 01/10/2025 – Timișoara, Romania**

**PhD Candidate – Diabetes, Nutrition and Metabolic Diseases – Victor Babeș University of Medicine and Pharmacy**

**15/09/2012 – 30/06/2018**

**Doctor of Medicine (MD) – Victor Babeș University of Medicine and Pharmacy**

**15/09/2009 – 15/06/2012**

**High School Diploma – Avram Iancu National College, Câmpeni**

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## **LANGUAGE SKILLS**

**Mother tongue(s):** Romanian

**Other language(s):**

### **English**

Listening: B2

Reading: B2

Writing: B2

Spoken Production: B2

Spoken Interaction: B2

### **French**

Listening: B2

Reading: B2

Writing: B2

Spoken Production: B2

Spoken Interaction: B2

Levels: A1–A2 Basic user | B1–B2 Independent user | C1–C2 Proficient user

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## **DIGITAL SKILLS**

Internet browsing

Social Media

Zoom

Microsoft PowerPoint

Microsoft Word

Microsoft Excel

Good command of communication software (email, Messenger, Skype)

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## DRIVING LICENCE

Driving licence: Category B

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## COURSES AND CONFERENCES

National Course of Guidelines and Protocols in Anesthesia, Intensive Care and Emergency Medicine – Timișoara, 21st Edition, 2023

National Course of Guidelines and Protocols in Anesthesia, Intensive Care and Emergency Medicine – Timișoara, 22nd Edition, 2024

European Society for Emergency Medicine (EUSEM) 2024 – European Emergency Medicine Congress, Copenhagen, Denmark

National Advanced Airway Management Course – Timișoara, 25–27 October 2024

Lecturer – “Emergencies in Medical Practice” Course, Caraș-Severin, 2025

National Course of Guidelines and Protocols in Anesthesia, Intensive Care and Emergency Medicine – Timișoara, 23rd Edition, 2025

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## LIST OF PUBLICATIONS

### 6 ISI-indexed articles (3 as first author)

(Articolele sunt deja redactate corect în engleză și rămân neschimbate)

1. Crintea, I.N.; Cindrea, A.C.; Fulga, T.F.; Trebuian, C.I.; Marza, A.M.; Petrica, A.; Mederle, O.A.; Timar, R. Obesity Class and Severity of Metabolic Emergencies: A Single-Center Retrospective Five-Year Study. *Healthcare* 2025, 13, 617. <https://doi.org/10.3390/healthcare13060617>
2. Crintea, I.N.; Cindrea, A.C.; Mederle, O.A.; Trebuian, C.I.; Timar, R. Electrolyte Imbalances and Metabolic Emergencies in Obesity: Mechanisms and Clinical Implications. *Diseases* 2025, 13, 69. <https://doi.org/10.3390/diseases13030069>
3. Crintea, I.N.; Cindrea, A.C.; Mederle, O.A.; Fulga, T.F.; Marza, A.M.; Petrica, A.; Trebuian, C.I.; Timar, R. Obesity as a Risk Factor for Hyperglycemia, Electrolyte Disturbances, and Acute Kidney Injury in the Emergency Department. *Biomedicines* 2025, 13, 349. <https://doi.org/10.3390/biomedicines13020349>
4. Trebuian CI, Popa D, Buleu F, Sutoi D, Williams CG, Crintea IN, Chioibas RD, Iancu A, Ciolac L, Mederle OA. COVID-19 Related Acute Respiratory Distress Syndrome versus Classical Acute Respiratory Distress Syndrome Patients: Inflammatory Biomarkers as

Predictors of Mortality in Pulmonary Septic Shock. *Int J Gen Med.* 2024;17:3337-3347  
<https://doi.org/10.2147/IJGM.S464892>

5. Trebuian, C.I.; Marza, A.M.; Chioibaş, R.; Şutoi, D.; Petrica, A.; Crintea-Najette, I.; Popa, D.; Borcan, F.; Flondor, D.; Mederle, O.A. Lactate Profile Assessment—A Good Predictor of Prognosis in Patients with COVID-19 and Septic Shock Requiring Continuous Renal Therapy. *Clin. Pract.* **2024**, *14*, 980-994. <https://doi.org/10.3390/clinpract14030078>
6. Trebuian, C.I.; Marza, A.M.; Cindrea, A.C.; Petrica, A.; Onea, S.; Sutoi, D.; Barsac, C.; Crintea-Najette, I.; Popa, D.; Chioibas, R.; et al. Risk Assessment of Venous Thromboembolism among Septic Shock Patients: Single versus Concurrent Insertion of Central Venous Catheters. *Medicina* **2024**, *60*, 785. <https://doi.org/10.3390/medicina60050785>

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## PUBLICATIONS

**Co-author contribution** – Admission Examination Tests Type I for the Faculties of Medicine and Dental Medicine, Victor Babeş University of Medicine and Pharmacy, 2026

04.03.2026