



Daniel Popa

Date of birth: May 29, 1978

Citizenship: Romanian

Gender: Male

CONT

 Timisoara, Romania

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PROFESSIONAL

SC Echipa Medical 33 SRL Timisoara, Romania

Primary Physician, Rehabilitation, Physical Medicine and Balneology
2022 – Present

SC Completed SRL Timisoara, Romania

Senior Physician, Rehabilitation, Physical Medicine and Balneology
2015 – Present

Timișoara Municipal Emergency Clinical Hospital Balneophysiotherapy Clinic Timisoara, Romania

Head Physician, Rehabilitation, Physical Medicine, and Balneology
2015 – Ongoing

Cardinal Med Clinic Timisoara, Romania

Specialist Physician in Rehabilitation, Physical Medicine and Balneology
2012 – 2015

Timișoara Municipal Emergency Clinical Hospital Balneophysiotherapy Clinic Department Timisoara, Romania

Specialist in Rehabilitation, Physical Medicine, and Balneology
2011

Victor Babeș University of Medicine and Pharmacy Timisoara Timisoara, Romania

Head of Works, Medical Recovery Discipline, Faculty of Medicine
2011 – Present

Victor Babeș University of Medicine and Pharmacy Timisoara Timisoara, Romania

Assistant Professor, Medical Rehabilitation, Faculty of Medicine
2008

Victor Babeș University of Medicine and Pharmacy Timisoara Timisoara, Romania

Teaching Assistant, Medical Rehabilitation, Faculty of Medicine
2004

Timișoara Municipal Emergency Clinical Hospital Timisoara, Romania

Resident Physician, Recovery, Physical Medicine, and Balneology
2004

Timișoara Municipal Emergency Clinical Hospital, Timisoara, Romania

Intern
2004



EDUCATION AND VOCATIONAL TRAINING

2004 – 2010

Doctor of Medicine Victor Babeş University of Medicine and Pharmacy, Timișoara

CEC Level CEC Level 8

2004

Specialist in Rehabilitation, Physical Medicine, and Balneology

LANGUAGE SKILLS

MOTHER TONGUE(S): Romanian

Other language(s):

English

Oral comprehension B2 Oral
production B2

Reading B2

Conversation B2

Writing B2

Levels: A1 and A2 Basic user B1 and B2 Independent user C1 and C2 Proficient user

SKILLS

Microsoft Word Microsoft Excel PowerPoint | Internet browsing | Proficient use of communication programs
(email, messenger, Skype) | Social media | Zoom

PUBLICATIONS

2025

Topical Zinc Oxide Nanoparticle Formulations for Acne Vulgaris: A Systematic Review of Pre-Clinical and Early-Phase Clinical Evidence

Authors Daniela Crainic, Roxana Popescu, Cristina-Daliborca Vlad, Daniela-Vasilica Serban, Daniel Popa, Cristina Annemari Popa, Ana-Olivia Toma |

Name of publication/conference Biomedicines | **Volume, issue, pages** Volume 13, Issue 9 | **Publisher** MDPI

2025

Adolescent mental health, contraceptive knowledge, and teen pregnancy risk: A systematic review

Authors Denisa Hinoveanu, Ileana Enatescu, Catalin Dumitru, Patricia Octavia Mazilu, Daniel Popa, Cristina Annemari Popa, Mihail-Alexandru Badea, Felicia Marc, Adrian Gluhovschi

Name of publication/conference Healthcare | **Volume, issue, pages** Volume 13, Issue 21 | **Publisher** MDPI

2021

Predicting functional disability in patients with spondyloarthritis using a CRP-based algorithm: A 3-year prospective study

Liliana Catan, Marius Boariu, Elena Amaricai, Daniel Popa, George Puenea, Mihai Drăgoi, Ștefan Stratul, Răzvan Gabriel Drăgoi, Experimental And Therapeutic Medicine 21: 89, 2021, DOI:10.3892/etm.2020.9521



2021

Using Portable Ultrasound to Monitor the Neuromuscular Reactivity to Low-Frequency Electrical Stimulation

Alin Petras, Razvan Gabriel Dragoi, Vasile Pupazan, Mihai Dragoi, Daniel Popa, Adrian Neagu, *Diagnostics* 2021, 11, 65.
<https://doi.org/10.3390/diagnostics11010065>

2018

Metabolic syndrome in patients with autoimmune inflammatory rheumatism

Elena Amaricai, Liliana Catan, Daniel Popa, Oana Suci, Roxana Ramona Onofrei, Dan Nemes, *Biomedical Research* 2018; 29: ISSN 0970-938X