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(Domicile)

● WORK EXPERIENCE

28/02/2021 - CURRENT - TIMISOARA, ROMANIA

ASSISTANT ENSEIGNANT-CHERCHEUR/ASSISTANTE ENSEIGNANTE-CHERCHEUSE UNIVERSITATEA DE MEDICINA SI FARMACIE "VICTOR BABES"

31/12/2016 - CURRENT - TIMISOARA, ROMANIA

MEDIC SPECIALIST SPITALUL CLINIC JUDETEAN DE URGENTA

31/12/2011 - 30/12/2016 - TIMISOARA, ROMANIA

MEDIC REZIDENT SPITALUL CLINIC JUDETEAN DE URGENTA "PIUS BRANZEU" TIMISOARA

- formare profesionala in cadrul programului de rezidentiat
- responsabil de internarea pacientilor, consultarea acestora, completarea fiselor medicale, prescrierea medicatiei
- membru al echipei operatorii in cadrul interventiilor desfasurate cu patologie specifica ortopediei si traumatologiei

03/11/2013 - 14/05/2015 - TIMISOARA, ROMANIA

MEDIC BASCHET CLUB TIMISOARA

Asistenta medicala in cadrul echipei de baschet, atat in timpul meciurilor oficiale cat si la nevoie.

● EDUCATION & TRAINING

09/2012 - 06/2017 - TIMISOARA, ROMANIA

STUDII DOCTORALE (PHD)- UNIVERSITATEA DE MEDICINA SI FARMACIE "VICTOR BABES"

Absolvent Magna Cum Laude conform OM 4384/18.07.2017

Competente profesionale:

- stapanirea notiunilor legate de biostatistica medicala, metodologia cercetarii stiintifice precum si etica medicala
- dobandirea certificatului de buna practica clinica (GCP)
- dezvoltarea abilitatilor legate de conceperea unui design de studiu, alocarea resurselor necesare desfasurarii studiului, captarea si interpretarea rezultatelor, precum si diseminarea acestora pe canale specifice (publicatii de specialitate)

09/2016 - TIMISOARA, ROMANIA

CERTIFICAT DE MEDIC SPECIALIST- SPITALUL CLINIC JUDETEAN DE URGENTA "PIUS BRANZEU"

Certificatul cu nr. 31178 eliberat la data de 03.01.2017 atesta promovarea examenului de medic specialist in

Ortopedie si Traumatologie din sesiunea Oct. 2016 prin OMS nr. 1623/2016.

30/09/2005 - 30/09/2011 - BUCURESTI, ROMANIA

DIPLOMA DE LICENTA- FACULTATEA DE MEDICINA SI FARMACIE "CAROL DAVILA"

S-a acordat titlul de DOCTOR-MEDIC in domeniul SANATATE pe specializarea MEDICINA.

Diploma seria A cu nr. 0003559 din sesiunea Septembrie 2011, eliberata de Ministerul Educatiei, Cercetarii, Tineretului si Sportului in data de 14.05.2012

30/09/2007 - 04/06/2010 - BUCURESTI, ROMANIA

DIPLOMA DE LICENTA- UNIVERSITATEA ECOLOGICA DIN BUCURESTI - FACULTATEA DE EDUCATIE FIZICA SI SPORT

S-a acordat titlul de LICENTIAT IN EDUCATIE FIZICA SI SPORT in domeniul EDUCATIE FIZICA SI SPORT.

Diploma cu seria C, nr. 0170330 eliberata de Ministerul Educatiei, Cercetarii, Tineretului si Sportului in data de 13.09.2011

05/2005 - 06/2005 - BUCURESTI, ROMANIA

DIPLOMA DE BACALAUREAT- COLEGIUL NATIONAL "GHEORGHE SINCAI"

Diploma de Bacalaureat seria U, nr. 0020674, eliberata de Ministerul Educatiei si Cercetarii in data de 18.07.2005

14/09/2001 - 17/07/2005 - BUCURESTI, ROMANIA

CERTIFICAT DE ABSOLVIRE A LICEULUI- COLEGIUL NATIONAL "GHEORGHE SINCAI"

Absolvent al liceului la profilul "stiinte ale naturii" conform diplomei seria A, nr. 0115227 eliberata de Ministerul Educatiei si Cercetarii in data de 18.07.2005

14/09/1993 - 14/07/2001 - BUCURESTI, ROMANIA

CERTIFICAT DE CAPACITATE- SCOALA CU CLASELE I-VIII, NR. 17 "PIA BRATIANU"

Certificatul seria B, nr. 0212590 eliberat de Ministerul Educatiei Nationale in data de 19.07.2001

● **LANGUAGE SKILLS**

Mother tongue(s): **ROMANIAN**

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken production	Spoken interaction	
ENGLISH	C1	C1	C1	C1	C1
GERMAN	A1	A1	A1	A1	A1
SPANISH	A2	A2	A2	A2	A1

● **SKILLS**

Navigare Internet | Social Media | Utilizare buna a programelor de comunicare(mail messenger skype) | Microsoft Office (Excel PowerPoint Word) - nivel intermediar

● CONFERENCES & SEMINARS

- European Society of Sports Traumatology, Knee Surgery & Arthroscopy. 20th ESSKA Congress, Paris, France, 27-29 Aprilie 2022
- International Society of Orthopaedic Surgery and Traumatology. 41st SICOT World Congress, Budapest, Hungary, 15-18 Septembrie 2021
- European Federation of National Associations of Orthopaedics and Traumatology. Virtual EFORT Congress 2021, 30 Iunie-2 Iulie 2021
- SRATS 2021 Virtual Congress, 25-27 Martie 2021
- SOROT 2020 Virtual Conference, 7-8 Octombrie 2020
- Al XVIII-lea Congres National de Ortopedie si Traumatologie. Bucuresti, 16-18 Octombrie 2019
- European Federation of National Associations of Orthopaedics and Traumatology. 19th EFORT Congress. Lisbon, Portugal, 5-7 Iunie 2019
- The ASPIRE Conference. Timisoara, Romania 6-7 April 2019 - Speaker
- Conferinta Nationala de Ortopedie si Traumatologie. Sibiu, 3-5 Octombrie 2018
- Al XVII-lea Congres National de Ortopedie si Traumatologie. Timisoara, 18-21 Octombrie 2017
- Conferinta Nationala de Ortopedie si Traumatologie. Baile Felix, Oradea, 28-30 Septembrie 2016
- European Society of Sports Traumatology, Knee Surgery & Arthroscopy. 17th ESSKA Congress. Barcelona, Spain, 4-7 Mai 2016
- Prima Conferinta Regionala Interdisciplinara de Vest cu tema Patologia Neuromioartrokinetica - Actualitati si Perspective Terapeutice si de Recuperare. Moneasa, jud. Arad, 7-10 Aprilie 2016
- Al XIII-lea Congres Roman de Flebologie. Timisoara, Romania, 2-4 Octombrie 2014
- Al XV-lea Congres National de Ortopedie si Traumatologie. Cluj-Napoca, Romania, 2-4 Octombrie 2013
- European Federation of National Associations of Orthopaedics and Traumatology. 14th EFORT Congress. Istanbul, Turkey, 5-8 Iunie 2013
- The XVIIth International Congress for Medical Students and Young Doctors. MEDIS 2013. Timisoara, Romania, 23-26 Mai 2013
- Simpozionul PerforMed "Formare profesionala pentru implementarea noilor tehnologii in sistemul de sanatate". Timisoara, Romania, 16-19 Aprilie, 2013
- Al IV-lea Congres National de Rezonanta Magnetica. A VI-a Conferinta Nationala a SIMSR. Al VII-lea Simpozion Chapter Roman - ISMRM. Timisoara, Romania, 11-13 Octombrie 2012

● COMPÉTENCES PROFESSIONNELLES ACQUISES

Compétences acquises en milieu professionnel

- Bonne maîtrise de l'examen clinique spécifique au domaine de l'Orthopédie et Traumatologie.
- Bonne maîtrise de la réalisation des interventions chirurgicales post-traumatiques (fractures, lésions tendineuses et ligamentaires), ainsi que de la chirurgie prothétique articulaire (genou, hanche).
- Connaissances approfondies concernant la prise en charge postopératoire des patients présentant des pathologies spécifiques en Orthopédie et Traumatologie.

● PUBLICATIONS SCIENTIFIQUES

Publications

Ouvrages et chapitres d'ouvrages

- Haragus H., **Mioc ML**, Prejbeanu R. (2020) Indication for Surgical Treatment of Injuries of the Hip, Groin, and Thigh. In: Krutsch W., Mayr H., Musahl V., Della Villa F., Tscholl P., Jones H. (eds) Injury and Health Risk Management in Sports. Springer, Berlin, Heidelberg. ISBN 978-3-662-60751-0
- Prejbeanu R., Predescu V., Haragus H., **Mioc ML**. (2020) Hip Injuries and Groin Pain. In: Krutsch W., Mayr H., Musahl V., Della Villa F., Tscholl P., Jones H. (eds) Injury and Health Risk Management in Sports. Springer, Berlin, Heidelberg. ISBN 978-3-662-60751-0
- Prejbeanu R., **Mioc ML**. (2018) Half Hitches. In: Akgun U, Karahan M, Randelli P, Espregueira-Mendes J. (eds) Knots in Orthopedic Surgery. Springer, Berlin, Heidelberg ISBN 978-3-662-56107-2
- Faur M, Patrascu JM, Vermeşan D, **Mioc ML**, et al (**membru colectiv**) – Elemente de traumatologie a

cotului Editura Artpress, 300 pg, 2014 978-973-108-536-4 Ed. Academiei de Științe Medicale, ISBN:978-606-92759-8-6

- Vermesan D, Prejbeanu R, Haragus H, **Mioc ML** – Indrumator practic in ortopedie si traumatologie, Colectia ghiduri si indrumatoare de elaborator, Ed Victor Babes 2015, ISBN 978-606-8456-42-3

Articole publicate în extenso în reviste de circulație internațională recunoscute

În reviste cotate ISI autor/ coautor

- Prejbeanu R, **Mioc ML***, Deleanu B, Balanescu A, Al Qatawneh M, Malita D. The Use of Tranexamic Acid in Anterior Cruciate Ligament Reconstruction: A Systematic Review. Applied Sciences . 2021; 11(23):11518. <https://doi.org/10.3390/app112311518>
- Prejbeanu R, Vermesan D, Balanescu A, **Mioc ML***, Haragus H. Repair of acute Achilles tears with plantaris augmentation. Int Orthop. 2021 Sep;45(9):2285-2290. doi: 10.1007/s00264-021-05169-0. Epub 2021 Aug 5. PMID: 34350472.
- **Mioc ML**, Prejbeanu R, Vermesan D, Haragus H, Niculescu M, Pop DL, Balanescu AD, Malita D, Deleanu B. Deep vein thrombosis following the treatment of lower limb pathologic bone fractures - a comparative study. BMC Musculoskelet Disord. 2018 Jul 11;19(1):213. ISSN 1471-2474, IF=1.998
- **Mioc ML**, Prejbeanu R, Deleanu B, Anglitoiu B, Haragus H, Niculescu M. Extra-articular distal tibia fractures-controversies regarding treatment options. A single-centre prospective comparative study. Int Orthop. 2018 Apr;42(4):915-919. ISSN 0341-2695, IF=2.520
- Prejbeanu R, Poenaru DV, Balanescu AD, **Mioc ML**. Long term results after arthroscopic resection of medial plicae of the knee-a prospective study. Int Orthop. 2017 Jan;41(1):121-125 IF=2.387
- **Mioc ML**, Haragus HG, Balanescu AD, Petrescu PH, Iacob M, Prejbeanu R. The utility of bone remodeling markers in the diagnosis, evolution and treatment response evaluation in bone metastases. Rom J Morphol Embryol. 2016;57(3):925-930, IF = 0.811
- Haragus H, Lazureanu V, Prejbeanu R, **Mioc ML**, Boscu A, Radu D. Painful pretibial cyst with bioabsorbable poly-L-lactic acid screw migration 4 years after anterior cruciate ligament reconstruction. Revista de Chimie, 66(10),1655-58, 2015 Oct; ISSN 0034-7752, IF=0.8
- Patrascu JM, Vermesan D, **Mioc ML**, Lazureanu V, Florescu S, Tarullo A, Tatullo M, Abbinante A, Caprio M, Cagiano R, Haragus H. - Musculo-skeletal tumors incidence and surgical treatment - A single center 5-year retrospective. Eur Rev Med Pharmacol Sci. 2014 Dec;18(24):3898-901. IF=1.213
- Vermesan D, Prejbeanu R, Haragus H, Poenaru DV, **Mioc ML**, Tatullo M, Abbinante A, Scacco S, Tarullo A, Inchingolo F, Caprio M, Cagiano R. - Clinical relevance of altered bone immunopathology pathways around the elbow. Eur Rev Med Pharmacol Sci. 2014 Oct;18(19):2846-50. IF=1.213
- Flace P, Laiso G, Vermesan D, Benagiano V, Ambrosi G, Abbinante A, Tatullo M, Bizzoca A, Gennarini G, Tattoli M, Caprio M, De Pergola G, Sabatini R, Gagliardi A, Tarullo **Mioc ML**, Cagiano R, Patrascu JM. Neurobehavioral studies, in transgenic F3/CONTACTIN (C57BL/6j × CBA) mice, on cognitive and anxiety aspects during late-adolescent period. - Eur Rev Med Pharmacol Sci. 2014 Jun;18(11):1638-46. ISSN 1128-3602, IF=1.213
- Prejbeanu R, Vlad Daliborca, Dumitrașcu V, Vermeșan D, **Mioc ML**, Abbinante A, Cagiano R. Application of acrylic spacers for long bone defects after tumoral resections - Eur Rev Med Pharmacol Sci. 2013 Sep;17(17):2366-71. ISSN 1128-3602 IF=1.09

Articles publiés intégralement dans des revues scientifiques internationales reconnues

Dans des revues non indexées ISI mais indexées dans des bases de données internationales (BDI), en qualité d'auteur / co-auteur

- Deleanu B, Prejbeanu R, Vermesan D, Haragus H, Honcea L, **Mioc ML**, Tsiridis E, Predescu V. Trochanteric fracture following hip arthrodesis: case presentation. Clinical Case Reports 2018; 6(1): 162–164. doi: 10.1002/ccr3.1275.
- Deleanu B, Prejbeanu R, Vermesan D, Honcea L, **Mioc ML**, Tsiridis E, Predescu V. Avascular necrosis of the femoral head at 2 years after pertrochanteric fracture surgery: case report. Annals of Medicine and Surgery (2016), doi: 10.1016/j.amsu.2015.12.053
- **Mioc ML**, Prejbeanu R, Vermesan D, Haragus H. Osteosynthesis in subtrochanteric pathologic bone fractures. Clinical challenges. Medical Connections, 2 (38), 9-15, 2015 Jun; ISSN 1843-9306

- **Mioc ML**, Vermeşan D, Prejbeanu R, Hărăguş H, Iman V. Tumor-like rectus femoris pelvic ossification in a teenage athlete case presentation - Jurnalul Pediatriei 2013 Vol.XVI, Nr.61-62, pg. 58-62, ISSN 2065-4855
- Prejbeanu M, Vermeşan D, Hărăguş H, **Mioc ML**. Pedobarografic comparison after hallux valgus correction, Revista de Ortopedie și Traumatologie a Asociației de Ortopedie Româno-Italo-Spaniolă "ASORIS" Nr. 1 (25)/2012, pg. 47-53, ISSN 1454-6213
- Haragus H, Vermesan S, Petrescu H, Crisan D, **Mioc ML**. Surgical outcome after proximal femur Chondrosarcoma – case presentation, , Revista de Ortopedie și Traumatologie a Asociației de Ortopedie Româno-Italo-Spaniolă "ASORIS" Nr.4 (24)/2011, pg. 19-22, ISSN 1454-6213

● PREZENTĂRI

Articles / études présentés lors de congrès et conférences du circuit scientifique principal

POSTER

- Prejbeanu R, **Mioc ML**, Balanescu A, Haragus H, Vermesan D, Cornea C. Intravenous use of tranexamic acid decreases postoperative hemarthrosis in arthroscopic anterior cruciate ligament reconstruction. 20 ESSKA Congress Paris 27-29 Apr 2022 POSTER
- Prejbeanu R, Vermesan D, Deleanu B, Haragus H, **Mioc ML**. How we manage post-rupture Achilles tendinopathy - a retrospective study. ESSKA Speciality days. Madrid 8-9 Nov 2019 POSTER
- Deleanu B, Prejbeanu R, **Mioc ML**, Haragus H, Vermesan D, Predescu V, Tsiridis E. Thromboembolic events following the treatment of lower limb pathologic bone fractures. 20 EFORT Congress Lisbon 5-7 Jun 2019 POSTER
- Deleanu B, Prejbeanu R, Crisan D, **Mioc ML**, Vermesan D, Oprea M, Predescu V, Tsiridis E. Gait patterns at one year in patients operated for tibial plateau fractures. 19 EFORT Congress Barcelona 30 May-01 Jun 2018 POSTER
- Deleanu B, Prejbeanu R, Haragus H, Balanescu AD, **Mioc ML**, Malita D, Predescu V. Functional results following non-operative treatment for distal radius fractures in patients over 90-years old. 19 EFORT Congress Barcelona 30 May-01 Jun 2018 POSTER
- Prejbeanu R, Nuta C, **Mioc ML**. Plantaris Longus Augmentation Associated in the Surgical Treatment of Chronic Achilles Tendinopathy. 11th ISAKOS Congress, June 4-8 2017, Shanghai China, POSTER
- Vermeşan D, Deleanu B; Andrei D; **Mioc ML**; Hărăguş H; Prejbeanu R - Open reduction and locked plating versus closed reduction and percutaneous screw fixation of articular calcaneal fractures - 14th EFORT Congress Istanbul 5-8 Jun 2013 - POSTER

Articles / études présentés lors de congrès et conférences du circuit scientifique principal

PREZENTARE ORALA

- **Mioc ML**. Orthopedics and Traumatology. The basic know-how. The Applied Surgery Promoting Innovative Research and Experience (ASPIRE) Conference. 6-7 Apr 2019 Timisoara
- Prejbeanu R, Haragus H, Balanescu A, **Mioc ML**, Deleanu B. Functional results following the treatment of Achilles tendinopathic tears – a comparative prospective study of two surgical options. 18 European Society for Sports traumatology, Knee surgery and Arthroscopy (ESSKA) Congress, Glasgow 8-12 May 2018
- Prejbeanu R, **Mioc ML**, Malita D. Persistent bone edema, anterior tibial pain and delay in bone neo-formation associated with Poly-L-lactic acid screws fixation of the anterior cruciate ligament graft – The 16 IEEE International Conference on E-Health and Bioengineering pg. 269-272– EHB 2017 Sinaia, Romania, June 22-27, 2017 – Proceedings on IEEE Xplore ISBN: 978-1-5386—0358-1
- **Mioc ML**, Prejbeanu R, Vermesan D, Haragus H, Malita D, Deleanu B. Deep vein thrombosis following the treatment of lower limb pathologic bone fractures – a comparative study. The National Conference of Orthopaedics and Traumatology, 3-5 Oct 2018, Sibiu, Romania
- **Mioc ML**, Prejbeanu R, Deleanu B, Haragus H, Balanescu A, Nuta C. Functional results following the treatment of Achilles tendinopathic tears - a comparative study of two surgical options. Initial study results. The XVIIth National Congress of Orthopaedics and Traumatology, 18-21 Oct 2017, Timisoara, Romania
- **Mioc ML**, Prejbeanu R, Deleanu B, Anglitoiu B, Vladutu R, Haragus H. Extraarticular distal tibia fractures - controversies regarding treatment options. A single-center prospective comparative study. The XVIIth National Congress of Orthopaedics and Traumatology, 18-21 Oct 2017, Timisoara, Romania
- **Mioc ML**, Toma D, Hărăguş H, Vermeşan D. Cement Filling Vs. Reconstructive tumoral prosthetics în the

treatment of primary bone tumors around the knee -The XVIIth Internațional Congress for Medical Students and Young Doctors 23-26 May 2013 Timișoara

- Prejbeanu R, Balanescu A, Prejbeanu M, **Mioc ML**, Haragus H, Deleanu B. Tendinte actuale in utilizarea bioimplantelor in chirurgia artroscopica. Conferința Regională „Zilele Medicale ale Spitalului Municipal Dr. Alexandru Simionescu Hunedoara”. 12-16 Sept 2018, Hunedoara, Romania
- Vermeșan D, Prejbeanu R, Hărăguș H, Golet I, Nițescu S, **Mioc ML**. Supraviețuirea după fracturile femurului proximal la bătrâni - Al XV-lea Congres SOROT Cluj-Napoca 2-4 Octombrie 2013
- **Mioc ML**, Toma D, Hărăguș H, Vermeșan D. Treatment protocol for a proximal femoral chondrosarcoma patient - study case. The XVIIth Internațional Congress for Medical Students and Young Doctors 23-26 May 2013 Timișoara
- Prejbeanu R, Crișan D, Vermeșan D, Hărăguș H, **Mioc ML**, Damian G. Rolul extins al scanării CT în diagnosticarea, stadializarea și tratamentul fracturilor tibiale proximale – Societatea de Imagistică Musculo-Scheletală din România “SIMSR”, Oct 2012

● FORMATIONS SUIVIES

Cursuri

- 7th International Knee Surgery and Arthroscopy Course. Timisoara, Romania 20-22 Septembrie 2019
- The Comprehensive Orthopaedic Review Course (CRC). Lisbon, Portugal, 5 Iunie 2019
- Managementul pluridisciplinar in complicatiile traumatismelor complexe. UMF "Victor Babes" Timisoara, Romania 27-28.09.2018
- AO Trauma Course - Approaches & Osteosynthesis with Anatomical Specimen. Graz, Austria, 5-9 Septembrie 2016
- EFORT Spring Travelling Fellowship. Austria, 17-23 Aprilie 2016
- 5th International Knee Surgery and Arthroscopy Course. Timisoara, Romania 25-28 Noiembrie 2015
- AAOS-SOROT Shoulder Program. Bucuresti, Romania, 23 Octombrie 2015
- AAOS-Romania Comprehensive Shoulder Education Program. Timisoara, Romania, 23-24 Aprilie 2015
- Durerea lombara acuta, abordare multidisciplinara complexa. Focus pe analgezie. Timisoara, Romania, 6 Noiembrie 2014
- 4th International Knee Surgery and Arthroscopy Course. Timisoara, Romania, 28 Noiembrie - 1 Decembrie 2013
- AAOS-SOROT Education Program, Cluj-Napoca, Romania, 2-4 Octombrie 2013
- Scientific Summer School in Romania. Timisoara, Romania, 24-29 Iunie 2013
- Artroscopia genunchiului - reconstructia LIA. Bucuresti, Romania, 11-15 Martie 2013
- Traumatologia membrului pelvin. Timisoara, Romania, 26 Februarie - 01 Martie 2013
- MSK ULTRASOUND with MRI correlation Basic&Advanced, Timisoara, Romania, 14-17 Octombrie 2012
- 3rd International Knee Surgery and Arthroscopy Advanced Course. Timisoara, Romania, 28 Februarie - 3 Martie 2012