



Delia-Maria Nicoară



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Gender: Female Date of birth: 04/01/1985 Citizenship: romanian

## PROFESSIONAL EXPERIENCE

[ 02/2026 – present ] **Consultant Pediatrician**

*Emergency Clinical Hospital for Children “Louis Turcanu” – 1st Pediatric Clinic*

City: Timisoara | Country: România

[ 04/2025 – 02/2026 ] **Specialist Pediatrician**

*Emergency Clinical Hospital for Children “Louis Turcanu” – 1st Pediatric Clinic*

City: Timisoara | Country: România

[ 09/2020 – present ] **Assistant Professor – Department XI, Pediatrics**

*Emergency Clinical Hospital for Children “Louis Turcanu” – 1st Pediatric Clinic*

City: Timisoara | Country: România

[ 01/2017 – 02/2022 ] **Resident Physician – Second Specialty in Rheumatology**

*“Sfanta Maria” Clinical Hospital*

Localitatea: Bucuresti | Ţara: România

[ 01/2015 – 12/2016 ] **Specialist in Pediatrics**

*Emergency Clinical Hospital for Children “Louis Turcanu” – 1st Pediatric Clinic*

City: Bucarest | Country: România

[ 07/2014 – 12/2016 ] **On-Call Physician (Locum/On-Call Contract)**

*Emergency Clinical Hospital for Children “Louis Turcanu” – 1st Pediatric Clinic*

City: Timisoara | Country: România

[ 01/2010 – 12/2014 ] **Resident Physician – Pediatrics**

*Emergency Clinical Hospital for Children “Louis Turcanu” – 1st Pediatric Clinic*

City: Timisoara | Country: România

## EDUCATION AND PROFESSIONAL TRAINING

[02/2026] **Consultant Pediatrician Diploma, OMS Confirmation No. 373/2026, Ministry of Health**

City: Timisoara | Country: România

[06/2024] **Defense of the doctoral thesis under the supervision of Prof. Univ. Dr. Otilia**

**Marginean, titled: “The Predictive Value of hematological Biomarkers in Improving Diagnostic Efficiency in Pediatric Chronic Diseases”**

City: Timisoara | Country: România

[2022-2023] **Diploma in Psychopedagogical Training, Level I and II, within the Department for Teacher Training (DPPD) at the West University of Timișoara**

**City:** Timisoara | **Country:** România |

[2010 – 2014 ] **Specialist Physician Diploma in Pediatrics, confirmation OMS No. 1/2015, Ministry of Health**

**City:** Timisoara | **Country:** România |

[ 2003 – 2009 ] **Bachelor's Degree Diploma No. 311/21.12.2009, Series B1, No. 0016161**  
*Victor Babeş University of Medicine and Pharmacy*

**City:** Timisoara | **Country:** România |

[ 1999 – 2003 ] **Baccalaureate Diploma No. 230/July 2003, Series T No. 0286470, Profile: Natural Sciences [1999 – 2003]**

*Banatean National College, Ministry of Education*

**City:** Timisoara | **Country:** România |

## LANGUAGE SKILLS

**Mother tongue:** Romanian

**Other languages:**

*English:*

*Listening C1 | Reading C1 | Writing C1 | Spoken Interaction C1 | Spoken Production C1*

*German:*

*Listening B1 | Reading B1 | Writing B1 | Spoken Interaction B1 | Spoken Production B1*

*Levels: A1 & A2 – Basic User | B1 & B2 – Independent User | C1 & C2 – Proficient User*

## HONORS AND AWARDS

**1st Prize – Best paper presented at the National Conference of the Romanian Society of Pediatric Rheumatology**

Issuing Institution: SRRP

## PROFESSIONAL CERTIFICATIONS

[ 05/2022 ] **Certificate of Complementary Studies in General Ultrasonography**

## POSTGRADUATE COURSES

[ 01/2020 – 02/2020 ] **General Ultrasonography Course, Module II, Cluj**

[ 09/2019 – 10/2019 ] **General Ultrasonography Course, Module I, Cluj**

[ 12/2017 ] **International Course in Musculoskeletal Ultrasound, Athens – Basic Level**

[ 09/2015 ] **Advanced Pediatric Life Support Course, Târgu Mureş**

[ 11/2015 ] **Controversies in Pediatric Endocrinology**

[ 09/2015 ] **12th National Congress of Pediatrics with International Participation**

## PUBLICATIONS

Nicoară DM, Munteanu AI, Scutca AC, et al. Assessing the Relationship between Systemic Immune-Inflammation Index and Metabolic Syndrome in Children with Obesity. *Int J Mol Sci.* 2023;24(9):8414. Published 2023 May 8. doi: 10.3390/ijms24098414.

Nicoară, D.-M.; Munteanu, A.-I.; Scutca, A.-C.; Brad, G.-F.; Asproni, R.;

Jugănaru, I.; Mărginean, O. Evaluating the Diagnostic Performance of Systemic Immune-Inflammation Index in Childhood Inflammatory Arthritis: A Focus on Differentiating Juvenile Idiopathic Arthritis from Reactive Arthritis. *Biomedicines* 2024, 12, 65. <https://doi.org/10.3390/biomedicines12010065>.

Nicoară, D.-M.; Munteanu, A.-I.; Scutca, A.-C.; Brad, G.-F.; Jugănaru, I.; Bugi, M.-A.; Asproni, R.; Mărginean, O. Examining the Relationship between Systemic Immune-Inflammation Index and Disease Severity in Juvenile Idiopathic Arthritis. *Cells* 2024, 13, 442.

Nicoară DM, Scutca AC, Mang N, et al. Central precocious puberty in PraderWilli syndrome: a narrative review. *Front Endocrinol (Lausanne)*. 2023;14:1150323. Published 2023 May 8. doi:10.3389/fendo.2023.1150323.

Nicoară, D., Niță, C., Stanilă, A., Martiniuc, A., Popa, L., Petrescu, E., Bătăneant, M., Ciofu, R., Guriță, A., Tabăcaru, R., Ionescu, R., & Groșeanu, L. (2023). A new CECR1 mutation associated with severe hematological involvement in ADA2 deficiency. *Immunity, inflammation and disease*, 11(8), e930. <https://doi.org/10.1002/iid3.930>.

Scutca, A.-C.; Nicoară, D.-M.; Mărăzan, M.; Brad, G.-F.; Mărginean, O. Neutrophil-to-Lymphocyte Ratio Adds Valuable Information Regarding the Presence of DKA in Children with New-Onset T1DM. *J. Clin. Med.* 2023, 12, 221. <https://doi.org/10.3390/jcm12010221>.

Scutca, A.-C.; Nicoară, D.-M.; Mang, N.; Jugănaru, I.; Brad, G.-F.; Mărginean, O. Correlation between Neutrophil-to-Lymphocyte Ratio and Cerebral Edema in Children with Severe Diabetic Ketoacidosis. *Biomedicines* 2023, 11, 2976. <https://doi.org/10.3390/biomedicines11112976>.

Scutca, A.-C.; Jugănaru, I.; Nicoară, D.-M.; Brad, G.-F.; Bugi, M.-A.; Asproni, R.; Cristun, L.-I.; Mărginean, O. Systemic Inflammatory Response Index (SIRI) as a Predictive Marker for Adverse Outcomes in Children with New-Onset Type 1 Diabetes Mellitus. *J. Clin. Med.* 2024, 13, 2582. <https://doi.org/10.3390/jcm13092582>.

Brad, G.-F.; Nicoară, D.-M.; Scutca, A.-C.; Bugi, M.-A.; Asproni, R.; Olariu, L.-G.; Jugănaru, I.; Cristun, L.-I.; Mărginean, O. Exploring Chronic Hypocalcemia: Insights into Autoimmune Polyglandular Syndrome Type 1—A Case Study and Literature Review. *J. Clin. Med.* 2024, 13, 2368. <https://doi.org/10.3390/jcm13082368>.

Bugi, M.-A.; Jugănaru, I.; Isac, R.; Simina, I.-E.; Munteanu, A.-I.; Mang, N.; Brad, G.-F.; Nicoară, D.-M.; Cîrnatu, D.; Mărginean, O. Factors Impacting the Reduction in Neophobia Prevalence in Phenylketonuria Patients. *Nutrients* 2024, 16, 768. <https://doi.org/10.3390/nu16060768>.

Bugi, M.-A.; Jugănaru, I.; Simina, I.-E.; Nicoară, D.-M.; Cristun, L.-I.; Brad, G.-F.; Boru, C.; Cîrnatu, D.; Mărginean, O. Exploring Adult Eating Behaviors and Food Neophobia: A National Study in Romania. *Foods* 2024, 13, 1301. <https://doi.org/10.3390/foods13091301>.

Munteanu, A.-I.; Jugănaru, I.; Nicoară, D.-M.; Mang, N.; Vasilescu, R.; Brad, G.-F.; Scutca, A.-C.; Asproni, R.; Cristun, L.-I.; Mărginean, O. Evaluating the Role of CBC-Derived Indices in Children with Hashimoto's Thyroiditis. *Diagnostics* 2024, 14, 2834. <https://doi.org/10.3390/diagnostics14242834>

Basaca, D.-G.; Jugănaru, I.; Belei, O.; Nicoară, D.-M.; Asproni, R.; Stoicescu, E.R.; Mărginean, O. Long COVID in Children and Adolescents: Mechanisms, Symptoms, and Long-Term Impact

Munteanu, A., Nicoară, D., Jugănar, I., Bugi, M., Mărginean, O. "Impact of immunostimulation on autoinflammatory disease. CRMO case presentation and literature review: A case report". *Biomedical Reports* 23, no. 1 (2025): 115.  
<https://doi.org/10.3892/br.2025.1993>

Giorgiana Flavia Brad , Delia Maria Nicoară , Alexandra Cristina Scutca , Meda Ada Bugi , Nilima Rajpal Kundnani , Raluca Asproni , Teofana Otilia Bizerea-Moga, Otilia Marginean . Insight Bone Metabolism Disorders in Pediatric Patients: A Tertiary Hospital Study. *ESPE2024 Poster Category 3 Bone, Growth Plate and Mineral Metabolism ESPE Abstracts (2024) 98 P3-27 Horm Res Paediatr (2024) 97 (Suppl. 3): 1–736.*

Flavia Brad Giorgiana , Maria Nicoara Delia , Cristina Scutca Alexandra , Ada Bugi Meda , Marginean Otilia Evaluating lipid ratios for cardiometabolic risk and insulin resistance in obese children. *Joint Congress of the European Society for Paediatric Endocrinology (ESPE) and the European Society of Endocrinology (ESE) 2025: Connecting Endocrinology Across the Life Course 10–13 May 2025, Copenhagen, Denmark Joint Steering Committee.* <https://www.endocrine-abstracts.org/search?q=marginean&vol=110&a=1> P744 JOINT1491 Evaluating lipid ratios for cardiometabolic risk and insulin resistance in obese

## BOOKS

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*Pediatrics Concepts for Nursing Assistants, Victor Babeş Publishing House, Timișoara, 2024*

## COMMUNICATION AND INTERPERSONAL SKILLS

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### Socio-professional communication

Good socio-professional communication with patients and their families. Medical education acquired through participation in conferences, courses attended, as well as studies conducted for oral and poster presentations at national pediatrics conferences.

## DIGITAL SKILLS

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*Intermediate knowledge in using IT systems*