



# Dumitru Razvan Nitu

**Date of birth:** 21/09/1974 | **Nationality:** Romanian | **Phone number:** (+40) 0723572811 (Mobile) | **Email address:** [drnitu@yahoo.com](mailto:drnitu@yahoo.com) | **Address:** Timisoara, Romania (Home)

## ● WORK EXPERIENCE

**LECTURER - "VICTOR BABEȘ" UNIVERSITY OF MEDICINE AND PHARMACY, TIMIȘOARA - 2023 - Current**

Department XII Obstetrics-Gynecology, Discipline Obstetrics-Gynecology III

**SENIOR PHYSICIAN OBSTETRICS AND GYNECOLOGY - "PIUS BRÂNZEU" COUNTY CLINICAL EMERGENCY HOSPITAL, TIMIȘOARA - 2012 - Current**

Bega Obstetrics-Gynecology Clinic

**ASSISTANT PROFESSOR - "VICTOR BABEȘ" UNIVERSITY OF MEDICINE AND PHARMACY, TIMIȘOARA - 2008 - 2023**

Department XII Obstetrics-Gynecology, Discipline Obstetrics-Gynecology III

**SPECIALIST PHYSICIAN - OBSTETRICS AND GYNECOLOGY - "PIUS BRÂNZEU" COUNTY CLINICAL EMERGENCY HOSPITAL, TIMIȘOARA - 2007 - 2012**

Bega Obstetrics-Gynecology Clinic

**UNIVERSITY PREPARATOR - "VICTOR BABEȘ" UNIVERSITY OF MEDICINE AND PHARMACY, TIMIȘOARA - 2005**

Department XII Obstetrics-Gynecology, Discipline Obstetrics-Gynecology III

**RESIDENT PHYSICIAN - OBSTETRICS AND GYNECOLOGY - "PIUS BRÂNZEU" COUNTY CLINICAL EMERGENCY HOSPITAL, TIMIȘOARA - 2002 - 2007**

Bega Obstetrics-Gynecology Clinic

**INTERN PHYSICIAN - RÂMNICU VÂLCEA COUNTY HOSPITAL - 2001 - 2002**

## ● EDUCATION AND TRAINING

2022 Timisoara, Romania

**CERTIFICATE OF PSYCHO-PEDAGOGICAL TRAINING (LEVEL II) USAMVB "King Michael I of Romania", Timișoara**

2014 Timisoara, Romania

**COMPETENCY IN THERAPEUTIC AND DIAGNOSTIC HYSTEROSCOPY**

2013 Timisoara, Romania

**COMPETENCY IN OBSTETRICAL AND GYNECOLOGICAL ULTRASOUND**

2013 Timisoara, Romania

**COMPETENCY IN LAPAROSCOPIC SURGERY IN GYNECOLOGY**

2010 Timisoara, Romania

**DOCTOR OF MEDICAL SCIENCES (PHD)** "Victor Babeş" University of Medicine and Pharmacy, Timișoara

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**Coordonator:** Prof. Univ. dr. Ioan Munteanu

**Thesis** "Modern Treatment in Gynecological Endometriosis"

2007 Arad, Romania

**CERTIFICATE OF PSYCHO-PEDAGOGICAL TRAINING (LEVEL I)** "Vasile Goldiș" Western University of Arad

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1994 – 2001 Timișoara, Romania

**MEDICAL DOCTOR (MD)** "Victor Babeş" University of Medicine and Pharmacy, Timișoara

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1993 Râmnicu Vâlcea, Romania

**BACCALAUREATE DIPLOMA NR. 162394/1993** „Alexandru Lahovari” High School, Râmnicu Vâlcea

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1989 – 1993 Râmnicu Vâlcea, Romania

**HIGH SCHOOL** „Alexandru Lahovari” High School, Râmnicu Vâlcea

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1981 – 1988 Râmnicu Vâlcea, Romania

**PRIMARY SCHOOL AND GYMNASIUM** „Take Ionescu” School, Râmnicu Vâlcea

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## ● LANGUAGE SKILLS

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Mother tongue(s): **ROMANIAN**

Other language(s):

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken production	Spoken interaction	
<b>ENGLISH</b>	B2	B2	B2	B2	B2
<b>FRENCH</b>	B2	B2	B2	B2	B2

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*Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user*

## ● SKILLS

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Navigare Internet | Utilizare buna a programelor de comunicare(mail messenger skype) | Microsoft Office (Excel PowerPoint Word) - nivel intermediar | Microsoft Word | Social Media | Skype | Zoom | buna utilizare a retelelor de socializare | Buna Utilizare a PC

## ● DRIVING LICENCE

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**Driving Licence:** A

**Driving Licence:** B

## ● PUBLICATIONS

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### ISI indexed representative publications

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- Nitu R, Dragomir T, Abu-Awwad SA, Olaru F, Marta CI, Abu-Awwad A, et al. Maternal Telomere Length and Its Influence on Neonatal Parameters: A Potential Tool for Prenatal Screening. *Medicina*. 2025;61(10):1755.
- Nitu R, Craina M, Bernad ES, et al. The Influence of Maternal Inflammatory Status on Fetal Telomere Length at Birth. *Biomedicines*. 2025;13(8):1974.
- Sacarin G, Abu-Awwad A, Nitu R, Craina M, et al. Chair-Based Magnetic Pelvic Floor Stimulation and Female Sexual Function in Women with Urinary Incontinence: A Systematic Review. *Journal of Clinical Medicine*. 2025 Nov;14(23):7241.
- Nitu R, Horhat FG, Lungeanu D, et al. Assessment of Gastrointestinal Adverse Effects during the first six months of Biktarvy Antiretroviral Therapy: Age-Related Patterns and Their Relation with Changes of 5 kg Weight Loss/Gain in the Initial Treatment Period. *Diseases*. 2024;12(1):6.
- Marta CI, Craina M, Nitu R, et al. A Comparative Analysis of NT-proBNP Levels in Pregnant Women and the Impact of SARS-CoV-2 Infection: Influence on Birth Outcome. *Diseases*. 2024;12(1):10.

6. Toma I, Dinu A, Abu-Awwad A, Sandesc MA, Abu-Awwad SA, Nitu R. Patterned Sensory Enhancement, a Music Rehabilitation Therapy for Elderly Patients with Neuromotor Deficit during the COVID-19 pandemic: A Pilot Study. *Diseases*. 2024;12(1):11.
7. Ciolac L, Craina ML, Enatescu VR, Tudor A, Bernad ES, Nitu R, et al. The Impact of the COVID-19 Pandemic on Depressive Disorder with Postpartum Onset: A Cross-Sectional Study. *Healthcare*. 2023;11(21):2857.
8. Dahma G, Reddy G, Craina M, Dumitru C, Popescu A, Stelea L, Neamtu R, Nitu R, et al. The Effects of Vitamin D Supplementation before 20 Weeks of Gestation on Preeclampsia: A Systematic Review. *Journal of Personalized Medicine*. 2023;13(6):996.
9. Nitu R, Neamtu R, Iordache O, Stelea L, Dahma G, Sacarin G, et al. A Cross-Sectional Analysis of Intimacy Problems, Stress Levels, and Couple Satisfaction among Women with Thrombophilia Affected by Recurrent Pregnancy Loss. *International Journal of Environmental Research and Public Health*. 2023;20(2):1208.
10. Marta C-I, Craina M, Nitu R, Maghiari AL, Abu-Awwad S-A, Boscu L, Diaconu M, Dumitru C, Sorop B, Stelea L, et al. Variations in NT-proBNP Levels in Pregnant Patients with and without SARS-CoV-2 Infection: Consequences for the Newborns. *Biomedicines*. 2023; 11(11):2964.
11. Faur CI, Nitu R, Abu-Awwad S-A, Tudoran C, Abu-Awwad A. The Arterial Axis Lesions in Proximal Humeral Fractures —Case Report and Literature Review. *Journal of Personalized Medicine*. 2023; 13(12):1712.
12. Moza A, Bernad ES, Nitu R, et al. Pregnancy Outcomes in SARS-CoV-2-Positive Patients: A 20-Month Retrospective Analysis of Delivery Cases. *Medicina*. 2023;59(2):258.
13. Nitu, R.; Neamtu, R.; Iordache, O.; Stelea, L.; Dahma, G.; Sacarin, G.; Socol, G.; Boarta, A.; Silaghi, C.; Puichita, D.; Diaconu, M.M. A Cross-Sectional Analysis of Intimacy Problems, Stress Levels, and Couple Satisfaction among Women with Thrombophilia Affected by Recurrent Pregnancy Loss. *Int. J. Environ. Res. Public Health* 2023, 20, 1208.
14. Nitu R, Craina M, Bernad ES, et al. The Influence of Maternal Psychological Manifestations on the Mother-Child Couple during the Early COVID-19 Pandemic in Two Hospitals in Timisoara, Romania. *Medicina*. 2022;58(6):818.
15. Dahma G, Neamtu R, Nitu R, Gluhovschi A, Bratosin F, Grigoras ML, et al. The Influence of Maternal Vitamin D Supplementation in Pregnancies Associated with Preeclampsia: A Case-Control Study. *Nutrients*. 2022;14(15):3008.
16. Tanasescu S\*, Nitu R\*, Dahma G, Pilut C, Diaconu M, Neagoe O, Muntean D, Horhat ID, Dragomir A, Lighezan D, Dobrescu A. Chemical Composition and Antimicrobial Activity of Essential Oil of Romanian *Origanum vulgare*. *Rev Chim*. 2019 Mai; 70(5):1744-1745.

## ● SOCIAL AND POLITICAL ACTIVITIES

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Membru al "Societatii de Obstetrica si Ginecologie" din Romania

## ● SKILLS ACQUIRED

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### Courses

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- 2003 - Postgraduate specialization course in "Laparoscopic Surgery in Gynecology and Hysteroscopy"
- 2005 - Postgraduate specialization course in "Obstetrical and Gynecological Ultrasound"
- 2005 - Course in "Gynecological Endocrinology and Reproductive Medicine"
- 2007 - "Department for Teacher Training"
- 2012 M I; 2013 M II - Postgraduate specialization course in "Obstetrical and Gynecological Ultrasound"
- 2012 M I; 2013 M II - Postgraduate specialization course in "Laparoscopic Surgery in Gynecology"
- 2013 - Certificate of complementary studies in "Obstetrical and Gynecological Ultrasonography"
- 2013 - Certificate of complementary studies in "Gynecological Laparoscopic Surgery"
- 2014 - Postgraduate specialization course in "Diagnostic and Therapeutic Hysteroscopy"
- 2014 - Certificate of complementary studies in "Diagnostic and Therapeutic Hysteroscopy"

## ● INTERNATIONAL PUBLICATIONS

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### International treaty in prestigious publishing house (member of the authors' collective)

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1. Marius Craina, Elena Bernad, **Răzvan Nițu**, Paul Stanciu, Cosmin Cîtu, Zoran Popa, Corina Șerban, Rodica Mihăescu, Capter 6: Renal Disease and Pregnancy, in *Diseases of Renal Parenchyma* edited by Manisha Sahay, ISBN 978-953-51-0245-8, InTech Open Access Publisher, 2012, Croatia, hard cover, 304 pages
2. Marius Craina, Gheorghe Furău, **Răzvan Nițu**, Lavinia Stelea, Dan Ancușa, Corina Șerban, Rodica Mihăescu, Ioana Mozoș, Arrhythmias in Pregnancy, in cartea "Cardiac Arrhythmias - New Considerations", Francisco R. Breijo-Marquez, InTech, February 2, 2012
3. PORTAL CRISTINA DELIA, **NITU RAZVAN**; INSTRUIREA SI EDUCAREA VIITOAREI MAME; ARAD 2003; EDITURA FUNDATIEI MOISE NICOARA; ISBN 973-99812-8-3

## ● **COMMUNICATION AND INTERPERSONAL SKILLS**

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Good communication skills acquired through my own experience as an academic (university assistant)  
Team spirit (resident coordinator since 2007)  
Communication, planning and organizational skills  
Ability to evaluate and make decisions  
Ease, clarity and coherence in expression  
Punctuality  
Emotional balance and high resistance to stress