

Curriculum Vitae

1. Personal Information

Name: Valentin-Cristian Iovin

Address: Victor Babeş University of Medicine and Pharmacy Timișoara, Spl. Tudor Vladimirescu, No. 14, 300173 Timișoara, Romania

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2. Education

2024: Senior Physician in Allergology and Clinical Immunology

2023: PhD Student, Victor Babeş University of Medicine and Pharmacy Timișoara

2018: Specialist Physician in Allergology and Clinical Immunology

2001: Medical Doctor (MD), Victor Babeş University of Medicine and Pharmacy Timișoara

3. Employment History

2024–present: Assistant Professor, Department of Physiology, Department III Functional Sciences, Victor Babeş University of Medicine and Pharmacy Timișoara, Romania

2019–present: Specialist Physician in Allergology and Clinical Immunology (since 2024 Senior Physician), Medical Center Unirea

2015–2018: Resident Physician, Allergology and Clinical Immunology, 'Pius Brînzeu' County Emergency Clinical Hospital, Timișoara

2002–2015: Medical Manager in several pharmaceutical companies (Globe Diagnostics, Terapia SA)

2001–2002: Intern Physician, 'Louis Țurcanu' Emergency Clinical Hospital for Children, Timișoara

4. Institutional Responsibilities

Secretary of the Allergology and Clinical Immunology Commission of the Romanian Ministry of Health (2023 – present)

5. Teaching Activities

Victor Babeş University of Medicine and Pharmacy Timișoara, Romania: Physiology

6. Areas of Interest

Molecular allergology, Allergen immunotherapy, Advanced therapies in allergic diseases, Health and environmental factors

7. Committee Memberships

2021–September 2025: General Secretary of the Romanian Society of Allergology
and Clinical Immunology

October 2025–present: Vice President of the Romanian Society of Allergology and
Clinical Immunology

8. Membership in Scientific Societies

European Academy of Allergy and Clinical Immunology (EAACI)

Romanian Society of Allergology and Clinical Immunology (SRAIC)

World Allergy Organization (WAO)

9. Conference Organization

National Conference/Congress of the Romanian Society of Allergology and Clinical Immunology (2021–2025)

SRAIC Winter School (2021–2025)

SRAIC Summer School (2023, 2024)

Masterclass in Allergen Immunotherapy (2025)

10. Publications

1. Belean, M.-C., Maghiar, T.-A., Căpraru, A.-M., Neamțu, A.-A., Iliescu, D., Iovin, V.-C., Faur, F.-I., Bugi, M.-A., Totorean, A., Tăban, S., Dema, S., Dehelean, C.-A., Totolici, B. D., Pop, O. L., Crețu, O., & Neamțu, C. (2025). Acceptability of a Colorectal Cancer-Preventive Diet Promoting Red Meat Reduction and Increased Fiber and Micronutrient Intake: A Cross-Sectional Study in Romanian Adults. *Nutrients*, 17(14), 2386. <https://doi.org/10.3390/nu17142386> (IF 5, Q1)

2. Bliidișel, A., Roșu, M.-C., Neamțu, A.-A., Totolici, B. D., Pop-Moldovan, R.-O., Ardelean, A., Iovin, V.-C., Faur, I. F., Dehelean, C. A., Dema, S. A., & Neamțu, C. (2025). Predictive Factors Aiding in the Estimation of Intraoperative Resources in Gastric Cancer Oncologic Surgery. *Cancers*, 17(12), 2038. <https://doi.org/10.3390/cancers17122038> (IF 4.4, Q1)

3. Panaitescu C, Haidar L, Buzan MR, Zimbru RI, Iovin VC, Zimbru EL, Lăculiceanu A, Agache I. Endotype-driven decisions in choosing a biologic for airway diseases. *Front Allergy*. 2026 Jan 12;6:1754173. doi:10.3389/falgy.2025.1754173. PMID: 41602869; PMCID: PMC12832300. (FI 3.4, Q2)