

CURRICULUM VITAE



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Professional Experience

09/2024–present — Assistant Professor, UMF “Victor Babeș” Timișoara

02/2021–09/2024 — Associate Teaching Staff, UMF “Victor Babeș” Timișoara

2022–present — Specialist Physician in Physical and Rehabilitation Medicine

2017–2021 — Resident Physician in Physical and Rehabilitation Medicine

Education

2017–2021 — Specialist Physician in Physical and Rehabilitation Medicine, Ministry of Health

2020–present — PhD Student, Medicine, UMF “Victor Babeș” Timișoara

2024–2025 — Psycho-pedagogical Training Program, Levels I and II

2010–2016 — MD Degree, UMF “Victor Babeș” Timișoara

Foreign Languages

English — B2

French — A2

Publications

1. **Talinga, A.A.**; Onofrei, R.R*.; Codreanu, A.-M.; Romanescu, V.A.; Rezumesh, M.-Z.; Korodi, D.-A.; Suci, O.; Borza, C. *Muscle-Specific Biomechanical Adaptations Following Rehabilitation Treatment in Cervical Spondylosis: A Pilot Study*. Life 2026, 16, 147. <https://doi.org/10.3390/life16010147>
2. Rezumesh, M.-Z.; Cațan, L.; Amăricăi, E.; Codreanu, A.-M.; **Vătăman, A.-A.**; David, V.-L. *The Impact of Physical Therapy on Postural and Myotonometric Disorders in Patients with Pectus Excavatum: Study Protocol*. Life 2025, 15, 1624. <https://doi.org/10.3390/life15101624>
3. Mandu M., Olteanu G., Lăcraru A.E., Onose G., Lazăr N., Șerbănoiu, Ciucă-Pană M.A., And one I., Spinu A., **Vataman A.A.**, Dogaru G., Busnatu Ș. - *Cardiac rehabilitation centers in Romania: Where are we now?* Balneo and PRM Research Journal 2024, 15(2): 707 <http://doi.org/10.12680/balneo.2024.707/>
4. Gheorghe L., Apostol A., **Vătăman (Tălingă) A.A.**, Codreanu A.M., Mederle A.L., Suci O., Onofrei R.R*, Borza C. *Effects of physical therapy and CO₂ treatment in patients with hypertension and lumbar pathology in Buziaș resort*. Medicine in Evolution Volume XXIX, No. 4, 2023, Timișoara, Romania ISSN 2065-376X p.11-18 <https://doi.org/10.70921/medev.v29i4.971>
5. **Talinga A.A.**, Mederle A.L., Codreanu A.M., Onofrei R.R* and Borza C. - Nerve conduction assessments in patients with lumbar radiculopathy – an observational study Balneo and PRM Research Journal 2023, 14(3): 594 <https://doi.org/10.12680/balneo.2023.594>
6. TRĂILĂ A., ȘERBAN M., **VĂTĂMAN (TĂLÎNGĂ) A.A.**, CODREANU A.-M., ONOFREI R.R*, SUCIU O. *The role of physical activity in the rehabilitation of hemophilic arthropathy patients*. Timișoara Physical Education and Rehabilitation Journal. Vol XVI, Issue 31 <https://doi.org/10.2478/tperj-2023-0008>
7. Burcos, I.; Vătăman (Tălingă), A.A.; Onofrei, R.R*. *Myotonometric Assessment of the Short-Term Effects of Manual Therapy on Upper Trapezius Myofascial Trigger Points*. Timisoara Med **2024**, 2023, 2. doi: [10.35995/tmj20230202](https://doi.org/10.35995/tmj20230202)
8. Iulia TOMA, Alexandru BALESCU, Patricia-Andreea HAJDUK, Andreea MURGOCIU, Alexandru HANUS, Anca DINU, Alina-Daniela TOTOREAN, **Andreea VATAMAN**, Oana SUCIU. *EVALUAREA INTERACTIVA A COORDONARII IN BOALA PARKINSON CU AJUTORUL BLAZEPOD*. Abstract Book ISSN 2457-9785 ISSN-L 2457-978, București, 2025
9. Alexandru HANUS, Andreea NIȚĂ, Alina TOTOREAN, **Andreea VĂTĂMAN**, Oana SUCIU. *ASSESSMENT OF POSTURE AND BIOMECHANICAL PROPERTIES OF THE CERVICAL MUSCULATURE IN YOUNG ADULTS*. National Congress of Physical and Rehabilitation Medicine. Abstract Book- p.95. ISSN 2457-9785 ISSN-L 2457-978, București, 2024
10. **Andreea VĂTĂMAN**, Ada-Maria CODREANU, Diana-Andreea KOMIVEȘ, Liliana CAȚAN, Adina TRĂILĂ, Margit ȘERBAN, Oana SUCIU. National Congress of Physical and Rehabilitation Medicine. *EFFECTS OF*

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11. Adina Trăilă, Margit Șerban, **Vătăman Andreea**, Emilia Ursu, Opait Dungan Timeia, Delia Savescu. *The importance of pharmacokinetic studies in people with haemophilia in Romania*. 8th National Conference of the Romanian Society of Hemostasis and Thrombosis, November 9-11, 2023, Bucharest, abstract book p.3
12. **A.A.Vataman**, A.M.Codreanu, L.Gheorghe, L.Nicolescu, T.Gaborean, A.R.Dinu, A.O.Duse, M.Dragoi, R.G.Dragoi. *Balneotherapy treatment methods is Buzias resort to improve the quality of life in patients with cardiovascular pathology*. National Congress of Physical and Rehabilitation Medicine. Abstract Book- p.128. ISSN 2457-9785 ISSN-L 2457-978, București, 2023
13. L.Catan, E.Amaricai, **A.Vataman**, M.Rezumes, P. Yikili, A.Baran. *The role of physicalexercise for children and adolescents with type 1 diabetes*. National Congress of Physical and Rehabilitation Medicine. Abstract Book- p.132. ISSN 2457-9785 ISSN-L 2457-978 , București 2023
14. **Vătăman A.A** ,Codreanu A.M, Gheorghe L., Nicolescu L, Găborean T., Dinu A.R, Dușe A.O, Dragoi M, Drăgoi R.G- *Management of cardiovascular recovery in patients from Buzias resort – an observational study*. National Congress of Physical and Rehabilitation Medicine & Balneology -Congress Abstracts Vol 14, No.3, September 2023, p.11-12, ISSN 2734-8458 p ISSN 2734-844X Balneo and PRM Research Journal-lucrare premiata cu *Premiul II la sectiunea prezentari orale Balneoclimatology- Therapeutic sanogenic natural factors*
15. **Andreea-Ancuta Vataman**, Ada-Maria Codreanu, Nicoleta-Alexandra Lupu, Anca-Raluca Dinu, Adina-Octavia Duse, Mihai Dragoi, Răzvan-Gabriel Dragoi. *Modifications of vital parameters in patients with spinal and peripheral osteoarthritis disease and arterial hypertension associated with mofettes treatment*. 45th Annual National Congress of Physical Medicine and Rehabilitation. Abstract book p.112 ISSN 2427-9785 ISSN-L 2457-978, Bucuresti, 2022
16. Tania GĂBOREAN, Iasmina IASICOV, Ada-Maria CODREANU, **Andreeea-Ancuța VĂTĂMAN**, Paul-Sebastian MUNTEAN, Anca-Raluca DINU, Mihai DRAGOI, Răzvan-Gabriel DRĂGOI, Adina-Octavia DUȘE. *Assessment of the risk of falling in patients with osteoporosis and a previous hip fracture*. 45th Annual National Congress of Physical Medicine and Rehabilitation. Abstract book p.109 ISSN 2427-9785 ISSN-L 2457-978, Bucuresti, 2022
17. Anca-Raluca DINU, Adina-Octavia DUȘE, Mihai-Alexandru SĂNDESC, Ada CODREANU, **Andreea VĂTĂMAN**, Răzvan-Gabriel DRĂGOI. *The impact and necessity of implementing a complex medical recovery treatment in order to improve the functional status of patients with early and moderate cognitive dysfunction*. 45th Annual National Congress of Physical Medicine and Rehabilitation. Abstract book p.85 ISSN 2427-9785 ISSN-L 2457-978, Bucuresti, 2022
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- participation in sports competitions*. 45th Annual National Congress of Physical Medicine and Rehabilitation. Abstract book p.119 ISSN 2427-9785 ISSN-L 2457-978, Bucuresti, 2022
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 21. A.O. Duse, A.R.Dinu, G.Sanmarghitan, M.Dragoi, A.M.Codreanu, **A.A.Vataman**, R.G.Dragoi. *The use of mineral waters from Banat-Crisana hydrographic area as natural therapeutic factor*. National Congress of Physical and Rehabilitation Medicine & Balneology -Congress Abstracts Vol 14, No.3, September 2023, p.7, ISSN 2734-8458 p ISSN 2734-844X Balneo and PRM Research Journal. *lucrare premiata cu Premiul III la sectiunea prezentari orale Balneoclimatology- Therapeutic sanogenic natural factors*