

CURRICULUM VITAE



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Experiență profesională

- 09/2024–prezent — Asistent universitar, UMF „Victor Babeș” Timișoara
- 02/2021–09/2024 — Cadru didactic asociat, UMF „Victor Babeș” Timișoara
- 2022–prezent — Medic specialist Medicină Fizică și Reabilitare
- 2017–2021 — Medic rezident Medicină Fizică și Reabilitare

Educație

- 2017-2021 — Medic specialist Medicină Fizică și de Reabilitare, Ministerul Sănătății
- 2020-prezent — Student doctorand, domeniul Medicină, UMF „Victor Babeș” Timișoara
- 2024-2025 — Absolvire Programul de formare psihopedagogică nivel I și II
- 2010–2016 — Licență în Medicină, UMF „Victor Babeș” Timișoara

Limbi străine

- Engleză — B2
- Franceză — A2

Publicații:

1. **Talinga, A.A.**; Onofrei, R.R*.; Codreanu, A.-M.; Romanescu, V.A.; Rezușeș, M.-Z.; Korodi, D.-A.; Suci, O.; Borza, C. *Muscle-Specific Biomechanical Adaptations Following Rehabilitation Treatment in Cervical Spondylosis: A Pilot Study*. Life 2026, 16, 147. <https://doi.org/10.3390/life16010147>
2. Rezușeș, M.-Z.; Cașan, L.; Amăricăi, E.; Codreanu, A.-M.; **Vătămă, A.-A.**; David, V.-L. *The Impact of Physical Therapy on Postural and Myotonometric Disorders in Patients with Pectus Excavatum: Study Protocol*. Life 2025, 15, 1624. <https://doi.org/10.3390/life15101624>
3. Mandu M., Olteanu G., Lăcraru A.E., Onose G., Lazăr N., Șerbănoiu, Ciucă-Pană M.A., And one I., Spinu A., **Vataman A.A.**, Dogaru G., Busnatu Ș. - *Cardiac rehabilitation centers in Romania: Where are we now?* Balneo and PRM Research Journal 2024, 15(2): 707 <http://doi.org/10.12680/balneo.2024.707/>
4. Gheorghe L., Apostol A., **Vătămă (Tălingă) A.A.**, Codreanu A.M., Mederle A.L., Suci O., Onofrei R.R*., Borza C. *Effects of physical therapy and CO₂ treatment in patients with hypertension and lumbar pathology in Buziaș resort*. Medicine in Evolution Volume XXIX, No. 4, 2023, Timișoara, Romania ISSN 2065-376X p.11-18 <https://doi.org/10.70921/medev.v29i4.971>
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6. TRĂILĂ A., ȘERBAN M., **VĂTĂMAN (TĂLÎNGĂ) A.A.**, CODREANU A.-M., ONOFREI R.R*., SUCIU O. *The role of physical activity in the rehabilitation of hemophilic arthropathy patients*. Timișoara Physical Education and Rehabilitation Journal. Vol XVI, Issue 31 <https://doi.org/10.2478/tperj-2023-0008>
7. Burcos, I.; Vătămă (Tălingă), A.A.; Onofrei, R.R*. *Myotonometric Assessment of the Short-Term Effects of Manual Therapy on Upper Trapezius Myofascial Trigger Points*. Timisoara Med **2024**, 2023, 2. doi: [10.35995/tmj20230202](https://doi.org/10.35995/tmj20230202)
8. Iulia TOMA, Alexandru BALESCU, Patricia-Andreea HAJDUK, Andreea MURGOCIU, Alexandru HANUS, Anca DINU, Alina-Daniela TOTOREAN, **Andreea VATAMAN**, Oana SUCIU. *EVALUAREA INTERACTIVA A COORDONARII IN BOALA PARKINSON CU AJUTORUL BLAZEPOD*. Abstract Book ISSN 2457-9785 ISSN-L 2457-978, București, 2025
9. Alexandru HANUS, Andreea NIȚĂ, Alina TOTOREAN, **Andreea VĂTĂMAN**, Oana SUCIU. *ASSESSMENT OF POSTURE AND BIOMECHANICAL PROPERTIES OF THE CERVICAL MUSCULATURE IN YOUNG ADULTS*. National Congress of Physical and Rehabilitation Medicine. Abstract Book- p.95. ISSN 2457-9785 ISSN-L 2457-978, București, 2024

10. **Andreea VĂTĂMAN**, Ada-Maria CODREANU, Diana-Andreea KOMIVEȘ , Liliana CAȚAN , Adina TRĂILĂ , Margit ȘERBAN , Oana SUCIU. National Congress of Physical and Rehabilitation Medicine. *EFFECTS OF PHYSIOKINETOTHERAPY IN PATIENTS WITH HEMOPHILIA B*. Abstract Book- p.97. ISSN 2457-9785 ISSN-L 2457-978, București, 2024
11. Adina Trăilă, Margit Șerban, **Vătămănuț Andreea**, Emilia Ursu, Opait Dungan Timeia, Delia Savescu. *The importance of pharmacokinetic studies in people with haemophilia in Romania*. 8th National Conference of the Romanian Society of Hemostasis and Thrombosis, November 9-11, 2023, Bucharest, abstract book p.3
12. **A.A.Vataman**, A.M.Codreanu, L.Gheorghe, L.Nicolescu, T.Gaborean, A.R.Dinu, A.O.Duse, M.Dragoi. R.G.Dragoi. *Balneotherapy treatment methods is Buzias resort to improve the quality of life in patients with cardiovascular pathology*. National Congress of Physical and Rehabilitation Medicine. Abstract Book- p.128. ISSN 2457-9785 ISSN-L 2457-978, București, 2023
13. L.Catan, E.Amaricai, **A.Vataman**, M.Rezumes, P. Yikili, A.Baran. *The role of physicalexercise for children and adolescents with type 1 diabetes*. National Congress of Physical and Rehabilitation Medicine. Abstract Book- p.132. ISSN 2457-9785 ISSN-L 2457-978 , București 2023
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15. **Andreea-Ancuta Vataman**, Ada-Maria Codreanu, Nicoleta-Alexandra Lupu, Anca-Raluca Dinu, Adina-Octavia Duse, Mihai Dragoi, Răzvan-Gabriel Dragoi. *Modifications of vital parameters in patients with spinal and peripheral osteoarthritis disease and arterial hypertension associated with mofettes treatment*. 45th Annual National Congress of Physical Medicine and Rehabilitation. Abstract book p.112 ISSN 2427-9785 ISSN-L 2457-978, Bucuresti, 2022
16. Tania GĂBOREAN, Iasmina IASICOV, Ada-Maria CODREANU, **Andreea-Ancuța VĂTĂMAN**, Paul-Sebastian MUNTEAN, Anca-Raluca DINU, Mihai DRAGOI, Răzvan-Gabriel DRĂGOI, Adina-Octavia DUȘE. *Assessment of the risk of falling in patients with osteoporosis and a previous hip fracture*. 45th Annual National Congress of Physical Medicine and Rehabilitation. Abstract book p.109 ISSN 2427-9785 ISSN-L 2457-978, Bucuresti, 2022
17. Anca-Raluca DINU, Adina-Octavia DUȘE, Mihai-Alexandru SĂNDESC, Ada CODREANU, **Andreea VĂTĂMAN**, Răzvan-Gabriel DRĂGOI. *The impact and necessity of implementing a complex medical recovery treatment in order to improve the functional status of patients with early and moderate cognitive dysfunction*. 45th Annual National Congress of Physical Medicine and Rehabilitation. Abstract book p.85 ISSN 2427-9785 ISSN-L 2457-978, Bucuresti, 2022
18. Anca-Raluca DINU Răzvan-Gabriel DRĂGOI Ada-Maria CODREANU, Paul-Sebastian MUNTEAN,Georgiana BUHAI, **Andreea VĂTĂMAN**, Mihai-Alexandru SĂNDESC. *Recovery and*

- integration into society of children with Down Syndrome through physiotherapy programs and their participation in sports competitions. 45th Annual National Congress of Physical Medicine and Rehabilitation. Abstract book p.119 ISSN 2427-9785 ISSN-L 2457-978, Bucuresti, 2022*
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