

FIȘA DISCIPLINEI

1. Study Program Data

1.1 Higher Education Institution	“VICTOR BABEȘ” UNIVERSITY OF MEDICINE AND PHARMACY OF TIMIȘOARA
1.2 Faculty	MEDICINE
1.3 Department	XII - OBSTETRICS GYNECOLOGY
1.4 Study Domain	HEALTH
1.5 Study Cycle	LICENCE
1.6 Study programme/ Qualification	MEDICINE/MEDICAL DOCTOR

2. Discipline Data

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2.1. Discipline name		SEXOLOGY (Lb. Engleză)							
2.2 Course tutor(s)				Conf.Dr. Petre Izabella					
2.3 Practical activity tutor(s)				Conf.Dr. Petre Izabella					
				SL.Dr. Neamtu Radu					
				Asist.Univ. Dr. Timircan Madalina					
				Asist. Univ. Dr. Marta Carmen					
				Asist Univ. Dr. Costescu Sergiu					
2.4 Year of study	3	2.5 Semestre	2	2.6 Tipul de evaluare	colloquim	2.7 Regimul disciplinei	Conținut ³⁾	DS	
							Obligativitate ³⁾	DOP	

3. Duration/Estimated Time (number of hours/semester of teaching activity)

3.1 Number of hours/ week	1	3.2 din care: curs	0,5	3.3 laborator	0,5
3.4 Total hours of curriculum	14	3.5 din care: curs	7	3.6 laborator	7
Time distribution for educational activities					Ore
Study support- manuals, lectures, references and notes					14
Additional documentation – library, dedicated platforms from domain					6
Documentation for seminars/ practical activity/ projects, themes, portofolios and essays ⁷					14
Tutorship					
Assessment					2
Other activities ⁷					
3.7 Total number of hours for individual study	36				
3.8 Total number of hours per semester	60				
3.9 Number of credits	2				

4. Prerequisites - Precondiții (acolo unde este cazul)

4.1 de curriculum (curriculum)	Anatomy, Biochemistry, Physiology, Physiopathology, Semiology
4.2 de competențe (skills)	Evaluation of the analysis results, performing a medical history, performing a clinical examination

5. Requirements(acolo unde este cazul)

5.1 of the course	<ul style="list-style-type: none"> Attendance at the course is mandatory, being accepted a maximum of 50% of total absences.
5.2 seminar / laboratory / project	<ul style="list-style-type: none"> Attendance at internships / practical works is mandatory, being accepted a maximum of 20% of total absences. It is allowed to recover up to 30% of the total number of paid absences in the last 2 weeks of the semester, except for medical cases that will individually require the approval of the Dean's Office.. The practical exam will be held in the last week of the semester or in the ordinary session, from the topic of practical works / laboratories / internships displayed in advance.

6. Specific competencies and skills

Professional Competence	<ol style="list-style-type: none"> 1. Acquiring appropriate medical language. 2. Knowledge of the physiology of the endocrine glands and some diseases endocrine. 3. Correlation of fundamental knowledge, acquired in the first 4 years of study, with the clinical manifestations of endocrine disorders. 4. Learning a correct and efficient medical reasoning at the patient's bedside. 5. Learning the basics necessary for a correct clinical diagnosis of endocrine diseases.
Transversal Competencies	<ol style="list-style-type: none"> 1. Concern for professional development by training critical thinking skills demonstrated through active participation in the course and laboratory / seminar / project; 2. Formation of an ethical attitude towards the patient. 3. Involvement in scientific research activities by participating in the elaboration of papers, studies, specialized articles; 4. Efficient use of information sources and resources of communication and assisted professional training (Internet portals, specialized software applications, databases, online courses, etc.) both in Romanian and in a language of international circulation.

7. Discipline/Course objectives (based on the specific competences)

7.1 The general objective of the discipline	Learning the basics of the physiology and pathophysiology of sexuality
7.2 Specific objectives	<ol style="list-style-type: none"> 1. Learning the most important aspects regarding the diagnosis and treatment of the main syndromes in sexology 2. Integrating the pathophysiology of sexuality with those offered by other disciplines (internal medicine, neurology, obstetrics-gynecology, etc)

8. Learning results

Knowledge	<ul style="list-style-type: none"> • can list the most important stages that marked the development of the field • explains domain-specific notions • Recognizes / classify concepts / processes / phenomena / structures. • Answers to questions • compares notions
Skills	<ul style="list-style-type: none"> • Select and group relevant information in a given context. • Use specific principles for the purpose • Develops a scientific text. • Express points of view • Interpretation of causal relationships. • Identify solutions and proposes resolution plans/projects. • Formulate conclusions based on the conducted experiments. • Provide arguments for the identified solutions/ways of resolving.

Responsibility and autonomy	<ul style="list-style-type: none"> • Select appropriate bibliographic sources and analyze them. • Respect the principles of academic ethics, correctly citing the bibliographic sources used. • Demonstrate receptiveness to new learning contexts. • Collaborate with other colleagues and teachers in the conduct of teaching activities. • Demonstrate autonomy in organizing the learning situation/context or problem situation to be solved. • Demonstrate social responsibility through active involvement in student social life/engagement in events in the academic community. • Promote/contribute through new solutions related to the specialist field to improve the quality of social life. • Awareness of the value of its contribution in the field of engineering to identifying viable/sustainable solutions to solve problems in social and economic life (social responsibility). • Apply principles of professional ethics/deontology in the analysis of the technological impact of proposed solutions in the field of expertise on the environment. • Analyzes, interpretes and exploit business/entrepreneurial development opportunities in the specialist field. • Demonstrate skills in managing real-life situations.
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9. Coroborarea conținuturilor disciplinei cu așteptările reprezentanților comunităților epistemice, asociaților profesionale și angajatori reprezentativi din domeniul aferent programului

The student is familiar with the diagnosis and treatment in sexology, which he will face in the future in medical practice. The information and skills acquired will allow it to meet the requirements in the field of health, meeting European educational and professional standards. In the teaching activity will be used lectures, based on Power Point presentations or various videos that will be made available to students. Each course will begin with a recapitulation of the chapters already completed, with an emphasis on the concepts learned in the last course.

Presentations use images and schemes so that the information presented is easily understood and assimilated.

This discipline covers information and practical activities designed to support students in their efforts to learn and develop optimal collaborative and communicative relationships in a climate favorable to learning through discovery.

The practice of active listening and assertive communication skills, as well as mechanisms for building feedback, will be considered as ways to regulate behavior in various situations and adapt the pedagogical approach to the learning needs of students.

9.2. Course	Number of hours	Observations
1. Introductory course. The interest of studying sexology. Sexology - multidisciplinary science. Determinism and evolution of conceptions about human sexuality. Principles of sexual behaviour development. Genetic determinism of sexual behaviour.	1	- Oral presentation with, interactive Powerpoint presentations, accompanied by a rich and suggestive iconography, available on the university's learning platform. - The material is reviewed and supplemented with the latest information relevant to the specialization. - Each course presents at the beginning the educational objectives and ends with a summary of the notions presented.
2. Sexual act - stages, sexual behaviour, sexual identity)	1	
3. Sexual anatomy. Gender and sex. Sexual arousal. Erogenous zones. Sexual fantasies. Physiology of erection. The role of NO. The cycle of sexual response. The peculiarities of the cycle of sexual response at different ages. The psycho-sexual significance of orgasm, types of orgasm.	1	

4. Terminology in medicine of sexuality. Definitions ICD 10/DSM IV	1	
5. Female sexuality - variations throughout the physiological stages of life	1	
6. Female sexual dysfunctions. Frigidity, anorgasmia, inhibition of sexual desire: clinical picture, pathophysiology, diagnosis, treatment.	1	
7. Female sexual dysfunctions. Vaginism. Dyspareunia - clinical picture, pathophysiology, diagnosis, treatment.	1	
8 Male sexual dysfunction: erectile dysfunction, ejaculatory dysfunction	1	
9 Male sexual dysfunction: orgasmic dysfunction, dyspareunia, Peyronie's disease - clinical picture, pathophysiology, diagnosis, treatment	1	
10 Sexual minorities: homosexuality and transsexualism. Bioethical issues related to the therapy of transsexualism. Sexual deviations: etiopathogenesis, behaviour.	1	
11. Intersexuality: clinical picture, diagnosis, treatment. European ethics of conduct	1	
12 Parafilia: definition, clinical picture, diagnosis, treatment, Romanian and European legislation	1	
13 Contraceptive methods - advantages and disadvantages in the user/partner's sexual life	1	
14 Sexually transmitted diseases - implications for individual and couple sexuality	1	

Mandatory references:

1. Silva Neves, Sexology the basics. Publisher: Taylor & Francis Ltd, 2022
2. Sharon Lamb. Cambridge Handbook of Sexual Development Childhood and Adolescence. Cambridge University Press, 2018

Optional references:

1. Harmut Porst and Jacques Buvat, Standard Practice in Sexual Medicine and the Standards Committee of the International Society for Sexual Medicine, Blackwell Publishing, 2006

9.3.Seminary/laboratory/practical activity/project	Metode de predare-învățare	Number of hours	Practical activity done by the students
1. Sexual anamnesis. Features, discussion techniques, algorithm for organizing the interview. Patient's familiarity with terms, trust, intimacy	PRESENTATIONS+ CASE REPORTS	1	- Oral presentation with, interactive Powerpoint presentations, accompanied by a rich and suggestive iconography, available on the university's learning platform. - Case reports - control of learning the main knowledge through the final exam
2. Identifying puberty stages in girls and boys. Theories of sexual behaviour development - examples		1	
3. Presentations of anatomical images - schemes - plastinations - CT/MRI sections		1	
4. Erotic dreams - meaning		1	
5. Sexuality questionnaire validation in women, respectively in men. Completion and review with the students		1	
6. case studies, role-play		1	
7. case studies, role-play)		1	

8. case studies, role-play		1	
9. case studies, role-play		1	
10. case studies, role-play		1	
11. Intersexuality - case studies, surgical techniques, surgical results, images		1	
12. Pyramid of paraphilia: identification, differences, significance		1	
13. Case studies, scientific research data		1	
14. Case studies, diagnostic scenarios		1	

Mandatory bibliography:





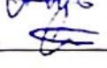
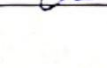

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10. Evaluate

Activity type	10.1 Evaluation criterias	10.2 Evaluation methods	10.3 Percentage of final evaluation
10.4 Lecture	Knowledge for 5: - theoretical knowledge about sexology based on presentations and recommended book Knowledge for 10: - detailed data on the physiology and pathophysiology of sexuality - general data about medication used in sexology disfunctions - reading of facultative books	Redactional examination	50%
10.5 Laborator/Stagiu	Knowledge for 5: - the presence at seminars, the recognition of certain clinical aspects of sexual diseases; Knowledge for 10: - constant attendance at lectures and practical work, adequate relationship with teacher and colleagues and patients, correct answers to all questions of the teacher.	Redactional examination	40%
10.6 Minimum performance standard			
Knowledge of terminology and understanding of aspects of sexology.			

Data completării 12.10.2025	Semnătura titularului de curs: Conf.Dr. Petre Izabella 	Semnătura titularului de laborator/stagiu Conf.Dr. Petre Izabella  SL.Dr. Neamtu Radu  Asist.Univ. Dr. Timircan Madalina  Asist. Univ. Dr. Marta Carmen  Asist Univ. Dr. Costescu Sergiu 
Semnătura șefului de disciplină Prof.Dr. Popa Zoran Laurentiu 		
Data avizării în departament	Semnătura directorului de departament Conf.Dr.Citu Cosmin 