

Dr. Norberth-Istvan Varga

MD, Infectious Diseases



Nationality

Romanian, Hungarian

Contact

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ORCID number

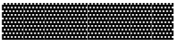
0009-0002-0320-6904

Web of Science ResearcherID

JPY-2610-2023

Languages

English



Hungarian



German



Education

Highschool, 'Elena Ghiba Birta' National College, Arad, Romania

September 2008 – June 2012

Bachelor's and Master's Degree, 'Victor Babes' University of Medicine and Pharmacy, Timisoara, Romania

September 2012 – June 2018

PhD in Medicine, 'Victor Babes' University of Medicine and Pharmacy, Timisoara, Romania

October 2023 – Present

Volunteering

Kalahari New Hope Namibia

August 2018 – February 2019

Previous Work Experience

'Pius Brinzeu' Timis County Emergency Clinical Hospital, Timisoara, Romania

General Surgery Residency

February 2020 – March 2021

'Pius Brinzeu' Timis County Emergency Clinical Hospital, Timisoara, Romania

Infectious Diseases Residency

March 2021 – March 2026

Current Workplace

'Victor Babes' University of Medicine and Pharmacy, Timisoara, Romania

Department of Nursing

Assistant Professor

March 2025 – Present

List of Studies

1. Organ-sparing radiotherapy in penile cancer: therapeutic approaches
2. Secondary Traumatic Stress Among Emergency Medical Personnel: A Cross-Sectional Study in Romania
3. Reduction in Ocular Surface Culture Positivity Following Short-Term Treatment with Liposomal Ozonated Oil Eyedrops
4. Tetranectin and Paraoxonase-1 as Markers of Heart Failure
5. Nutritional and Supplemental Interventions for Prevention and Treatment of Oral Mucositis in Pediatric Oncology
6. Diagnostic and Prognostic Potential of Tetranectin in Heart Failure and Cardiovascular Disease: A Systematic Review
7. Vitamin D Status in Children: Romania's National Vitamin D Screening Programme in Context of the COVID-19 Pandemic
8. Low Vitamin D and High Psychological Distress: Are They Associated with Poor Differentiation in Head and Neck Cancer?

9. Inflammation-Based Prognostication in Advanced-Stage NSCLC: A Retrospective Cohort Study
10. The Impact of Body Composition on Outcomes in NSCLC Patients Treated with Immune Checkpoint Inhibitors: A Systematic Review
11. Three-Year Echocardiographic Follow-Up in Outpatients with Systemic Arterial Hypertension: An Observational Cohort Study
12. Tetranectin as a Potential Biomarker in Heart Failure with Ejection Fraction >45%: A Prospective Cohort Study
13. A Histopathological and Surgical Analysis of Gastric Cancer: A Two-Year Experience in a Single Center
14. Comparative Assessment of Lower Urinary Tract Infections in Hospitalized Adults from Western Romania: A Retrospective Cohort with Microbiological Analysis
15. Tetranectin and Paraoxonase 1 in Patients with Varying Stages of Heart Failure: A Cross-Sectional Analysis
16. Prognostic factors and relapse in nodal vs. extranodal non-Hodgkin lymphoma of the ENT region: a prospective cohort study
17. Diagnostic Advances in Leptospirosis: A Comparative Analysis of Paraclinical Tests with a Focus on PCR
18. Short-Chain Fatty Acids and the Gut-Retina Connection: A Systematic Review
19. IL-6 Baseline Values and Dynamic Changes in Predicting Sepsis Mortality: A Systematic Review and Meta-Analysis
20. Predictors of Unfavorable Outcomes in COVID-19-Related Sepsis: A Prospective Cohort Study
21. Primary Palatine Tonsil Non-Hodgkin Lymphoma in Western Romania: A Comparison of Lower-Stage and Advanced-Stage Disease
22. Vitamin D and Clinical Outcomes in Head and Neck Cancer: A Systematic Review
23. Osteometric Study of the Dorsal (Lister's) Tubercle of the Radius in Relation to the Neighboring Anatomical Elements: Suprastyloid, Accessory, and Oblique Crests
24. A rare case of diffuse large B-cell lymphoma of the frontal sinus and rapid review of literature
25. Beyond the Scalpel: Addressing Communication and Distress in ENT Cancer
26. Are Pediatric Cancer Patients a Risk Group for Vitamin D Deficiency? A Systematic Review
27. Exploring miRNA Biomarkers in Major Depressive Disorder: A Molecular Medicine Perspective
28. From Gut to Eye: Exploring the Role of Microbiome Imbalance in Ocular Diseases
29. Predicting Mortality in Sepsis: The Role of Dynamic Biomarker Changes and Clinical Scores—A Retrospective Cohort Study
30. Diagnosis and Management of a Triple Infection with *Leptospira* spp., Hepatitis A Virus, and Epstein–Barr Virus: A Rare Occurrence with High Hepatotoxic Effect