

Curriculum vitae Europass



First and Last Name **Zsolt Vastag**
E-mail zsolt.vastag@umft.ro
Nationality Romanian

Profesional Experience

Period	2024 – present
Position held	Assistant professor
Main activities and responsibilities	Teaching and research activities (clinical skills training with students, supervising bachelor's theses) within the University Clinic of Clinical Skills.
Name and address of employer	Victor Babeş University of Medicine and Pharmacy, Timișoara, Str. Eftimie Murgu no. 2
Type of activity or sector	Higher education
Period	2024 – present
Position held	Pulmonology Specialist Physician
Main activities and responsibilities	Patient consultation, requesting paraclinical investigations for diagnostic or therapeutic purposes, recording patient evolution in the medical chart, establishing interdisciplinary consultations, prescribing medication, informing patients about their disease and supervising their treatment.
Name and address of employer	CF Clinical Hospital Timișoara, Splaiul Tudor Vladimirescu no. 13–15
Type of activity or sector	Healthcare
Period	2019 – 2023
Position held	Pulmonology Resident Physician

Main activities and responsibilities	Patient consultation, requesting paraclinical investigations for diagnostic or therapeutic purposes, recording patient evolution in the medical chart, establishing interdisciplinary consultations, verifying the medication register, informing patients about their disease and supervising their treatment.
Name and address of employer	Dr. Victor Babeş Clinical Hospital for Infectious Diseases and Pneumophthisiology, Timișoara
Type of activity or sector	Education and Training
Education and training	
Period	2024
Education and Training	Competency in bronchoscopic endoscopy
Period	2021 – present
Qualification / title obtained	PhD Student
Name and type of institution	Doctoral School of the Victor Babeş University of Medicine and Pharmacy, Timișoara
National / international classification level	Level 8
Period	2020 – 2021
Main subjects / skills covered	Psychopedagogical training program
Name and type of institution	Department for the training of teaching staff level I and II in the field of medicine. West University, Timișoara
National / international classification level	Postgraduate studies with full-time attendance

Period	2017 – 2018
Main subjects / skills covered	Roman Catholic theological seminar
Name and type of institution	Theological skills, rhetoric, pastoral activity Bischöfliches Priesterseminar, Fulda, Germany
Period	2011 – 2017
Qualification / title obtained	Medical Doctor
Name and type of institution	Victor Babeş University of Medicine and Pharmacy, Timișoara
National / international classification level	Level 6
Period	2007 – 2011
Qualification / title obtained	High school graduate / Baccalaureate diploma
Name and type of institution	"Traian Lalescu" Theoretical High School, Reșița
National / international classification level	Level 3

Personal Skills and Competences

- Personal Skills and Competences
- Elaboration of a scientific paper
 - Providing first aid in emergency situations

Mother Languages

Romanian

Foreign Languages

Autoevaluation
European level ()*

Hungarian

German

English

Italian

French

Understanding				Speaking				Writing	
Listening		Reading		Spoken interaction		Spoken production		Writing	
C1	Expert user	C1	Expert user	C1	Expert user	C1	Expert user	B2	Expert user
B2	Expert user	B2	Expert user	B2	Expert user	B2	Expert user	B2	Expert user
B2	Expert user	B2	Intermediar user	B2	Intermediar user	B2	Intermediar user	B2	Intermediar user
B2	Expert user	B2	Expert user	B2	Expert user	B2	Expert user	B1	Intermediar user
A2	Intermediar user	A2	Independent user	A2	Independent user	A2	Independent user	A2	Independent user

(*) According to the Common European Framework of Reference for Languages

Social Skills and Competences

- Team spirit
- Adaptability to multicultural environments
- Very good communication skills

Organisational Skills and Competences

- Ability to plan and complete long-term projects

Computer Skills and Competences

- Use of health data management software
- Use of Windows-based internet browsers
- Image processing programs
- MS Office (Word, Excel, PowerPoint)
- Windows OS knowledge

Artistic Skills and Hobbies

Music, guitar playing, travelling, skiing, cycling.

Driving License

Categories: B, C, CE, D, DE

Published Articles

ISI Articles

Principal autor:

Vastag Z, Fira-Mladinescu O, Rosca EC. HIV-Associated Neurocognitive Disorder (HAND): Obstacles to Early Neuropsychological Diagnosis. Int J Gen Med. 2022 Apr 15;15:4079-4090. doi: 10.2147/IJGM.S295859. PMID: 35450033; PMCID: PMC9017704.

Co-autor:

Rosca EC, **Vastag Z**, Phokaewvarangkul O, Sringean J. Movement Disorders Induced by SARS-CoV-2 Infection: Protocol for a Scoping Review. J Clin Med. 2022 Feb 10;11(4):923. doi: 10.3390/jcm11040923. PMID: 35207194; PMCID: PMC8875450.

ISI Articles Published as Abstracts

Co-autor:

E Tudorache, **Z Vastag**, N Suppini, C Oancea, O Fira-Mladinescu. Association between nasal polyposis and T2 airway inflammation in severe asthma. European Respiratory Journal Sep 2022, 60 (suppl 66) 3198; DOI: 10.1183/13993003.congress-2022.3198

BDI Articles:

Principal autor:

Vastag, Zsolt, Tudorache, Emanuela, Hoge, Stancu-Patricia, Garjoaba, Andrada and Fira-Mladinescu, Ovidiu. "Cryptogenic organising pneumonia – a continuous challenge. Case report" Pneumologia, vol.70, no.3, 2021, pp.150-155. <https://doi.org/10.2478/pneum-2022-0026>

Co-autor

Hoge, Patricia, Tudorache, Emanuela, **Vastag, Zsolt**, Gârjoabă, Andrada and Oancea, Cristian. "Hypersensitivity pneumonitis – acceptance of the diagnosis" Pneumologia, vol.69, no.3, 2020, pp.186-189. <https://doi.org/10.2478/pneum-2021-0009>

Books

Book Chapter Author

„Afecțiunile respiratorii”, Emanuela Tudorache, **Zsolt Vastag**. „De la A la Z în medicina de familie” sub red. Adrian Vlad, editura Eurobit, ISBN 978-973-132-712-9

„Patologia pleurală”, Cristian Oancea, **Zsolt Vastag**. „Tratat de pneumologie pentru medicii rezidenți” sub red. Cristian Oancea, Ovidiu Fira-Mladinescu, Voicu Tudorache, Timișoara, editura Victor Babeș, 2021, ISBN 978-606-786-226-3, CNCIS: 324

„Edemul pulmonar acut”, Ovidiu Fira-Mladinescu, **Zsolt Vastag**. „Tratat de pneumologie pentru medicii rezidenți” sub red. Cristian Oancea, Ovidiu Fira-Mladinescu, Voicu Tudorache, Timișoara, editura Victor Babeș, 2021, ISBN 978-606-786-226-3, CNCIS: 324

„Astmul bronșic și bronșiectaziile, un nou parteneriat?”, Emanuela Tudorache, **Zsolt Vastag**, Cristian Oancea. „Inspir 2020 Noutăți în Pneumologie” editori: Voicu Tudorache, Antoniu Petriș, Traian Mihăescu, Radu Crișan Dabija – Iași, Editura Tehnopress, 2021, ISBN 978-606-687-447-2, CNCIS: 89

„Spectrul (hiper)eozinofiliilor pulmonare”, Voicu Tudorache, Daniel Trăila, **Zsolt Vastag**, „Exigență și excelență în astm” / coord: Roxana Maria Nemeș – București, Pro Universitatea 2022, ISBN 978-606-26-1384-6

Timișoara,
24.11.2025

Zsolt Vastag