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IULIA-NAJETTECRINTEA

Date of birth | **Citizenship:** Romanian | **Gender:** Female | | iulia.crintea@umft.ro |

PROFESSIONAL EXPERIENCE

28.09.2026 – Present – Timisoara, Romania
UNIVERSITY LECTURER – "VICTOR BABES" UNIVERSITY OF MEDICINE AND PHARMACY TIMISOARA

01.10.2021 – 27.09.2026 – Timisoara, Romania
UNIVERSITY TEACHING ASSISTANT – "VICTOR BABES" UNIVERSITY OF MEDICINE AND PHARMACY TIMISOARA

01.03.2026 – Present - Timisoara, Romania
SPECIALIST PHYSICIAN – EMERGENCY MEDICINE – RATIONAL TRANS-MED AMBULANCE SERVICE

17.06.2022 – 16.06.2025 – Timisoara, Romania
RESIDENT PHYSICIAN – EMERGENCY MEDICINE – TIMISOARA MUNICIPAL EMERGENCY CLINICAL HOSPITAL

03.01.2019 – 16.06.2022 – Timisoara, Romania
RESIDENT PHYSICIAN – EMERGENCY MEDICINE – 'PIUS BRINZEU' COUNTY EMERGENCY CLINICAL HOSPITAL TIMISOARA

01/07/2013 – 01/09/2017 – Campeni , Romania
VOLUNTEER – CAMPENI TOWN HOSPITAL

EDUCATION AND TRAINING

09.02.2026 – **PhD IN MEDICINE**, "Victor Babes" University of Medicine and Pharmacy of Timisoara

03.10.2022 – 03.07.2023 – Timisoara, Romania
POSTGRADUATE PSYCHO-PEDAGOGICAL TRAINING PROGRAMME, LEVELS I AND II – WEST UNIVERSITY OF TIMIȘOARA

17.06.2022 – 16.06.2025 – Timisoara, Romania
RESIDENT PHYSICIAN – EMERGENCY MEDICINE – TIMISOARA MUNICIPAL EMERGENCY CLINICAL HOSPITAL

03/01/2019 – 16.06.2022 – Timisoara, Romania
RESIDENT PHYSICIAN – EMERGENCY MEDICINE – 'PIUS BRINZEU' COUNTY EMERGENCY CLINICAL HOSPITAL TIMISOARA

01/10/2019 – 01/10/2025 – Timisoara, Romania
PhD STUDENT – DIABETES, NUTRITION AND METABOLIC DISEASES – "VICTOR BABES" UNIVERSITY OF MEDICINE AND PHARMACY TIMISOARA

15/09/2012 – 30/06/2018
MEDICAL DOCTOR (MD) – 'Victor Babes' University of Medicine and Pharmacy Timisoara

15/09/2009 – 15/06/2012
HIGH SCHOOL GRADUATE – 'Avram Iancu' National College, Campeni

LANGUAGE SKILLS

Mother tongue(s): ROMANIAN **Other language(s):**

	UNDERSTANDING		SPOKEN		WRITING
	Listening	Reading	Spoken production	Spoken interaction	
ENGLISH	B2	B2	B2	B2	B2
FRENCH	B2	B2	B2	B2	B2

Levels: A1 and A2 Basic user B1 and B2 Independent user C1 and C2 Proficient user

DIGITAL SKILLS

Internet browsing | Social Media | Zoom | Microsoft PowerPoint | Microsoft Word | Microsoft Excel | Good command of communication software (e-mail, Messenger, Skype)

DRIVING LICENCE

Driving licence: B

COURSES AND CONFERENCES

1. National Course “Emergency Management of the Difficult Airway”, Târgu-Mureș, 2019
2. National Course on Guidelines and Protocols in Anaesthesia, Intensive Care and Emergency Medicine, Timișoara, 21st edition, 2023
3. National Course on Guidelines and Protocols in Anaesthesia, Intensive Care and Emergency Medicine, Timișoara, 22nd edition, 2024
4. EUSEM 2024 – European Emergency Medicine Congress, Copenhagen, Denmark
5. National Advanced Airway Management Course, Timișoara, 25–27 October 2024
6. Trainer – “Emergencies in Medical Practice” Course, Caraș-Severin, 2025
7. National Course on Guidelines and Protocols in Anaesthesia, Intensive Care and Emergency Medicine, Timișoara, 23rd edition, 2025
8. Trainer – Postgraduate course “Advanced Airway Management”, “Victor Babeș” University of Medicine and Pharmacy Timișoara, 14–15 November 2025
9. Trainer – Postgraduate course “Emergency Management in Medical Practice”, “Victor Babeș” University of Medicine and Pharmacy Timișoara, 13–17 July 2026

10. Trainer – "Emergencies in Medical Practice" Course, Caraș-Severin, 13–17 July 2026
11. National Course on Guidelines and Protocols in Anaesthesia, Intensive Care and Emergency Medicine, Timișoara, 24rd edition, 2026

LIST OF PUBLICATIONS:

- 10 ISI articles (3 as first author)

1. **Crintea, I.N.**; Cindrea, A.C.; Fulga, T.F.; Trebuian, C.I.; Marza, A.M.; Petrica, A.; Mederle, O.A.; Timar, R. Obesity Class and Severity of Metabolic Emergencies: A Single-Center Retrospective Five-Year Study. *Healthcare* **2025**, *13*, 617. https://doi.org/10.3390/healthcare13060617

2. **Crintea, I.N**.; Cindrea, A.C.; Mederle, O.A.; Trebuian, C.I.; Timar, R. Electrolyte Imbalances and Metabolic Emergencies in Obesity: Mechanisms and Clinical Implications. *Diseases* **2025**, *13*, 69. https://doi.org/10.3390/diseases13030069

3. **Crintea, I.N**.; Cindrea, A.C.; Mederle, O.A.; Fulga, T.F.; Marza, A.M.; Petrica, A.; Trebuian, C.I.; Timar, R. Obesity as a Risk Factor for Hyperglycemia, Electrolyte Disturbances, and Acute Kidney Injury in the Emergency Department. *Biomedicines***2025**, *13*, 349. https://doi.org/10.3390/biomedicines13020349

4. Trebuian CI, Popa D, Buleu F, Sutoi D, Williams CG, **Crintea IN**, Chioibas RD, Iancu A, Ciolac L, Mederle OA. COVID-19 Related Acute Respiratory Distress Syndrome versus Classical Acute Respiratory Distress Syndrome Patients: Inflammatory Biomarkers as Predictors of Mortality in Pulmonary Septic Shock. *Int J Gen Med*. 2024;17:3337-3347 https://doi.org/10.2147/IJGM.S464892

5. Trebuian, C.I.; Marza, A.M.; Chioibaș, R.; Șutoi, D.; Petrica, A.; **Crintea-Najette, I**.; Popa, D.; Borcan, F.; Flondor, D.; Mederle, O.A. Lactate Profile Assessment—A Good Predictor of Prognosis in Patients with COVID-19 and Septic Shock Requiring Continuous Renal Therapy. *Clin. Pract.* **2024**, *14*, 980-994. https://doi.org/10.3390/clinpract14030078

6. Trebuian, C.I.; Marza, A.M.; Cindrea, A.C.; Petrica, A.; Onea, S.; Sutoi, D.; Barsac, C.; **Crintea-Najette, I**.; Popa, D.; Chioibas, R.; et al. Risk Assessment of Venous Thromboembolism among Septic Shock Patients: Single versus Concurrent Insertion of Central Venous Catheters. *Medicina* **2024**, *60*, 785. https://doi.org/10.3390/medicina60050785

7. Dragomir, A.-C.; Buzatu, A.R.; Marin, R.-C.; Moleriu, R.D.; Muntean, C.; Piroș, T.; **Crintea, I.N**.; Alexa, A.A.; Marcu, A.; Dinuți, M. Development and Initial Psychometric Validation of the Multidimensional Menopausal Burden Questionnaire (MMBQ-44) in a Sample of Romanian Women. Diagnostics 2026, 16, 2574. https://doi.org/10.3390/diagnostics16162574

8. Dahma, R.; Moacă, E.-A.; Predescu, I.-A.; Dragomir, A.-C.; Iftode, O.-A.; Iurciuc, S.; Haj Ali, D.; Macașoi, I.; Sala-Cîrtog, M.; **Crintea, I.-N**.; et al. Preclinical Evaluation of Labetalol for Cutaneous Melanoma Drug Repurposing: Cytotoxic Activity in A375 Cells and Mitochondria-Associated Apoptotic Signaling. Medicina 2026, 62, 1802. https://doi.org/10.3390/medicina62091802

9. Butaș, M.; Popovici, S.E.; Ritiu, S.A.; Cozma, G.V.; Gaborean, V.; **Crintea, I.N**.; Sala-Cirtog, M.; Buzatu, A.R.; Buzas, R.; Dinuți, M. Perioperative NT-proBNP in Lung Cancer Surgery: A Narrative Review of Mechanisms, Predictive Value, and Clinical Implications. J. Clin. Med. 2026, 15, 6606. https://doi.org/10.3390/jcm15176606

10. Dragomir, A.-C.; Moleriu, R.D.; Marin, R.-C.; Buzatu, A.R.; Muntean, C.; Piroș, T.; **Crintea, I.N**.; Sala-Cirtog, M.; Seclaman, E.; Dinuti, M. Medication-Associated Xerostomia and Oral Symptom Burden in Midlife Women: A Drug Safety Perspective Across the Menopausal Transition. *Pharmaceuticals* **2026**, *19*, 1577. https://doi.org/10.3390/ph19101577

- 1 BDI-indexed article (co-author)

1. Olimpia Bunta, Iulia Najette Crintea, Andreea Pop, Adina Nemes, Mariana Pacurar. Therapy with bone-modifying agents in cancer patients: efficacy versus adverse events in dental medicine. Ro J Stomatol. 2021;67(1), DOI: 10.37897/RJS.2021.1.2

PUBLICATIONS

Contributions as co-author – Test questions for the Type I admission exam to the Faculties of Medicine and Dental Medicine of the 'Victor Babes' University of Medicine and Pharmacy Timisoara – 2026.

10.10.2026