europass

Deiana Cuț

Nationality: Romanian **Date of birth:** 15/03/1992 **Gender:** Female

Email address: deiana.cut@umft.ro

Work: Piaţa Eftimie Murgu Nr. 2, 300041 Timișoara (Romania)

EDUCATION AND TRAINING

Internal Medicine Specialist

Municipal Clinical Hospital [01/01/2018 – 31/12/2022]

City: Timisoara | **Country:** Romania

PhD

Victor Babeş University of Medicine and Pharmacy [30/09/2017 – 24/11/2022]

Address: Piața Eftimie Murgu 2, 300041 Timișoara (Romania) | **Website:** https://www.umft.ro/

Pedagogical Competence

Universitatea de Vest [30/09/2019 – 31/07/2020]

Address: Bulevardul Vasile Pârvan 4, 300223 Timișoara (Romania) | **Website:** https://www.dppd.uvt.ro

Bachelor's Degree in Medicine

Universitatea de Medicină și Farmacie Victor Babeș [31/08/2011 – 31/07/2017]

Address: Piața Eftimie Murgu 2, 300041 Timișoara (Romania) | **Website:** https://www.umft.ro/

High School Diploma

Colegiul Național Gheorghe Șincai [31/08/2007 – 31/07/2011]

Address: Strada Gheorghe Șincai nr. 25, 430311 Baia-Mare (Romania) | **Website:** http://www.sincaibm.ro/

WORK EXPERIENCE

CFR Clinical Hospital – Timisoara, Romania

Rheumatology resident

[06/01/2023 – Current]

"Victor Babeș" University of Medicine and Pharmacy – Timișoara

Lecturer

[01/03/2025 – Current]

Victor Babeş University of Medicine and Pharmacy – Timișoara, Romania

Assistant professor

[31/08/2019 – Current]

- Teaching activity within the Diabetes, Nutrition, Metabolic Disease, and Systemic Rheumatology Discipline
- Medical research activity

Timisoara Emergency Clinical Municipal Hospital – Timișoara, Romania

Internal medicine resident

[31/12/2017 – Current]

HONOURS AND AWARDS

[24/11/2020] UEFISCDI
Award for Research Activity PN-III-P1-1.1-PRECISI-2020-52581Gaita L, Timar R, Lupascu N, et al. The Impact Of Hyperuricemia On Cardiometabolic Risk Factors In Patients With Diabetes Mellitus: A Cross-Sectional Study. *Diabetes Metab Syndr Obes*. 2019;12:2003-2010. Published 2019 Oct 3. doi:10.2147/DMSO.S222570

SCIENTIFIC IMPACT

Indexes

- Google Scholar **H-index 10**
- Scopus **H-index 10**
- Research Gate **H-index 10**

[01/2016 – Current]
Cumulativ Impact Factor

CIM= 42.894

PUBLICATIONS

[2025]
Diabetic Macular Edema in the Western Part of Romania: Screening to Improve Patient Outcomes Ivanescu, A.; Popescu, S.; **Roman, D.**; Dragomir, M.; Timar, R.

Journal of Personalized Medicine 2025, 15, 106. https://doi.org/10.3390/jpm15030106

[2025]
Salivary Flow Rate in Patients with Sjögren's Syndrome: Correlations with Salivary Gland Ultrasound Findings and Biomarkers of Disease Activity Caraba, A.; **Roman, D.**; Crișan, V.; Iurciuc, S.; Iurciuc, M

International Journal of Molecular Sciences 2025, 26, 101. https://doi.org/10.3390/ijms26010101

[2024]
Pulmonary Involvement in Sjögren's Syndrome: Correlations with Biomarkers of Activity and High-Resolution Computer Tomography Findings **Roman D**, Iurciuc S, Caraba A.

Journal of Clinical Medicine. 2024;13(4):1100. doi:10.3390/jcm13041100

[2022]
Diabetes Mellitus and Other Predictors for the Successful Treatment of Metastatic Colorectal Cancer: A Retrospective Study **Roman D**, Saftescu S, Timar B, Avram V, Braha A, Negru Ș, Bercea A, Serbulescu M, Popovici D, Timar R

Medicina (Kaunas). 2022 Jun 29;58(7):872. doi: 10.3390/medicina58070872

[2022]
Nutritional Interventions to Improve Cachexia Outcomes in Cancer—A Systematic Review Braha A, Albai A, Timar B, Negru Ș, Sorin S, **Roman D**, Popovici D.

Medicina (Kaunas). 2022 Jul 21;58(7):966. doi: 10.3390/medicina58070966.

[2022]
The Role of Nut and Seed Consumption in Colorectal Cancer: A Narrative Review **Roman D**, Timar B, Avram V, Braha A, Saftescu S, Negru Ș, Timar R

Medicina (Kaunas). 2022 Jul 14;58(7):932. doi: 10.3390/medicina58070932

[2021]
Improvement Of Graves' Ophthalmopathy After Administration Of The Cyclooxygenase-2 Selective Inhibitor Celecoxib: A Case-Report Adriana Gherbon, **Deiana Roman**, Romulus Timar, Mirela Frandes, Marioara Nicula

[2020]
Long-term Risk of Malignant Neoplastic Disorders in Type 2 Diabetes Mellitus Patients with Metabolic Syndrome Albai O, Frandes M, Timar B, Paun DL, **Roman D**, Timar R

Diabetes Metab Syndr Obes. 2020;13:1317-1326 DOI: 10.2147/DMSO.S243263

[2020]
Risk factors for sexual dysfunction in Romanian women with type 1 diabetes mellitus and chronic autoimmune thyroiditis: a comparative cross-sectional study Adriana Gherbon, Mirela Frandes, **Deiana Roman**, Diana Anastasiu-Popov, Romulus Timar

Diabetology & Metabolic Syndrome

[2020]
Metformin Treatment: A Potential Cause of Megaloblastic Anemia in Patients with Type 2 Diabetes Mellitus A lbai O, Timar B, Paun DL, Sima A, **Roman D**, Timar R

Diabetes Metab Syndr Obes. 2020; 13:3873-3878 DOI: 10.2147/DMSO.S270393

[2019]
Validation and cross-cultural adaptation of the depression Patient's Health Questionnaire – 9 in the Romanian population of patients with Type 2 Diabetes Mellitus Lupascu N, B. Timar, Albai A, **Roman D**, Potre O, Timar R

Diabetes, Metabolic Syndrome and Obesity: Targets and Therapy. 2019:12 841–849. DOI: 10.2147/DMSO

[2019]
Risk factors for developing dementia in type 2 diabetes mellitus patients with mild cognitive impairment O. Albai, M. Frandes, R. Timar, **D. Roman,** B. Timar

Neuropsychiatric disease and treatment. 2019, 15:167-175. DOI: 10.2147/NDT.S189905

[2019]
The Impact of Hyperuricemia on Cardiometabolic Risk Factors in Patients with Diabetes Mellitus: A Cross-Sectional Study Gaita L, Timar R, Lupascu N, **Roman D**, Albai A, Potre O, Timar B

Diabetes, Metabolic Syndrome and Obesity: Targets and Therapy, Volume: 12, DOI: 110.2147/DMSO.S2225

[2017]
Association between coping mechanisms and adherence to diabetes-related self-care activities: a cross-sectional study Albai A, Sima A, Papava I, **Roman D**, Andor B, Gafencu M

Patient Prefer Adherence. 2017 Jul 17;11:1235-1241. DOI: 10.2147/PPA.S140146

[2017]
Hypertriglyceridemia, an important and independent risk factor for acute pancreatitis in patients with type 2 diabetes mellitus Albai O, **Roman D**, Frandes M

Therapeutics and Clinical Risk Management. 2017 Apr 13;13:515-522. DOI: 10.2147/TCRM.S134560

[2017]
Characteristics of the lipid profile in patients with diabetes mellitus and chronic kidney disease O. Albai, B.Timar, **D. Roman**, R. Timar

Romanian Journal of Diabetes, Nutrition and Metabolic Diseases. 2017, 24(3):237-245. SCOPUS

[2016]
Factors influencing the quality of life perception in patients with type 2 diabetes mellitus R. Timar, I. Velea, B. Timar, D. Lungeanu, C. Oancea, **D. Roman**, O. Mazilu

Patient Preference and Adherence. 2016, 10: 2471-2477. ISSN 1177-889X. DOI: 10.2147/PPA.S124858

[2016]
Impact of neuropathy on the adherence to diabetes-related self-care activities: a cross-sectional study B. Timar**,** R. Timar, A. Schiller, C. Oancea, **D. Roman**, M. Vlad, B. Bălinișteanu, O. Mazilu

Patient Preference and Adherence. 2016, 10:1-7. ISSN 1177-889X

PUBLISHED BOOKS

NOȚIUNI DE REUMATOLOGIE

coord: Conf. Dr. Alexandra Sima, Prof. Dr. Adrian Vlad, Conf. Dr. Bogdan Timar. Editura EUROBIT, Timișoara, 2020. ISBN 978-973-132-661-0

[2024]
Lupus - Recent Advances and Developments

Microvascular Involvement in Systemic Lupus Erythematosus Assessed by Nailfold Capillaroscopy: Correlations with Clinical and Biological Parameters

Caraba A, **Roman D**, Iurciuc S, Nicolin M, Iurciuc M

[2025]
The Lifestyle Medicine Center

Hâncu A, **Roman D**. et al. (2025). The Lifestyle Medicine Center. In: Mechanick, J.I., Kushner, R.F. (eds) Lifestyle Medicine. Springer, Cham. https://doi.org/10.1007/978-3-031-82888-1_36

[13/05/2024 – 26/11/2024]
Lupus - Recent Advances and Developments

Caraba A, **Roman D**, Iurciuc S, Nicolin M, Iurciuc M

PEER REVIEW

Frontiers in Endocrinology

Medicina

Acta Endocrinologica

Diabetes, Metabolic Syndrome and Obesity: Targets and Therapy

CONFERENCES AND SEMINARS

[2018] Congresul Național SRDNBM 2019
Patient X turned patient FH

[2017] Congresul Național de Cardiologie 2018
Abordarea patologiei respiratorii obstructive

[2017] Congresul Național de Genetică Medicală

Monogenic cause for renal tubulopathies

[2020] Congresul Național SRDNBM 2021
Prolonged QT interval observed in patients with more frequent hypoglycemic events

LANGUAGE SKILLS

Mother tongue(s): Romanian

Other language(s):

English

LISTENING C2 **READING** C2 **WRITING** C2

SPOKEN PRODUCTION C2 **SPOKEN INTERACTION** C2

French

LISTENING B1 **READING** B2 **WRITING** B1

SPOKEN PRODUCTION B1 **SPOKEN INTERACTION** B1

Italian

LISTENING B2 **READING** B2 **WRITING** A2

SPOKEN PRODUCTION A2 **SPOKEN INTERACTION** B1

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

SKILLS

Microsoft Office / Navigare Internet / Social Media / Zoom / Utilizare buna a programelor de comunicare(mail messenger skype)

VOLUNTEERING

[31/12/2014 – 31/12/2020] Timișoara
Rotaract Timișoara Opera

- Founding Member of the non-profit organization
- Secretary of the Rotaract Club Timisoara Opera
- President of the Rotaract Club Timisoara Opera
- Organizer of numerous charitable events impacting the community

COMMUNICATION AND INTERPERSONAL SKILLS

Good communication skills, acquired by volunteering within NGOs.